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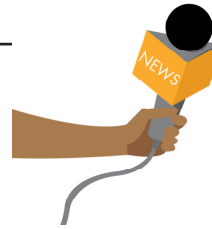
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Kypp Saunders

Meet the Waterloo



Dorothy McCabe

Abhiraj Lamba
Managing Editor

Waterloo will be having municipal elections on Oct. 24, where eligible voters will be able to vote for the regional chair, their regional council representative, city council representative, school board trustee and the city mayor. Canadian citizens enrolled in post-secondary institutions are eligible to vote in both their home municipalities as well as in the city they reside in when they are studying.

Imprint sent out questions to the four City of Waterloo mayoral candidates to get to know them. Here are their responses.

KYPP SAUNDERS

Saunders graduated from the University of Waterloo with a Bachelor of Arts in political science and government in 1996. He is the owner of Sugar Run bar in Kitchener.

What are your plans and goals, if any, with regard to housing and transit in the City of Waterloo?

I will be working with local developers to build more accessible, affordable units by removing cumbersome zoning restrictions. In addition, I will be activating city-owned land to [build] more accessible and affordable units, and extending the hours of public transportation in the region and making it free on the weekends.

How do you plan to help foster diversity

and inclusion in the city?

On day one I will be working with a resident-operated diversity council.

Waterloo has a student population of over 50,000 people. Why should they vote for you based on your campaign priorities and track record?

My commitment to building affordable housing in the region and to free public transportation with extended hours. I am a former student at U of W, and I understand that students need a vibrant community that supports their need to socialize safely.

If elected, what do you think will be your biggest challenge over the next four years?

Building the affordable housing necessary to fulfill the needs of a rapidly growing community.

DOROTHY MCCABE

McCabe graduated from Wilfrid Laurier University with a Bachelor of Arts in communications and history. In 2015, she got her masters in public administration from Western University, where she specialized in local government. She was the Chief of Staff of the mayor of Kitchener in 2010 and the Government Relations Manager for the Town of Milton until earlier this year.

What are your plans and goals, if any, with regard to housing and transit in the City of Waterloo?

We must continue to work with our insti-

tutions and city staff to ensure that students have a variety of options with respect to accommodations and that bylaws covering overcrowded student housing are enforced. I also understand that the availability of safe and affordable accommodations is a top issue for students. I will work with the existing landlords and developers to try to build out a supportive community that provides students with dependable places to live. We must also continue to view the university district as an evolving way to build a stronger sense of community and shared-responsibility with respect to the integration of students within the city.

We will also advocate to the province on issues that are within their jurisdiction. With respect to transit and active transportation, I have a long track record of advocating for new transportation options. Many of the transportation needs of students are similar to those of other residents in Waterloo. I will continue to advocate for Two-Way All-Day GO Rail service to and from our region including for public transit between Guelph and Stratford and other municipalities. I will continue to expand the equitable, protected, active transportation network and connect it with the regional network. Specifically, as Mayor, I will work with the Region to ensure bus routes and schedules better meet the needs of everyone in Waterloo.

How do you plan to help foster diversity and inclusion in the city?

As Mayor, I commit to creating a team

Waterloo mayor's advisory table to facilitate discussions and uncover Waterloo's next big ideas. With over 65,000 post-secondary students in the city throughout the year, the student stakeholder voice is an important and unique one, and I look forward to working with your organization, and others like yours, as well as individual students to ensure that they feel respected and heard, and that we continue to build Waterloo as a place where students can not only come to study but to work, live, and play.

I would like to engage youth to build a strategy to harness their passions and potential to build a stronger and more vibrant Waterloo.

Waterloo has a student population of over 50,000 people. Why should they vote for you based on your campaign priorities and track record?

I will include post-secondary representation on team Waterloo mayor's advisory table. I have made housing availability and affordability for all residents of Waterloo a priority. I am committed to improving train, bus, and active transportation to and from Waterloo with interregional transit connections with neighbouring municipalities.

If elected, what do you think will be your biggest challenge over the next four years?

Working with the community to address both the housing and climate change challenges with combined and integrated policies and action.

#DIDYOUKNOW?

The cards already delivered to homes direct municipal voters to just a handful of central voting stations, rather than to polling stations in their neighbourhood.

#DIDYOUKNOW?

Students can vote in the SLC no matter where in Waterloo they live

**#DIDYOUKNOW?**

You don't need a voter ID card to vote on election day but having one makes the process faster.

mayoral candidates



Shannon Weber



Rob Evans

SHANNON WEBER

Weber graduated from the University of Waterloo with Bachelor of Arts in economics and has a Master of Business Administration from Wilfrid Laurier University. She is currently a faculty member in the Strategic Global Business Management Graduate Program at Conestoga College.

What are your plans and goals, if any, with regard to housing and transit in the City of Waterloo?

Housing: I have spent months listening to residents of Waterloo and have clearly heard that affordable housing is a top issue for our community. I know this is particularly true for students and youth.

Waterloo has the knowledge and innovation needed to address this challenge.

As mayor, I will unlock this potential. One of my first actions will be to create a mayor's task force on affordable housing and smart growth. The task force will address the following:

- Leverage the tools and levers currently available to address affordability and growth
- Streamline the development approval process
- Modernize zoning bylaws to speed up building a range of housing options, while protecting green space
- Develop a community improvement plan to encourage affordable housing and sustainable infrastructure
- Remove barriers to affordable rental housing, including student housing,

while maintaining safety standards

I am also interested in reviewing the rental housing bylaw to understand if it's effectively addressing safety concerns as well as any barriers it may be creating in terms of affordable housing. I have been consulting with student leaders at our post-secondary institutions, and there seems to be support for this. Although Waterloo must take steps to address affordable housing and smart growth, we cannot do it alone. As mayor, I will be a strong voice that works collaboratively with all levels of government to ensure Waterloo's needs are prioritized.

Transit: Increased transit is integral to building a vibrant city, supporting growth and movement of residents and meeting our climate goals.

As mayor, I will continue my earlier work as a member of the Business-Lead Coalition advocating to the provincial government for increased GO train service between Toronto and Waterloo region and ensure Waterloo's needs are met through expanded regional and inter-regional transit. Expanded inter-regional transit will benefit our future generation, including students, as they will have more opportunities to live in one city and work or go to school in another.

According to the Canadian Urban Transit Association, every dollar invested in local transit has an economic spin-off of between three to five dollars, supporting economic growth in our community.

How do you plan to help foster diversity and inclusion in the city?

As lead for community investments at the KW Community Foundation and a founder of Wellbeing Waterloo, I have dedicated a significant portion of my professional career to supporting diversity and inclusion in our community. Residents have told me that they want more ways to connect and foster a sense of belonging in our community. As Mayor, I will build a connected community by fostering strong and vibrant neighbourhoods through the implementation of programs and supports that allow residents to better utilize public spaces, promote informal gatherings, and unlock opportunities for connection.

Waterloo has a student population of over 50,000 people. Why should they vote for you based on your campaign priorities and track record?

Having worked at all three local public post-secondary institutions, including in student government at the University of Waterloo, I have a deep understanding of the value that our more than 50,000 students bring to Waterloo Region.

Not only do students contribute to the economic success of communities by supporting small businesses and fueling the economy, they also represent our future talent, driving innovation and providing solutions to local and global challenges. Waterloo's student population is an important part of our city adding diversity, new ideas and vibrancy to our neighbourhoods and communities and we must find ways to welcome them, engage them in our city and

encourage them to stay in our community for years to come. I am the only candidate with the experience and skills necessary to bring people together and work with all levels of government to achieve success. I will ensure I use my voice as Mayor to advocate for the needs of all Waterloo residents — including students — and build a welcoming community that our local students can feel proud to call home.

If elected, what do you think will be your biggest challenge over the next four years?

I believe that the biggest challenge facing the next council will be balancing the needs of residents with fiscal responsibility. With growing inflation and the increasing costs of goods, I have heard that many Waterloo residents are becoming increasingly challenged to afford everyday essentials.

As Mayor, I commit to holding city staff and members of Council responsible for the prudent use of tax dollars. I will ensure that future municipal investments balance the needs of our community, leverage provincial and federal funding, and respect the hard-earned dollars that our residents entrust to municipal governments.

ROB EVANS

Evans graduated with a BA in political science from Wilfrid Laurier University in 2001. He is currently the President and CEO of Backpacker College. Evans did not respond to Imprint's questions.

Ontario's Housing Crisis Reaches Waterloo

Farhan Saeed
Reporter

Students returning to UW campus this fall are struggling to find affordable living accommodations as Ontario's worst housing shortage reaches Waterloo.

With the GTA's cities being ranked as some of the most expensive cities to live in in all of North America, it's no surprise the prices eventually reached Waterloo.

"It seems like the prices skyrocketed overnight, I'm paying significantly more this semester than I was before," said Sana Syed, a third-year UW student.

According to a study done by Rentals.ca, the Kitchener/Waterloo area ranks sixteenth in a list of cities with the highest rental costs in Canada. There was an 11.2 per cent and 18 per cent increase in rent prices since last September for one-bedroom and four-bedroom apartments, respectively.

Since the start of the fall term, the effects of the crisis on UW students have become more evident. WUSA staff have been approached by five students who are reportedly sleeping on couches within the SLC.

International students in particular are especially affected by this crisis. With their undergraduate tuition being over 400 per cent higher than domestic tuition, increasing housing costs only add to their financial burden.

"It's mentally taxing," said Nikhil Ratesar, a third-year international student from Dubai. "We came here to study and having to constantly worry about my rent going up can be distracting from my studies."

WUSA is working towards helping the student body with this issue by providing students with crucial housing information through a campaign led by Jeff Zhu, a director on the WUSA Board.

"Most students aren't aware of some of the financial clauses within their leases," Zhu said. "According to the Landlord and Tenant Board of Ontario, you're entitled to interest payments on rent deposits every 12 months. At an average rent of \$700 per month with a \$100 deposit, and 24,000 off-campus beds, you're looking at over \$400,000 in interest payments that's up in the air."

Information like this is what Zhu is summarizing in a housing contract playbook that is to be published to help students with legal and financial loopholes.

The housing issue itself is not one that can be solved overnight, stemming from a variety of factors — from supply and demand issues to a post-COVID housing market. During the remote learning phase, the majority of Waterloo's student population stayed home with their families, forcing property managers to lend the vacancies to families, single adults and other non-student residents.

"Student wages simply cannot compete with households of full-time salaries or double earners," said Shaminder Gogna, a real estate development consultant with years of experience in the GTA's university cities. He advocates that student housing should be made accessible for students, and students only.

Gogna explains the rate at which people are arriving and housing being built simply does not align. At the moment, the region of Waterloo is in need of over 70,000 homes in order to meet the expected population growth.

"It's a systematic issue," Gogna added. "Home to two great universities and consistently being voted one of the smartest cities in Ontario, Waterloo is a major attraction for many immigrants, Ontarians, and students to come settle in."

The situation is the result of many different factors. Gogna suggests that the student body highlight the urgency of the situation to university officials, as the inflow of students into UW needs to be managed.

Zhu encourages students to bring any comments, complaints and inquiries to himself or the WUSA board, where they can work directly on the issue and raise it to the necessary officials.

He also recommends taking these issues up to the municipal level.



President Goel speaks on Waterloo at 100

Alicia Wang
Editorial Assistant

Following the University of Waterloo's formal promise of reconciliation, UW president Vivek Goel hopes to see the Waterloo at 100 initiative continue to confront broader changes in society.

Waterloo at 100, as described on the office of the president's website, is an "exercise to develop a longer-term vision that will ad-

former UW president Feridun Hamdullahpur, Goel noted the limitations of the shorter time frame in its restricting the ability to create "substantial change" for the institution, pointing out the opportunity of Waterloo at 100 to tackle larger initiatives like the formal promises to reconciliation.

A discussion paper regarding the Waterloo at 100 initiative was released this fall, compiling the results of preliminary consultations with over 1000 community members of UW, both internal and ex-

many members of the community, that will find its way into the final paper, which we hope will be ready in 2023 and will go to the Senate for endorsement."

Though the initiative would likely not impact current students' experiences, he said, their experiences would hopefully inform the institution and the experiences of future students.

Despite the rounds of consultation the initiative has gone through, with two sessions each allotted to faculty, staff and stu-

less inclined to make big changes or to invest more into doing those things, therefore lowering their chances of execution."

He also mentioned the need for better awareness of the initiative across campus, which could also increase participation amongst the student body. "I feel like if it was made more known across campus then more people would participate... looking at the big picture, I think it's a good initiative or idea, but for me personally I don't choose to participate in those things cause I like to



HANNAH BUSING VIA UNSPLASH

dress: What do we as an institution aspire to become by our 100th anniversary in 2057?" Goel explained the initiative as a chance to make "substantial change," reflecting on UW's history of innovation in the face of global challenges, with those surrounding its founding including the Cold War and the space race.

"It's, to me, important for us to be thinking about what our contribution is, in the face of these big global challenges; how we prepare our students, our graduates and alumni to be leaders in [the] society that we're going to be facing," he said, referring to current issues like the COVID-19 pandemic, polarization in politics and the climate crisis.

Though the university regularly creates five-year strategic plans, the most recent of which is the 2020-2025 "Connecting Imagination with Impact" plan launched under

internal. The discussion paper includes five "Interconnected Futures," which "[align] to our present and growing strength areas... through which our impacts can be made," including "Sustainable Futures" and "Technological Futures." The paper also includes three forecasts: graduates, knowledge, and campus, meant to serve as "longer-term horizons for present and future strategic initiatives." These stem from "white papers": framed discussion papers based on group discussions regarding what the final discussion paper might look like.

Goel stated that the discussion paper sets the ground for further discourse, to which he hopes to see the UW community bring their "bold, aspirational ideas."

"We don't presume to have all the answers," Goel said. "And as we start to see themes coming together, that are shared by

students, not all UW students are aware, or invested, in the Waterloo at 100 initiative.

"I'm gonna be honest, probably not," said Jason Trinidad, a second-year honours arts and business student, in response to whether or not he would have participated in the consultations. He voiced concern with the unstable nature of the university's plan, with its effectiveness dependent on the amount of attention invested both by the university and the student body in achieving the initiative's goals.

"I don't know how much resources they're willing to put in to accomplish [their goals], cause if they're putting more time, effort and money then I feel like there'd be a higher possibility that they'd achieve those goals," Trinidad said. "But... especially if they look at [how] most people don't really know or pay attention to [the initiative], they're gonna feel

focus on school and then enjoy my off time."

As of now, the initiative is still in the discussion phase, meaning there are currently no concrete steps to get to the goals for Waterloo at 100. Goel stated that once a "destination" for 2057 is set, the university will work backwards to determine what needs to be done in order to accomplish those goals. As an example, Goel mentioned the university's recent formal promise to reconciliation, which he stated could include concrete steps such as rethinking and improving the educational offerings regarding Indigenous studies and languages, or creating Indigenous spaces on campus such as Indigenous gardens.

"These are things again, [that] we haven't necessarily looked at in depth in recent years. And so that would be an example of a very concrete sort of step that we would take," Goel said.



Why leaves fall and change colour

Khalid Safdar
Science Editor

HEATHER ECOBICHON

Every wonder why do leaves change colour, and why do they fall? We've all thought about it at some point in our lives, and yet most of us don't have the answer.

A pigment called chlorophyll, stored in membrane-bound organelles called chloroplasts, is what gives leaves their green colour. The reason it's green is because it cannot absorb the green wavelengths of the white light, which are reflected off instead.

The leaves appear green throughout the seasons where they use sunlight for photosynthesis — the process through which they make their food and release oxygen. By the time autumn comes, plants usually have enough energy stored and chlorophyll production stops, which leads to an abundance of caro-

tenes. Carotenoid pigments are also present, giving a yellowish-orange colour to the leaves as chlorophyll continues to break down. If the temperature stays above freezing, anthocyanins are also produced, which in turn produce a reddish pink colour. They keep presenting their vibrant colours as long as the temperature remains relatively warm. These remaining pigments create the palette of appealing colours seen throughout Ontario during the fall.

As colder temperatures hit the trees during autumn, the leaves eventually fall

due to a layer of cells called the abscission layer, found at the point where the stem of the leaf is attached to the tree. This layer is fairly intact during spring and also serves as a passageway for the energy produced in the leaves to travel to the branch and the trunk.

As temperatures lower, the tree reduces the production of a hormone called auxin, a plant molecule that affects almost every metabolic process. With a decrease of the hormone, the strength of the linking point weakens enough that the leaf becomes susceptible to falling off due to environmental stress like wind.

There are advantages to trees losing their leaves, most notably less energy spent throughout winter, allowing trees and plants to survive harsh winters and snowfalls. Moisture is also conserved within the trunk, which prevents the tree from drying out. Lastly, less strain is applied on the tree due to strong winds as they blow through the branches instead of getting caught in between clusters of leaves.

This however, does bring us to another question — why do some leaves not shed at all? Pine trees, spruce trees, hemlock trees and some others actually don't lose their leaves during the cold months, which is why they are known as evergreens. These trees have needle or scale-like leaves that are heavily covered in resin, which resists the cold and dry weather. The leaves do eventually fall but it can take quite some time for the tree to reach that point.

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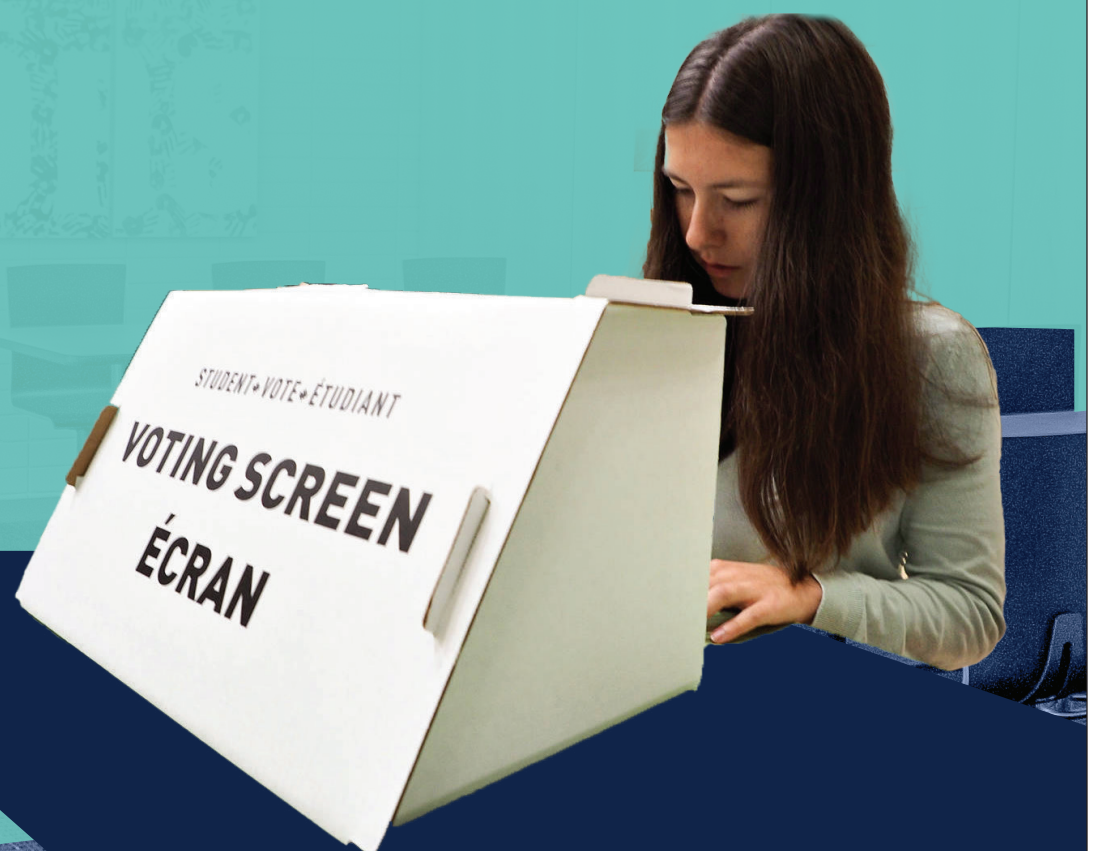
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Let the dice roll: TTRPGs within the campus community

PHOTO: MELISSA HUGHES / ART: HEATHER ECOBICHON


 Remy Leigh
Arts & Life Editor

Tabletop roleplay games (TTRPGs) have been around for several decades, and have a long history that has surfaced only within the last few years. Popularized by the Netflix show *Stranger Things*, it is hard to find someone who has not heard of the most popular TTRPG in this day and age, *Dungeons and Dragons* (D&D), especially at the University of Waterloo, thanks to the UWaterloo Science Fiction Club.

TTRPGs are games in which players embody a fictional character of their creation to tell a story. In-game decisions are often made by rolling dice, which determines the degree and likelihood of success and failure. The story is led by a game-master or dungeon-master (GM or DM) — a person who acts as the narrator, keeps track of the game rules, roleplays non-playable characters (NPCs), and ultimately controls the direction of the story, although TTRPGs are inherently collaborative. Aside from D&D, other popular TTRPGs include *Pathfinder*, *Call of Cthulhu* and *Generic Universal Role-Playing System*.

Alex Wang, a 4B science and business (SciBus) student, was the president of the UWaterloo Science Fiction Club (WatSciFic) from Winter 2019 to Spring 2022. WatSciFic is one of the oldest running clubs at UW, and what started out as a club with a specific focus in science fiction writing has branched out into science fiction and fantasy books, films and games.

Wang was first introduced to D&D in Grade 6, and the idea of improvised role-

play within a rich fantastical world intrigued him. However, he and his friends did not take the initiative to start a game until Grade 9. “A bunch of friends got together, we got bored, we decided to try something new, and D&D came along.”

Wang says he has noticed great differences in himself and his friends since he started playing. “We’re more open, and we take initiative. That helped with SciBus — taking initiative, not being afraid to speak up. [...] It got me more friendly; making new friends, that also helps. I know people who keep playing D&D, they’re more open and they’re not afraid to express their ideas, they’re not shy around new people.”

This openness and freedom of expression was not always commonplace within the TTRPG community, however, as the community once had to be careful about where and how the games were played. James Davis Nicholl, UW alumni and speculative fiction reviewer, discovered TTRPGs through WatSciFic during his time as a student in the 1980s, at a time when conspiracies and negative media attention swarmed the world of TTRPGs.

“Forty years is a long time...and [the community] has gone through some major changes over that time period. [...] The 80s was a big boom, and parents got very panicky about what their kids were doing. It was something called the ‘Satanic Panic,’ and people were convinced that roleplaying games were evoking infernal forces.”

“And then in the early 90s, the market basically crashed. [...] In ‘96 or ‘97, Game Designers Workshop went under, and it looked extremely grim, and I left in 2001 temporarily because all of the science seemed pretty awful. But then in 2010 or 2015, things

turned around, and it’s much more vibrant now than it was 20 years ago. It’s quite heartening to see where things are. It is more overtly accepting now than it was 40 years ago — although people of all kinds played games, companies seemed to only be aware of the ones who were white males,” Nicholl added. “[Today] the demographics of [WatSciFic] reflect the community on campus much more closely than they did 40 years ago.”

Wang had not expected the community to grow the way it has due to the rise of computer games and mobile games — other things that take up people’s time — I’m actually pretty surprised that there are still a lot of people who play D&D. And it’s not just D&D — the WatSciFic community are trying out new TTRPGs as well. I’ve been playing for eight years and people are trying out new things every single time. The community is evolving because people are taking matters into their own hands... They’re not cropped up with official content, they want to write their own stories.”

For Wang, D&D Fifth Edition remains his favourite game, for that is what he started with and it has gained incredible amounts of popularity. “That’s what most people are playing, in the North American community.”

Nicholl stated, “The games that leave the biggest impact are the ones you first get introduced to, and so for me the ones that I’m still quite fond of are *Traveller*, *Runequest*, and *Champions*.”

TTRPGs give people the chance to escape their everyday stresses and openly be themselves, according to Wang. It is the reason why games such as D&D have risen to popularity.

“Once everyone starts forgetting about their real identities and they start getting into the personality of their character, they just forget about how shy they were before. It’s easier to ease into it when there are other people who are in the same situation. It’s a different identity for four hours — for my group, it’s almost six hours — you just forget that you are you. You don’t have to worry about the other aspects. It’s also very useful in the UWaterloo high-stress situation, people just reduce their stress load [by playing TTRPGs]. I’d like to say that their bodies adapt to the stress, so they no longer feel as stressed anymore. When you don’t have to worry about [work], your body just calms itself down.”

For new players, Wang and Nicholl recommend putting yourself out there and taking initiative, and be open to trying new things. Nicholl said, “Online is your friend, it’s the easiest way to find other players. Bear in mind that while certain games enjoy a considerable edge in how visible they are — everybody’s heard of *Dungeons and Dragons*, many people have heard of *Call of Cthulhu* — if you don’t like the particular game you play, there are literally hundreds of games out there. There is probably one that suits your particular tastes, and you shouldn’t be disheartened because your first game isn’t quite what you’re looking for.”

Wang added, “Find some friends, grab a board, and start playing. Don’t be afraid. That’s the biggest thing — they’re afraid of playing, they’re afraid of not doing good, they’re afraid of speaking up and taking initiative and making a bad decision for the group, but don’t [feel afraid]. Whatever happens, happens. It’s a dice roll. Let the dice roll.”



Library exhibit highlights history of student activism at UW

Remy Leigh
Arts & Life Editor

Universities have long been hubs for activism and advocacy, providing students with the support needed to get social movements off the ground and raise awareness for causes they believe in.

In Canada, one of the more famous examples of student activism occurred at McGill University in 1968. During this time, abortion was a crime, and the distribution, sale, and advertisement of contraception was illegal under Canada's Criminal Code. Information on sexual health was scarce, so McGill undergraduate students Allen Feingold and Donna Cheniak penned and distributed *The Birth Control Handbook*. The handbook provided information on the reproductive organs, contraception, menstruation, abortion and safe sex. Though it was illegal at the time of its first printing, millions of copies were distributed between 1968 and 2000. It was a groundbreaking text for reproductive health and a testament to the potential of student activism.

At the University of Waterloo, similar movements occurred with the rise of student activism in the 1960s, and many of the issues remain relevant today. On Oct. 17, Special Collections and Archives (SCA) at Dana Porter Library presented an exhibit titled *Democracy in the Classroom Provides No Social Change: Activism at Waterloo*. The exhibit brings together evidence and mementos from student protests and demonstrations, dating back to the 60s, and includes newspaper clippings, posters, and photographs.

Jessica Blackwell, librarian for the SCA, explained the purpose and importance of the exhibit.

"We wanted to showcase activism and protest movements. There's a combination of both on-campus activism — so, things like the housing crisis, which we still see today with students, issues with tuition and textbooks costs. There are also some activities that were going on broadly in the world, social justice movements and protests and other activism that stu-

dents were also involved in. We have everything from Apartheid to more current issues like global climate change and Indigenous rights in Canada."

The collection bears witness to the university's ongoing concerns around gender-based sexual violence, with a poster made by the former UW group, *Males Against Sexual Violence*. The collection represents the fight by student workers to be compensated fairly by showing historical and current campaign handouts by

OrganizeUW. There is a poster from a protest against the Beijing Massacre of 1989 and an issue of *Imprint* from 1992 with the headline "Walkin'-A-Breast," about a protest on campus in support of a woman's right to legally be topless in public.

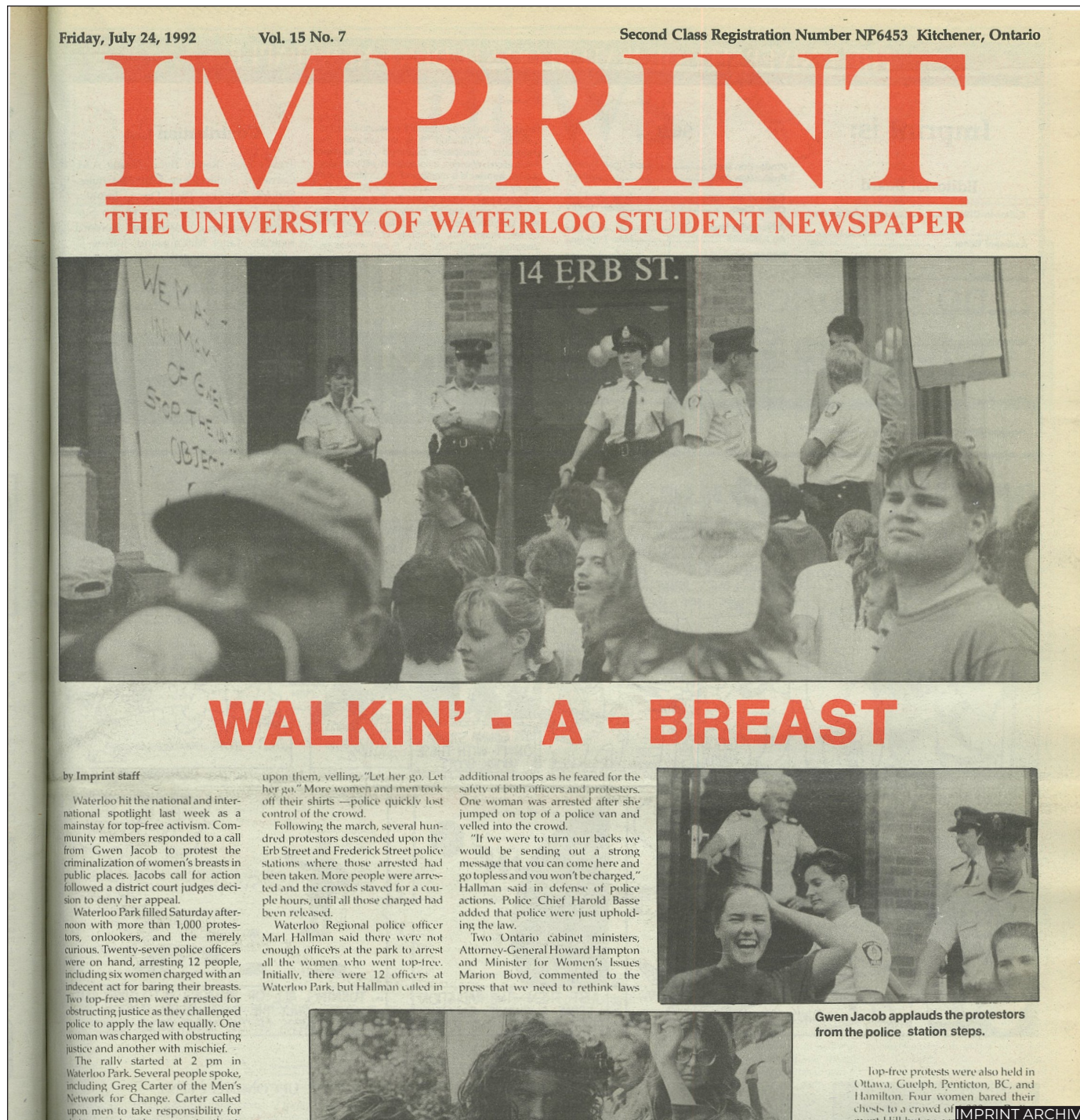
The exhibit invites people to question what has changed and what hasn't. "I think there are a lot of things that make people go, 'Oh, we're still talking about this.' I've had people come up to me and say, 'It's amazing this is historical — is this stuff we still talk about today?' Like the sexual violence — the [exhibit] over there, people were saying, 'When was that? Oh, this was in the 90s,'" Blackwell said.

Although many of these issues are still at the forefront of student life, universities remain an ideal environment for organization and mobilization because of their position as educational institutions.

Universities are institutions of knowledge, power, and influence, and this is especially true in a city like Waterloo. The city is home to approximately 50,000 students from both UW and Laurier, and they are a considerable part of what makes univer-

sities influential and unique. The exhibit hosted by SCA shows that UW students are not afraid to raise their voices and put this influence toward a cause.

There is strength in numbers. The collection is a testament to the fact that if there is a social or political cause worth fighting for, university students will be there on the corner with signs and chants advocating for change; they will occupy admin offices, the paths that weave through campus, or hubs such as SLC.



This cover of *Imprint* from July 1992 forms part of the exhibit *Democracy in the Classroom Provides No Social Change: Activism at Waterloo* presented by Special Collections and Archives (SCA) at Dana Porter Library Oct. 17.

sports & health



WRITE FOR SPORTS

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Warriors lose out on back-to-53rd Annual Naismith Clas-



Guard #4 Vanessa Hughes dribbling into the opposition's half to start an offensive play



Forward #23 Maddy Adams going for a reverse lay-up against the Concordia Stingers

Avitej Singh
Sports & Health Editor

The 53rd Annual Naismith Classic — an annual single round-robin tournament named after James Naismith, the founder of modern basketball, gave the Warriors Men's and Women's basketball teams a chance to face competition from across the country. The first game for the University of Waterloo was the Women's basketball team, sporting the black and gold colors through warm-up and wearing their golden jerseys for their match-up against the University of Northern British Columbia, the UNBC Timberwolves.

The Waterloo Warriors had a 1-2 finish in last year's Naismith Classic. In the lead up to this year's Naismith, the Warriors Men's team were struggling coming into the tournament, whereas the Women's team had found success. Playing a tournament on the Carl Totzke Court at PAC would be a home court advantage for UW, and right off the bat, the Warriors Women's team took advantage. Although the Warriors lost possession in the jump ball, the first quarter

finished with a seven point difference at 18-11 in the favor of the Warriors. The team's initial points came from their guards, Kaitlyn Overeem, Vanessa Hughes and Ghiselle Poblete. Overeem proved her capabilities as the handler and dribbler within the opening minutes of the game. Hughes and Poblete also put four points on the board in the first quarter, while opening forwards Summer Pahl and Maddy Adams helped retain possession with crucial rebounds.

Moving into the second quarter, Beth Howlett led the team's point scoring effort, scoring field goals and three-pointers alike, supported by Jaime Newell, who drew fouls and went to the free throw line four times in the second quarter. The Warriors had ended the first half with a nine point lead over the Timberwolves. Coming into the second half, the Warriors lacked the defense they had in the first half, being outscored by their opponents for the first time. Alina Sharikova of the Timberwolves led the 21-point effort in the third quarter, scoring 12 against the black and gold. Her efforts on the other end of the court also impacted the third quarter, taking two defensive rebounds.

The fourth quarter started with a five point

difference. Both teams were evenly matched, but Hughes charged the Warriors into both offensive and defensive actions, scoring 10 of the team's 21 points in the final quarter, while also stealing the ball four times in the quarter. The Timberwolves' efforts did not amount to a win; the game closed with the Warriors winning by a four point margin. Hughes scored 18 points and amassed nine steals, adding to her offensive and defensive credentials, and Pahl scored her double-double; she had two statistics in the double digits, with 12 rebounds and 12 points in the game.

The second game for the Women's team started off slowly. Although the Warriors started ahead, it was a five point game after the first quarter, with 15-10, the scoreboard favoring the home team. The Warriors did not have Overeem, and the handler for the opening lineup was Hughes. However, it was Areej Burgiono for the Concordia Stingers that was the

player that impressed the crowd. Burgiono's handling skills were better than those supporting her plays, and it did look as if the Stingers were not a team that could assist her playmaking. From the first quarter itself, it was telling of the teams' abilities — the Warriors had a stronger overall team, allowing for passes, assists, rebounds, and even substitutions, whereas the Stinger's had three players on the bench, limiting their combinations.

The Warriors seemed to be largely on top of the game, with major credits to Adams. Her overall stats saw her take seven rebounds and 19 points — the most of any player for the game. Although the Stingers' Burgiono was able to score 17 points herself, she did not have support the way Adams did. The Warriors also had Pahl and Howlett score 14 and 15 points respectively. Although the official record sheet did not acknowledge blocks from any players, the defensive capabilities of the Warriors were on show. Warrior forwards Adams and Pahl took eight defensive rebounds between both of them, which enabled better playmaking. By the second half's arrival, the Warriors found them-

BASKETBALL HISTORY: WHO WAS JAMES NAISMITH?

James Naismith, Canadian-American inventor of basketball, wrote the original basketball rule book in 1892 and coached Phog Allen who was known as the "Father of Basketball Coaching"

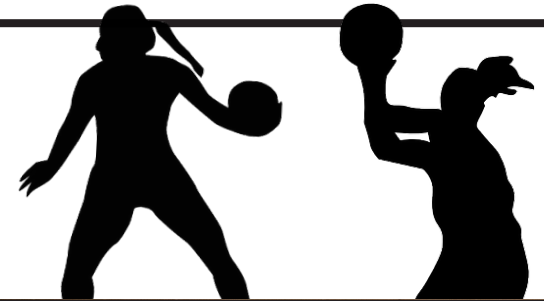
LOOKING BACK: WARRIORS IN 2021

Last year, the Warriors men's basketball team finished 1-2 in the 52nd Annual Naismith Classic

NEXT UP: TINDALL TOURNAMENT

Warriors will be playing against Bishop's, Concordia, Alberta, Queen's, and UNB at the Tindall Tournament starting Friday, October 19

back championships at the sic Basketball Tournament



Warriors defend their possession against Concordia Stingers



Guard #22 Keren Hasebenebi sets up an offensive play for the Waterloo Warriors

selves in a nine point lead, which stayed constant up to the end of the third quarter. The third quarter was the only period of the game in which the Warriors did not outscore the Stingers — both teams scored 13 apiece, and the Stingers did not get the better of the Warriors at any given point.

Concordia Stingers had amassed fouls much quicker than the Warriors, but the Warriors took advantage of saving their timeouts and having fewer personal fouls in the final quarter of the game. The Warriors did make it tougher for the Stingers to reach the ball, outscoring Concordia by five points in the final quarter. The game drew to a close with the score reading 64-50, and the Warriors took their second victory. The team's top scorers were Adams, Howlett, and Pahl. Hughes presented her defensive capabilities again, getting four steals for the Warriors, coupled with her six assists and eight points to also prove her offensive talents. For the Concordia Stingers, Burgiono's efforts of 17 points and six assists for her team were impressive, she alone contributed to nearly half the points scored by Concordia.

On the final day of the Naismith, the Men's War-

riors team faced the UQAM's Citadins. The Warrior Men's team had lost their first two games, with a six-point deficit to the Dalhousie Tigers and a 16-point deficit to Cape Breton's Capers. The first quarter was telling of the teams' abilities. UQAM had a plethora of players get onto the scoreboard, with seven players contributing to the 22-point first quarter, whereas only four players from the Warriors scored, primarily supported by guard, Raf Llorin, who shot nine points and made both his three pointers in the first quarter. The Warriors struggled with rebounds, only taking four of the ten rebounds in the first quarter. UQAM was careless on defense, which the Warriors took advantage of, getting five free throws.

However, it was the second quarter that had sealed the game. Eight Citadins scored 29 points combined, which nearly doubled the 15 points scored by four Warriors in the second quarter of the

game. The Citadins took advantage of their pace with quicker turnovers, short passing, and a good three point shooting average with guard Kevin Civil, who scored 10 points in the second quarter. The Warriors attempted more field goals, 19 compared to the Citadins' 17 in the second quarter, but only scored five of those attempts compared to nine by the Citadins.

Coming into the second half, the Warriors seemed drained of their energy. Having lost the previous two games and being down 19 points at half-time was not helping morale, but forward Kanayo Nnadi managed to score nine points in the third quarter. The Warriors had a 10-point deficit in the third quarter alone, which can be attributed to the lack of scoring players. Only three players scored for the Warriors, compared to six for the Citadins, The Warriors weren't able to make the plays that the Citadins were; the Warriors only had two assists compared to six by the Citadins in the third quarter.

The final quarter was the third time that the Warriors Men's team outscored their opponents in a quarter for the entire tournament. The third quarter against Dalhousie and the third Quarter against Cape Bren-

ton were the only times the Warriors Men's team had the upper hand against their opponents. However, this was a nine point margin that the Warriors recovered in the final quarter against the Citadins. Forward Nnadi scored 11 points in the final moments of the game. Seven Warriors contributed to the 32-point quarter, the highest scoring quarter of the weekend for the Warriors. The game ended on a 20 point difference, the UQAM's Citadins winning 98-78 against the Warriors.

At the end of the tournament, Laurier's Golden Hawks were crowned champions in the Men's category, while the Guelph Gryphons took the championship in the Women's category. The Warriors Men's team lost all three games they played, a streak they will be looking to break against Concordia this Friday. The Warriors Women's team won their first two games of the tournament, losing 58-77 to the new champions, the Guelph Gryphons. The Waterloo Warriors will play the Tindall Tournament in Kingston this weekend, the Men's team playing Concordia, Queen's and UNB, and the Women's team playing Bishop's, Alberta and Queen's.

Recipe: Caramelized Banana Peanut Butter

By Ingrid Au

The days have fully submerged into autumn — the fall morning greys leave us wrapped in a blanket and a warm mug with breakfast as the only thing on our groggy minds. Something about having a sweet breakfast feels special during the fall. This caramelized beauty adds a light layer of richness and sweetness to your toast — a golden way to start your morning.

Tools

- Saucepot
- Non-stick pan
- Wooden spoon or spatula
- Mason jar

Ingredients

- 1 large banana (size may vary, thickly sliced)
- ½ cup of brown sugar
- ¼ cup of water
- ½ - ¾ cup of peanut butter
- A pinch of salt

Instructions

- To make the caramel, combine the brown sugar and water in the saucepot and heat until the syrup comes to a slight boil. When it starts to boil, turn the heat to medium and stir spontaneously. Make sure you are not constantly stirring the syrup as doing so causes crystallization. After 10-15 minutes, the caramel should be a light golden brown. Take the caramel off the stove and let it continue to brown with the residual heat.
- In a pan, sprinkle a thin layer of brown sugar and evenly place the banana slices. Caramelize the banana slices at low to medium heat or until they turn light brown. Make sure you carefully watch the stove as the bananas can burn quickly.
- In a mason jar, assemble your butter with a layer of peanut butter, then the caramelized bananas and pour in a small amount of caramel (about a teaspoon). Continue this order until you have reached the top, then sprinkle a pinch of salt. This butter can be stored in the fridge for up to 1 ½ weeks.
- This spread is so versatile. Have a spoonful of it in your yogurt, use it as a dip for your apples with a little cinnamon — or if you are like me, it is an experience to eat it out of the jar. As you enjoy your breakfast today, set aside some time for yourself. Perhaps read a book, listen to a podcast, watch an episode of your favourite show or just anything that allows a calm start to your morning. Promise yourself you will allow yourself some peace — even if it's in the form of breakfast.



im print

GO OLD GO BLACK GO GOLD

WATERLOO WARRIORS

THIS WEEK IN ATHLETICS



WOMEN'S HOCKEY

OCT. 22 | 2:30 PM
CIF ARENA

VS TORONTO



MEN'S HOCKEY

OCT. 21 | 7:00 PM
CIF ARENA

VS WESTERN



SOCCER

OCT. 22 | (W) 12:00 PM, (M) 2:15 PM
WARRIOR FIELD

VS ALGOMA

OCT. 23 | (W) 12:00 PM, (M) 2:15 PM
WARRIOR FIELD

VS ALGOMA



PERSONAL TRAINING

» PRIVATE AND GROUP TRAINING
» 3/5/10/20 SESSION PACKAGES
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ATHLETES OF THE WEEK

WATERLOO WARRIORS



ABBY BARKER
GOLF
ARCHITECTURAL ENGINEERING



STRATTON WINDSOR
RUGBY
ACCOUNTING & FINANCE

Go out and vote!

Why students should vote in the municipal elections?

Municipalities across Ontario, including Waterloo, will be holding local elections on Oct. 24. Eligible voters in Waterloo will be able to vote for the regional chair, their regional council representative, city council representative, school board trustee and the city mayor. It is absolutely vital that students vote in these elections. Regardless of where in the city they live, UW students will be able to vote in the SLC on Oct. 24.

In talking to many students, I have realized that a lot of them don't know that they are able to vote in these elections. Canadian citizens enrolled in post-secondary institutions are eligible to vote in two different locations — the city they reside in as a student and their home city, i.e. the place they regularly return to when not at university. This means that most students at the university can vote in these elections.

The regional and city governments are responsible for some of the issues that affect the day to day lives of residents, and students in particular — arguably more than any other level of government. Policing, emergency medical services, major roads, waste collection, public transit and public health are some of the issues the regional government deals with, while the city government is responsible for libraries, firefighters, parks, recreational programs and residential roads.

Housing is another major issue that has to be addressed by the city government. The current housing crisis severely affects students, to the extent that students have had to find accommodations far from the university, or pay an exorbitant rent for subpar living conditions.

Another issue that is particularly important for students is transit. Not everyone can afford a car as a student and many rely on public transit. Moreover, many students also cycle or walk to get around. Having better infrastructure for cycling around the city, more amenities in a walkable distance and a reliable and frequent public transit system is very important for us as students with our busy schedules and limited budgets.

It is crucial that students take the time to find out who the candidates running for city government are and go vote for the ones they think will be able to address these concerns appropriately.

Apart from these issues which actively affect our day to day lives, it would also be a good idea to consider where candidates stand on value based issues like sustainability, diversity and inclusion. Uncovering which candidates have actively chosen to address these topics in their campaign promises and what their positions are is an important part of understanding who shares your ideals and values.

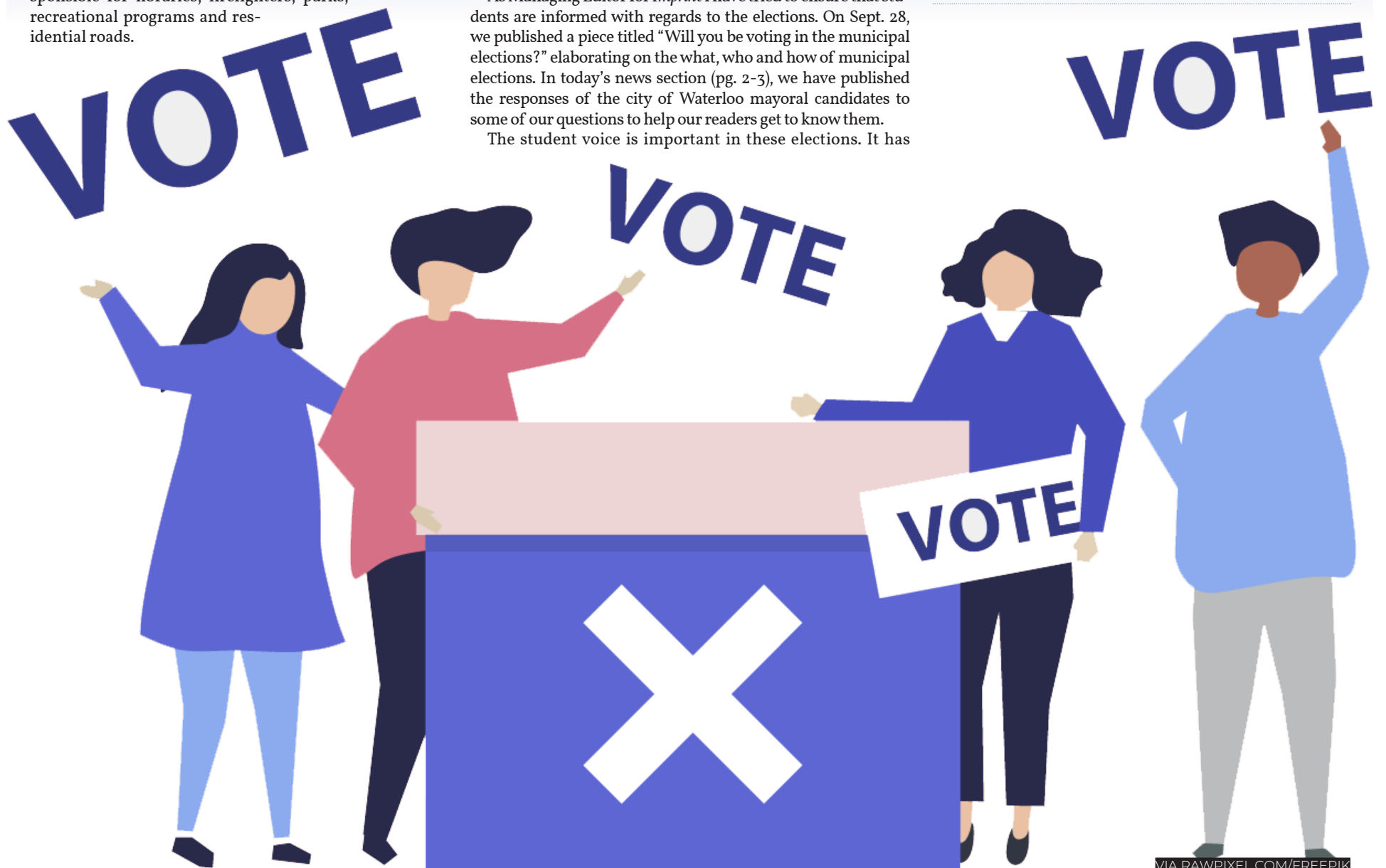
As Managing Editor for *Imprint* I have tried to ensure that students are informed with regards to the elections. On Sept. 28, we published a piece titled "Will you be voting in the municipal elections?" elaborating on the what, who and how of municipal elections. In today's news section (pg. 2-3), we have published the responses of the city of Waterloo mayoral candidates to some of our questions to help our readers get to know them.

The student voice is important in these elections. It has

felt like most candidates have not made an active effort to reach out to the students living in Waterloo, which is simply sad given that the city has a student population of over 50,000. In comparison, in 2018, current mayor Dave Jaworsky won his election by 11,777 votes and Jeff Henry, the Ward 6 councillor — the ward the university falls in — won by 1,415 votes. In fact, Henry had a total of 1,989 votes. Students have the power to sway the entire election one way or another.

While some students may not even know that they can vote, I also believe that most students are apathetic to these elections. I understand where that sentiment comes from — most students are here temporarily, and will be gone before the next elections happen. Many will not even be here after next May, so it makes sense that they don't particularly care about what happens in the city. As true as that may be, it is important to remember that this city is playing an important role in a major phase of our lives, and we should want it to be a livable, safe and welcoming place for all those who will come after us.

Abhiraj Lamba
Managing Editor





PHOTO/VIDEO



PROOFREADING



GRAPHICS

Volunteer at *im*print

Email
editor@uwimprint.ca



REPORTING



LAYOUT/WEB

distractions

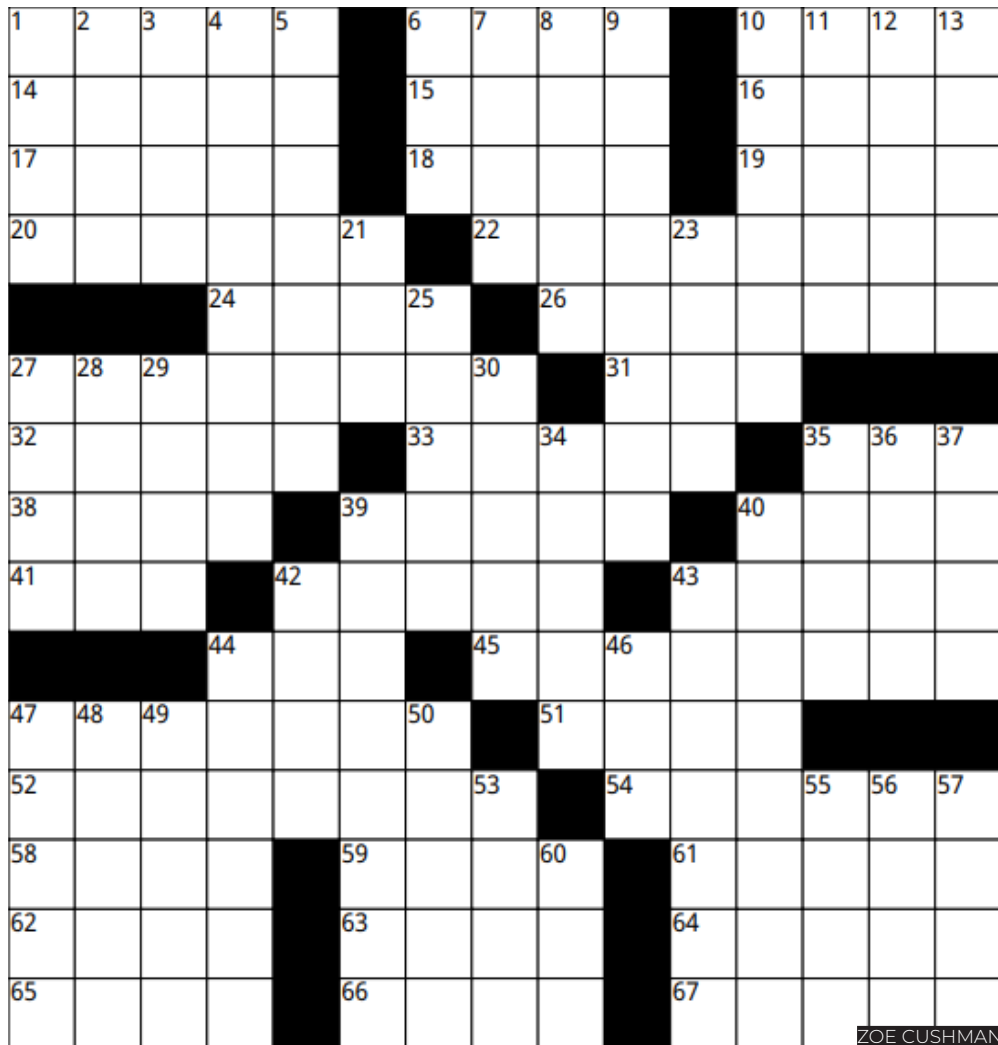


Q: WHY DID MR. GOOSE LEAVE EARLY?

A: BECAUSE HE WAS FEELING A LITTLE QUIZZY!



Imprint Crosswords



ZOE CUSHMAN

Across

1. Performance rights licensor
6. 6 Source of film trivia
10. 10 Type of dress popular on the internet at the moment
14. Smidgen
15. Mother Earth
16. Radius counterpart
17. Wee
18. "Woe is me!"
19. Suburb in Baghdad
20. Doddering
22. Some guitars or cars
24. Spill
26. Information desk in the SLC that has operated almost continuously since 1968
27. Common surname in the United States
31. The kind of 20 that ensures an automatic success
32. Partner of ciencias
33. Castor bean toxin
35. UW's no-audition acapella
38. Clarinet insert
39. Transplant
40. Stuff up
41. Type of alarms rated in a 2021 internet trend
42. CEO-entrepreneur born in 1964
43. ___ blank (fail to answer)
44. Uncle who wants YOU for U.S. Army
45. Overall return

Down

1. Enzyme suffixes
2. ___-ball (the best arcade game, according to the crossword creator)
3. Mass. neighbour
4. Helped
5. Webstad who sparked Orange Shirt Day
6. American supermarket chain
7. Guy, formally
8. Passed out?
9. Cells, in biology
10. Shouldn't
11. On ___ (for fun)
12. Self-published music
13. Austen's Fitzwilliam
21. Many millennia
23. Prefix of some juice blends
25. Common surname in the United States
27. Foal's mother
28. Length times width, in rectangles
29. GPS suggestions
30. Like some jacket hoods
34. Sine's reciprocal, briefly
35. *C. elegans* feature
36. Monk's hood
37. "Goodness!"
39. Regrets
40. ___ Role (popular D&D show)
42. Explicit yaoi?
43. Throne inheritors
44. Station postings, briefly
46. Ctrl-W closes it on Windows
47. Chimp relative
48. Opposite of ranged, as with a weapon
49. Baby island
50. Author Zora ___ Hurston
53. Vegan or keto, for example
55. Opposite of win
56. Gaelic tongue
57. 2010s slang word for 'throw'
60. German article

LAST WEEK'S ANSWERS

7	8	4	2	1	5	9	6	3
5	9	3	4	8	6	1	2	7
2	6	1	9	7	3	4	8	5
3	5	6	8	2	4	7	1	9
4	1	8	6	9	7	5	3	2
9	7	2	5	3	1	8	4	6
8	3	7	1	5	2	6	9	4
6	2	9	7	4	8	3	5	1
1	4	5	3	6	9	2	7	8

JOHAN ALANT

47. COVID-19 variant most commonly accompanied by a cough and sore throat
51. Thieves' ___ (secret language)
52. Quote-tweeted, perhaps
54. David who discovered the grapefruit effect
58. Everyone in Germany?
59. Common word in mediocre writing, according to English teachers everywhere
61. Make a point?
62. Require
63. Home of Zeno
64. French cup
65. Catches, as the flu
66. Hardens
67. Winter driving hazard



ANISHA KARKERA