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**RACISM PRESENT IN KW**

On the heels of one of the largest Black Lives Matter protests, this summer has seen several public incidents of racism.

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**MESSAGE FROM BASE**

UW's Black Association for Student Expression has a message for all students.

**INTERNATIONAL STUDENT TUITION P4**

International students struggling with tuition increases and Covid-19.

**PIVOTING TO MASK MAKING P6**

UW start-up pivots their sweat free technology to mask making.

**MENSTRAL EQUITY P8**

Local social enterprise producing t-shirts they hope will start a conversation.

# Tuition increase facing questions amidst covid





## WUSA supports tuition hike on international students, GSA does not

Anicka Bakos  
Reporter

As tuition hikes for UW's international students have gone ahead, the Graduate Student Association (GSA) and WUSA are offering two contrasting views on the recent increases.

GSA Vice President David Billedeau believes that tuition increases will negatively impact the financial well-being of UW's international students.

"Many parents of international graduate students have written directly to the President of the University of Waterloo [Feridun Hamdullahpur] in order to voice their concerns about increased tuition during the COVID-19 pandemic," Billedeau noted.

"We believe that UWaterloo should not balance domestic tuition by raises to international student tuition, or by cutting financial support [of any form] to students," Billedeau said.

Billedeau pointed out that increasing tuition for people who have limited opportunities to earn an income "demonstrates a disconnect between the University's fiscal plans and the financial well-being of our student community."

WUSA, on the other hand, said they support the tuition increases for UW's international students. Megan Town, WUSA's Vice President Education pointed out that tuition increases are determined by the Board of Governors, well in advance of when they are implemented.

"This is not a choice that the university made," Town said.

According to Town, demand, parity, government funding, operational costs and inflation were all factors that warranted the tuition increase.

"As demand and inflation are expected to decrease in the coming months, I hope that tuition will respond accordingly for the next set of approvals," Town said.

Billedeau disagrees with that premise. He explained that on April 25, the GSA launched a petition calling for tuition reduction for all students taking courses in the Spring 2020 term, due to the shift to fully online learning.

Since then, the petition has roughly 2,000 supporters, Billedeau said. He added that at this time, the GSA is advocating for all UW students— domestic and international, graduate and undergraduate.

Town believes that a reduction in tuition is "simply not a feasible ask to the university." She explained that with the government mandated 10 per cent reduction in domestic tuition, the university budgets are tight enough, as they are.



RILEY STEVENS

"Over 70 per cent of their expenses are salaries and benefits and the university is unwilling to lay-off any full-time staff or faculty. Ultimately, very little money is being saved from the campus closure - in fact, the university probably has more expenses as a result," Town said.

Town agreed that the lockdown due to COVID-19 was an incredibly unpredictable situation.

"We have heard feedback from international students struggling to pay tuition, rent and other living expenses because of COVID-19," Town admitted.

Town noted that WUSA's Student Emergency Support Fund was specifically created to address those concerns.

"We are also working with UW's Student Awards & Financial Aid Office and asking them

to make more of the alumni donations available to international students," Town said.

Town also noted that WUSA's previous advocacy efforts have resulted in a predictable 5 per cent increase in tuition for upper year international undergraduate students (2A and higher). "We hope that this predictability helps international students to be prepared to pay their tuition," Town said.

Town had a message for UW's international students: "WUSA knows that international students are a valuable part of our vibrant community... [and is] advocating on your behalf to the university and to the federal government to implement financial supports," Town said.

Town also said that WUSA has urged the federal government to include international students in CERB (Canada Emergency Response Benefit)

because they have the same expenses as domestic students. Town added that WUSA is also working with Student Awards & Financial Aid, asking them to expand the COVID-19 Student Support Fund's availability to UW's international students.

Billedeau encouraged all students who are concerned about tuition costs to sign the GSA petition for tuition reduction, which is still accepting signatures.

The petition website states that "it is particularly important to note that international... student tuition is increasing [for the Spring] term, despite a shift to online learning. Given that international students already pay significantly higher tuition, we call on the University of Waterloo to suspend the planned tuition hikes and reduce both domestic and international student fees."

### LAND ACKNOWLEDGEMENT

#### IMPRINT ACKNOWLEDGES

THAT THE UNIVERSITY OF WATERLOO IS SITUATED ON THE TRADITIONAL TERRITORIES OF THE ATTAWANDARON (NEUTRAL), ANISHNAABEG, AND HAUDENOSAUNEE PEOPLES. THE UNIVERSITY OF WATERLOO IS SITUATED ON THE HALDIMAND TRACT, LAND PROMISED TO SIX NATIONS, WHICH INCLUDES SIX MILES ON EACH SIDE OF THE GRAND RIVER. THEREFORE, IMPRINT RECOGNIZES AND RESPECTS THIS LAND THAT IT IS SITUATED UPON.

UW INDIGENOUS STUDENT ASSOCIATION



# Six racist incidents in KW over the summer

Felicia Daryonoputri  
Reporter

Thousands of people attended the Black Lives Matter march that was held in Kitchener on June 3. A representative of The African Caribbean Black Network Waterloo Region, Lang Ncube, explained how the KW community came together in solidarity by donating essential items such as water, snacks, masks, and EMT services during the peaceful event.

Despite the support, there have been various racist incidents that have happened at KW following the march.

"Ironically enough, we've seen a resurgence of white supremacy," Ncube said.

On July 7, ACB Network of Waterloo Region posted a tweet regarding the arrest of an unarmed Black man in Kitchener, referring to it as an incident of police brutality. The tweet also contained a link to the video of the arrest that was taken by a bystander from across the street.

The video captures a fraction of the 18-minute interaction in which some of the bystanders can be heard informing the police officers that the man getting arrested was mentally ill, and one of them can be heard saying, "stop beating him."

Popping sounds were heard during the arrest, which led the police to believe that the man was armed and proceeded to treat it as a 'high-risk arrest.'

There have also been a series of racist posters put up around KW this summer, one of which was brought to light by Sonya Richmond in a blog post titled, "...all it takes is for Good People to do nothing...", who also took the responsibility of taking these posters down.

When asked about how many posters were up along

the trail, Richmond said, "I would estimate two to three dozen, though perhaps more."

Richmond thinks that they were newly posted since "The paper was clean, unwarped by dew or rain, and the tape was unpeeled."

In Downtown Kitchener, a

using racial slurs surfaced on the internet. The University of Guelph and Wilfrid Laurier University have put out statements on Twitter acknowledging this.

"Disciplinary action will be taken following appropriate policies and processes," the

University of Guelph said in their statement.

However, many expressed their disappointment, calling out the university to expel the students in these racist videos.

"So I think as we talk about this, it's important to note the

history that exists between Kitchener and white supremacy," Ncube said. "A lot of white supremacy groups have their roots in Kitchener-Waterloo."

Ncube claims that the ACB Network still has not been contacted by some regional representatives for the demands that went forth during the solidarity march.

"I think this is now the opportunity where they need to turn to the communities that are doing the work, the communities that are planning the marches, and ask them how to best assist," Ncube said. "I'm hoping that our politicians will be inspired by the energy that the city has."

The Waterloo Regional Police Service encourages people with information regarding these incidents to call the police at 519-570-9777 or leave an anonymous tip by contacting Crime Stoppers (1-800-222-8477), or submitting it at [www.waterloocrimestoppers.com](http://www.waterloocrimestoppers.com).

*"I think this is now the opportunity where they need to turn to the communities that are doing the work, the communities that are planning the marches, and ask them how to best assist."*

NCUBE, AFRICAN CARIBBEAN BLACK NETWORK WATERLOO REGION

series of anti-semitic posters - that promoted neo-nazism - were put up. A community member posted on Facebook warning people that some of the posters had razor blades behind them, risking injury for those taking them down.

Vandalism on Mandy Liang's "For Sale" sign happened in front of a house in Waterloo, spray painting over the real estate agent's name, which was written in traditional Chinese characters, as well as the name of her company.

"Investigators and analysts with our General Detectives and Hate Crime units are continuing to investigate these incidents," André Johnson, a representative from the Waterloo Regional Police Service, said.

Several Ontario universities have also been in the spotlight after numerous racist videos of their students

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# Tuition increase under lockdown leaves international students frightened

Anicka Bakos  
Reporter

Tuition increases for international students at UW have gone ahead, despite classes going online.

GSA Vice President David Billedeau noted that tuition increases for international graduate students range from 3 per cent to 15 per cent depending on the program, while international undergraduate tuition increases range from 5 per cent to 15 per cent.

“International student tuition increased in accordance with the planned increases. That means that, as always, in-cohort tuition increased at 5 per cent (i.e. a student moving from 2B to 3A would see a 5 per cent increase),” Megan Town, WUSA’s Vice President of Education, said.

Matthew Grant, former director of Media Relations at UW, said the increase was decided prior to the COVID-19 outbreak.

“Tuition fees at Waterloo are reviewed and set annually with most years seeing varying levels of increases. This year they were approved by the Board of Governors — the final approver every year — in February, approximately six months before the impact of COVID-19 became known, so the two are not connected,” Grant said.

Students, who spoke with Imprint, have all unanimously expressed their disappointment with UW’s administration for increasing international student tuition under lockdown.

“As a humble scholarship student and a person who had to save vicariously [sic] just to apply to Canadian universities, to purchase flights and to complete official documents like visas just to have this opportunity, I am filled with disappointment,” Shania Scotland, a second year Geography & Environmental Management student from the Commonwealth of Dominica, an island country in the Caribbean, said.

“It is so unfair... that the [UW] administration continues to turn a blind eye to our concerns.”

Daveed Gittens, a fourth year Actuarial Science student from Barbados, complained that international tuition costs have increased every single year since he enrolled at UW.

“It is honestly frightening to open my bill on quest every term. In Winter 2020, I paid around \$1000 more than [a year ago],” Gittens added.

Jenny Cheung, a second year international student from Jamaica, who is in the Tourism Development program at UW, believes that tuition for international stu-

dents should be regulated.

Cheung noted that international students in UW’s co-op program are at a definite disadvantage to their Canadian counterparts. Their co-op jobs are limited by the fact that they do not qualify for OSAP, nor are they eligible to work for the Canadian government, Cheung said.

Danica Solozano, a third year Mathematics and Financial Analysis and Risk Management student and President of The Association of Caribbean Students (ACS),

“

*The financial circumstances the university currently finds itself in is not the fault of the student and should not be paid for [literally] by the student.*

”

CISSÉ, UWASA PRESIDENT

has a message, both for international students and UW administration.

Solozano advises those who are experiencing financial difficulties to check the various scholarships and grants that are open to international students.

“Especially look at those Canadian based organizations that specifically support people with your ethnicity or nationality,” Solozano said.

Another option, Solozano says, would be to apply to UW’s Student Emergency Support Fund as well as the Emergency Bursary for International undergraduates.

Above all, Solozano advises students to “seek help everywhere you can and consider all your options.”

Solozano appealed to UW’s administration to show some compassion for their international students.

“We are stuck in a country away from our families, unable to go home because our borders are closed. Stuck after deciding to stay for a school term that was put online or for a co-op job that was cancelled. We have no more part time jobs, our families are losing their sources of income and we are ineligible for the majority of emergency relief grants. We are struggling financially and mentally,” Solozano explained.

The University of Waterloo African Students Association (UWASA) also expressed real disappointment with the tuition increase.

Nonso Okafor, a student from Nigeria enrolled in Psychology and Human Resources at UW, currently in term 2B, thinks that the recent increase in tuition for international students is unfair.

“I think that the least a university should do is reduce its tuition for international students or maintain it [at the current lev-

pathetic to the plight of UW’s international students.

“Being an international student is a challenge. From moving to a new country, getting accustomed to a new culture, perhaps even new teaching and learning styles, homesickness... I can completely understand the struggle,” Cissé acknowledged.

“The reality is [that] many students may no longer be able to afford to attend school. The economic crisis- we are currently in- has hit individuals and their families [financially] as much as it has hit the university, and sadly it seems as though the university has not considered this when increasing [tuition] costs,” Cissé said.

Cissé encouraged UW’s administration to rise to the challenge and “try their best to not think as a business but as an institution on which many students rely.” She appealed to UW’s administration to show some sympathy for these international students and understand that COVID-19 has affected many of them and their families adversely just as it has affected the university.

“The financial circumstances the university currently finds itself in is not the fault of the students and should not be paid for (literally) by the students,” Cissé felt.

Billedeau encouraged any graduate student concerned about finances and high tuition costs to contact the Graduate Student Association (GSA). He added that the GSA has partnered with the Graduate Studies Endowment Fund, which provides financial support to international graduate students who are experiencing unexpected financial need. The GSA is also working with Graduate Studies and Postdoctoral Affairs to increase financial support for all graduate students at UW, Billedeau said.

Billedeau also noted that on April 25, the GSA launched a petition calling for tuition reduction for all students taking courses in the Spring 2020 term, and since then, the petition has roughly 2,000 supporters. He encourages all students – undergraduate and graduate – to sign the GSA online petition for tuition reduction, which is still accepting signatures.

The petition website stated that “it is particularly important to note that international... student tuition a increasing [for the Spring] term despite a shift to online learning. Given that international students already pay significantly higher tuition, we call on the University of Waterloo to suspend the planned tuition hikes and reduce both domestic and international student fees.”

]. Not only do the students suffer, but our parents suffer with us, especially if we are in a global pandemic and have to take online classes. A tuition increase just adds to our suffering,” Okafor said.

“I don’t think that the tuition should be increased during a lockdown... it seems very unfair,” Okafor added.

“I noticed that my undergrad tuition for this term was more than it was in previous terms. This was despite the fact that I was taking the same amount of courses and same types of courses (the university also emailed us, saying they would decrease the tuition costs) so things were not adding up,” Christiane Amare Lemma, a student from Ethiopia, who is in the Honours International Development program at UW, said.

“The tuition increase is an added stress in this situation and it creates a lot of distrust in the [administration]. Why wasn’t I and other students informed of this increase? It’s not like it’s a \$50 increase, it’s \$1,000 or more. I am fortunate [that] my family can pay — but that doesn’t mean [that] we should [pay]. My father was also confused at this increase and he himself is in quarantine in Ethiopia, and dealing with COVID-19 there,” Lemma said.

Safyya Cissé, UWASA President, is sym-

# FALL TERM 2020 JOBS

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### CREATIVE DIRECTOR

**Sept 14 start ; Monday to Friday, 22 hours/week ; \$1000/monthly/4 months.**

Creative, detail-orientated, with strong communication and leadership skills. Knows how to use MAC/PC computers, along with Microsoft Office and Adobe Creative Suite, including InDesign and Photoshop. Design portfolio an asset.

For further information on job description or applying for this job, please email cover letter/resume/portfolio samples to [editor@uwimprint.ca](mailto:editor@uwimprint.ca) or drop in to the office, SLCo137.

### MANAGING EDITOR

**Sept 14 start ; Monday to Friday, 22 hours/week ; \$1,000/monthly/4 months.**

Strong communication and leadership skills. Creative, detail-orientated. Knows how to use MAC/PC computers, along with Microsoft Office and Adobe Creative Suite, including InDesign and Photoshop.

For further information on job description or applying for this job, please email cover letter/resume/portfolio samples to [editor@uwimprint.ca](mailto:editor@uwimprint.ca) or drop in to the office, SLCo137.

### 1 MARKETING SALES REPS

**Sept 14 start ; Monday to Friday ; \$14.00/hour**

Assisting the Advertising and Production Manager with existing and new cold-call sales, for the purpose of advertisers promoting their business in Imprint, to the UW community and the general public in Waterloo, Kitchener, Cambridge and Stratford.

For further information on job description or applying for this job, please email cover letter and resume to [ads@uwimprint.ca](mailto:ads@uwimprint.ca) or drop in to the office, SLCo137.



### AVAILABLE UW WORK STUDY POSITION REQUIREMENTS

You must be a full-time student and OSAP eligible. Candidates must first apply to Student Award and Financial Aid Office for approval. If approved, candidates are required to bring Declaration of Student's Eligibility/Hiring Form to Imprint interview.

## UW WORK STUDY

### EDITORIAL ASSISTANT

**Sept 14 start ; Monday to Friday, part-time ; \$14.00/hour.**

Enthusiastic attitude about writing and Imprint in general. Experience in transcribing, interviewing, research and the ability to plan and write full articles quickly and without assistance.

For further information on job description or applying for this job, please email cover letter/resume/portfolio samples to [editor@uwimprint.ca](mailto:editor@uwimprint.ca) or drop in to the office, SLCo137.

Position available upon funding.

### VOLUNTEER COORDINATOR

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Highly organized with excellent verbal and written skills, along with group management. Assisting the Executive Editor and Advertising and Production Manager with social recruiting events, Imprint training workshops, volunteer team spirit, appreciation luncheon, etc.

For further information on job description or applying for this job, please email cover letter and resume to [editor@uwimprint.ca](mailto:editor@uwimprint.ca) or drop in to the office, SLCo137.

Position available upon funding.

### BOARD ASSISTANT

**Sept 14 start ; Monday to Friday, 10 hours/week ; \$14.00/hour.**

Assisting the Executive Editor, Advertising and Production Manager and the Board of Directors with ongoing projects such as databases, committee participation, website upkeep for Board minutes, research and other jobs as required.

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Position available upon funding.

### SOCIAL MEDIA ASSISTANT

**Sept 14 start ; Monday to Friday, part-time ; \$14.00/hour.**

Assisting the Executive Editor to ensure daily postings are completed for Imprint's social media channels. Connect with readers ; develop content ; multi-task assignments from various departments and use social media analytical tools to measure key metrics for editorial and advertising.

For further information on job description or applying for this job, please email cover letter/resume/portfolio samples to [editor@uwimprint.ca](mailto:editor@uwimprint.ca) or drop in to the office, SLCo137.  
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## Local startup makes big splash with sale to Metrolinx

Andres Fuentes  
Reporter

A startup from a University of Waterloo graduate has turned its innovation in keeping shirts dry from sweat into what they claim is the first reusable and waterproof non-medical mask.

The startup Sweat Free Apparel, founded by Chanakya Ramdev, a graduate for Management engineering at UW, has made its first significant sale, delivering 10,000 masks to Metrolinx.

Ramdev, first realized that he could put the technology he had developed for shirts into masks when he started hearing about the shortage of protective equipment around the world.

"We were planning to launch, just the T-shirt that you've seen before. But then I saw the pictures first started coming in from Italy, then they started coming in from New York, where there was a huge shortage of masks," said Ramdev. "And I saw there were nurses and doctors who were using plastic bags to cover their faces. And we thought we might be able to help with that. So what we did was we use the same sweat free technology, but instead of preventing sweat

from passing through, it prevents droplets from passing through."

The reusable nature of the masks also helps address a concern that was at the forefront of the initial development of the Sweat Free Apparel technology, sustainability. Apart from preventing the stains and odour associated with sweat, their technology has allowed them to reduce the water needed to make a cotton t-shirt from 2700 litres to

100 litres.

"It is the world's first reusable and waterproof mask, and the benefit of being reusable is that you only need one per person. The benefit of being waterproof is that no droplet enters or leaves the mask," said Ramdev. "And the cool thing about it is that it helps with the sustainability side of things as well because you might have seen the news, there's like tons of re-

search that has said that there are more disposable mass in the ocean than the entire jellyfish and a lot of other fish populations combined."

Their first sale of 10,000 masks to Metrolinx came thanks to an introduction provided by Communitech. Once the introduction happened, Metrolinx asked for samples and were impressed by the comfort, the fact it was watchable and reusable, and the waterproof

nature of the mask. They were impressed enough that they decided to order from Sweat Free Apparel, something for which Ramdev is very thankful.

"When they did their internal thing they liked it [the mask]. So they asked us to make 10,000. We sold them at cost, just because we wanted them as a customer," said Ramdev. "And we were still like they took a massive bet on us because we are a tiny, tiny startup so we are still very grateful for them to give us this opportunity."

The masks are also for sale on their website to the general public and are currently only being offered in two colours. They plan to make masks for as long as there are mandatory mask laws, and people feel the need to wear masks, then they plan to return to the initial purpose of their technology, sweatproof shirts.

Ramdev is very thankful for all the help he received while at UW, a lot of the research for the technology happened while he was studying management engineering. He feels that UW is a great place for anyone who is interested in entrepreneurship.

"If anyone is interested in entrepreneurship, they picked the best university," said Ramdev about UW.



COURTESY SWEAT FREE APPAREL

Masks produced by Sweat Free Apparel, a startup founded by UW alumini Chanakya Ramdev.

# Write for science and tech

Email [science@uwimprint.ca](mailto:science@uwimprint.ca)

# ORIENTATION ISSUE INSIDE

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VOLUME 43 ISSUE No. 4

August 26, 2020

**im**  
**print**

# 16.

**HOW TO HAVE A SUCCESSFUL  
FIRST YEAR DURING COVID-19**



COURTESY OF FREEPIK

**MAKING YOUR HOME  
EQUIPPED FOR REMOTE  
LEARNING**

**COVID-19 BRINGS SAFETY  
PROTOCOLS TO UW P10**

Masks are now mandatory on campus, what else?

**ZOOM INTO UW CLUB SCENE P18**

Learn about some of the clubs UW has to offer.

**CAMPUS COMMUTING P22**

How to get from point A to point B fast and without getting wet!



JANSHER SAEED

Your remote guide to  
**ORIENTATION 2020**

# THIS ISSUE WILL HELP YOU ...

Watcard info ; GRT travels ; advice on COVID-19 activities ;  
UW Clubs activities ; maps ; health guidance

2 | Orientation | August 26, 2020

## A letter from the Editor

Jennifer Kibble  
Orientation Editor

As you begin your journey to become a Waterloo Warrior, I hope this orientation issue will serve as your guide to (almost) everything a first-year student at the University of Waterloo needs to know. As a UW alumni, I carefully chose things that I wish I had known going into my first year.

This issue will introduce you to things like how to get around campus easily – with the use of tunnels and bridges – and what services UW offers for students, like the 'Writing and Communications Centre' that will help you with tough essays; or 'AccessAbility Services' which can accommodate all needs, no matter how minor they may seem; or the clubs and teams you can join to get involved in the UW community. All of this, and more is in this issue to help you navigate your first year.

Of course, this year will be different, with a mixed-remote and on-campus semester this fall due to the COVID-19 pandemic, but that doesn't mean you'll have any less of a first-year experience. It will be different, but UW is prepared to welcome you with just the same amount of excitement. Take advantage of this – unmute yourself on Zoom calls, reach out to classmates as you begin your courses, do things that challenge yourself to get involved and meet new people. It won't be easy, but it'll be worth it.

When things begin to get back to normal, make sure to get involved. Join a club or create one yourself, find a job on campus, create a study group with your peers, attend UW events you find interesting and, most importantly, have fun and follow your passions, wherever they may lead you. This may mean changing your degree in second or third year because you realize you dislike the program you're enrolled in and that's okay. Advisors at UW are here to help. You may decide you love an elective and you can make that your minor, or love two electives and do a double minor. Your time at UW is entirely in your hands, you get to decide what you do with that experience.

As someone who's been in your shoes, I'd like to offer some very important advice – you can only do your best. Things will be hard at first, as you learn to manage five university level courses, juggling tons of assignments, exams, and essays all at once. You will have some setbacks and the occasional bad mark, but you can be proud knowing you did your best. Don't put so much pressure on yourself to succeed, which admittedly, is difficult not to do. This advice won't apply to everyone, but it's what got me through my university career, so I wanted to share it with you.

I would also like to thank our awesome team of editors, reporters, and graphic artists here at Imprint, especially the volunteers, for without them this issue would not have been possible.

Welcome first-years!



Jennifer Kibble, 2020 Orientation Editor.

## Join our team at

Students are talked at a lot. Students are talked at by their parents, talked at by their teachers, and talked at by just about everyone.

Imprint is a place for students to talk back.

We're a platform for writers, researchers, photographers, and artists of all kinds.

Whether you're looking to build a portfolio, fight for change, or express yourself, Imprint has a place for you.

We accept people of all disciplines and experience levels and work with them to publish professional-grade work.

Imprint finds out why people are denied health services on campus, how the vast majority of the university's highest-paid employees are men, and what motivated a professor to use the N-word in class.

But Imprint doesn't just focus on

journalism.

We're always looking for photographers, graphic artists, and layout designers to tell visual stories and add

aesthetic value to our publication.

Additionally, we have an arts magazine and a peer-reviewed academic journal that are always in need of contributors and volunteers.

'Quetzal' - our arts magazine - publishes students' visual art, poetry, photography, and short stories.

Promoting student artists and their work is why 'Quetzal' exists.

There are also plenty of opportunities to create social media specific content that engages directly with art lovers.

Finally, the Waterloo Journal of Environmental Studies (WJES) is our peer-



reviewed academic research publication.

We take undergraduate papers and have them peer-reviewed by professors and graduate students at UW.

Our studies focus on everything related to the environment: including climate change, sustainability, urban planning, law, and more conventional environmental science.

WJES needs students who care deeply about academic research and the environment to contribute, assist with the peer review process, help run the publication, and grow its followers.

Imprint Publications truly has a place for everyone at UW, all you have to do is give us a shout.

You can find us in the Student Life Centre (SLC), Room 403, or just email us at editor@uwimprint.ca

## Current Opportunities

### Paid Opportunities:

Creative Director  
Managing Editor

### UW Work Study:

Editorial Assistant  
Volunteer Coordinator  
Board Assistant  
Sales Rep  
Social Media Editor

### Volunteering:

Section Editors for News, Opinion, Arts, Sports Science & Distractions  
Head Designer  
Assistant Head Designer  
Graphics Editor  
Copy Editor  
Video Editor  
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Assistant Photo Editor  
Satellite Campus Editor  
and many more!





# What is a Watcard and what can it be used for?



**Student identification (ID):** The WatCard is the official student identification card of the University of Waterloo

**Debit Card:** Make purchases on and off campus. Reload or add money at the WatCard office, online, at one of the main libraries or Food Service terminals, and at Turnkey desk.



**Library Card:** The barcode on the bottom of your WatCard serves as your library card. Non-students will have to activate their barcodes before they are able to use the library services.

**Gym Pass:** Students are entitled to use the Physical Activities Complex (PAC) and Columbia Icefields (CIF) facilities. Your WatCard will able you to use the facilities, sign up for courses, borrow equipment and use the towel services.



# A letter from the President

Fostering belonging when we need it the most.

Welcome, students, to the beginning of another academic year at the University of Waterloo. I am so proud of all of you who have chosen to be part of our community; this year in particular, your dedication, passion and perseverance has shown how special Waterloo students are. We are lucky to have you.

Many of us have used the term “unprecedented” a lot over the past several months, and rightly so. There is no doubt that we are living through a significant moment in human history. You have faced challenges you never thought possible. Challenges your parents and the generation before that did not have to deal with. And, each of you have risen to meet the difficulties before you with determination.

Now that a new academic year has begun, you will face new challenges, but also opportunities. Whether you are working and learning on campus or learning from home, know that there are thousands of faculty and staff members who truly care about you, your well-being and your success. We must stay connected to one another, learn from one another and support one another when we face challenges.

As this year unfolds, we will tackle the challenges we can't yet see with Warrior spirit, together. If you need help, reach out. If you feel the stress of everything around you is too much, reach out. Reach out to a professor, a friend, a counsellor in Campus Wellness, or



COURTESY OF THE UNIVERSITY OF WATERLOO

Dr. Feridun Hamdullahpur, President and Vice Chancellor of the University of Waterloo.

“This is a place where you belong – no matter who you are.”

FERIDUN HAMDULLAHPUR, PRESIDENT & VICE CHANCELLOR OF THE UNIVERSITY OF WATERLOO

even me and my team. We are here to serve you from the moment you become a Warrior and long after you graduate.

Beyond the global pandemic that continues to alter how we navigate our daily lives, we are experiencing enormous economic and geopolitical changes. And, we must not ignore the changes our society is going through in addressing structural and systemic racism, particularly anti-Black and anti-Indigenous racism.

We, as an institution, are in an ongoing process of addressing these systemic barriers. We have spent the summer listening to our students, and our broader University community, who have helped us understand what needs to change. All of us are committed to addressing these issues for long-term impact.

Everyone here at Waterloo is dedicated to supporting you, championing you and ensuring you are part of an enriching and welcoming community. This is a place where you belong – no matter who you are.

This fall term will be unlike any other in our past. You and your fellow students are charting a path no other group of students have taken by pushing forward and not letting uncertainty and change stop you from learning and growing.

I can't wait for the moment we can all be back together on campus. Until we can, I want you to know that I am proud of each of you and wish you good luck and only the best in the time to come.

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# Fall U-pass program changes

When you take GRT this fall you'll need to purchase a term pass or EasyGO fare card.

The 2020 U-pass program is on hold for undergraduate students.

The U-Pass program will remain in effect for graduate students.

## Fare options for undergraduate students

### Purchase a 4-month term pass for \$300:

- From the WUSA office. Pass will be loaded on your WatCard.
- Valid from September 1 to December 31, 2020

### Purchase a \$90 monthly pass or stored cash value at:

- Any ION station fare vending machine
- GRT customer service locations

All pass sales are final.



[grt.ca](http://grt.ca)



# UW working on vaccine in battle against COVID-19

Yelda Safi  
Reporter

In the midst of the global pandemic, COVID-19 demands urgent action. Here at UW, researchers are developing a nasal spray vaccine that will begin pre-clinical testing in a few weeks.

"The current environment has been highly demanding and highly rewarding," Dr. Roderick Slavcev, co-founder and CEO of Theraphage, the biotechnology company behind the vaccine, said.

"We are just getting set for the pre-clinical trials that will be starting in 2 to 3 weeks."

The pre-clinical trials will be taking place at the Vaccine and Infectious Disease Organization in Saskatoon, SK.

This astonishingly early milestone in the research process is a result of the combined efforts of Dr. Slavcev and Dr. Emmanuel Ho from UW's School of Pharmacy, as well as Dr. Marc Aucoin from UW's School of Chemical Engineering, alongside

many graduate students.

Slavcev describes the vaccine as both a "prophylactic and therapeutic response to COVID-19." In other words, this novel vaccine that will be applied non-invasively as a nasal spray,

can both immunize and treat the virus.

Using new Theraphage technology, the vaccine follows the "bacteriophage" process, producing virus-like particles (VLPs) similar in structure to SARS-COV-2. What makes this vaccine truly unique is that it combines both the DNA and VLP approaches to developing a vaccine.

Slavcev mentioned that this virus may also have a greater universal potential.

"The way this is designed is to not

even subsequent forms of SARS or even former forms like SARS or MERS," Dr. Slavcev said.

Most of this research has been done virtually and lab work conducted independently in order to practice physical distancing. Regardless of the challenging circumstances, Slavcev is proud of the multidisciplinary and collaborative effort of the professors and students.

"From this point forward, I don't

think I'll be working on any project that isn't multidisciplinary," Dr. Slavcev said.

The multidisciplinary approach is not limited to UW as faculties and institutions around the globe are sharing their research in the

effort to find a vaccine. Slavcev shared that their research has benefited from international cooperation.

"This is a revolutionary time," Dr. Slavcev remarked. "The ability to collaborate across borders and within borders has been rather amazing."

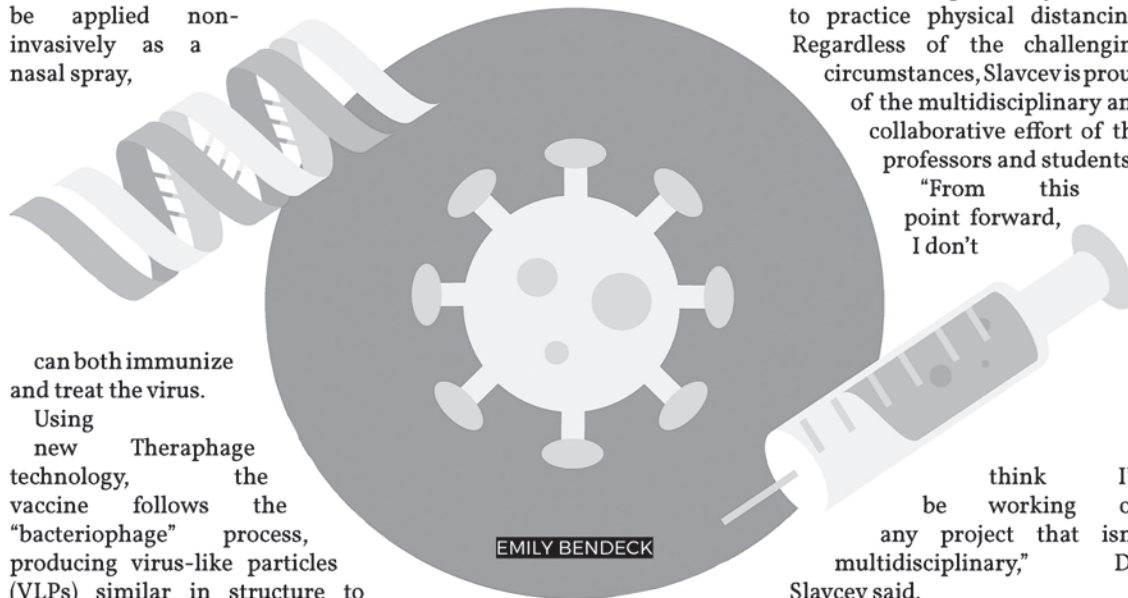
Currently, the focus is to make sure everything is ready for pre-clinical trials. If that runs smoothly, phase one human trials are the next step and could begin as early as January 2021.

Slavcev and his team have already been approached by, and have been able to work with, a number of different commercial and academic partners.

If all operations are carried out flawlessly – from clinical trials to FDA regulations – Slavcev and his team predict the vaccine may be ready by mid to end of 2021.

"There are a lot of things that could still occur in that time," Dr. Slavcev noted.

"You just have to keep your head up, and keep pushing as best as we can."



only be effective against COVID-19 and SARS-COV-2, but

## Co-op changes due to COVID-19 pandemic

Rebecca Butler  
Reporter

Students have had to work hard to overcome the economic impacts of COVID-19. "The total number of jobs posted this spring was down by 46%," Ross Johnston, Executive Director of Co-operative and Experiential Education (CEE) at Waterloo, said.

The changing job landscape has been a challenge for students to navigate, but CEE is here to help. "We're working on a number of initiatives to support students and encourage employers to hire more co-ops," Johnston said.

The co-op department has introduced flexible pathways to help students secure employment. The minimum co-op term length has been reduced from 16 weeks to 8 weeks, and students will now be allowed to work in positions that are not directly related to their

field of study. The number of required co-op terms has also been reduced by one.

International travel for co-op is still prohibited until further notice, but students can work remotely for companies in the United States. Interviews will continue to be held remotely while campus is closed.

Johnson pointed out that despite the economic trouble, Waterloo students are not doing poorly compared to Canada at large. Statistics Canada reported that the employment rate of Canada was 54 per cent for June, while 65 per cent of students-enrolled in co-op at the start of spring-were employed.

"Over 70 per cent of our existing employer base has continued to hire students during the pandemic," Johnston said. CEE is working to retain existing employers and ensure that they are all aware of the Student Work Placement

Program (SWPP), a government initiative that can subsidize up to 75% of a co-op student's salary.

To improve the odds of landing a job, Johnston recommends that students inform potential employers of the SWPP and expand their job search to include smaller companies. He also suggests leveraging connections to classmates, family members, and previous employers.

Although some programs will have more students enrolled in the fall than usual, Johnston is not worried about the impacts on co-op. "This situation is similar to the sudden growth in the number of co-op students when the Arts faculty moved to offer co-op in 100% of its programs," he said. CEE has put in a request for additional resources to manage the situation this fall.

If students are unable to secure a co-op position for the coming winter, they will be able to take



courses instead. CEE also recommends working on personal projects or learning a new skill during the pandemic. Waterloo now offers a Digital Skills Fundamentals course as well as free LinkedIn

Learning courses for all students. Above all, Johnston recommends that students stay resilient in their job search. "Companies always have work," he said. "There are always opportunities."

# Beginning university during the COVID-19 pandemic

**Nathan Lee**  
Reporter

Undoubtedly, things are going to be different when we go back to university for the fall, whether online or in-person.

All large lectures and most seminars will be put on hold – say goodbye to the crowded exam rooms, now phased out in favour of online, possibly open-book exams. That's not even mentioning the other changes to extracurriculars, intramurals and more.

With so much uncertainty for us as returning students, one can only fathom what it must be like for new students entering university for the first time. What are they looking forward to? What are they worried about? And most importantly, what is going through their minds?

To this end, Imprint interviewed three incoming first-years: Ian Cheung, who plans to major in Accounting and Financial Management; Nicholas Lin, who plans to take the Waterloo/Laurier Math/BBA double-degree path; and Leona Kuo, who plans to major in Environmental Studies.

Expectations changed in the atmosphere and the community students would be immersed in at the University of Waterloo. Some of the students interviewed expressed disappointment and concern at the increased difficulty of meeting new people or being part of a larger community.

"I was looking forward to residence and meeting a lot of new people. But because



CANDICE CHENG

they can't have social gatherings and stuff, they probably can't have that, and that kind of sucks," Lin says.

Academically and professionally, a few of the students I interviewed had concerns about online classes and services, especially online classes. Kuo, a visual learner, expressed concerns about how an online

transition could change course delivery. And Cheung hopes that the seminars and tutorials can either be in-person or run smoothly online.

"Especially for something like math, I know that teachers usually teach by going through worksheets and taking them up. I'm not quite sure how that's going to work

online," Kuo says.

When the incoming students were asked what they were looking forward to about university, a desire for independence was expressed by all three of the students. Some of their reasons included a desire to manage one's own time or for an environment of being on one's own.

"Heading into university, I'm looking forward to the university. Like, living on your own and managing your own time," Cheung says.

For students wondering about student support and courses, Imprint reached out to the University of Waterloo.

"The 'Student Success Office' and 'Campus Wellness' are both offering all of their services online. From mental health support, to academic counsellors, the University of Waterloo will continue to support students in any way they need," Rebecca Elming, the Media Relations Manager at UW, said.

When asked about courses, UW had the following comment:

"We will support the academic progress of every student who registers, in a way that supports their learning as well as their safety. Cleaning measures and proper physical distancing will be in effect and will be dependent on Public Health guidelines at the time," Elming said.

Wondering about course details? Looking for updates? Visit [uwaterloo.ca/coronavirus](http://uwaterloo.ca/coronavirus) for information about courses, faculty-by-faculty, as well as other updates regarding COVID-19.

## What's up with Welcome Week?

**Jennifer Kibble**  
Orientation Editor

It's no secret that the fall term orientation for incoming first-year students at UW will be different this year due to the COVID-19 pandemic and its limit on social gatherings. Welcome Week has been a great way to meet new people and get involved in activities that emphasize school spirit. In the past there's been awesome events like Sex Toy Bingo, the Warrior Breakfast, live music, and carnivals. This year, however, the event will be entirely virtual.

Rather than being introduced to UW through Welcome Week, this year students will be welcomed via Waterloo Ready. Waterloo Ready is a pre-arrival program for all new students at UW.

According to the UW website, this program enables first years to form

connections with other students and gives students access to all the information they need to successfully navigate their first year. Through Waterloo Ready, students will also be matched with an upper-year student, who will offer advice and support to guide them on their journey to becoming a Waterloo Warrior.

"The focus of First-Year Orientation will be on welcoming students to UW and their faculty communities, showcasing campus and faculty traditions, and creating opportunities for students to connect with peers within their faculty and across campus," Abbie Simpson, President of WUSA said.

Fall orientation will take place from September 1st to September 7th 2020. To be included in orientation, first year students must register through an email invitation that will be sent out in August 2020. Orientation programming will

consist of mostly video recordings that will be both live and prerecorded. Information regarding particular events is not available at this time.

When asked about the winter term orientation at UW, Simpson stated that

"there has been no decision on an in-person orientation program for the winter term. That discussion will occur after a decision is made about the winter 2021 academic term, dependent on whether it will be virtual or students will be returning to campus."

### Best burger places in KW

**The Hemlock Street Burger Bar**  
251 Hemlock St, Waterloo

**The Works**  
92 King St S, Waterloo

**Chef on call**  
130 Columbia St W #812, Waterloo

**Union Burger**  
281 King St W, Kitchener

**Philthy Philly's**  
247 King St N, Waterloo

**Burger Factory**  
550 Hespeler Rd unit-2, Cambridge

**Yummy Burgers**  
150 Wissler Rd Unit 3, Waterloo

**South St. Burger**  
1400 Ottawa St S #B19, Kitchener

# Enrollment increasing despite COVID-19 according to UW

UW has accepted 8,816 students as of June 2020, up from last year's 8,235.

Anicka Bakos  
Reporter

UW says it has increasing fall enrollment numbers, despite the indication that students may be rethinking their plans to attend university this September due to COVID-19 concerns.

Rebecca Elming, Manager of Media Relations at UW said that acceptance as of the June 2020 deadline was 8816 incoming full and part-time students, up from last year.

UW's website on institutional planning and analysis indicates that 8,235 full-time and part-time first-year students were attending classes in the fall of 2019. Of those, only 1,477 were international students.

But a survey jointly commissioned in March by the Canadian Federation of Students (CFS) and the Canadian Association of University Teachers (CAUT) conveys a different story. It indicated that a significant number of students were reconsidering their plans for university and college for the fall term. Both the CFS and CAUT said they were expecting lower enrollment numbers this fall.

UW said that the fall 2020 deferral requests were similar to 2019, but wouldn't say if they were lower or higher.

According to Elming, "Our numbers are almost the same as last year at this time. We have 150 deferral requests so far. The stated deadline to apply for a deferral is August 1. In terms of final fall enrollment number, there is no hard and fast date, but they are expected towards the end of September." Elming explained that students can defer admission to January, May, or next September by submitting a deferral request.

"Deferral procedures have not changed during COVID-19 and are dependent on faculty and program," Elming elaborated.

According to CAUT, their survey indicated that seven in ten students said that their summer employment plans were nega-

tively affected by COVID-19 and 30 percent of returning and new students might change their plans to enroll at a post-secondary institution for the fall term.

In the same survey, one in two students also stated that COVID-19 has made it more difficult to afford tuition and living costs, while over two thirds of students said that their personal finances and those of their parents or family were affected by the pandemic.

Sofia Descalzi, National Chairperson for the CFS, noted that this survey was conducted from April 23 to May 1 and that 1,100

rience were significant factors for new and returning students' to be able to attend college or university in the fall."

According to Kellar, the pandemic has impacted everyone, including international students, new students, and returning students at all levels.

Descalzi said that for international students, "the cost of tuition fees is even more prohibitive, and closing borders are making it harder for them to physically come to Canada."

However, she added that the survey did not break down the

classes," Descalzi said. "Also, having access to on-campus resources like the library, study spaces, mental health support, disability support, networking opportunities, interactions with peers and professors, clubs and societies, and student politics, will have a great impact on their experiences."

In addition, "many students do not have access to reliable internet or adequate resources for online learning like a computer, a webcam, and a microphone at home. Some students have children and it may be difficult for them to focus on courses when they are also pro-

the fact that a majority of students were not able to work a full-time job this summer... and with classes moving online, will be a main driver of lower enrollment at Canadian universities."

CAUT cautioned that lower enrollment this fall would also mean lower revenue for institutions, which could lead to program losses, job losses, and fewer student support.

CAUT also noted that support staff and contract academic staff at universities and colleges are already experiencing layoffs as a result of the COVID-19 crisis. Furthermore, workers in the post-secondary sector, like many other Canadians, are worried about their jobs.

Elming reminds students that, at UW, there are many supports and different initiatives in place for incoming students, including Waterloo Ready, a new resource designed to "connect incoming students with the Waterloo community in this unique, mostly online fall university experience."

CAUT notes that any limit to accessing post-secondary education would be a missed opportunity for Canada. According to Kellar, "Post-secondary education changes lives, strengthens the economy, and is key to a bright future for all Canadians. This is why CAUT is continuing to push for federal and provincial support for the post-secondary sector, to ensure that all Canadians who wish to access education and training are able to do so."

Kellar's message for students and instructors is to pay attention to any promising trends that have developed these past couple of months.

"The fall semester will look very different from what we are used to, and many students and instructors too are anxious about what will happen in the fall. The survey we conducted showed some promising trends among students, with the vast majority of students saying they felt supported by their instructors as they moved to remote teaching in a very quick and urgent fashion," Kellar commented.



Canadian high school seniors and current post-secondary students, including international students participated.

"The findings were that students are being affected by the COVID-19 crisis economically and that this will affect their ability to return to school in the fall," Descalzi said.

Lisa Kellar, Communications Officer for CAUT, remarked that enrollment and the impact of it will vary from institution to institution, therefore, this survey showed that "both cost and expe-

number of students reconsidering their fall semester by level of studies but it did indicate that "women, people of colour, and international students were more likely to reconsider their plans to attend university," citing the cost of tuition as "a major barrier to attend school in the fall."

According to Descalzi, the COVID-19 crisis has put a lot of pressure on post-secondary students.

"They have to contend with rising tuition fees, fewer job opportunities, and the move to online

viding childcare," Descalzi said.

Descalzi also believes that high tuition costs are a massive problem. The survey reported that 85 percent of those reconsidering their plans for the fall said that reducing or eliminating tuition costs would be helpful.

"For decades, tuition fees in Canada have been increasing at alarming rates. Students have to take on insurmountable levels of debt to pursue their studies. The cost of tuition is one of the biggest barriers to enrollment for young people. This, compounded with



Big mouth group.

**A note from the artist:**

This group of friends wanted to be created as characters from the Netflix series, Big Mouth. I created this based on a reference photo they provided and created a piece that will be displayed in their new home this upcoming school year. I created it using Adobe Illustrator.

# COVID-19 brings safety protocols to UW

Jennifer Kibble  
Orientation Editor

UW has released little information regarding safety protocols for students returning to campus during the COVID-19 pandemic, but ensures that the safety of its students is the top priority as the university navigates the situation.

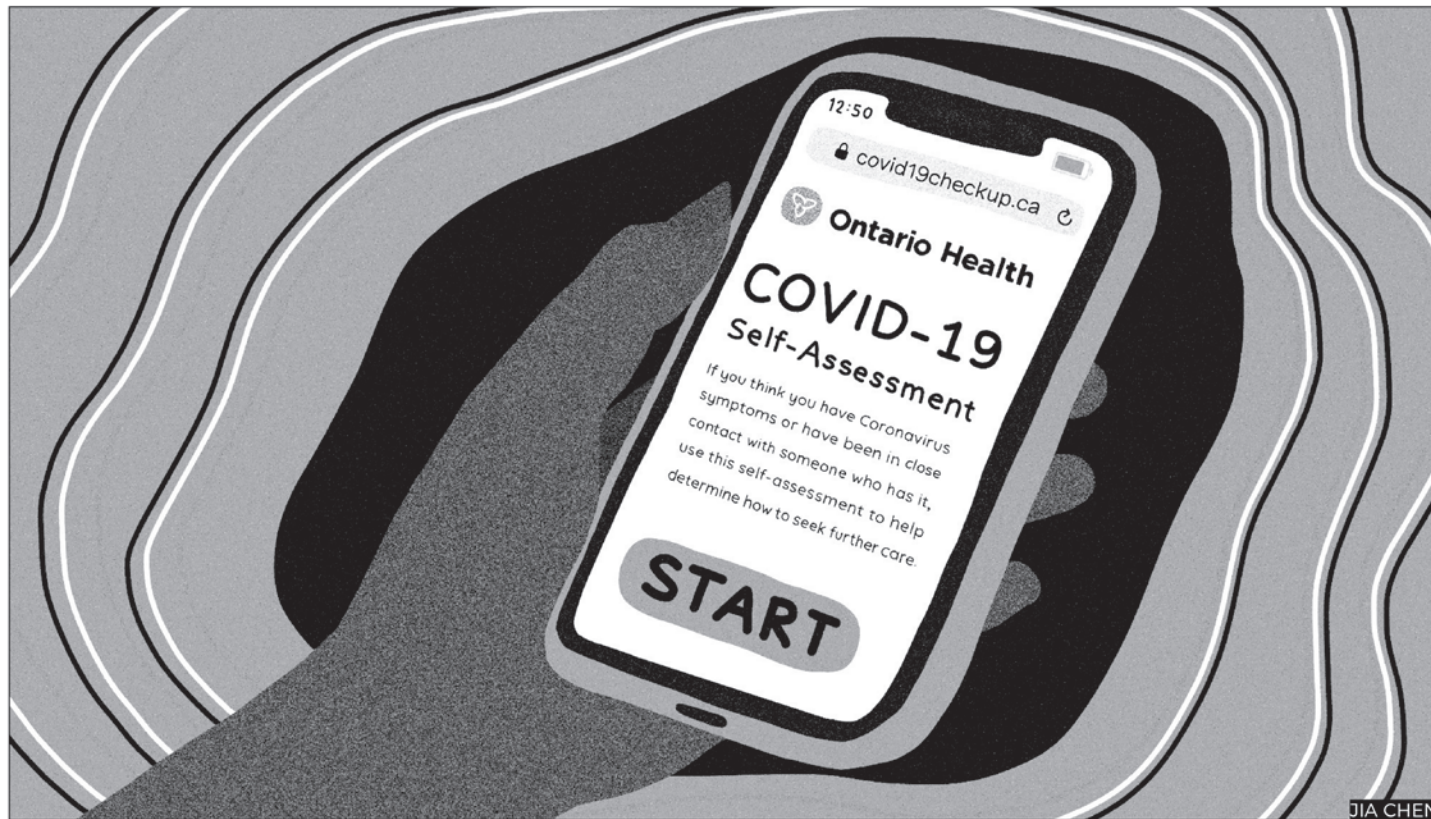
"The process of returning to campus is happening in stages, so as we move forward in including more and more people returning to campus, there will be the accompanying safety information as well," Rebecca Elming, Media Relations Manager at UW said.

Elming states that the information for the health and safety of students returning to campus has not yet been created, as they wait for direction from Public Health and the Ontario government.

Some practices that are already in place will remain in operation following the safe return of students to campus. UW is asking that prior to student and staff arrival on campus, they complete a COVID-19 self-assessment which can be found at [covid19checkup.ca/](https://covid19checkup.ca/) or through the WATsafe app.

In addition, UW is requesting that staff complete an online training module called "Returning to Campus Safely During COVID-19," which aims to educate individuals on the safety protocols in place at UW during the pandemic. This training module will also be a requirement for students as they return to campus for in-person classes and labs.

UW has enforced several safety protocols for individuals accessing campus before it re-opens at full capacity. When asked about these protocols, Elming stated that the university follows government instructions, which includes regulations like physical distancing and the provincial gathering limit.



JIA CHEN

"Plant Operations has installed things like hand sanitizing machines, also alcohol wipes. There is surface cleaning in all of the high touch surfaces areas, and there's PPE for those who need it," Elming said.

As of July 27, 2020 UW has chosen to comply with the mandatory mask bylaw in effect in Waterloo Region. Students and staff on campus will be required to wear face coverings with some exceptions, including those with medical conditions or disabilities and children under the age of 5, according to the UW website. Face coverings are not required in spaces where physical distancing can be maintained.

UW has also installed plexiglass at front desks in residences and high traffic areas to protect employees. Signs have

been placed around the entire campus to direct and remind individuals of the safety guidelines required during a pandemic. On-campus-residences are only offering single bedrooms for incoming students to maintain social distancing guidelines.

As food services begin to open on campus, they will ensure that safety for both students and staff is a top priority. According to the UW website, "...this could include limiting the amount of students in the eatery at one time, directional guidelines, eliminating all self-serve options, [and] increasing the amount of pre-packaged goods to reduce risk of cross-contamination." The website also states that increased sanitation will be enforced for the eatery and cooking areas, as well as PPE for staff.

Ontario's Public Services' Health and Safety Association has released safety guidance principles for colleges and universities to consider as they begin to reopen.

"Each institution has to adapt the guidance to their specific situation and develop its own policies," Jason Morgenstern, a Resident Doctor at the Region of Waterloo Public Health and Emergency Services, said.

Some of these policies include screening practices, frequent hand hygiene, physical distancing, limiting the number of on-campus students and staff, and also having contingency plans in place in case of an increase in COVID-19 cases.

The Region of Waterloo Public Health also encourages masks to be worn on campus, even though the by-law in Waterloo Region does not have jurisdiction on universities and colleges.

More guidance is expected to be released

late this summer from the Region of Waterloo Public Health and Emergency Services.

The Ministry of Colleges and Universities has also released a set of protocols for reopening, called the Postsecondary Health Measures Framework for Reopening.

"All postsecondary institutions will be required to adhere to the Postsecondary Health Measures Framework for Reopening. These include enhanced screening, on-campus hygiene and cleaning protocols, rules relating to physical distancing, the use of personal protective equipment (PPE), and the development of an emergency preparedness plan," Ciara Bryne, a Communications Branch representative at the Ministry of Colleges and Universities, said.

As UW continues to reopen, students and staff can expect that these safety protocols will be in effect, likely in the fall and winter terms of the 2020-2021 school year.

The Ministry of Colleges and Universities is committed to the development of a long term reopening plan with the advice of the Chief Medical Officer of Health. They are deliberating on a range of delivery options, depending on the state of the COVID-19 pandemic.

"Our government is working closely with the province's colleges and universities to ensure students receive the high-caliber education and training they need to obtain rewarding careers," said Byrne.

For more information on this plan, you can visit:

[news.ontario.ca/opo/en/2020/06/ontario-unveils-a-plan-to-reopen-postsecondary-education.html](https://news.ontario.ca/opo/en/2020/06/ontario-unveils-a-plan-to-reopen-postsecondary-education.html)



JIA CHEN



# UWaterloo celebs

Alumni, staff & visitors to UW including Stephen Hawking, Rupri Kaur, & Donna Strickland

Vishal Lilman  
Reporter

One of the many perks of being a Waterloo Warrior is: being part of a notorious co-op culture, attending classes at “Canada’s Most Innovative University”, and being able to breathe the same air – and sit in the same lecture hall – as some of these recognizable and famous faces. Here are some of the most notable figures that Waterloo has hosted over the past 63 years. Who knows, maybe one day you will make this list!

## Stephen Hawking, Theoretical Physicist

Stephen Hawking was one of the 20 distinguished research chairs at Perimeter Institute. Back in 2010, Hawking spent some time at the Perimeter Institute for Theoretical Physics to collaborate on research and develop his approach for the beginning of the universe. In 2012, Hawking visited the campus as a ribbon cutter and guest speaker for the opening of the Mike and Ophelia Lazaridis Quantum-Nano Centre (QNC), which is located right next to the Student Life Centre (SLC), and Science Teaching Complex (STC).

## Rupi, Kaur, Author/Poet

When she wrote and published *Milk and Honey* back in 2014, Rupri Kaur was finishing up her final year as a Rhetoric and Professional Writing student at UW. *Milk and Honey* would go on to sell over 2.5 million copies and counting, and even made it on *The New York Times* Best Seller List. Kaur has gone on to write *The Sun and Her Flowers* (2017), and was named one of BBC’s ‘100 Women’ in 2017.

## Donna Strickland, Physicist

Donna Strickland is one of the G.O.A.Ts here at Waterloo. After years of being studious and hard work, she has made it her profession to teach and inspire the next generation, as a professor in the Department of Physics and Astronomy. Oh, and no big deal, but she is also a recipient of the Nobel Prize in Physics 2018 for developing chirped pulse amplification with her PhD supervisor at the time, Gérard Mourou. Together they paved the way toward the most intense laser pulsed ever created, with a myriad of applications such as laser eye surgery and manufacturing small glass parts for your cell phone.



## Mike Lazaridis, Founder of Blackberry

This is a common name you will see around the city. Before he dropped out in 1984, Mike Lazaridis attended UW for electrical engineering with an option in computer science – he eventually got an honorary degree in 2000. Lazaridis is also the founder of Blackberry, whose HQ is located in Waterloo. Lazaridis and his wife, Ophelia, are philanthropic donors in Waterloo, donating \$170 million to the Perimeter Institute, more than \$100 million to QNC (which is named after them), and donating \$20 million to Laurier for the Lazaridis School of Business and Economics.

## Heather Moyse, Olympic Gold-Medalist

Before winning gold medals in 2-person bobsledding at the Vancouver 2010 and Sochi 2014 Olympics, Heather Moyse was an Honours Kinesiology student right here at UW. In 2000, she was inducted in the

“Warriors Hall of Fame” for her outstanding achievements in playing for Waterloo in track and field, rugby, and soccer.

## Disguised Toast, Gamer

Jeremy Wang, who is most notably known for his *Hearthstone* YouTube videos and Twitch livestreams, was a Computer Science major here at UWaterloo from 2009-2013. After completing many co-ops during his UW years at RBC, Zynga, and RL Solutions, Wang would graduate and then be known by his gamer alias Disguised Toast. In 2019, Toast was nominated as Twitch Streamer of the Year, and later signed an exclusive deal with Facebook to move his streams to Facebook Gaming. Toast has since come back to Twitch in April 2020 for a new series called *Blind eDating*.

## Kyne Santos, TikTok Famous Drag Queen

Kyne Santos, known on social media

as Online Kyne, is a queen of drag. She is currently a student here at UW in her 4th year finishing her major in Math Finance. She has been a part of the Filipino Student Association, and the UW Drag Club. Kyne was also a contestant on *CraveTV*’s Canada’s Drag Race. You can check out Kyne on TikTok (@onlinekyne) where she posts fun and glittery math videos.

## Chris Hadfield, Astronaut

If you’ve been lucky enough to study Geography and Aviation at UW, you might have gotten the chance to attend one of Professor Hadfield’s lectures. Chris Hadfield was the first Canadian astronaut to command the International Space Station and the first Canadian to walk in Space. Hadfield did his graduate degree at the University of Waterloo in Mechanical Engineering in 1982. He has since occupied many careers as an astronaut, engineer, former Royal Canadian Air Force fighter pilot, and UW professor. Hadfield has also won many awards in the science sector.

# How to remote study like a pro

Efuaye Abu  
Reporter

Listening to recordings, rewinding lectures, participating in full-time discussion groups on LEARN—so much has changed so fast in the last couple of months during COVID-19, regarding the way students are now learning. As students, we are always learning, and recently a lot of us have been learning how to most efficiently and effectively study remotely.

It's not easy to study and learn fully online, so here are a few tips on how to study remotely like a pro.

## 1. Set up a study space

Most students are used to having copious amounts of study locations at school, so using the kitchen table or couch is nowhere close to effective. Study areas are vital in learning most effectively. Take time to figure out where to set up a desk and chair. Ensure that you have storage to keep all your study items together such as pens, pencils, paper, textbooks etc. This will help to centralize everything in one location and helps you avoid constantly having to get up.

Also, get some plants to keep the area around you looking fresh and vibrant to keep you more motivated to study.

## 2. Communicate with other students / Create a study group

Without in-person lectures, it is tough to meet students and create study groups. But do not let this stop you from group studying. Use Zoom, FaceTime, or Skype to communicate with other students. Group study is a great way to keep you engaged, collaborating, learning, and social.

## 3. Keep a schedule

In the same way you would have a class schedule made up at school, make one at home. Set up a schedule that works for you. Identify what hours in the day you are most productive and work your day around those times.

## 4. Take study breaks

Learning and studying at home is a lot, but it does not mean you have to study all day, every hour. Remember to take breaks throughout the day to keep yourself motivated. Take a short walk, exercise, watch a little TV, or FaceTime friends – give yourself something to look forward to.

Also, have a closing time at the end of the day. Put away all your books, so that you can enjoy the end of your day without the pressure of school interfering.

## 5. Engage with your learning. Take notes, actual notes.

Engaging with your professors, TAs and other students no longer looks the same and takes a little more effort. Make use of discussion boards on LEARN, email your professor or TAs. Take the time to engage with your professors, TAs and other students by asking questions and discussing course content.

It can be so easy as an online student to just watch the lecture and then press rewind when you miss something. Do not let this luxury stop you from taking notes. Sit up at your desk, and take proper notes like you would in class, it will help to keep you engaged and ultimately will help you do better in the course.

## 6. Be confident, you can do this.

Schooling has never looked so different, but you can do this. Remote studying is all about organizing your time, staying focused, and engaging with the content. With all these tips, you are sure to succeed. Do not forget that health and well-being come first, so before anything else make time for yourself. Staying safe, healthy, and on track will certainly make you succeed in online education!



PANKTI PATEL

# And how you can make money remotely too

Melina Bhattachan  
Reporter

Whether you are doing online classes or working remotely, these unprecedented times have us all at home for longer than we'd like. If you've been laid off, if your hours have been slashed, or if you're like me and you have more free time on your hands, now is the perfect time to make some extra money from the comfort of your own home. Here are some ways you can do this:

## Take some online surveys

We've all gotten them – countless emails from different companies asking us to do a quick little survey for them. I admit it – I've definitely skipped over these

emails when seeing them in my inbox. But there are actually numerous verified companies that will pay you if you complete a survey for them. So easy, right? You may end up with some cash, or a gift certificate of some kind, but that's still a great reward for simply voicing your opinion.

## Sell unused items

Now is the perfect time to declutter your space and do some summer cleaning. Clean up your room and see if there is anything you haven't used in a year. Chances are, if you haven't used something in a year, you probably won't ever use it again. Sites such as Depop, Poshmark, and Etsy are great starting points for someone wanting to sell their used clothing items. Kijiji and eBay are great

sites to sell other used household items that you don't need anymore.

## Transcribe audio files and video with Scribe

Scribe is a great way to earn some money on the side. The work requires you to listen to different audio files and type everything as accurately as possible. All you need to do is go through a test process and then voila, you're certified as a transcriber and you can start. You just need a stable internet connection, good headphones, a good comprehension of English, and you're set to go. You can do this whenever you want, wherever you want, so it's very flexible. Head over to <https://scribie.com/freelance-transcription#intro>, to sign up.

## Sign up for Gramlee

If you're the type of person who shudders at grammar mistakes, Gramlee might be the way to go for you. Gramlee is an editing site that is always looking for new editors. Again, another job where you get to work from the convenience of your own home. For more information, head over to <https://www.gramlee.com/jobs.html>.

## Teach English remotely

Teaching English as a second language is easier now more than ever. Companies such as VIPKID, Teach Away, and English First are great to look into, because they're always looking for new applicants. If you want a fulfilling job with casual, flexible work hours, look into teaching English online.

## Search through job boards

If you want a job that is more suited to you and your skill set specifically, search through job posting sites such as Indeed or Workopolis with the keyword 'remote' or 'work from home.' There are hundreds of job listings for customer service representatives, research assistants, underwriters, telephone representatives, online English tutors, graphic designers, and more. All these jobs, again, can be done from the comfort of your own home.

At the end of the day, there are lots of legitimate ways to earn money remotely. You just have to look a little closer to find them. One thing's for sure – a side hustle like this sure looks good on a resume. Good luck and stay well and hopeful.

# The truth about studying in groups

Group studying can be beneficial when combined with independent study.

Efuaye Abu  
Reporter

University students are always trying to find the most effective way to study. Most students have tried the common methods, but what is the best way?

This question cannot really be answered because studying styles are different for everyone, so students must find out what works for them. The way a student studies for one class may not be the way to study for another class. Students must try different methods out and discover what works.

One question that most students ask is: "Does studying in groups help or hinder your work?"

The answer is studying in groups is beneficial and will help your work, if done correctly.

According to Professor Kenneth C. Petress in his article, Benefits of group study, "group study is defined as the sharing of ideas within the cooperation of group members. Group studying is beneficial for several reasons.

First, group study enhances how students articulate their learning." Professor Kenneth C. Petress discusses that group study requires students to listen to their study partners' ideas and verify what they already know. Students are more successful in retaining knowledge when they can validate their knowledge and clarify concepts with other classmates.

Oxford Learning also supports group studying, naming some study group benefits. Group studying helps students to discuss concepts, test comprehension, clarify questions with others, and motivates students to engage with course content.

Maria Barichello and Erin Jobidon, academic development specialists at the UW Student Success Office maintain that group study is an effective method of study, but caution that it requires balance.

"Group learning can be positive in many ways; by explaining concepts to peers, a student can check their own understanding, as well as clarify any misconceptions. Hearing other students speak about course content in a different way from the professor can be beneficial to the learning process. Addi-

tionally, having one's ideas challenged can promote learning by encouraging one to examine new perspectives, develop new ideas, and build new connections," Barichello and Jobidon explain.

According to Barichello and Jobidon, although group studying can be beneficial, it requires a balance with a student's independent studying.

"It's important that students recognize the difference between understanding information when others are discussing it and being able to actively recall and apply the information independently. In many cases, students are required to demonstrate their abilities to independently recall and apply information on assignments and tests. Finding independent study time is equally as important as participating in group study."

They also explain that group studying can possibly lead to academic integrity (AI) concerns, especially in an online environment, and that students have to be careful when collaborating with others.

"Academic integrity can be a concern if students are not careful or do not understand the instructor's expectations around collaboration. Good collaboration includes working together on ungraded work, clarifying course concepts or theories without working through the actual assignment question, giving feedback on an essay or written assignment without making direct changes and contributing equally to group projects. It is always important for students to clarify expectations

with each of their course instructors. When students commit academic integrity infractions, many of them do so unknowingly and with the best of intentions because it can be difficult to know what would be considered an AI offense.

Many students may not have a strong understanding of what integrity looks like in an online learning environment and how to act accordingly." both UW academic development specialists said.

Group studying is a great method of studying when done correctly, but academic integrity is not the only thing students need to be aware of.

The truth is that, with the recent COVID-19 pandemic, students have to start doing things differently - especially when it comes to group studying, which typically involves face-to-face interaction.

Imprint reached out to Jason Morgenstern, a resident of Region of Waterloo Public Health, who gave his thoughts on whether studying together should be allowed on campus, if at all.

As Morgenstern explains, "Public Health will be making the guidelines recommenda-

tions specifically for this. In terms of general guidance, preferably a group should meet virtually. If not possible, meeting outside is safer than meeting inside, and in small numbers while maintaining social distancing. If studying in groups is necessary, maintain physical distance - two meters apart - in a well-ventilated large space, and wear face coverings."

Barichello and Jobidon stated that they did not feel that they are in a position to comment on if group studying should be allowed on campus, but advised that students should pay attention to university guidelines around gatherings, based on information from the health authorities.

UW has released new COVID-19 information on face coverings and face masks. As of July 27, all students are required to wear a face covering in areas of common use while on campus. This includes classrooms, teaching laboratories, and meeting rooms.

As for the truth about group studying, it can be beneficial if done correctly and it is important to remember that all students should study smart and study safe.



COURTESY OF FREEPIK



COURTESY OF FREEPIK

## Best dessert places in KW

### No Udder

43 Water St N, Cambridge

### Delightful Creations

100 Northfield Dr W, Waterloo

### Albert's Doughnuts Bake Shop

250 Dundas St S, Cambridge

### Ice Cream 2

1401 River Rd E, Kitchener

### Lady Glaze Doughnuts

701 Belmont Ave W, Kitchener

### Cafe Pyrus Outpost

150 Roger St, Waterloo

### Tiny Cakes Inc

65 Dickson St, Cambridge

### Four All Ice Cream Scoop Shop

75 King St S Unit 56, Waterloo

### D Spot Dessert Cafe

225 Fairway Rd S Unit 1002, Kitchener

### Sweet Lou's Cookies

341 B Weber St N, Waterloo

### Marble Slab Creamery

158 University Ave W, Waterloo

### Nova Era Bakery

376 King St E, Kitchener

### Sweet Dreams Teashop

170 University Ave W #14, Waterloo

### Symposium Cafe Restaurant & Lounge

668 Erb St W, Waterloo

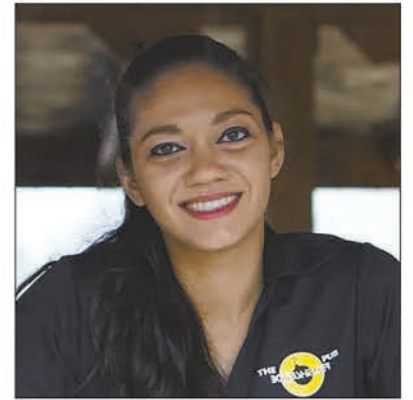
### Abbie Simpson, President



Simpson is the CEO of the corporation and the person who represents UW's administration, Senate, and Board of Governors. Her responsibilities include managing student government activity, as well as overseeing the Waterloo Undergraduate Student Association (WUSA) and several other university committees.

✉ [pres@wusa.ca](mailto:pres@wusa.ca)  
🐦 @yourwusaPres

### Alana Guevara, VP Operations & Finance



Guevara's role is to manage and oversee the financial and administrative aspects of the corporation. This includes annual budgets, human resources and business operations. Guevara's responsibilities also extend to assisting student groups with budgeting, managing the health and dental plan, cooperating with WUSA/UW committees, and supervising the marketing / communications department.

✉ [vpof@wusa.ca](mailto:vpof@wusa.ca)  
🐦 @yourwusaVPOF



# Meet your **WUSA** Execs

Gracie Xie  
Reporter

### Nada Abouelnaga, VP Student Life



Abouelnaga is the person who overlooks the undergraduate student life program. Her role includes overseeing student-funded university-run student services. Additional responsibilities include managing the WUSA student-run services and clubs, WUSA/university committees, handling accountability of societies, communicating with colleges and residence councils, as well as running projects and commissions.

✉ [vosl@wusa.ca](mailto:vosl@wusa.ca)  
🐦 @yourwusaVPSL

### Megan Town, VP Education



Town's main role is to assist students with academic and co-op related issues. She lobbies UW administration and staff to improve academic services on campus. Her other responsibilities include persuading municipal, provincial, and federal governments to help undergraduates access and receive quality higher education.

✉ [voed@wusa.ca](mailto:voed@wusa.ca)  
🐦 @yourwusaVPED

PHOTOS COURTESY OF WUSA

# WUSA goals and plans for 2020-2021

Grace Xie  
Reporter

The Waterloo Undergraduates Student Association (WUSA) has released its plans and goals for the coming school year, and Imprint has reached out to them for more information on what they are doing regarding budgets/fees, first-year orientation and more.

"We believe real change only happens with collaboration. We believe our role in creating change involves consultation with student groups and the development of the Long-Range Plan this fall. Putting together this plan allows us to make an impact on the next five years of the organization while setting advocacy and organizational goals," said the WUSA exec team.

When asked about financing and budgeting the coming year, WUSA explains how some fees will be exempt as well as how they are working to improve OSAP. WUSA also reveals plans on how they are planning on increasing the budget to support the UW Black Associate for Student Expression.

"We've been working closely with the Ontario Undergraduate Student Alliance to ask for increased grant support for students to mirror the federal government's doubling of grant support. We've also requested changes to the OSAP calculations to reduce the requirements for student and parental contributions. Unfortunately, we have not heard of any changes thus far," WUSA said regarding the changes to OSAP.

"As a part of our annual plan, we are committed to creating dedicated funding for equity initiatives using an easily accessible application process. This funding would be available for student groups like BASE to support their events and other activities," explains WUSA.

WUSA also goes into detail about what kind of services will be available next semester, including clubs and sports teams, and how they will be operating re-

motely. Additionally, WUSA comments on their plans on advocating for making GRT an essential service, explaining how the workers' rights strike has stalled progression, however, The Education Advisory Council continues to update the policy on the topic.



According to

WUSA, the Clubs Fair is in the works of moving online through a Clubs Community Facebook Group. Some services that are mentioned are the GLOW Centre, and the

progress on construction of the SLC and new BOMBER.

"The Glow Centre is continuing to offer weekly events and peer support online. They have also been collaborating with W store for pride gear and holding Instagram live events to engage and inform allies and LGBTQ+ members of our community," WUSA said regarding the operation of the GLOW Centre.

WUSA continues by revealing updates on the construction of both the SLC and Bomber.

"The Bomber space project is continuing and has been only slightly delayed due to executive's workload in response to COVID-19. We are continuing forward with the lounge concept. Most recently, our Planning, Student Spaces and Works Committee has approved funding for architectural designs of the space."

"Construction has been progressing well with students off-campus. The main floor food court area is expected to open in fall 2020. We hope the rest of the building will be open in winter 2020!" WUSA added.

At this time, there has been no decision on an in-person Orientation program for the winter term," WUSA said.

WUSA explains how they understand the challenges

and struggle students are currently battling, and they will continue to advocate for their academic and social needs.

"We recognize that students might be feeling isolated right now and are working to keep students connected to their community through events, clubs, societies, and services...We are also working to gather feedback and discuss our efforts through WUSA Town Halls. Students are also always welcome to raise concerns about a specific course through our academic concerns form," said WUSA.

More information on WUSA's goals and plans can be found in the Annual Plan.



# How to have a successful first year during COVID-19

## Welcome to Waterloo!

Starting university is difficult anytime, even without a global pandemic in our midst. However, the key this year is not to think of ways to have a great first year despite the unusual circumstances, but to truly make this experience your own. Below are the top five ways to have a successful first year, and what is being offered to you this fall.

Melissa Gatti  
Reporter

### 1 WELCOME - Participate in orientation

**WATER! WATER! WATER! LOO! LOO! LOO!**

Orientation is the first great memory made here at the UW, and this year is no exception. With in-person activities cancelled for Fall 2020, orientation will be available online for free from September 1-7. Remember to log in to your Portal account on Aug. 18, 2020 to find your invitation to register. While the in-person activities may be missing, the enthusiasm certainly is not.



### 2 CLASSES & ACADEMICS - Take advantage of academic resources

While they may seem intimidating at first, one of the biggest tips to succeed in first year is to have open communication with your professors and TAs. With learning at a distance, it is especially important to reach out in any way offered, be it through email, phone calls, or video. Many first-years also overlook how useful our libraries can be during their transition from high school to university. Nevertheless, the UW library offers fantastic digital resources, including course reserves and databases. Check out the COVID-19: Updates on Library Services and Operations page for a clear breakdown of services, and virtual opportunities available to you. Another fantastic resource is the Writing and Communication Centre. Officially going virtual, it offers guidance in academic writing, presentations, English speaking practice and more. Making your first citation page with a new format? Need guidance on how to organize your written work? Check out WWC Resources for a wide range of writing guidance from the comfort of your own home.



### 3 GET INVOLVED - Clubs, leadership and more

If you ask anyone, they will all agree that their best memories at UW took place outside of the classroom. While most clubs will be online this fall 2020, the Waterloo University Student Association (WUSA) offers a complete list of clubs for you to get involved and meet others, with similar interests. Also, be sure to check out their Health and Wellness page, where they provide links to student groups like Racial Advocacy for Inclusion, Solidarity and Equity (RAISE), GLOW Centre for Sexual and Gender Diversity, Women's Centre, and more. As we wait for fall clubs to get started, make sure to follow their Instagram @wusaclubs for updates on clubs, societies, and events to stay connected.



### 4 SELF CARE - Practice physical and mental wellness

Without our regular exercise routines, along with added stress about an unprecedented term, taking time for yourself is even more important this upcoming semester. Lucky for us, Waterloo Warriors will be offering tons of virtual and in-person opportunities to care for our bodies and minds. These include virtual live fitness and yoga classes, Move your Mind peer-guided support, in-person recreation opportunities such as swimming, disc-golf, and more. For evolving facility re-openings and safety protocols, head to GOWARRIORSGO. Visit their website for more information on virtual activities, and follow @wloorec and @wloowarriors for workout resources and programming.



### 5 OFF CAMPUS LIFE - Discover Waterloo

Whether you are living in residence on campus, off campus in town, or attending class online from afar, there are many opportunities for you to get to know our school's beautiful city. Check out Uptown Waterloo, the core of the city filled with many independently owned restaurants, shops, and entertainment. As Waterloo moves into phase 3 of reopening, you can support local businesses like restaurants and shops, while following safety measures. Looking to grab some fresh goods? Visit St. Jacob's Market just 20 minutes from the university campus. But first, be sure to visit their website for their COVID-19 protocols. Taking classes from your hometown, and away from Waterloo? The City of Waterloo has various opportunities to get everyone involved virtually, such as the Create Waterloo's Through our Waterloo Windows art project. Through this project, anyone from anywhere can virtually submit art pieces or messages of hope and inspiration, later to be shared in a public art exhibition. As we all get through this time together, let these tips guide you through your first year at UW. We're all in this together.



GRAPHICS BY TAY MIRANDA

# Making your home equipped for remote learning

How students are setting up their home workspaces for optimal productivity.

Muhammad Hashmi  
Reporter

This semester has been unlike anyone could have imagined. The pandemic has changed all facets of life and education is no different. UW announced that Fall 2020 will also be mostly online. Unlike the current spring term, the upcoming fall term will be particularly challenging for incoming first-years. It is therefore important for them to know how to prepare themselves for an mostly-online term. To get the best insights possible, I interviewed three university students—currently working and studying online—during spring 2020.

Kalil Magtoto is a 4A Global Business and Digital Arts major at UW. He is currently working as a Video Content Editor at Kira. Being all online, all day long, he HIGHLY recommends getting a good webcam for all the video calls that you'll be doing. Specifically, 'Papalook 1080p from Amazon' is his preferred camera, as it has excellent picture quality.

In addition to a great camera, he recommends a good quality microphone, since during co-op, he had video calls almost everyday. Lastly, he recommends setting up a home workstation in a fashion that inspires you when you are working or learning. A comfortable chair, he says, "can make all the difference for your back." He also mentions that setting up your desk in a place with a good view can help, "keep your mind active when you start to feel lazy, fatigued, or bored."

Kyle Gibson, a medical school student at McMaster University, has a different opinion from Magtoto's. Gibson—who is in his second year—describes his home learning setup as "simple yet effective." Gibson advises against breaking the bank to purchase the most novel tech in the market. "I have my five year-old PC which I bought in first year of my undergrad. Students returning to, or starting, university in September should know that

their regular laptops will not give them any problems in the online semester," he says.

In the spring semester, Gibson had video calls only during his tutorials and he claims that his laptop's built-in microphone and webcam worked 100 percent fine. "Everyone in my group could see me and everyone could hear me. That's all that matters." However, he advises that "laptops typically start burning up during a lengthy video call, so I make sure to keep my laptop on top of a hard surface to allow air to flow under the base plate."

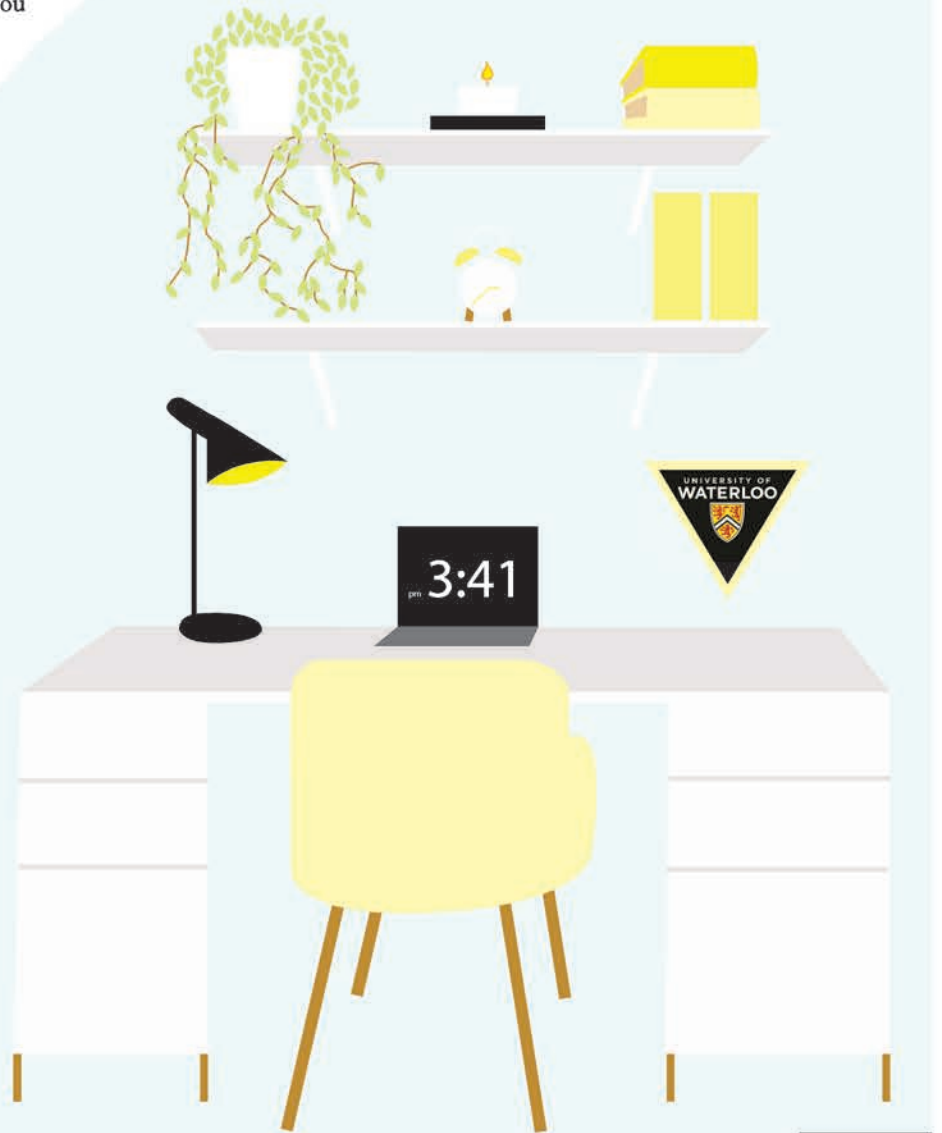
Maria Andolini, a UW Computer Science student in 4A, describes the perfect eLearning home setup as more than just gadgets. Andolini's class lectures are pre-recorded and posted online. For her, the house environment must be suitable for intense studying. "A quiet place and an excellent internet connection are the only two things that I can foresee causing students problems, when shifting into the online learning platform," she says. Andolini, who normally studies in libraries at UW, was forced to study at home while all the libraries were shut down in Toronto, her hometown. Since parents and siblings are working and learning from home, it may be difficult to find a quiet place in the house.

In summary, how you choose to set up your desk at home in preparation for this upcoming term depends on what you are doing this term and your personal preferences. If you feel more motivated to learn by creating a "desk paradise," with every type of equipment

*"I make sure that my desk is fully equipped for the kind of work and learning I'll be doing for the term."*

KALIL MAGTOTO, STUDENT AT UW

imaginable, go for it. Everyone's perfect workspace will be different. You just need to find what allows you to stay focused while you work.



## Human Vs. Zombie Society

Humans vs. Zombies is a game of tag between two teams where Humans have to defend themselves with Nerf blasters and socks and survive as long as they can against a growing Zombie horde out to tag them. Humans vs. Zombies Society runs a weeklong game per term as well as weekend minigames and an annual open invitational game.

✉ hvz@clubs.feds.ca

f /groups/uwhvz/

## Coffee N'Code

No matter your skill level, faculty, or language (human OR software), if you're interested in coding, Coffee 'N Code is the place to be. Join us once a week for a few hours, grab some coffee and you can work on your own project or find someone to pair program with! Sharing opportunities for learning through workshops, projects, sharing resources and providing an environment for you to explore coding is what we're all about - bring your questions and curiosity!

✉ uwcoffeencode@gmail.com

f /UWCoffeeNCode/

## UW Drag Club

The purpose of the club is to explore and celebrate drag culture and performance. Club events, activities, and/or initiatives will include learning and sharing performance techniques, discussing drag-related topics, and putting on drag performances.

✉ uwdrag@clubs.wusa.ca

f /uwdragclub/

## Parks Canada, UW

We are a student led group of outdoor enthusiasts in affiliation with Parks Canada. You don't have worry about your budget as Canada Parks helps subsidize all our events. We host amazing adventures to national and provincial parks each term as well as take part in local stewardship activities. Furthermore, we host local field trips to conversations and historical sites, go on local hikes in the KW and surrounding region, have epic bonfires and awesome guest speakers.

✉ uwparksclub@gmail.com

f /uwparkscanadaclub/

## Campus Crusade for Cheese

The purpose of the CCCh is to offer an outlet for those students, faculty, staff and Alumni who enjoy cheese, or wish to enjoy cheese. The club is not limited to the enjoyment of cheese, but may also include the enjoyment of wine and cheese. We have activities such as eating cheese, talking about cheese, rating cheese, cheese related news, current cheese events, and board games. Cheese plates may include other things aside from cheese.

✉ ccch.uw@gmail.com

f /groups/2202862856/

## Zoom into club

## Crafts 4 Charity

Our club comes together and work on art and craft projects. We plan to hold meetings and teaching sessions to teach members a new craft project throughout each term to inspire our members while giving them the opportunity to use their creativity to create one of a kind crafts. The proceeds from all events will be donated to charity.

f /uw.crafts4charity/

## UW Cooking Club

The Cooking Club serves up cooking classes, bake sales, barbeques, and other food related adventures. We cover the full spectrum of foods from fancy sushi rolling classes to quick and dirty tips to help you manage the necessary evil known as 'cooking during midterms'. When we're not in the kitchen or hosting our famous classes, we occasionally venture out to the real world to visit coffee roasters, picnic areas, strawberry fields, or bonfire pits.

✉ uwcookingclub.exec@gmail.com

f /groups/uwcookingclub/

## Entrepreneurship Society, UW

As a group, the society aims to expose students to entrepreneurship by giving them opportunities to immerse themselves in the community. By working with established organizations such as Velocity, Conrad Centre, Greenhouse, the Accelerator Centre, and Communitech, the Entrepreneurship Society at UWaterloo is an integral part of the established start-up network in the region.

✉ info@entsoc.ca

f /UWEntSoc/





### UW Quizbowl

While rooted in a rich history of playing Trivial Pursuit at the now-defunct Bomb-shelter, the modern incarnation of our club comes together to compete in intra-university and inter-university scholastic competitions, primarily Quizbowl. In short, we play trivia and have fun doing so. If you like trivia too, feel free to drop by. More recent information is available on the facebook page.

✉ uwquizbowl@clubs.feds.ca  
 f groups/uwquizbowl/

### Because I am a Girl, UW

Because I Am A Girl is an international sub organization of PLAN. The University of Waterloo's chapter will work to fundraise money for Girl Scholarships and nutrition programs. We also organize educational seminars, training opportunities, awareness campaigns and more!

✉ becauseiamagirluw@gmail.com  
 f /uwbiaag/

### Esports, UW

We gather University of Waterloo students, staff, faculty and members of the UW community at large to play, compete, and have fun. We will be hosting bi-weekly meetings where we discuss future events as well as any improvements the club members wish to see in the club. We will be hosting tournaments throughout the term for our most popular games. We will also be providing infrastructure for members to practice and participate in external tournaments.

✉ uwaterlooesports@gmail.com  
 f /uwaterlooesports

## UWaterloo scene

### Animal Rights Society

We discuss animal rights related topics, advocate for animal rights on campus and in the Waterloo community and meet like-minded people. We run events such as vegan bake sales, fur-free pledges, vegan cooking classes, farm sanctuary trip, coffee giveaway, farmers market trip, weekly meetings, halloween candy giveaways, activism panel, vegan cheese giveaway, cruelty free booth, and any related events.

✉ uwanimalrights@gmail.com  
 f /UWanimalrights/

### UW Breakers

The UW Breakers promotes hip hop culture and break dancing as a fun and exciting activity for students and others as a form of self-expression and as an opportunity to get to know one another. The club hosts dance battle events and participates in performances for members who want to dance more competitively.

✉ uwbbboys@gmail.com  
 f /groups/8466777571/

### UW Fantasy Sports Club

University of Waterloo Fantasy Sports Club is a club where people can come together to learn and play fantasy sports games like football, basketball, baseball and hockey and participate in prediction brackets. These games will help facilitate meetings that consist of debates and discussions on the status of each sport. On occasion, we will watch sporting events together where we will just have a fun time!

✉ uwfsc@clubs.feds.ca

### Films, UW

A place for people with all kinds of talent and skill levels to come together and make films. We also have tutorials and regular shoots where there is a lot of learning opportunity. All films posted on youtube, head on over for a good laugh and see what we are up to. Any one and everyone is welcome to join us. Email us for more info.

✉ theuwfcc@gmail.com  
 f /uwfilms/

### Horror Club

Horror Club is a place where students can come together to enjoy the horror genre. Students can enjoy discussing the genre, experiencing it, and even developing their own horror-themed creations. Activities include watching horror movies, playing horror video games, reading horror stories, and anything else horror!

✉ waterloohorrorclub@clubs.wusa.ca  
 f /groups/waterloohorrorclub/



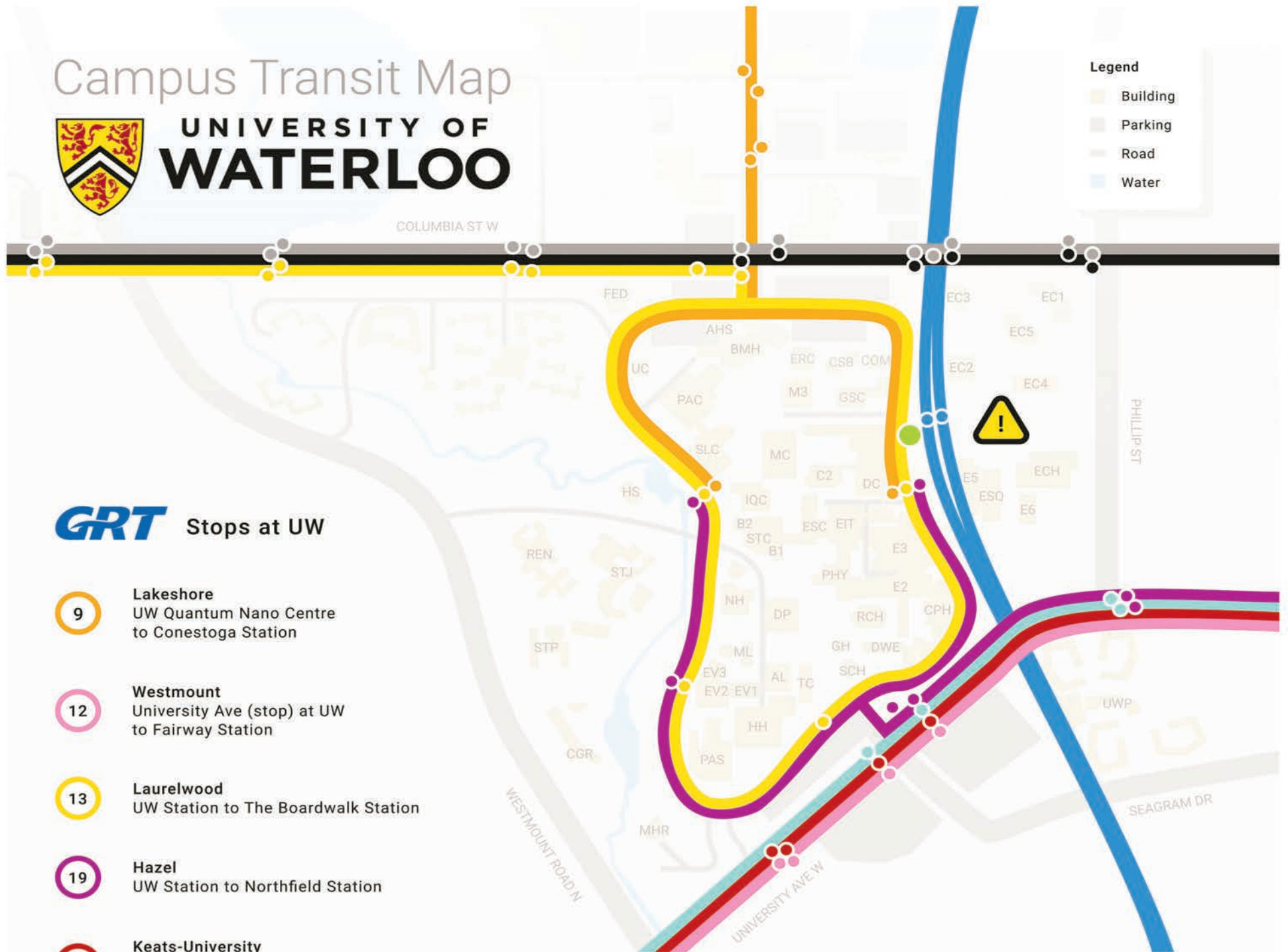
Visit <https://wusa.ca/clubs> for more information and a complete listing of all UW clubs

# Campus Transit Map



## UNIVERSITY OF WATERLOO

- Legend**
- Building
  - Parking
  - Road
  - Water



### **GRT** Stops at UW

- Lakeshore**  
UW Quantum Nano Centre to Conestoga Station
- Westmount**  
University Ave (stop) at UW to Fairway Station
- Laurelwood**  
UW Station to The Boardwalk Station
- Hazel**  
UW Station to Northfield Station
- Keats-University**  
University Ave / UW (stop) to The Boardwalk Station + Conestoga Station
- Columbia**  
Columbia / UW (stop) to Conestoga Station
- Fischer Hallman**  
Columbia / UW (stop) to Conestoga Station
- University**  
University Ave / UW (stop) to The Boardwalk Station + Conestoga Station
- ION Light Rail Transit**
- Future University of Waterloo Transit Plaza**



### GO Buses stop outside of the Davis Centre

- 25**  
UW | Laurier | Kitchener | Sportsworld Park & Ride | Cambridge  
Aberfoyle Park & Ride | Milton Park & Ride | Erin Mills Transitway  
Winston Churchill Transitway | Square One
- 25B**  
*Express Fridays*  
Waterloo | Square One
- 25C**  
*Express Most days*  
Waterloo | Laurier | Square One
- 25F**  
*Fridays, Sundays*  
Waterloo | Laurier | York U | Brampton | Bramalea | Keele Street

# LGBTQ+ at UW

**Jennifer Kibble**  
Orientation Editor

Starting university in a new place with new people can be quite intimidating. Starting university as an LGBTQ+ individual can be even more intimidating, but as one of the UW's 41,000+ students, you're not alone. You will meet all kinds of people with diverse backgrounds, cultures, and skill sets, and it's likely that some may be similar to yours. UW has plenty of resources and groups to make you feel at home. Therefore, allow me to introduce you to these resources:

### Glow Centre for Sexual and Gender Diversity

According to WUSA's website, located in SLC, "Glow is the oldest continually-running university-based LGBTQ group in Can-

ada." It is run solely by student volunteers and currently offers weekly online events.

### The Equity Office

The Equity Office at the UW offers mentorship and training for individuals wishing to learn more about "gender identity, expression, sexual identity, homophobia, heterosexism, bi-phobia, transphobia and how these intersect with other identities" according to the UW website.

For more information email [equity@uwaterloo.ca](mailto:equity@uwaterloo.ca).

### Gender Inclusive Washrooms

Across campus there are many gender inclusive washrooms. You can find them at online or viewing the map to the right.

### Gender Affirmative Care

UW Health Services offers gender affirmative care.

According to the UW website, their aim is to "establish gender



COURTESY OF FREEPIK

You can learn more about these events by following them on Instagram and Facebook. Glow is continuing to offer virtual peer support groups Monday to Friday 4 p.m. - 8 p.m. To book an appointment, email [internal.glow@wusa.ca](mailto:internal.glow@wusa.ca).

Glow also provides a variety of in-person social events that have been currently postponed due to COVID-19.

As things begin to get back to normal, you can expect awesome events like Monday Funday, Board Game Night, Tea Time Talks and Movie Night.

The Glow Centre also offers a media lending library, for the exchange of LGBTQ+ books, mag-

azines and movies amongst the members.

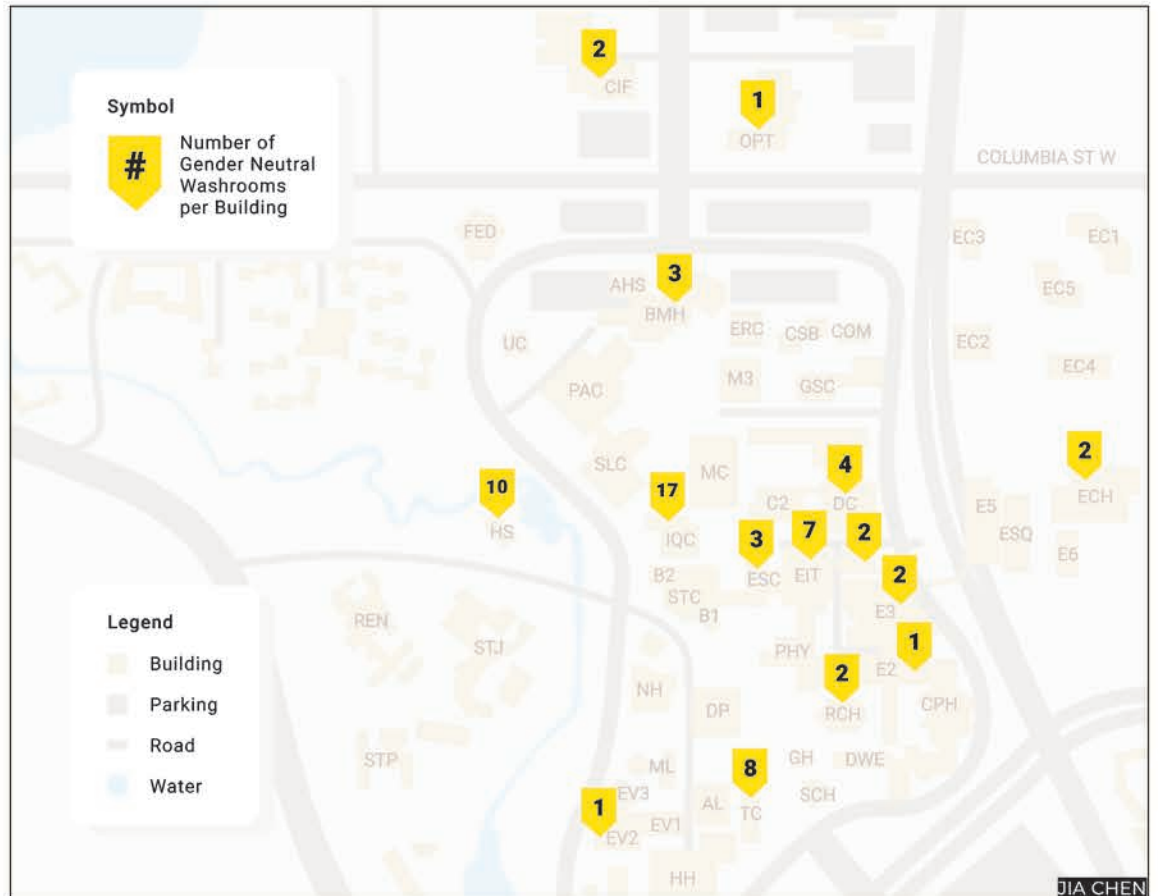
This is currently supported at Health services by our selective physicians, nurses and dieticians.

To find more information, visit the UW's Campus Wellness website.

### Off-Campus Resources

Off-campus resources as provided by Campus Wellness include SPECTRUM, Waterloo Region's LGBTQ+ community space.

The Rainbow Pages, which provides the LGBTQ+ community with a resource directory for the Region of Waterloo, and OK2BME by KW Counselling services, which offers a set of support services for LGBTQ+ individuals living in Waterloo Region.



Gender neutral washrooms across UW campus.

Leave your mark!  
**Volunteer at *Imprint!***  
**NO EXPERIENCE NEEDED!**

We're looking for dedicated and creative people to join our team. Cover events, write reviews, take pictures or draw graphics or comics while learning about newspaper production and design.

**FOR MORE INFO**  
[editor@uwimprint.ca](mailto:editor@uwimprint.ca)

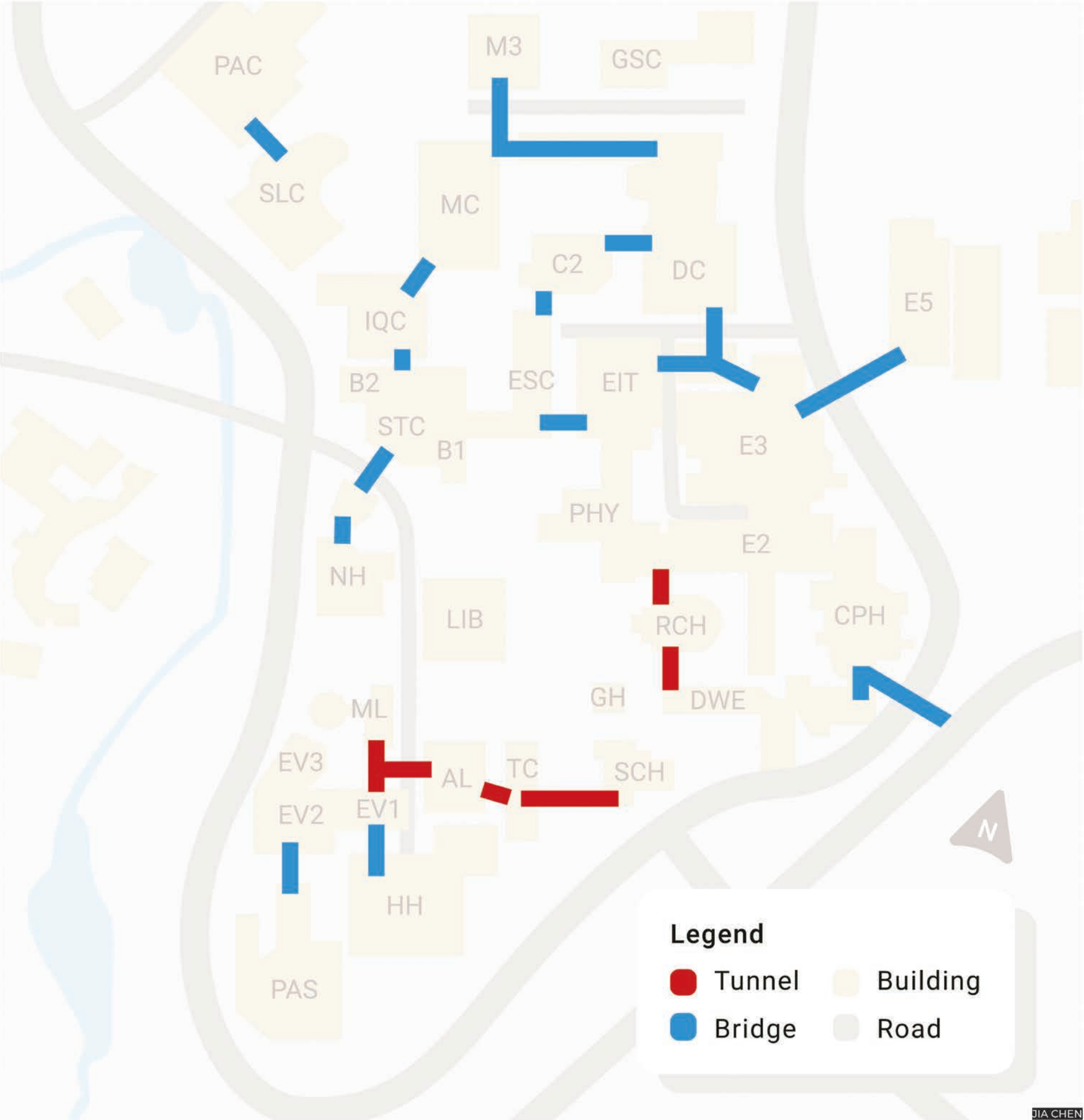


# Campus commuting: how to get from point A

## BUILDING INDEX

<b>AL</b>	Arts Lecture Hall	<b>GSC</b>	General Services Complex
<b>B1</b>	Biology 1	<b>HH</b>	Hagey Hall
<b>B2</b>	Biology 2	<b>LIB</b>	Dana Porter Library
<b>C2</b>	Chemistry 2	<b>M3</b>	Mathematics 3
<b>CPH</b>	Carl A. Pollocks Hall	<b>MC</b>	Mathematics & Computer
<b>DC</b>	Davis Centre	<b>ML</b>	Modern Languages
<b>DWE</b>	Douglas Wright Engineering Building	<b>NH</b>	Needles Hall
<b>E2</b>	Engineering 2	<b>PAC</b>	Physical Activities Complex
<b>E3</b>	Engineering 3	<b>PAS</b>	Psychology, Anthropology, Sociology
<b>E5</b>	Engineering 5	<b>PHY</b>	Physics
<b>EIT</b>	Centre for Environmental & Informational Technology	<b>RCH</b>	J.R. Coutts Engineering Lecture Hall
<b>EV1</b>	Environment 1	<b>QNC</b>	Quantum-Nano Centre
<b>EV2</b>	Environment 2	<b>SCH</b>	South Campus Hall
<b>EV3</b>	Environment 3	<b>STC</b>	Student Teaching Complex
<b>ESC</b>	Earth Sciences & Chemistry	<b>TC</b>	Tatham Centre
<b>GH</b>	Graduate House		

# ...to point B fast and without getting wet!



# Fall term will be different this year

Grace Xie  
Reporter

As the new Fall semester approaches, students eagerly await new information with regard to UW's plans around changes made for COVID-19. Here is everything you need to know for Fall 2020, including information about residences, services, and online classes.

According to the UW website, plans to offer a mix of online and in-person classes are in place, however exceptions will be made based on each faculty and program for specific courses.

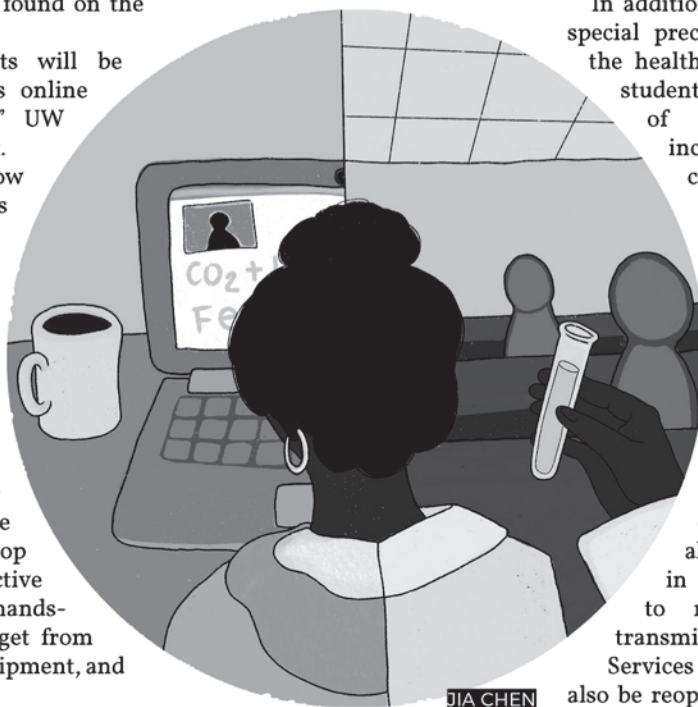
These exceptions include some chemical engineering labs, specific nanotechnology engineering labs, specific science labs, and lectures with fewer than 30 students. More

information can be found on the UW website.

"98% of students will be taking their classes online for the fall term," UW wrote in a statement.

When asked how the school plans on delivering the same quality of education on an online setting, UW responded saying:

"We're investing considerable effort and resources to build further on our expertise in online learning and develop innovative and effective alternatives to the hands-on experience you get from labs, specialized equipment, and placements."



JIA CHEN

In addition, UW will be taking special precautions to maintain the health and safety of both students and staff. Some of the precautions include mandatory face coverings in common indoor areas, designated seating maintaining a two-meter distance in classrooms and labs, routine cleaning one to two times per day, and access to disinfecting supplies. Signs and occupancy limits will also be implemented in common spaces to reduce traffic and transmission.

Services on-campus will also be reopening – this includes

student residences, the UW store, food services, and the library. The book store, however, will remain closed.

More details on different kinds of services are available on the UW website.

UW is determined to deliver another year of quality education, supporting their students, as well as abiding by public health regulations.

"We are also committed to continuing to support our core services to students that are funded through tuition and other revenue sources. We will continue to provide financial aid advice, support services, and academic guidance, as well as continue ongoing efforts to upkeep physical infrastructure, such as labs, to ensure you can seamlessly return to campus as soon as it is safe to do so," UW said.

## Will's wonders of Waterloo

William Koblenky Varela  
Executive Editor

When you first get to Waterloo, you might ask yourself, is there anything fun to do here?

That's certainly the question I aimed to answer in my year living in Waterloo, and I found a number of hidden wonders.

This list is by no means a definitive catalogue of all the fun activities and places in Kitchener-Waterloo, but rather the hidden gems I've found, that I'd like to pass on to you.

Access to some of these may be limited, due to COVID-19 restrictions on gatherings.

### Boogie House KW

This full moon dance party breaks it down to house music,

normally outdoors and equipped with a mobile heater for the winter months.

Every month it is on a different day, in concert with the cycles of the moon, and at a different outdoor location, creating a new adventure each time.

During the time of COVID-19, this magical event was moved online-only, but hopefully the world will become a safer place to congregate in the near future.

In the meantime, check them out on Facebook and Instagram for their ever-evolving schedule.

Boogie House KW is a pay-what-you-can event.

### Laurel Creek Conservation Area

While this isn't a hidden gem for locals, many people new to the area don't know about this provincial park right next door to

the university.

Featuring a beach – the warmest water in Southwestern Ontario – and an endless forest to explore, this beautiful park is best visited during a warm day with time to kill.

That said, the conservation area is open everyday of the year except Christmas and Boxing Day.

Canoe rentals and overnight camping are also available once COVID restrictions are lifted.

Laurel Creek Conservation Area costs \$7.50 to enter for the day, from 8 a.m. to 9 p.m.

### Sugar Run

KW's only speakeasy bar is hard to find, has a password, and a pretty pricey menu, but it's certainly unlike anywhere else this side of Toronto.

Its 1920s ambience and underground location is certainly the stuff of the pre-COVID era, and I can only hope it reopens by the time you're reading this.

To get there, you'll have to venture to Kitchener's Downtown and find the intersection of Queen Street and Halls Lane.

Follow Halls Lane East and turn onto the intersecting alleyway – you should see a door that's denoted by a spotlight and a nearby mural.

Ring the bell.

I won't spell out the password for you, but I will make it painfully

obvious to any basketball fan who's aware of the League's historically legendary players.

The password is a name, the first name of Bird and the last name of Magic.

Don't tell them that I sent you.

### Columbia Lake

If you're craving rolling hills, a glorious lake, and a majestic trail that goes through a farm, look no further than Columbia Lake.

Just across the street from campus, Columbia Lake is an equal parts picnic destination and exercise route.

There's a full frisbee golf course to compliment the picturesque stream running through the park.

Make sure to follow the path to the gorgeous tree canopy, before all the leaves fall.

### Cafe Pyrus Outpost

One of the last places you might expect to find a trendy cafe is along a bike trail in a residential neighbourhood, but that's what makes Cafe Pyrus Outpost so special.

Situated at the intersection of the Spur Line Trail and Roger Street, near Waterloo Street, Cafe Pyrus Outpost is a coffee shop that's away from Uptown or Downtown, but still easily accessible on foot or by bike.

They hold weekly farmer's markets and provide an open air community feel that most cafes

spend thousands trying to imitate.

My favourite thing about the Outpost is that it's right in Midtown- between Waterloo and Kitchener- providing a perfect pitstop if you're travelling between the two municipalities.

### The Break Room

Like Sugar Run, half the fun of The Break Room is finding the place, but unlike Sugar Run, The Break Room is perhaps the most affordable bar in Waterloo and there's no password to get inside.

This pool hall is only for people who want to play billiards or pool and there's not really any other reason to go there.

That said, it's not a judgemental place and beginners are more than welcome.

COVID restrictions will likely apply and you may have to play pool wearing a mask, but it should be worth it anyway.

To get there, you'll need to venture away from Uptown and get to Weber and Marshall Streets.

You'll see a Speedy Glass and an A to Z Rental store with an adjacent Comfort Inn.

Walk past through the parking lot until you're behind the A to Z Rental store and you'll see The Whip Boxing Academy.

Turn around, looking at the back of the building that houses Speedy Glass and A to Z Rental, and you'll see The Break Room.

## Interested in coins, tokens, banknotes or medals?

Journey into the world of numismatics!

The **Waterloo Coin Society** gathers on the second Tuesday of every month at the **404 Wing R.C.A.F.A. on 510 Dutton Drive**, Waterloo, Ontario N2L 4C6. Doors open at **6:30pm** for socializing & trading. Meetings start at **7:30pm. You're invited!**



We gather for educational, fun & exciting meetings!

**WATERLOOCOINSOCIETY.COM**

Visitors and new members are always welcome!

CHECK WEBSITE FOR COVID-19 UPDATES





<http://www.gowarriorsgo.ca>

@wloowarriors wloowarriors waterloowarriors

# WARRIOR RECREATION

FINDING A WAY TO MOVE THAT YOU ENJOY WILL HELP YOU...



Take care of your mental health



Perform academically



Build social connections

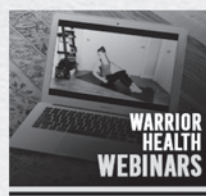


Develop life skills



Improve your physical health

## HEALTHY WARRIORS AT HOME



[GOWARRIORSGO.CA/ONLINEREC](http://GOWARRIORSGO.CA/ONLINEREC)

### FACILITIES UPDATES

We are making our best efforts for a phased reopening with the health and safety of our students at the forefront.

Wondering what is open or what facilities we have to offer?

» Overview of facilities  
[www.gowarriorsgo.ca/facilities](http://www.gowarriorsgo.ca/facilities)

» Updates on openings  
[www.gowarriorsgo.ca/covid19](http://www.gowarriorsgo.ca/covid19)

### WUSA BOX CONTEST

- » Snap a picture of the Warriors sticker from your WUSA Box
- » Share on social media
- » Tag @wloowarriors on Instagram or Twitter for a chance to win!

**Prizes include:**  
\$250 Best Buy gift card  
\$100 truLOCAL box



truLOCAL  
CONNECTING YOU TO THE SOURCE.

## ESPORTS

### REC LEAGUE TITLES

Registration Dates: September 1-14

- » League of Legends
- » Overwatch
- » Rocket League
- » Hearthstone
- » FIFA20
- » NHL20
- » NBA2K
- » Madden20
- » Smash Melee
- » Smash Ultimate
- » Catan

### REC TOURNAMENT

October 3, November 7, November 28

- » Hearthstone
- » Clash Royale
- » Catan

### COMPETITIVE TEAMS

Tryout dates: August 22-23 and September 25-27

- » League of Legends
- » Overwatch
- » Rocket League

### WARRIORS INSIDER

WARRIORS ATHLETICS AND RECREATION NEWSLETTER

Want to stay up to date with Rec programs, events, job opportunities, tips and tricks on how to stay well, facility information and more? Visit [www.gowarriorsgo.ca/warriorsinsider](http://www.gowarriorsgo.ca/warriorsinsider) to sign up for our \*NEW\* newsletter.

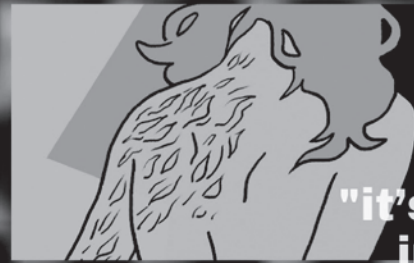
[GOWARRIORSGO.CA](http://GOWARRIORSGO.CA)



#GOBLACKGOGOLD

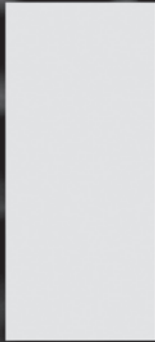


"was he dying?  
or was he still  
in love?"



"it's dark  
inside,  
darker than  
I am used  
to seeing, a  
big black  
rectangle of  
nothing".

"o!  
Clouded  
passion  
sings,  
upon  
skirts of  
woven  
faith"



# GET NOTICED

SUBMIT TO  
QUETZAL, UW'S  
ONLINE ARTS  
MAGAZINE.



"Only the  
daylilies that  
are plucked  
before their  
day is up can  
understand."



[quetzalmag.ca/  
submit-to-us/](http://quetzalmag.ca/submit-to-us/)



# Need to know services at UWaterloo

## Intramural Sports



Have you been wanting to play team sports, but never knew if you would qualify? UW offers anyone the opportunity to join intramural teams. Whether you want to play volleyball, football, badminton, or anything else you can think of, intramurals allow you to join at any skill level. Create strong team bonds and new friendships while taking a break from your school work. Please note that due to the COVID-19 pandemic, in-person sports have been cancelled under advisement of the Ontario government. However, UW is currently offering esports through online console gaming sessions with games like FIFA, NBA and NFL to remain in the active and competitive spirit.

## Writing / Communication Centre



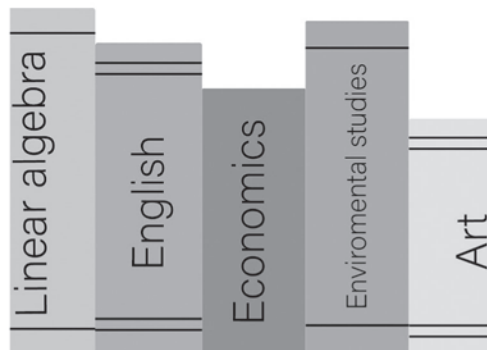
The Writing and Communication Centre at Waterloo offers all students on-campus assistance, for instance, when you are feeling stuck writing your essays, resumes, proposals, or any project that may come your way. Although all in-person meetings have been suspended for the fall semester, the Writing Centre has gone virtual to continue to offer you all the guidance and support you may need. Check them out – sometimes all we need is a little nudge in the right direction.

## Centre for Career Action



Are you looking to get some extra advice regarding your co-op placement? Do you want to sit down and discuss the goals that you seek to achieve during your university career? UW has the Centre for Career Action to help you plan ahead. Get guidance and map out your ideas, whether they concern your dream job or your post-graduation studies. Even if it's just for help, like designing a cover letter and resume, the Centre for Career Action is available for all UW students to help reach your career goals.

## FEDS' Used Books



Books for your university career can quickly rack up quite a bill, so make sure you visit the FEDS Used Books store located at the lower level of the Student Life Centre (SLC). Here, you have the chance to look for used books at a cheaper price, rather than investing in a new copy. Book selection ranges from DC's Watchmen to the Dictionary of Gene Technology – there is something for everyone.

## AccessAbility Services



UW strives for barrier-free accessibility and is committed to making students comfortable and able to pursue their academic studies. You don't have to struggle in your university career, AccessAbility Services are here to help. Take a look at what they offer here: <https://uwaterloo.ca/accessability-services/students/accommodation-services>. We encourage you to help us in making UW a fair and respectful community for all. You can even help another student in need by signing up to be a notetaker for one of your classes. By doing so, you are also helping yourself by acquiring good experience to add to your resume.

## Clubs



Did you know that you can start your own club at Waterloo in four easy steps? Whether you want to create your own board of film reviewers or if you want to shine a light on an issue you are passionate about, a club can be a great way to meet like-minded people. Start your club, or join one that's calling to you. Any way you get involved is a great way to connect with your university community.

# Staying well at UW

Mental health supports available to students both on and off campus.

Nicola Rose  
Reporter

**U**W has many resources available for students who are struggling with their mental health.

For students seeking mental health support on campus, “there’s no wrong first point of contact, whether it’s a don, an academic advisor, or even a friend,” Lindsay Thompson, Wellness Coordinator at SJU, said.

In your first year, residence dons and other student leaders are an excellent first point of contact, because they can help you process what you’re experiencing and they have a strong understanding of the available resources on campus.

Academic advisors are another excellent resource – they can direct you toward the mental health supports that will help you succeed. “Our academic advisors get a lot of disclosures about mental health concerns,” Thompson said.

If you feel comfortable, you can reach out to the campus Counselling Services directly. Counselling Services – including individual appointments, group options, and seminars – are available at no charge to registered students in classes or on co-op terms. Students are eligible for six individual sessions every year.

During the COVID-19 campus closure, Counselling Services is working through phone and video. Students can call into the office at x 32655 to book an appointment. “Students will be greeted by reception and asked for some basic information and will be sent a privacy and registration form,” Cheri Bilitz, Interim Director of Counselling Services, said.

Once students fill out the form, they will be booked to see an Intake Specialist – a “qualified mental health professional who interviews students to determine the severity of their concerns,” as Bilitz explains.

During this 20-minute appointment, “the Intake Specialist will discuss with students the different types of appointments available at counselling services and can help them to determine how many sessions they may need,” Bilitz said.

“Campus Counselling Services definitely aren’t [too] scary or intimidating,” Zofia Washington, a second-year psychology student, said. “Everyone was very friendly and happy to answer all of my questions. At every stage, from the front desk, to the Intake Specialist, to seeing a counsellor, everyone, I talked with, was kind and knowledgeable about my options and supports on campus,” she added.

Counselling Services also works closely

with other on-campus supports. “When a counsellor meets with a student, they can help the student determine other supports that might be available to them,” Bilitz said.

“Campus Wellness includes both Counselling Services and Health Services, so we’re able to work holistically with students. If a student needs to be referred to a physician, for example, that’s something we can do,” Bilitz said.

Counselling Services can also connect students with AccessAbility Services, where students can access academic accommodations.

UW also offers faith-based supports to help students. The schedule for the campus Chaplains can be found in the Student Life Centre (SLC), or on the SLC website. Faith-based options are also available through the University Colleges, where students can access spirituality leaders and spirituality centres.

In addition, many of the colleges have a Wellness Coordinator, like Lindsay Thompson at SJU. For SJU, both students in the college residence and students, who are academically enrolled in the college, can

access wellness support.

Another support available to students is the UW MATES program, or Mentor Assistance Through Education and Support. MATES provides peer support to students experiencing difficulties with anything from adapting to a new culture away from home, to struggling with balancing their mental health and the demands of their academic life.

Finally, the UW team can also connect students to off-campus services. “Counselling Services staff are knowledgeable about support available within the community,” Bilitz said. “Our staff can talk with students about external resources available to them and can help them get connected.”

While there is currently no follow-up system in place, students are encouraged to reconnect with Counselling Services if they feel as though their needs aren’t being met through off-campus support.

There are a few reasons why external resources may help students. For example, UW doesn’t offer counselling options over text or email, so for students who would

prefer to communicate through those mediums, off-campus options are needed.

Additionally, the wait times for Campus Counselling Services can be high. “There are definitely peak times during the term,” Bilitz said. “For example, the first couple weeks of the term can be a very busy time, and exam time is busier as well.”

During these periods, there are more students accessing counselling for crisis appointments, where they often need immediate help.

“If a student comes in and identifies that there is a safety risk, where they are considering harming themselves or someone else, or if they’ve experienced a recent trauma, those are reasons where we would see somebody the same day,” Bilitz said.

If students are seeking immediate help but are not in a crisis situation, they can take advantage of the walk-in options. “We have walk-ins on Wednesdays and Thursdays, where students can often be seen the same-day,” Bilitz said.

As of August 2020, there is no waitlist for Counselling Services.





## COLLEGIATE PSYCHOLOGICAL SERVICES

***“We are client-centred professionals who are dedicated to meet your needs for quality care.”***

The following services are often covered through student/parent benefit plans or through OSAP if eligible. Sliding scale fees may also be available.

**PROFESSIONAL COUNSELLING** for a variety of concerns, such as: depression > anxiety > self-esteem > grief > relationship concerns > trauma > stress management > learning skills development > career decision making > transition to post-secondary life.

***\* Counselling services are offered with NO SESSION LIMITS \****

**PSYCHOLOGICAL ASSESSMENTS** are provided for the following: learning disabilities > ADHD > mental health diagnoses > career interests.

***\* Our psychological assessments can assist in the provision of accommodations through AccessAbility Services as needed \****



***“Our clinicians are trained professionals with a background in clinical and counselling psychology. We have specific experience working with college and university students.”***

Virtual, phone and in-person services available.  
We offer flexible hours with initial consultations available within  
1 to 2 weeks.

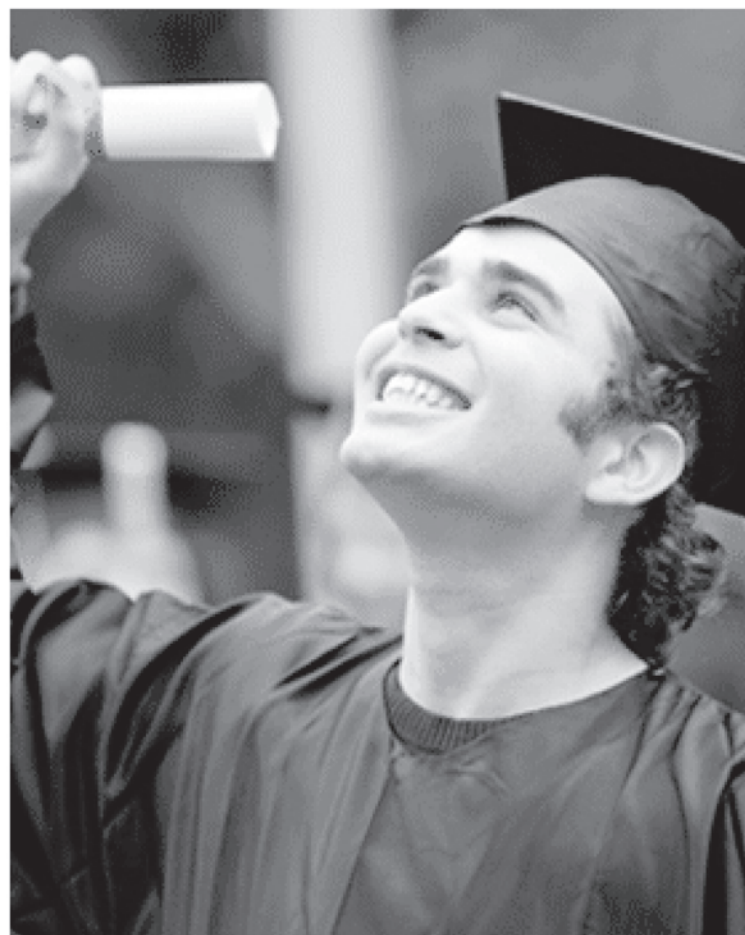
**Contact Dr. Johan Reis**, Clinical Psychologist, for any questions or concerns regarding our services and/or general inquiries.

**CALL OR EMAIL TO BOOK:**

Weekdays: 519-885-7277 ; Evenings/Weekends: 519-616-0900  
[info@collegiatepsychologicalservices.com](mailto:info@collegiatepsychologicalservices.com)

**Visit our website:**

[www.collegiatepsychologicalservices.com](http://www.collegiatepsychologicalservices.com)



# Warriors welcome Jessica Roque as UW's first female basketball coach

Julie Daugavietis  
Reporter

The Warrior women's basketball team is facing down a new season with its first ever female coach.

Jessica Roque, who previously served as an assistant coach for the Ryerson Rams, is excited to be joining UW's coaching staff as the women's basketball head coach.

"I'm really grateful for the Warrior community because the welcome has been a very warm one," Roque said. "From what I gather so far, we have a super eager group."

Before being hired as the first woman basketball coach for UW, Roque made history by being the first woman to join the coaching staff of the NBA, serving as a guest coach for the Sacramento Kings during the summer league.

Being the first woman to make these steps is an honour, says Roque.

"It's an honour to be the first, but I can't wait for the day that the first female in anything becomes normalized."

The importance of these steps is no small thing. In 2018, out of the 2,600 coaches employed by the NBA, NFL, NHL, MLS, and MLB, fewer than 1 per cent were women.

"I think with the way women's sport is growing, you're starting to see an emergence of more females, not just in the sport

on the female side but even on the men's side; there's definitely a bunch of capable female coaches out there, and female coaches in the making who are probably still playing," Roque said.

Roque says her job requires hard work regardless of gender, but that she experiences pressure to perform.

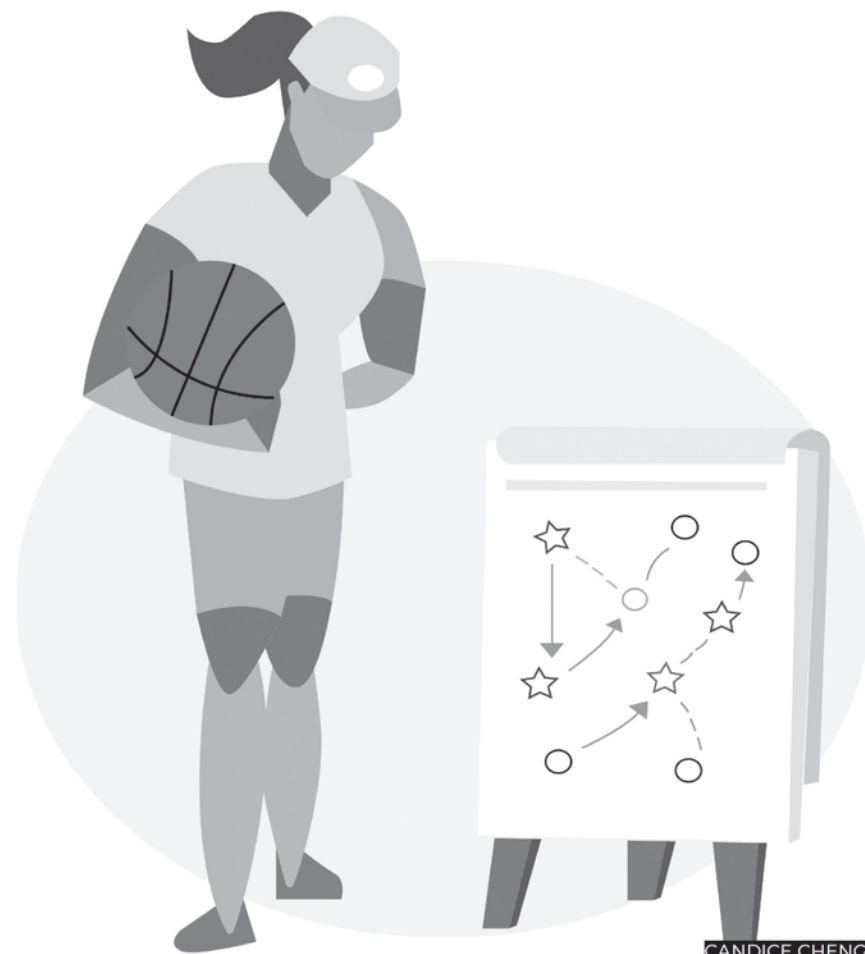
"I don't know that I had to work harder [than men] but I definitely feel that I've had to work hard. I think there's maybe more pressure in an environment to perform, but I've been privileged and fortunate enough where I have been given the opportunity to showcase my abilities as a coach."

In the uncertainty amid COVID-19, Roque says that she is settling into UW's athletic department and ready to build a fantastic team.

"The beautiful thing about sport is that we train for unpredictability, we have to adapt and adjust," Roque described. "[UW] staff and the athletes have been super welcoming."

"My goal for the team is to just start building a high-performing culture. As a coaching staff, we're definitely wanting to set the bar pretty high. I have a feeling that these girls are willing to accept that challenge."

To make a lot of firsts as a woman coach in basketball, Roque says, "It's an honour, but I hope I'm not the last, and there's a wave of aspiring female coaches to come."



## UW Athletics offers E-sports

Bart Streppel  
Reporter

The Waterloo Warriors have long dominated the playing field at UW, showing off their skills and passion in football, soccer, badminton, and other sports. However, this year's COVID-19 outbreak has put a stop to all in-person meetings and activities, halting all of Waterloo's athletic programs.

Although many students and staff members are upset and disappointed by the abrupt restrictions forced on by the pandemic, it was not enough to dampen our spirits. For the spring semester, the community of the Waterloo Warriors have adapted to the pandemic and proposed a new way to play: esports. During the spring semester, the Waterloo Warriors hosted official esports leagues for FIFA, Madden, NFL, and NBA that were open for student registration. Games would be played on console – either the Playstation 4 or the Xbox One – and would run over the course of a month to accommodate as many

students as possible.

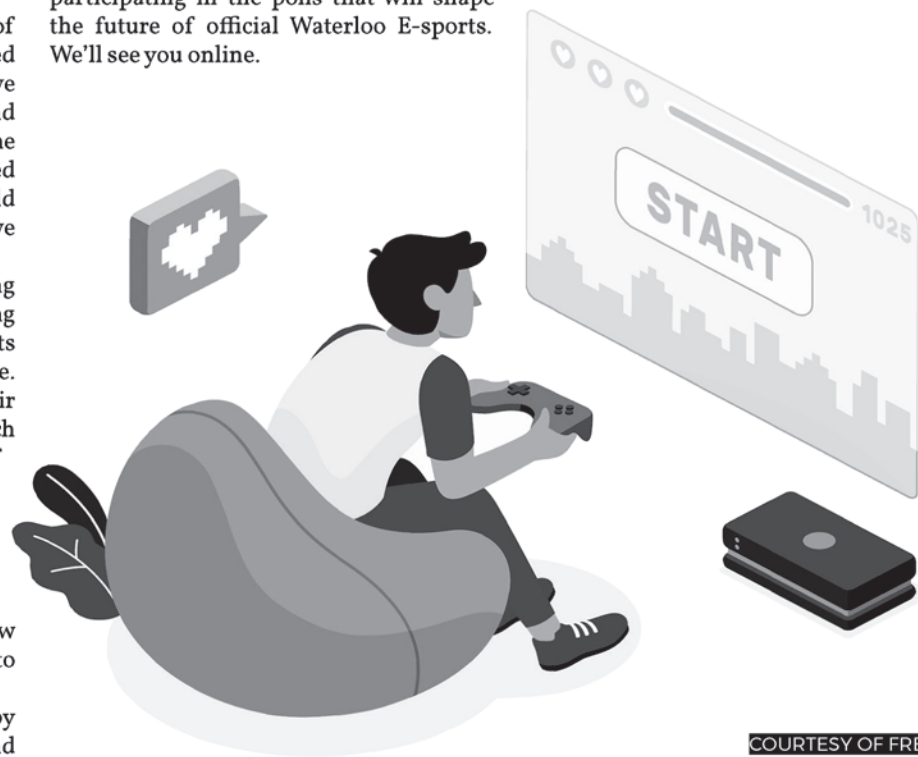
FIFA in particular garnered a lot of attention, having almost sixty registered players. The exciting and competitive playing that many Warriors craved found a new home online. To further spark up the community, big games would be streamed on Twitch where fans of either player could watch the games live and comment in a live text based all-chat.

Now that the fall semester is rolling around, the Waterloo Warriors are asking for your feedback in regards to our esports league and if you want to see it continue. The Warriors are looking to expand their game line-up by adding fan-favorites such as Hearthstone, Overwatch, League of Legends, and Rocket League.

The pandemic may have shut down the gyms and the fields, but it will not bring down the Waterloo spirit. Whether you want to play casual games, or if you are looking to get your game on, the new esports leagues could be the best place to make new friends and rivals online.

Show the Warriors your support by reaching out on Facebook or by email and

participating in the polls that will shape the future of official Waterloo E-sports. We'll see you online.



# From the Vault: Flame Meat Shop



Cyrus Fiori  
Reporter

Hey food fans,  
This week I recount one of my gastronomic adventures, from December 2019.

I have one food fan who continually razzes me for my taste in restaurants. This person would swing by my office every day just to critique the critic. Ah, how I miss those days when I had an office that overlooked the plaza and a sea of restaurants waiting to be judged. However, I do not miss this sneaky snacker's roasts. With surgical precision, they would dismantle my greatest culinary jousts, proposing that my taste buds were well off the mark. In the face of such ridicule, what could one do but fight fire with fire?

"You know nothing, silly reviewer!" they cackled. "You can't tickle anyone's fancy with your

articles!"

"Tickle yourself then," I retorted. "I'm too busy anyways."

It seemed like a good comeback at the time.

Eventually, my palate's desire for excellence beat out my pen's pride. And so, I found myself enveloped in a quest for heat and hyper-nourishment, which ended at the Indian takeout restaurant 'Flame Meat Shop,' on Glen Forrest Boulevard in Waterloo.

We quested by foot to the establishment. About 80 metres from their front door, I was struck by an odd spiritual presence. This spirit had frosted tips and promised to take me down to flavour town. I speak, of course, of Guy Fieri, whose jean-shorts-with-the-chain, bow-before-me-'cause-I-got-a-goatee vibes were projected into my retinas via the vintage 90's stock-image flames present on the shop sign.

Entering the shop, I was greeted

with the comforting feel of warmth and humidity, although bespectacled comrades beware, in the winter this climate will make your glasses non-functional for a few minutes.

Flame Meat Shop exclusively serves takeout with cash and debit as the only accepted means of payment. Additionally, their website, while featuring a menu, does not feature any prices, leaving those customers-tactical of mind and cautious of wallet-in unfamiliar territory. The hardcopy menu at the establishment did feature prices, but those were somewhat misleading – one of our items actually cost a different amount than what was reported. It was only approximately \$1.00 more, but a restaurant's menu must be accurate.

Under the direction of my supposed sensei, my colleagues and I ordered the Achari Chicken (\$12.58), Chicken 65, Dal Makhani, Butter Chicken, and the Mutton Biryani – complete with basmati rice and naan as required. While I was unable to catch the prices of the other dishes, they were somewhat similar to the Achari Chicken. Each dish was doled out in a quantity large enough to support at least one additional meal.

In the motherly tradition of over-feeding, this establishment crammed as much food as they could into each takeout container, displaying significantly more respect for the Pauli Exclusion Principle than the average human stomach capacity. In particular, the Mutton Biryani was so packed, that upon opening its clamshell container we were saluted by a massive dome of biryani standing ardently in our faces.

Each of these dishes featured its own delicious spice blend. The Achari Chicken featured a tangy taste – fitting as Achar means pickle in Hindi – combined with mild heat. The Chicken 65 initially introduced itself with a North-American Chinese food feel,



The staunch biryani dome served at the Flame Meat Shop.

which was quickly quashed by the South-Indian signature use of curry leaves. The Dal Makhani was wonderfully creamy with a full lentil flavor. Its superpower was the ability to quench any heat. The Butter Chicken was understandably quite buttery and the Mutton Biryani, in its obscene amount, fitted well into the classic biryani vein. However, the mutton gave it a more gamey appeal.

Texturally, each dish was mechanically mixed to a satisfactory degree, with great consistency and homogeneity. The naan was wonderfully thick, buttery, and luxurious – the perfect vessel to scoop that Achari Chicken down the hatch. The Basmati rice was cooked excellently, perfectly supple and with an ideal moisture content to avoid it becoming too mushy or too dry.

The chicken in each dish was

seasoned to perfection, to the point where it could have stood alone. Its texture was wonderfully tender and juicy, avoiding the somewhat common pitfall of the "too-dry chicken." You would not want to put Aveeno on that, that's for sure.

Overall, despite the fickle nature of the establishment, the taste and texture of their dishes were succinctly supreme and the amount of food was phenomenal for the money. I must grudgingly admit that my food frenemy was on the mark and this establishment was comparable to some of my favourite Indian go-to's. Despite this miniscule victory, I doubt my frenemy will stop hassling me. Oh well. They may have won this battle of the 'buds, but the war is far from over.

Until next time,  
Stay hungry food fans.



Tangy Achari Chicken awaits judgement.

# Things have changed since you



—  
New wall signage



—  
UW Transit plaza

# left... here's what's new on campus

---

SLC expansion



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New freestanding signange



# Place & taste: (An early) Merry Christmas from the Philippines

Danica Halum  
Reporter

Christmas celebrations start in September in the Philippines. With a culture of festivity, many Filipinos observe this four-month celebration to maximize the fun and joy the holidays entail. With an added 534 to the previous 7107 islands, there is no shortage of beach activities in the archipelago, from sunbathing to scuba diving to island-hopping. While it may take some time and money to explore all 7641 islands, here are the top destinations in the Philippines.

## Manila

As the country's capital, the dense metropolis has everything to offer for all walks of life. Locally, Manila often refers to the overall National Capital Region, which consists of 17 municipalities, so one can never say they've seen all of Manila. The city itself has multiple faces: you can take a trip to Intramuros to experience Manila back in the Spanish colonial era or head to Makati for a more contemporary urban feel. As you explore the different municipalities, and most likely experience the local frustrations with traffic, you'll witness all sides of this

vibrant capital.

## Cebu

The queen city of the Philippines is located on an island, an hour flight from Manila. Known for its legendary lechon – a slow roasted pig – there is no stopping visitors from having an epic food trip here, except maybe dietary restrictions.

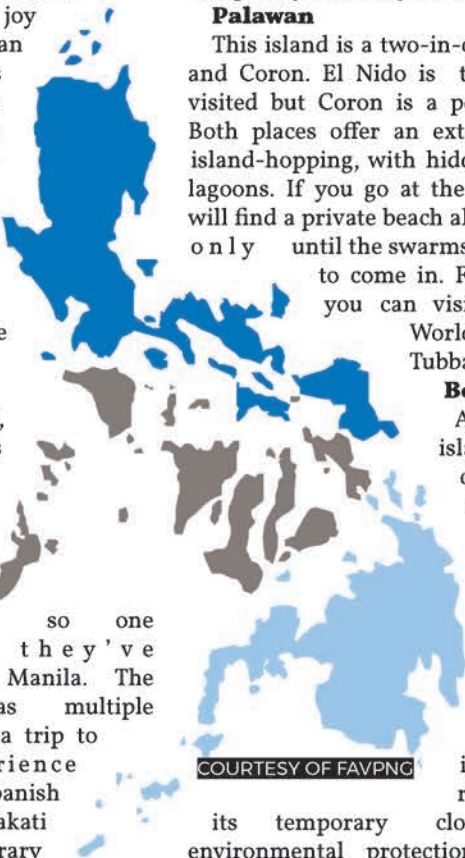
## Palawan

This island is a two-in-one with El Nido and Coron. El Nido is the more widely visited but Coron is a personal favorite. Both places offer an extensive range of island-hopping, with hidden beaches and lagoons. If you go at the right time, you will find a private beach all to yourself, but only until the swarms of tourists start to come in. For scuba-divers, you can visit the UNESCO World heritage site of Tubbataha reef.

## Boracay

Another notable island rivaling that of Palawan. With its sprawling white sand beaches lapped by cool turquoise waters, it is evident why this destination is world-renowned. After its temporary closure for environmental protection, the area is gradually opening up again to visitors so you can finally experience one of the world's top beaches.

No trip is complete without experiencing



COURTESY OF FAVPNG



DANICA HALUM

Scuba diving at Tubbataha Reef.

the local cuisine. One cannot simply describe destinations without at least mentioning food. Get to know the Filipino culture through your taste buds, from slow-cooked adobo, a stewed meat dish with soy sauce and vinegar, to halo-halo, a shaved ice dessert with all sorts of toppings. Forget the balut, a steamed incubated egg, which everyone vilifies and somehow epitomizes as the Filipino staple but if you really wanted to, try it. While the list of foods to try here is endless, the selected musts are pancit and turon.

In essence, pancit consists of stir-fried noodles with meat and vegetables. While this sounds very similar to what other cuisines have to offer, there are so many variations of this dish, depending on the type of noodles used, from bihon to canton to bato, and also where in the Philippines you eat it. One thing is for sure, its taste is distinctly Filipino.

Turon is golden goodness. Halved bananas are rolled into a lumpia wrapper with some ripe pieces of jackfruit. These rolls are then deep fried and as they sit there, brown sugar is added to caramelize and cover them. Upon taking them out and leaving them to cool a bit, what you get is a sweet crunchy shell of the hardened brown sugar caramel and lumpia wrapper that gives way to the soft goodness of the sweet bananas and jackfruit inside. Served as dessert, or for merienda, which is the time for snacking typically in the late afternoon, grab this before someone else does.

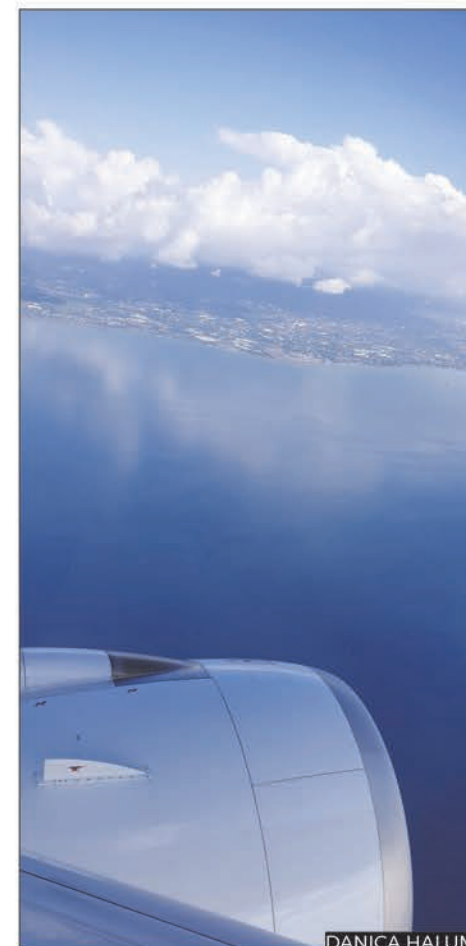
As with any destination, there is always something to enjoy in this country. Whether

it is the places you visit or the tastes you experience, it's more fun in the Philippines. Mabuhay and Merry Christmas!



DANICA HALUM

Phillipine coastline.

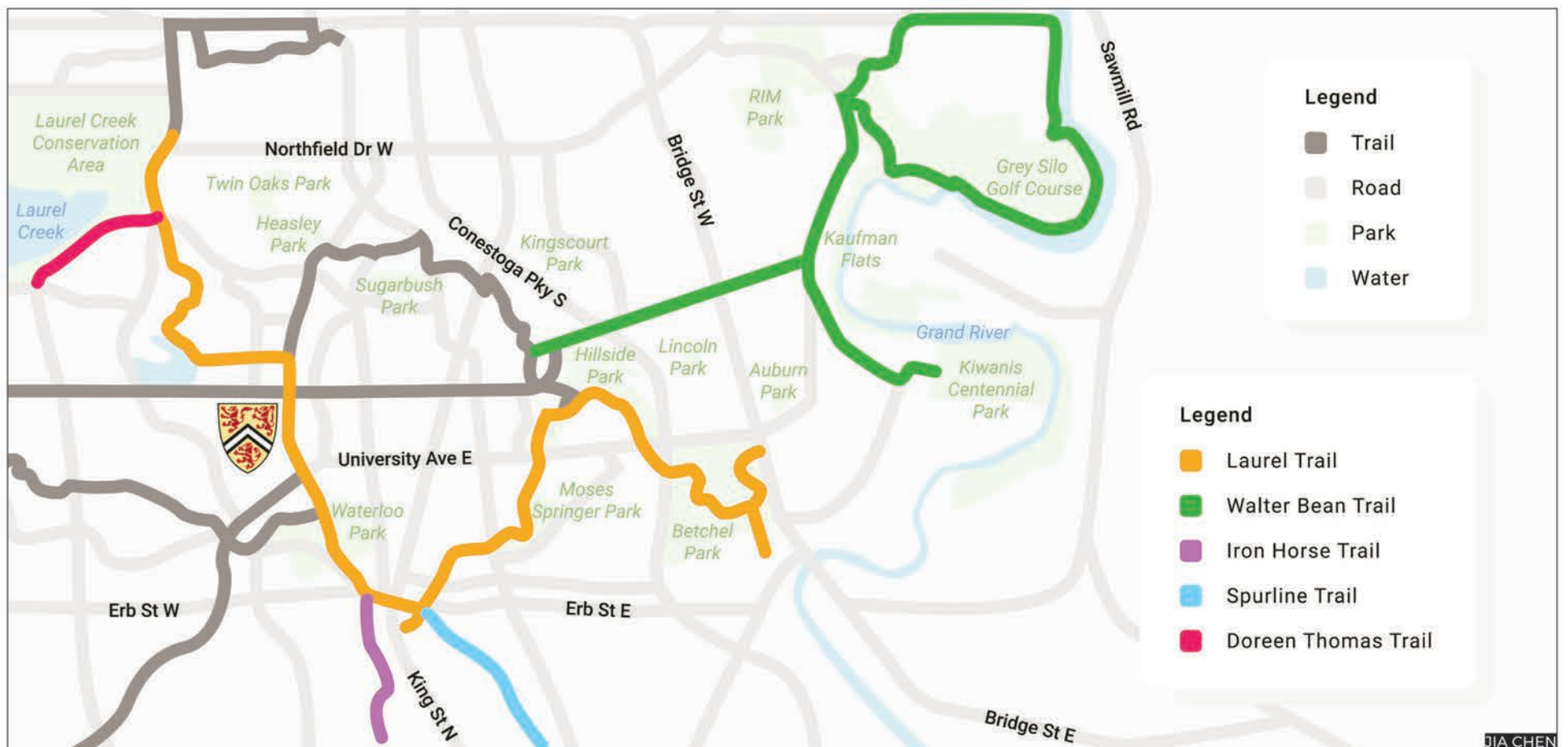


DANICA HALUM

Cebu from above.



# Best biking trails in the Waterloo region according to the bike centre



Hanna Scott  
Reporter

## Laurel Trail

This Trail runs from Uptown Waterloo to Bearinger Rd. It connects to the Iron Horse Trail and towards the north, it connects to Bearinger Rd, which has a wide bike lane.

It has more than 8 km of smooth pavement and crosses a number of major roads. This route runs from the R&T park through Uptown, and extends northeast to University Ave.

Notable stops along this Trail include several ION public transportation network stations, UW campus, Waterloo Park, and Uptown Waterloo.

Most of the path is well-paved with smooth asphalt. Small gravel sections can be found near the LRT station, near Seagram Rd., and alongside Bearinger Rd.

## Walter Bean Grand River Trail

The Trail runs alongside the Grand River, for the most part, with several points to join the route. The most popular point to join is at RIM Park, north east of the city.

It has large gravel sections and unmaintained asphalt sections, through the park as well as along the river banks.

There are lots of gravel features, along

the Trail, as well as fallen branches and twigs that make faster navigation around them exciting. There are a few single-track options, along the the pathway as well.

## Iron Horse Trail

This is a shared-use Trail that stretches from Erb St. W near Uptown Waterloo all the way into Ottawa St. S in Kitchener. It is well paved, marked, and its road crossings are ramped, to aid accessibility.

It passes Victoria Park in Kitchener and is relatively busy with joggers and other cyclists. The route enables maintenance of a stable speed, with few interruptions.

## Spurline Trail

This is a relatively shorter Trail, running from Uptown Waterloo to Victoria St. N. It is well-paved and is less frequently used by pedestrians than Iron Horse and Laurel Trails.

It is well maintained year-round, with easy connection to Downtown Kitchener.

## Doreen Thomas Trail

This is a short gravel Trail, with a few rest-stops along its path. It is good for fun gravel riding, but the tracks are often quite muddy.

Biking is lots of fun on this pathway. It is not maintained throughout winter and can be extremely slippery when snow or ice is present, so be careful and ride safe.

Enjoy your ride

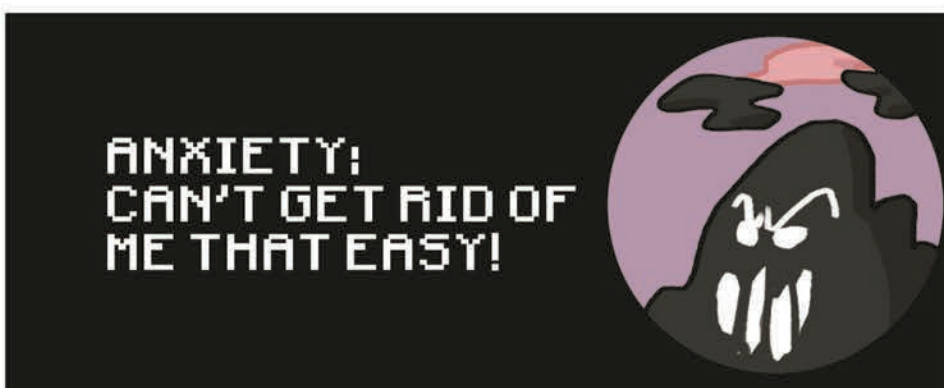
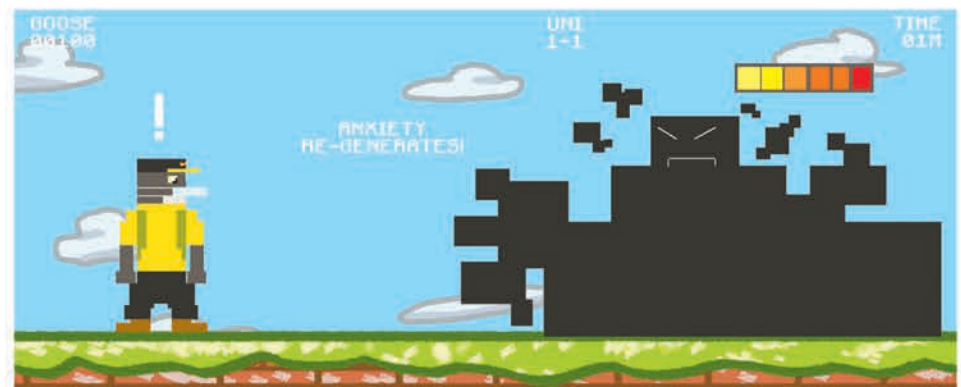
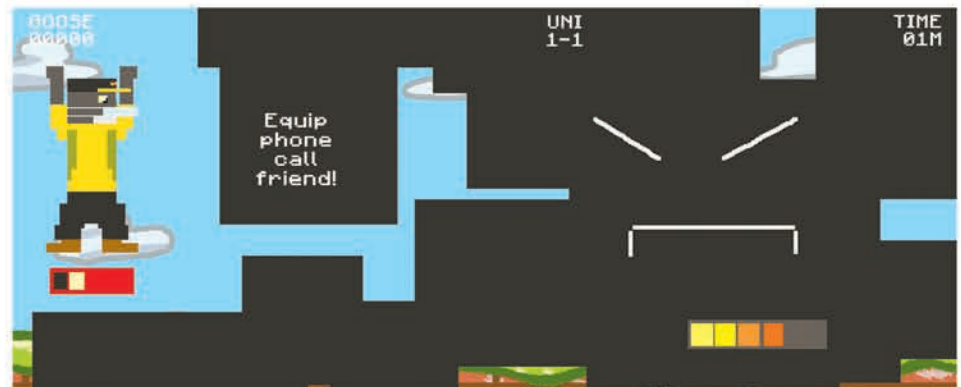
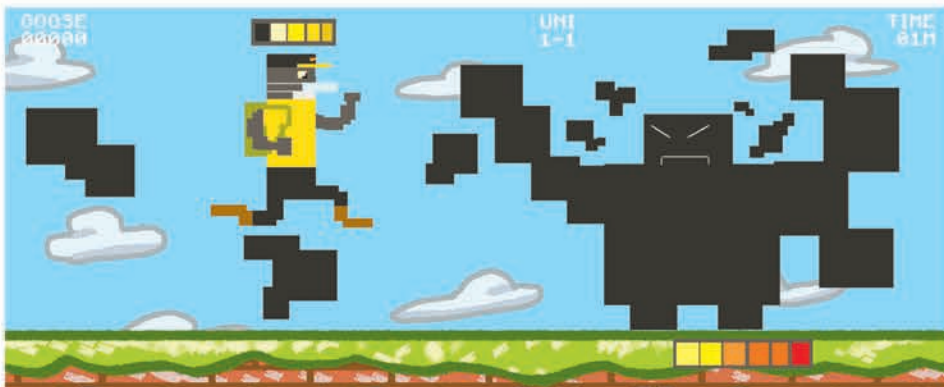
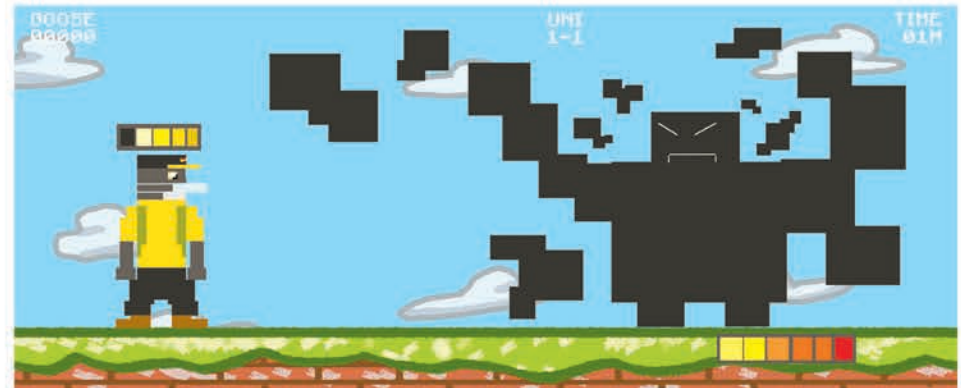
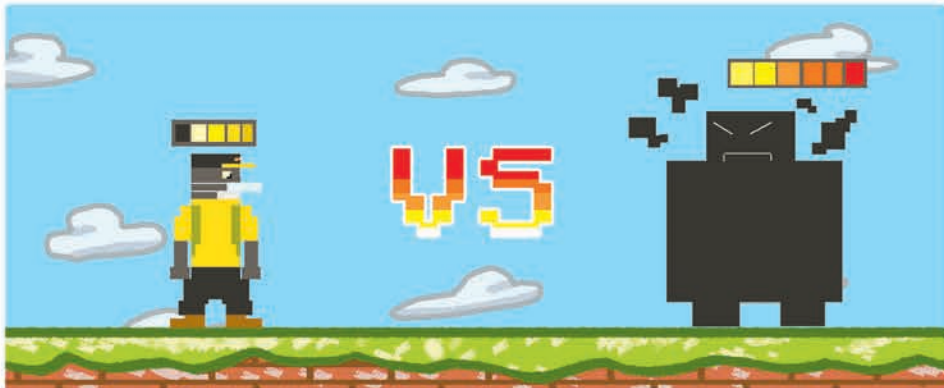
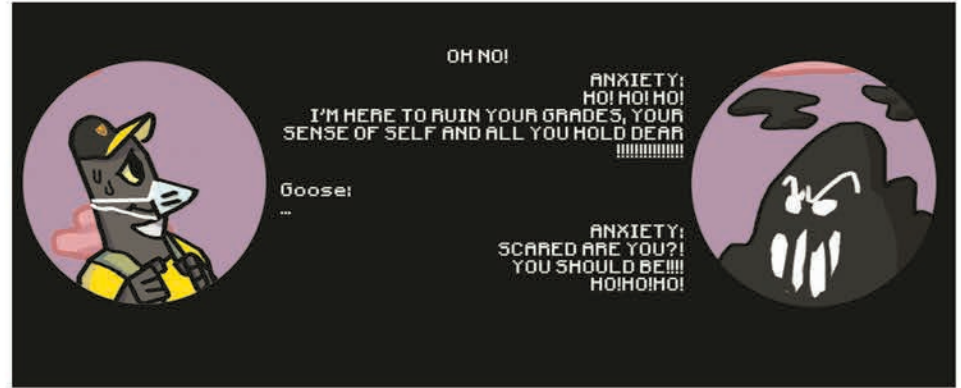


CANDICE CHENG

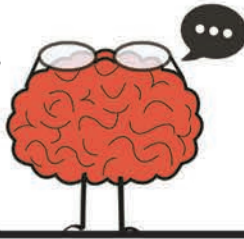
# ORIENTATION

## ISSUE INSIDE

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# opinions



HAVE YOUR SAY  
Submit your letter to the editor or your  
community editorial to [opinion@uwimprint.ca](mailto:opinion@uwimprint.ca).  
Find more opinions at [uwimprint.ca](http://uwimprint.ca)

## The joys and struggles of interracial relationships

When we find someone we adore, sometimes our brains don't immediately think about certain things – race, religion, and culture.

Interracial relationships are more accepted than they were decades ago, even though they have always existed.

There are more people willing to accept interracial relationships today compared to decades ago.

In the Western world, countries have reputations for being open-minded and inclusive, but barriers for interracial people still exist.

Removing the taboo from interracial relationships is still a battle.

Two interracial couples I spoke to shared that even though they love their relationship, there are definitely challenges that come with being in an interracial relationship.

The relationship can be exhausting but reminding each other of their mutual love helps alleviate the stress.

The two couples shared that they enjoy speaking to interracial couples more than non-interracial couples, because they all felt it's difficult to understand their strug-

gles unless one is experiencing it first-hand.

An anonymous (South Asian - Hindu) woman who is in her 20s and her significant other (Indigenous/Jamaican - Christian) have been in a relationship for two years.

"Even, when meeting others, rarely do people ever assume that we are together. This can be upsetting. It is sometimes the overly shocked reactions that we deal from others," she said.

"One of the comments we always hate hearing is about "how pretty your girlfriend is for a brown girl."

Some of their biggest worries are about whether their families will accept their relationship, how they will raise children together in a future with different religious and cultural beliefs, and difficult discussions regarding racism.

Interracial couples are seen as rebellious in some Asian cultures.

A myth worth fighting is interracial couples are assumed to only exist for fetishness.

Despite these ideas, there are so many beautiful things in interracial relationships that are overlooked.

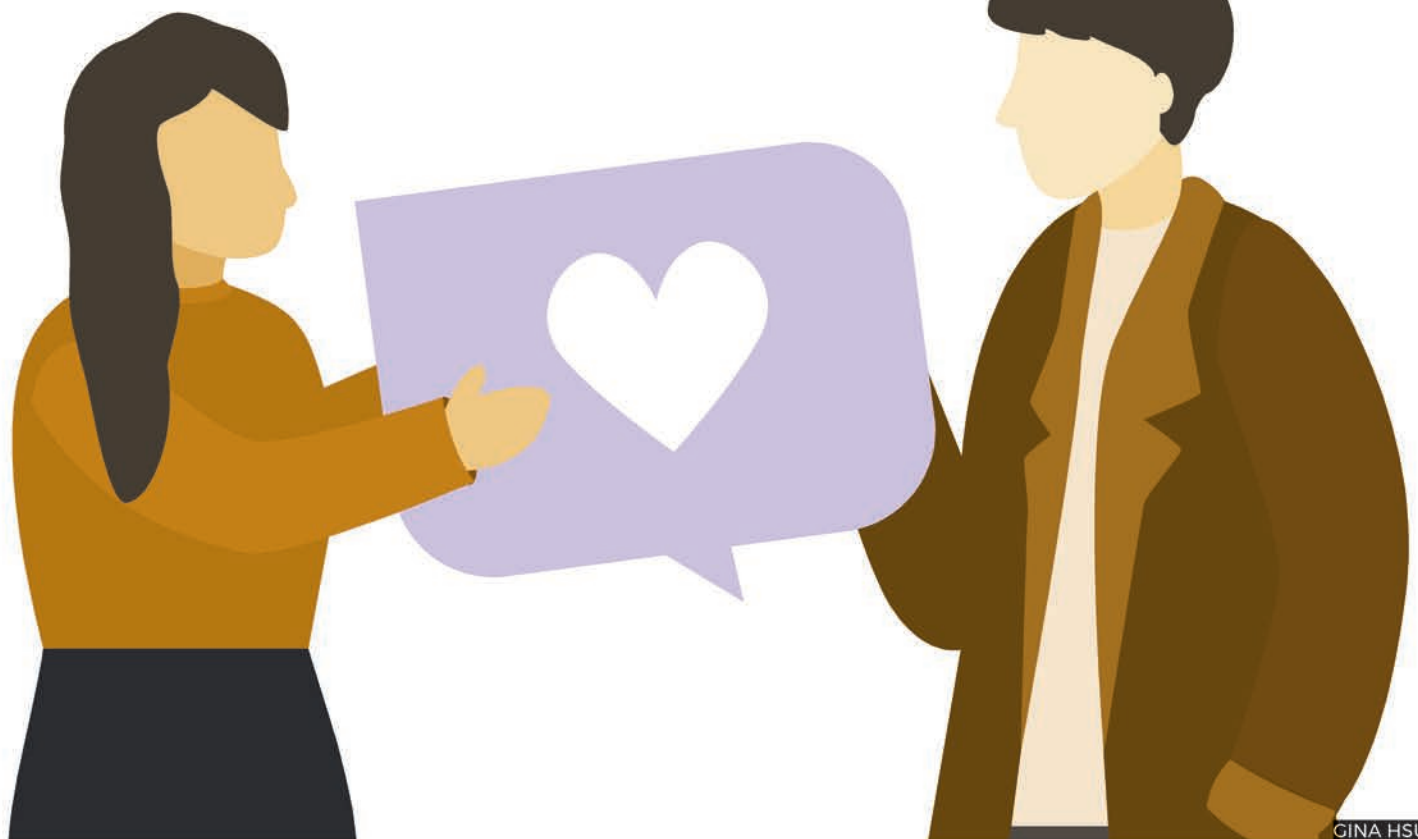
They get to learn a lot of new things especially about another culture, their children

are more likely to be open-minded, and they are able to see the world from a different perspective.

An anonymous (Korean - Muslim) male who is in his early 30s with his significant other (Latino - Catholic) remarked that "It isn't what my parents ever expected but we have been in a happy marriage for ten years."

Race isn't everything – we're still humans at the end of the day, and we have so many things in common with each other. Interracial relationships are in consistent need of advocacy. At the end of the day, I think it is all about educating each other. Education is always key to a progressive society.

Marfath Kamoordeen



GINA HSU

imprint

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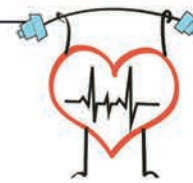
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TBA  
*Imprint* Office, SLC 0137

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# sports & health



WRITE FOR SPORTS  
Want to go to UW games for *Imprint*?  
You'll be able to talk to players, coaches, and fans!  
For more info, email [sports@uwimprint.ca](mailto:sports@uwimprint.ca).

## Wearing your heart on your sleeve

Melissa Gatti  
Reporter

It is often said that what we wear tells a story. With 'Changing the Flow' and 'The Community Company's' new 'Period Project', we can all help tell an important one.

Changing the Flow, a local social enterprise striving towards menstrual equity through education, awareness and implementation, is partnering with 'The Community Company' — a local organization that provides the community with a platform to create products and inspire — to create 'Period Shirts'.

The proceeds from showcasing 'Period Shirts' — with an embroidered image of a used period product on the chest — will benefit Changing the Flow's #Period-PreparedWR project for providing menstrual products to students in the Waterloo Region.

"We want people to know that periods are normal, so we are putting used period products right on the shirt," Justin Chan, founder of The Community Company, said.

From period product images, hand-drawn by London artist Amsa Yaro, to hand-embroidered logos from a Waterloo company, and hand-stitched labels by a local Guelph seamstress, the Period Shirts benefit the community

from the first to last stitch.

"We went for a shirt that is super soft and has a great colour," Chan said.

"From beginning to end, this is going to be your favourite shirt," she added.

In addition to raising much needed funds for menstrual products in our own community, the Period Project is doing what is perhaps most important in the endeavor towards menstrual equity: starting a conversation.

The t-shirts, available in three different designs which include: either a used period cup, or menstrual pad, or tampon image, can act as an ice breaker in the too-often stigma-filled menstrual conversation.

"These designs are really normalizing periods. As much as we must be getting period products out now, we also need to be destigmatizing it," Kate Elliot, co-founder and Director of Operations at Changing the Flow, said.

"Saying that 'periods are normal' shouldn't be something that we need to say, but the truth is that we do, and to have someone wearing it on a t-shirt like that can start a conversation."

To continue this conversation and follow along with Changing the Flow's journey towards menstrual equity, you can share your own first period stories on The Community Company website,



COURTESY THE COMMUNITY COMPANY

Changing the flow and The Community Company's new Period Project.

or DM, and follow Changing the Flow on Instagram at @changingtheflow.

"Talk about your period and share your stories. It's a critical part of normalizing periods," Elliot said.

Make sure to head over to The Community Company website to find out more about the Peri-

od Project, including to purchase your own shirt, donate a period pack including 5 tampons, 5 pads and instructions on how to use them, and see pictures of the Period Shirts.

"Being a leader isn't just about stepping up to the things that affect you. Being a leader in the community is about stepping up and

supporting community issues," Chan said.

For more information about The Community Company's work, follow them on Instagram @communityboxes and on Facebook at The Community Company.

If it's true that what we wear can tell a story, these shirts may just make us listen.

## WRITE FOR SPORTS AND HEALTH

email [sports@uwimprint.ca](mailto:sports@uwimprint.ca)



VECTORS COURTESY OF FREEPIK



## UW BASE's message for Black and non-Black communities

Melissa Gatti  
Reporter

As the initial ramifications of the Black Lives Matter protests began taking effect in Canada, one Black UW activist had a message for both Black and non-Black communities. Imprint interviewed Nyah Ainoo, the president of UW-BASE (University of Waterloo Black Association for Student Expression) to discuss what's important to the cause right now.

"Next time, please do not wait until it gets this bad to say something. It can potentially look like you're just standing up because everybody else is. So, my biggest tip would be, please care when this is all over, when the protests are over, when the postings stop, I hope that you still care," Ainoo said.

To the community, Ainoo's message reinforces strong, positive vibes that we can only hope resonates with other members of our community too.

"I would say to my community to keep your head up. This time is not like other times. I know that they think that after all the ammunition that the fire is going to die down, but it's not until you see real change," Ainoo said.

Expressing her disappointment with UW's response to the movement, Ainoo made a strong point to put across.

"I know that you guys are devastated by the fact that we pay so much money to go to this insti-

tution, hold it up, keep its lights on and when it's time to keep our lights on and hold us up, they don't want to do it. Not unless we comment 500 times, get a petition signed 5000 times—nothing gets done."

She also mentioned her regret on how UWBASE was the only way

tions about how students who are not black could help, Ainoo recommended beginning by checking up on one's black friends.

"I know that some of us are not personally going through the stuff that's going on right now. But it hurts to know that the skin that you are so very proud of is seen as

to speak up about racism and use their platforms to spread awareness.

"There should be no reason for people to claim ignorance right now, but some people are. Take that right away from them. Speak up for us, stand up for us."

Ainoo is also appreciative of

sity, an institution that I pay the same amount to go to as everybody else, [yet they] ask the professor if they can be put in another group because they don't think that I'm going to hold my weight. They assume that I'm dumb because I'm Black," Ainoo said.

"I have had a professor, shocked to see me retrieve my paper because of what the mark was, shocked to see that I could achieve that excellence," Ainoo said.

She mentions how these things happen every day, and she has "almost kind of gotten used to it."

"Even in simpler terms, I have been followed on campus, by campus police because of what my car was, and because I was Black and because I was driving it," Ainoo said.

According to Ainoo, racism has become subtle in the last few years, because of what everyone is taught from birth.

"It blows people's minds to see Black people on the same level as others, and it is so sad," she said.

Ainoo's professional life has also seen the sinister face of racism rear its head towards it.

"My last name speaks Blackness in every room it walks into. So, when that is seen on a resume, I think at times it can cause whoever is reviewing it to be blinded. All of a sudden, there are no skills on my paper; there are no references on my paper; there are no qualifications because I'm Black," Ainoo said.

"I have been the most qualified for jobs, fit everything on the description and have lost it to a white person, who is undergoing training to build up the skills set I already have built up. I have had modelling agencies tell me that they didn't submit me for a description that just said '18 year old and above, female' because I didn't fit the look. Now, what is that supposed to mean? I'm Black."

Signing off on her interview, she brings her feelings into the limelight, "The Black woman is probably the most mistreated human being on the planet."

*“My biggest tip would be, please care when this is all over, when the protests are over, when the postings stop, I hope that you still care.”*

AINOO, PRESIDENT OF UW-BASE

Black people could speak up and let their voices be heard on campus, all with limited funding.

"That is how it's always been for us, and we just need to keep fighting until real change is made, and we will; I will and BASE will," she said.

Moving on to answering ques-

a threat by other people and is used to put you down," she said.

Ainoo also said people could donate if they can; if they have the time, they can sign petitions. "Spread awareness, share information, share petitions," Ainoo said.

Ainoo said she urges everyone

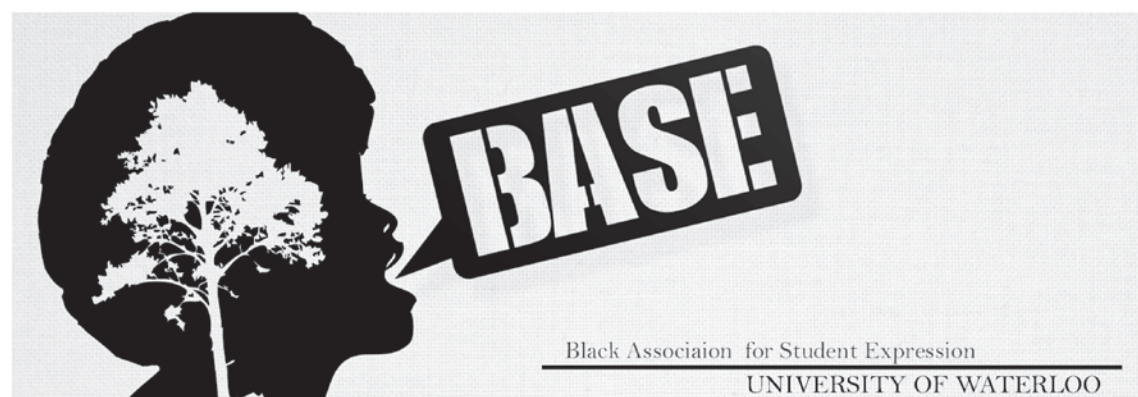
everyone who has been taking out their time to use their platform to spread awareness.

When asked if she has ever been denied any opportunities based on the colour of her skin, Ainoo spoke about the discrimination she has faced as a Black woman.

"As a Black girl, certain stereotypes and predispositions follow me, from everywhere I go, from middle school to university — that has never changed. Being called names, jokes about how dark my skin is, jokes about how puffy my hair is, or how big my nose is, have followed me. The worst thing I've ever experienced is people assuming that I'm uneducated because I'm black," Ainoo said.

She also mentioned how she has faced racism by peers and professors on campus.

"[I get] put in groups at univer-



# How to be the life of a Zoom party

Vishal Lilman  
Reporter

Where are my spring babies at? In this time of self-isolation all clubs, venues, and restaurants (dining-in) are closed. In-person social gatherings are all but impossible.

No stress.

This is 2020 – we have technology.

Locked in doesn't mean we can't turn up. And a Zoom party is the prime "social" gathering for both extroverts who need to talk to people, and introverts who just want to stay home: everybody wins.

Here are some tips on how to enjoy yourself and make the most out of any online Zoom party.

**Tip #1 Get the app:** Obviously, in order to even throw a Zoom party, you and your friends need to download and install the Zoom app – don't worry, it's free. You'll also need to make sure Everyone knows how to use the app and has access to strong WiFi.

Pro-tip: four to five people max is optimal so everyone will have equal space on the screen, and can ultimately feel included.

**Tip #2 Background Check:** I am sure we have all seen the memes and TikToks of

people using different backgrounds, filters, and emojis on Zoom. There are plenty of options – everything from spaghetti and fried chicken, to Baby Yoda and blank meme templates. You can even playback previously recorded video and use it as a background – for example, you can film yourself walking in through a door, then play it back during the party so it looks as if you walked in on yourself. Everyone will be talking about it guaranteed.

**Tip #3 Get Controversial:** Just like the previous tip, do things during the party that will drop jaws and blow minds. You can fill up an empty vodka bottle with water and randomly chug it throughout the night, wear a fancy top with pyjama pants, or even flex your new quarantine haircut – the possibilities are endless. The best part is they are your friends and you won't be badly judged, though I can make no promises with regards to roasts.

**Tip #4 Be Mindful:** At the same time, be considerate towards your other friends. Don't do anything unexplainably dumb or offensive. Based on the relative strengths of WiFi connections there may be a lag when communicating, so make sure everyone has an opportunity to be included and voice their thoughts on the conversation or roast



session.

**Tip #5 Have Fun:** This isn't a group study session – it's a PAR-TAY. Some cool and fun games that you can all play via video call are Heads Up!, Never Have I Ever, charades, or karaoke. If you all want to dance and go crazy,

do it. The beauty is in that you are in the comfort of your own home, and within your own limits. You can dress up as fancy as you want, eat whatever you like, have a show or movie running in the background... it's all up to you.

## A one-on-one with Kyne Santos

An exclusive Imprint interview with our fellow Waterloo Warrior and Tiktok superstar Kyle Santos.

Vishal Lilman  
Reporter

Fellow Waterloo Warrior Kyne Santos has been making waves recently. Not only is she a verified TikTok superstar with 721.2K followers and over 12 million likes, but also a competitor on the hit CraveTV show Canada's Drag Race, the reality-competition series inspired by Rupaul's Drag Race where aspiring queens of drag go head-to-head in weekly challenges to be crowned 'Canada's Drag Superstar.'

We got to sit down and have a conversation with the queen herself—while respecting social distancing, of course—to get the scoop on her Drag Race run as well as her life as a UWaterloo student.

**How was your experience on Canada's Drag Race?**

Canada's Drag Race was lots of fun! Obviously, it didn't go as I planned; I planned to go all the way. But I made lots of friends there, and just being on that show was a life experience, so it was something I got to cross off my bucket list.

**How did taping work? Was the entire season taped before the pandemic, or are they still competing as we speak?**

Oh no, everything was taped beforehand. There is no way it could be done now!

**So what you're saying is that a winner has been crowned already?**

I don't know! \*giggles\* It's all shrouded in a cloud of glitter and mystery.

**We have something in common, which is that we're both UW undergrads, what program are you in?**

I am a 4B student majoring in Math Finance, the regular stream though. I started out in the co-op stream, but then I realized I didn't feel prepared to start working. That gave me more time to pursue my own hobbies, which is obviously drag. I am glad!

**What are some of your favourite courses that you've taken?**

I really enjoyed Real Analysis [PMATH 351], Measure and Integration [PMATH 451], and Intro to Optimization [CO25] with Levent Tuncel, which is a course that I didn't think I would love. It challenges you to think mathematically in a way that you weren't used to—also Linear Algebra [MATH 136] with Dan Wolczuk. Everyone talks about him being a great prof, and everything you hear about him is true. He's lots of fun!

Outside of the math faculty, I took Intro to Legal Studies [LS101], and that was interesting and eye-opening for sure! I've taken

a lot of economic courses, ECON212, which is Game Theory, is really interesting!

**Were you involved in any clubs or societies?**

Not too much. In my first few years, I was in FSA, the Filipino Student Association. And then I was in the UW Drag Club for quite some time. I was more involved in my first couple of years, but lately, I haven't been too involved in extracurriculars. I just got to school to go to class.

**If you were to be back on campus in Fall, where would Drag Race and Kyne fans find you?**

I would either be in MC at the C+D or the DC library. Those are my favourite spots to study for sure! Or an underrated spot to study is in M3, they have study rooms there and it's super quiet. It's such a nice building; there's not a lot of people, it's a hidden gem!

**I think I already know the answer to this, but just to confirm, what spot on campus has the best coffee?**

I actually don't know! I don't drink hot coffee, I'm a water drinker. But I can get into a Tim Horton's iced coffee or an iced-capp.

**What is your go-to study snack on campus?**

\$2 ramen noodles at MC's C+D! I try not to eat too much when I'm at school because

I am trying to save that coin so I can pay for all of these wigs. Still, if I want to treat myself, I will go to Tim Hortons and get a bacon B.E.L.T. on an everything bagel with an iced capp!

**How does it feel to be graduating soon?**

I have to return in the fall to take a couple more credits, but I am excited! I am excited to move onto another chapter in my life. I had lots of fun at university, and I have lots of good memories there. It's bittersweet!

**Reflecting on the past few years as a Waterloo undergrad, do you have any advice for current and incoming students?**

Make the most of it! This is a great time to make friends and connections. These are going to be some of the most interesting years of your life, so just make the most of it.

**We want to know, from Queen Kyne herself, what is the best bubble tea spot in Waterloo?**

Sweet Dreams Tea Shop! I love that place!

You can check out Kyne on YouTube, Twitter, Instagram, Facebook, and TikTok (where she posts glittery and easy to understand math tutorials) @onlinekyne.

Her journey on Canada's Drag Race may be over, but she still makes us at UWaterloo proud.

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### upcoming events

#### AUGUST 2020

For all of UpTown Waterloo Fall activities visit [www.uptownwaterloo.ca](http://www.uptownwaterloo.ca).  
**Savour in Stratford** — Saturday morning Market from 7 a.m. to 12 p.m. at the Rotary Complex, and more, [www.visitstratford.com](http://www.visitstratford.com).

#### SEPTEMBER 2020

**Savour in Stratford** — Saturday morning Market from 7 a.m. to 12 p.m. at the Rotary Complex, and more, [www.visitstratford.com](http://www.visitstratford.com).

#### Tuesday, September 22

KW Chamber Music Society presents Penderecki Quartet performing "Beethoven's Razumovsky" at First United Church in Waterloo at 8 p.m. Also playing on September 23. Masks and social distancing will be in effect. No refreshments; washrooms will be open. Tickets can be purchased at [ticketscene.ca](http://ticketscene.ca).

### volunteering

Your student newspaper, **Imprint**, is looking for volunteers for Fall term. Email [editor@uwimprint.ca](mailto:editor@uwimprint.ca) for more information.

**Bereaved Families of Ontario** - Mid-western Region, The Family Centre, 65 Hanson Ave., Suite 1042, Kitchener. We currently have a number of exciting volunteer opportunities. For more info, [jaime@bfomidwest.org](mailto:jaime@bfomidwest.org) or 519-603-0196.

**Become a Meals On Wheels** volunteer! Call 519-772-8787 or [www.communitysupportconnections.org/volunteer/apply](http://www.communitysupportconnections.org/volunteer/apply).

### help needed

**NOT JUST TOURISTS** — We are a humanitarian organization that pack medical supplies and bring them to developing countries. We are in need of volunteers, donors and travelers. For more information, please visit [www.notjusttourists.com](http://www.notjusttourists.com).



# ONLINE FLIP-PAGE PAPER

# at uwimprint.ca

A PAGE ENTIRELY DEVOTED TO ART FOR THE SAKE OF ART



Sunrise at Royal Park on August 26th, 2019

“Went for a walk early in the morning to sit on a bench by a park until a sweet older Australian gentleman walked by, sat beside me and talked to me as the sun rose. Good morning.”