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PROGRAM FOR REFUGEES

Canada's BVOR program breaks down walls built around the world, giving refugees something to turn to. P2



THE HARMS OF AIRPODS

Unsustainable and pricey, AirPods pose a significant social economical problem to the community. P7

STUDENT MENTAL HEALTH P8

Counselling services at UW go beyond Needles halls.

STUDENT TEACHER RELATIONS P3

Read what both students and professors think about student-teacher relationships.

WARRIORS GOT TALENT P8

Jesse Gibson of UW football signs with the Steelers as a free agent.



A peek into professional art studios. P5

JULIANA MARIA ZUCCALA

news

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Refugee numbers at all time high



A group of displaced individuals travel on boat to find a new home.

Zach Fishman
Intern Reporter

Forced to flee from her home in Eritrea at only 17-years-old, Amleset is unable to return without risk of being forced

into military service which would put her at risk of sexual enslavement, torture, and other abuses.

Amleset, whose real name was withheld for safety reasons, is one of more than 68 million people displaced from their homes as of Jun. 19, 2018.

Of those displaced, 24.5 million are refugees, and more than half of these refugees are children.

The United Nations Refugee Agency (UNHCR), believes this is the highest level of refugees the world has ever experienced.

Mennonite Central Committee (MCC) is calling on both groups and individuals to apply for Canada's Blended Visa Office Referred (BVOR) program program.

Through BVOR, sponsors are matched with refugees who are deemed the most vulnerable by the UNHCR to support them for a minimum of one year.

The Canadian Government will cover a sponsor's cost for up to six months.

For the remaining six months of support, the Refugee Hub, the Shapiro Foundation, G. Barrie Landry, and the Jewish Foundation of Greater Toronto are launching the \$2.5 million 2019 BVOR fund.

"Around the world, walls are being built, but in Canada there is an opportunity to make a difference by choosing welcome through the BVOR program! We are deeply grateful to the Refugee Hub, the Shapiro Foundation, G. Barrie Landry, and the Jewish Foundation of Greater Toronto Fund for

their compassion and generosity toward refugees," Moses Moini, MCC Ontario's Refugee and Resettlement Coordinator, said.

Beyond that, sponsor groups are still responsible for startup costs such as clothing and furniture.

There are many options for where to get these, including in-kind donations from charities or foundations willing to support the program or through their own funding.

Applications for the 2019 BVOR fund are open until Aug. 31 or until the funds run out.

All refugees who take part in the BVOR program have already been screened by both the UNHCR and the Government of Canada.

They undergo thorough security, legal, and health checks so that they can feel welcome and supported immediately upon arrival, which can be expected to occur within 1 to 4 months of matching with a family in Canada.

More information about the BVOR program and how to apply visit canada.ca/en/immigration-refugees-citizenship/services/refugees/help-outside-canada/private-sponsorship-program/blended-visa-office-program.

UW Professor wins Killam Prize

Anoja Parameswaran
Copy editor

Keith Hipel believes in following your passion to achieve success.

"Persevere at achieving your heart's desire with the goal of benefiting others and success will naturally follow," Hipel, a systems design engineering professor, said.

Hipel won the 2019 Killam prize, which is awarded to Canadian scholars who have made a significant contribution in their field of study, along with \$10,000.

In winning this prize, Hipel has shown that he has a significant impact in "helping in the building of Canada's future by encouraging advanced study," as stated by the objective of the Killiam program by the Canada Council for the Arts.

Hipel's interdisciplinary research from a systems engineering perspective looks at conflict resolution due to social and political influences, multiple criteria decision analysis, enforcement of environmental regulations and monitoring, systems man-

agement and decision making under uncertainty, and environmetrics and time series analysis. These are applicable in water resources management, hydrology, environmental engineering, energy, and sustainable development.

"Professor Hipel is a world-class researcher and educator, and has been an impactful member of our community. The entire University celebrates with him today as he is recognized for his many accomplishments," Feridun Hamdullahpur, president of UW said.

In addition to five books and almost 600 academic papers and conference articles, Hipel has been a professor at UW for more than four decades, where he had also earned three degrees as a student. He is the fifth professor from UW to win the Killam Prize.

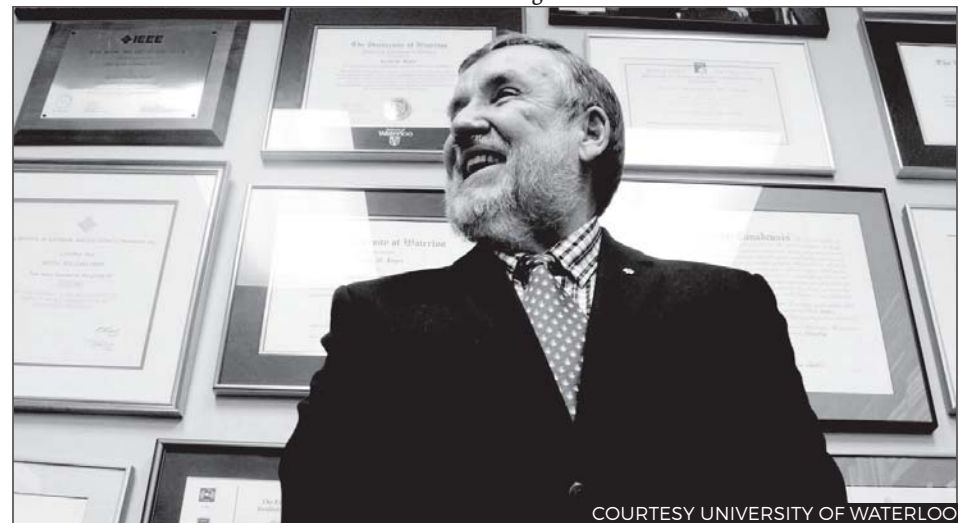
Pearl Sullivan, dean of Waterloo Engineering praises Hipel for his hard work. "He has been a tireless champion of using a systems approach to address complex problems related to the environment, and the industrial and services sectors," Sullivan said.

Hipel is also an Officer of the Order of

Canada, Past President of the Academy of Science (Royal Society of Canada), Senior Fellow of the Centre for International Governance Innovation, Fellow of the Balsillie School of International Affairs, and Coor-

dinator of the Conflict Analysis Group at Waterloo.

"It feels good," Hipel said. "To me, this is the top prize in engineering in Canada, and I share it with all of my students and colleagues."



COURTESY UNIVERSITY OF WATERLOO

Systems design engineering professor Keith Hipel, winner of the 2019 Killam Prize.

???

Campus Question

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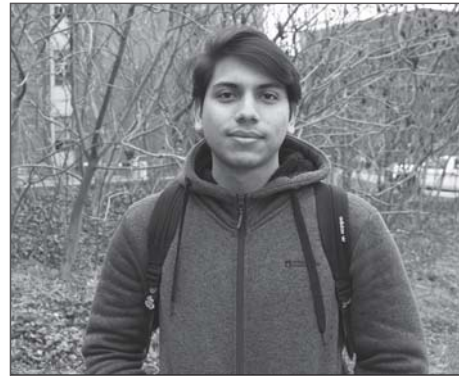
See what students think about current issues

This week: What do you think about students having a romantic relationship with professors?



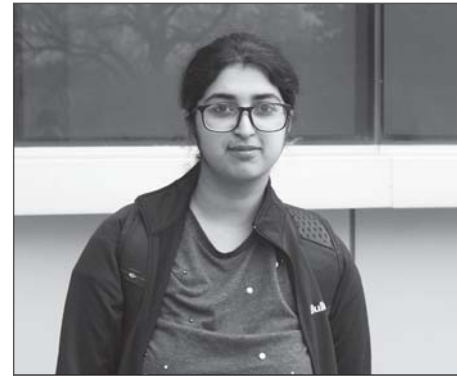
Nour Al-Hendi, 4A
Honours Arts

“I think it’s really inappropriate for students and professors to have a relationship, just because it can get really tricky. I also don’t think that it’s healthy. I mean, they could be helping them, or misleading them in the wrong direction, and it can be bad for both sides, in terms of the professors professional career and the students mental health or career as well.”



Jairo Yanez-Vasquez, 2B
Arts and Business

“I believe students and professors shouldn’t have a sexual relationship at all because it’s a very academic environment. It’s a very formal setting, and we handle delicate situations which should be treated very professionally and I think a sexual relationship might create a bias in this relationship. There should be a policy, like is any other business environment or company, against it.”



Nawal Hussain, 2A
Honours Math

“In certain situations it would be okay for a student and a professor to engage in a sexual relationship. What I mean by that is, for example, you are a random professor in the University and they are a random student, if both of you want to engage in a sexual relationship there should be rules you have to follow. First you declare to the university that there is a conflict so they make sure that you never take that professor’s class... I think it’s okay for two adults to be in a consensual relationship of any sort.”



Rakn Hassain, 4A
Honours Art

“I don’t know... I’ve personally never gone through one. I mean, they should have rules against it but that’s if they find out in the first place, and good luck finding out, you know?”



Dan Wolczuk, Lecturer Mathematics

“I think it’s really inappropriate for students and professors to have a relationship, just because it can get really tricky. I also don’t think that it’s healthy. I mean, they could be helping them, or misleading them in the wrong direction, and it can be bad for both sides, in terms of the professors professional career and the students mental health or career as well.”



Peter Wood, Math and Business

Absolutely no. For obvious reasons. There’s an obvious power imbalance. That’s the real reason. It’s just out of the question for that exact reason. There’s no such thing [as consenting adults], i mean, if one person believes the other person has control over them, then they aren’t really free to choose. It’s got nothing to do with being an adult. It has to do with freedom to choose. Legitimate freedom to choose. And they don’t have that legitimate freedom to choose, they don’t appear to, anyway. There’s no way to tell if they’re choosing because they can or if they’re choosing because they think they have to.



John Mielke, Applied Health Sciences

I would say that there’s a nuance there, and I wouldn’t say that it’s a yes or no, but part of the decision about its appropriateness would have to take into account the age of the student and their stage in the training process and then the relationship between the faculty member and the student. And I think with those, you don’t have a complete answer, but you can start to see where some of the boundaries are.

I don’t think you can say rightfully yes or no, but you have to look at the details of the situation. I think, like so many things, although it would be nice to say definitely yes or definitely no, I think it’s more complicated than that, as relationships tend to be. And so we need to be mindful.

Editor’s note

I’m sure the lack of diversity in the photographs of professors who answered our question is evident, but while *Imprint* appreciates that they were willing to address such a delicate and awkward question, we were also consciously trying to include diverse voices in this discourse. We believe representation matters at all levels of an institution.

When we approached professors that were not cis white males, they were unwilling to be quoted and photographed. One of the main concerns they voiced were possible repercussions that their answer might have.

One of them mentioned that a quote coming from a woman would not be received the same way as from a man.

We think this is an important issue to address, and we want to address it in our own small way.

Please come back for the next issue of *Imprint* on May 29th for an exploration of the experiences of professors of different genders and backgrounds.

Harleen Kaur Dhillon
Managing Editor

Students gather to celebrate first Iftar of Ramadan

Hossein Rajabzadeh
Reporter

Kareem is a Muslim student who believes in the benefits of fasting for the holy month of Ramadan.

"This is a chance for all of us to do good deeds because the rewards for good deeds are multiplied during Ramadan," he said.

Many Muslim UW students broke bread together in the Mathematics and Computer (MC) building at the First Iftar of Ramadan hosted by the UW Muslim Student Association (UW MSA) on May 9.

On the ninth month of the Islamic lunar calendar, Ramadan, adult Muslims are required to fast all days from about dawn to sunset.

"Ramadan is a special month — that's when [the] Quran started descending on prophet Mohammad — and we celebrate or honor that

month by special ritual, which is fasting," Kareem, who attended the event, said.

During the fasting hours, Muslims abstain from eating, drinking, engaging in any sexual relation and some other activities.

"The whole point of Ramadan is to gain closeness to Allah because we abstain from things that are usually permissible for us, e.g., eating, drinking, and any kind of sexual desire with the legal partner, which are totally allowed under the Islamic relics, we would be able to abstain from other things which aren't allowed in the Islamic relics," Leyla, another student attendee, said.

Many people believe that fasting is something beyond hunger and thirst. It can be a practice to soften the believer's heart and fortify their morality.

"During the fasting, you are supposed to control your anger and be gentle with others," Zuhair, an-

other Muslim student at the Iftar event, said.

He explained that fasting during the 30 days of Ramadan is long enough to acquire new habits and strengthen one's relationship both with God as well as your community.

"Fasting can also bring you self-discipline," Kareem said. "If you can stop eating and drinking and if you can make it through the entire month, then there is nothing that can stop you from achieving your goals in general."

Muslims celebrate the end of Ramadan for a single day, Eid Al-fitr, which is one of the most important events in Islamic calendar.

The UW MSA will be hosting second and third Iftar on May 14 and May 16 respectively.

For more information about Ramadan or the next Iftar gatherings, visit https://www.facebook.com/pg/msawaterloo/events/?ref=page_internal.



HOSSEIN RAJABZADEH

Attendees share a meal at UW MSA's First Iftar of Ramadan.



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The girl effect: burdens of girlhood

Dylan Wilson
Reporter

Kristine Alexander strongly believes that the responsibility for the future of humanity should not be placed on girls' shoulders.

"On the one hand, girls are worthy of recognition and they are worthy of investment. On the other hand though, I don't believe [in] making girls, and especially economically marginalized girls, responsible for the future of humanity," Alexander said.

Alexander is an assistant professor of history at the University of Lethbridge and the Canada Research Chair in Child and Youth Studies.

She gave a lecture based off her book, *Pre-History of the 'Girl Effect': Girlhood, Racial Hierarchies, and International Relations in the 1920s & 1930s*, on May 7 at Hagey Hall.

The lecture was jointly sponsored by the UW Department of History, HeForShe, and Renison University College.

Alexander spoke on the present race

and gender implications of Girl Scout organizations in the late 19th and early 20th century. She described them as a tool for the British Empire to present an image of inclusivity of people of different cultures and emancipation of women.

She explained that citizenship of women was based not on their rights, but their responsibilities.

In addition to their traditional responsibilities in the home, girls and women were taught to always present a cheerful persona so that people around them could remain cheerful.

"Official Guide publications often depicted non-white girls — particularly those from so-called eastern cultures — as unhappy or as not cheerful enough; which, by extension, of course, meant that they were incomplete citizens..." Alexander said.

Alexander stated that girls, whether in the contemporary Girl Effect campaign by Nike and the United Nations, or in the Girl Guides collectives dating back from 1909 to present day, are often seen as responsible in these missions to transform society in various ways.

She stated that these initiatives draw a clear boundary between the emancipated woman of the northern world and the victimized woman of the southern one.

"Over the past few years, critics have slammed [Nike's] campaign for playing up to stereotypes of women and girls as natural caregivers, sidelining questions of structural inequality and power imbalances, and focusing on what girls can do for development, rather than asking what development can do for girls," Alexander said, quoting a 2012 article by Claire Provost.

Gord Higginson, an employee at Information Desk at W Store, was selling copies of Alexander's book. He echoed Alexander's views.

"It's great that we have girls doing this for the development of the world, but what about the development aiding the girls?" he said.

Alexander pointed to several other commonalities between the two movements, including the idea of girl being both a problem to be solved and girls as a solution to the problems that their families

and communities face.

"This idea that a girl is something worth investing in is not universal, and I do worry that there are risks involved in criticizing it in this particular way," Alexander said.

Alexander acknowledged that Nike's campaign is helpful in for girls in some ways, but does have its limitations.

"[It is] an emancipatory force and it is doing important work of recognizing that girls across the world are important and worth recognizing," she said.

"[But it is not] doing enough to draw attention to, let alone dismantle, these bigger structural problems, which are economic disparities, ongoing effects of imperialism and colonialism," Alexander said.

Veronica Kitchen, an associate professor of political science at UW, was also present at the lecture, and concurred with Alexander.

"We often ignore the experience of children and youth and I think this is a good example of why it's important to understand it but also how it intersects with global dynamics like race and like colonialism," Kitchen said.

Globe Studios Spring Art Show and Open House

Local studio offers a rare opportunity to see inside professional artists' studios

Juliana Maria Zuccala
Reporter

Becky DeLeo has spent nearly two decades with Globe Studios, trying to increase the community of artists associated with the Studio and bring awareness to their art as urban development puts their livelihoods at stake.

"Our drive is so the public is more aware of what happens in here and how precious a space like this really is," DeLeo said.

Globe Studios hosted their open house on May 10, from 4pm-9pm. This is the studio's first open house of the year, the second will take place sometime in Fall 2019. Globe Studios offered art created by local artists for sale — including everything from flower arrangements to pottery.

"We have the open house mainly to bring people in so they can recognize it, appreciate the arts, know that we're here, and know that we're serious about our craft and our art," DeLeo said.

DeLeo has been involved in the Studio

since just after they moved in to the current building in Kitchener in 1998. She works as the building manager and manager of the retail store located in the studios, which sells pottery supplies. Her main artistic focus is pottery but also does some painting. She also runs the open houses each spring and fall, alongside "The Barefoot Potter", Natalie Prévost. Their goal is to increase community of the Studio and its artists.

Desiree Lichty is another artist who works at the Studio. Even during the exhibit, she continued to add pieces of granite to her newest creation, a mosaic.

"People have the opportunity to come in ... and actually see and explore the artists' spaces, and see how different artists work," she said. "I can sit here and be creating while the show is going on."

Another hope of these open houses is to try to sell more art locally. Many of the artists in the KW region sell outside of the region to make money, such as Lichty, who teaches private classes at Globe but also works and lives in Guelph.

"Kitchener-Waterloo hasn't always been



Globe studios Becky DeLeo focuses on pottery with the occasional paintings.

super open-minded to spending a lot of money on artwork, so getting people in here and learning about it and being educated is pretty important," DeLeo said.

While this Open House was only for resident artists of Globe Studios, the Fall 2019

show will also be open to outside artists in the community. The application to apply will open in August. For more information, visit Globe Studios at globestudios.org, on Facebook @globestudios, and on Instagram @globe_studios.

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UW PhD candidate featured at national level

Jason Deglint places second in Enactus National Entrepreneurship Competition



COURTESY OF UNIVERSITY OF WATERLOO

PhD candidate for systems design engineering, Jason Deglint, founder of Blue Lion Labs.

Nick Owens
Science & Tech Editor

Every year, Enactus, a community of entrepreneurial leaders, runs the Enactus Canada National Exposition, a three-day competition to provide a platform for entrepreneurs to showcase the ways that their startups might influence the future.

This year the competition ran from May 7 until May 9 at the Vancouver Convention Center. The prize for winning first place totalled \$10,000 and among the representatives was Kitchener-Waterloo's Jason Deglint, selected from over 300 candidates for his algae analysis-based company, Blue Lion Labs.

Blue Lion Labs was created from a real-world problem that affects the water purification processes. Water purification is something a lot of people take for granted

and even in regions such as Waterloo, it can be a difficult and costly process. One issue in particular is the difficulty in identifying algae.

There are many different types of algae, some of which are not harmful. Other forms of algae produce toxins and worsen the quality of water. Up until now, the main problem for water treatment plants has not been eliminating the algae, but knowing what type of algae is present in the water. Standard processes have been very long and tedious.

Blue Lion Labs uses digital microscopy that makes it possible to do on site testing to determine which types of algae are in the water. The potential effect that this could have on a public service is what caught Enactus' attention.

In an interview with *Imprint*, Deglint noted how excited he was to attend the com-

petition. For Deglint, the opportunities presented by participation in this event go far beyond the grand prize. He said that the event is perfect practice for pitching skills as well as an opportunity to meet people who may be interested in investing with Blue Lion Labs. According to him, with so much time spent perfecting their methods of analysis, Deglint stated that he wants to see the project realized in the market. But marketing the product is, as he puts it, "a whole other ball game."

Deglint placed second overall, falling only behind Ross Arsenault, a Halifax native who co-founded Ashored Innovations which focuses on sustainable fishing.

What started as an attempt by Deglint to make a difference with a real-world issue has now been recognized on a national stage and will likely gain the attention of more than just local water treatment plants.

JOBS & VOLUNTEERING at *imprint*

FULL-TIME POSITIONS

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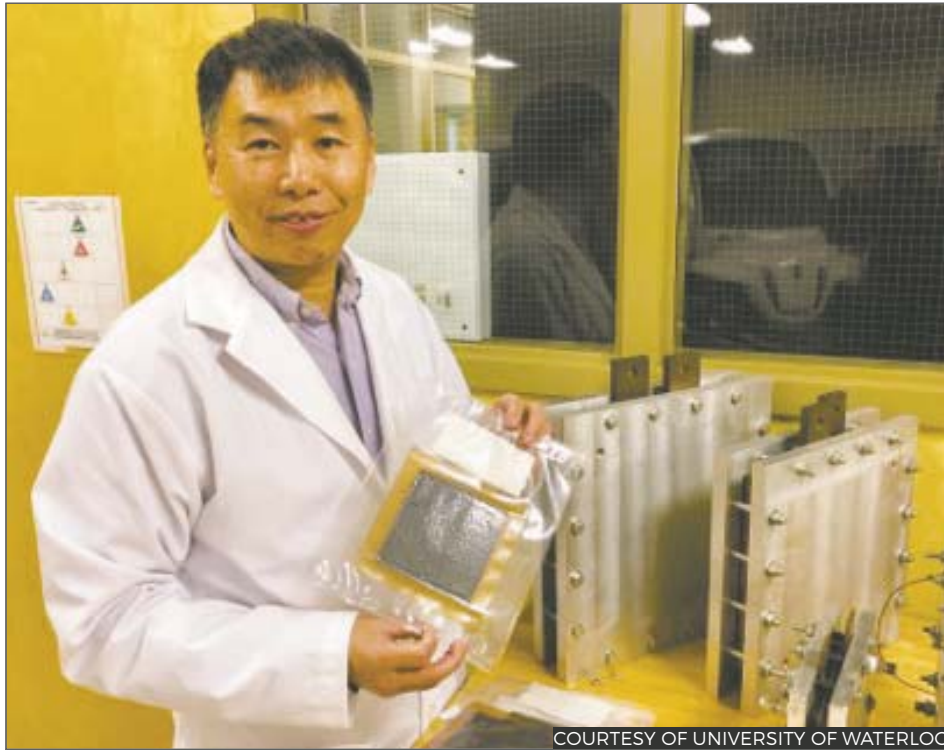
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Graphics

Opinion

Running on air

Waterloo team develops hydrogen cell that could replace gas engines



Xianguo Li holding one of his fuel cells.

Nick Owens
Science and Tech editor

Waterloo's Green Energy Labs unveils a new form of electric cells that remain robust without trading away an inexpensive manufacturing cost. The project is headed by Xianguo Li, a UW professor of mechanical and mechatronics engineering.

The matter of developing zero emissions technology usually becomes a matter of cost versus effectiveness. Different potential solutions have already come up, one of which being hybrid cars, which still use gas engines as a backup for the batteries that usually provide power and usually become expensive due to their electric power sources.

On the other end of the spectrum, there are fully electric cars which often need to trade even more cost-effectiveness to remain a reliable means of transportation. In both cases, developing a fuel cell that can power a vehicle becomes very expensive.

Li's project can solve these issues with hydrogen cells. A hydrogen cell is common form of energy cell that uses the conversion of hydrogen and oxygen into water as a means to produce power, not dissimilar to the way an ordinary battery uses the chemical reactions between two different materials produce power. Because of the nature of the reaction, hydrogen cells can be easily recharged once depleted making them an

ideal candidate for green energy.

But where most hydrogen cells produce a fluctuating amount of electricity, the ones developed by Green Energy Labs produce a constant amount of electricity. This drastically increases the durability of the cells and, therefore, means that production becomes cheaper.

Furthermore, the cells have been tested to last ten times longer than current technology, a feat that makes them desirable to integrate into the market.

In a University of Waterloo press release, Li stated that in testing, the cells had been able to meet both economic and durability standards. By introducing these into hybrid and electric cars, the cost of these vehicles could drastically decrease, making these technologies more available.

In the same press release, Li noted that, "With our design approach, the cost could be comparable or even cheaper than gasoline engines."

He also described this as a possible first step in the elimination of internal combustion engines.

Integration of these cells into the market could have a large impact on the auto industry. Until now, the only way to produce a zero emission vehicle was by allocating large amounts of resources.

This type of development could change industry standards and make electric and hybrid vehicles more accessible to the general public.



Column

The "social" science behind...

Charlotte Hings



Headphones



COURTESY DIGITAL TRENDS.COM

The little pieces of plastic you stick in your ears may not appear incredibly complex, but their manufacturing, disposability, and symbolism are a lens into a much larger issue.

Their outside shell is made of plastic; a combination of carbon, hydrogen, oxygen, nitrogen, chlorine, and sulfur. Plastic has proliferated deeply in the planet because it is lightweight, durable, cheap for companies to make, and convenient for consumers to use.

The inner workings of AirPods are made of tungsten, tin, tantalum, lithium and cobalt. To extract these, and the materials needed to manufacture the plastic shell, miners from developing countries put their lives at risk everyday, endure terrifying conditions, while making dismal wages. The refined materials are shipped to factories in China, where thousands of people work to assemble four fine computing chips into a logic board, glue together small sensors, microphones, grilles, and an antenna, and encase it all in a clean, white plastic shell, masking the dirty labour that went on inside of it. They are then shipped to rich, developed countries and sold to upper-class citizens at a high price.

This general process is not something unique to AirPods, it is actually shared among nearly all electronic devices. What sets AirPods apart, is that while the quality is mediocre, they carry symbols of status, and are simultaneously highly disposable with no means of disposal.

AirPods are so small and easy to lose that they communicate, "if you can afford to buy them, you can afford to lose them."

This alone turns AirPods from a useful product into a social product, displaying the message that you are part of a wealthy group of people, which is something that has generally become highly desirable, and the basis for the most successful marketing schemes in the developed world.

Typically, AirPods are usable for about 18 months, and then will stop holding charge when the lithium-ion battery begins to wear out. They are not repairable or recyclable because the tiny parts are so intricately glued together. People cannot throw them out, because the lithium-ion battery risks starting a fire in the garbage compactor. If they do make it to a landfill, they won't decompose for thousands of years.

After a short period of time, users are forced to abandon their AirPods, somehow. This phenomenon is called planned-obsolence, where a product will become obsolete or unusable, very quickly, and the user is forced to either abandon their lifestyle with the product or buy a newer model of the same product that will likely stop working after the same amount of time, feeding more and more money to the company. This is done because companies make more money selling new items, than repairing old ones, and many have lobbied against right-to-repair efforts.

AirPods, like many luxury products, derive their value from the invisible chain of production that consists of rich capitalists taking advantage of cheap labor in poorer countries. Their disposability mirrors the disposable labor they are built upon, making them much more than just a pair of earphones, but an un-erasable product of culture and class.

Doing research about the companies you are purchasing from, will enable you to make more ethical choices when it comes to the manufacturing of the product.

Every purchase you make counts for something, and builds toward an economy wherein money is funneled to people who are doing the right thing for the environment, enforcing fair wages and ethical working conditions, rather than supporting those who exploit nature and oppress marginalized populations.



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Warriors produce another gem

Syed Naqvi
Sports Editor

Jesse Gibbon has become the latest Warrior to be called to Pittsburgh Steelers, a mini-camp organized by an NFL team. Earlier this week, he was announced as the second overall pick in the CFL draft. Getting drafted in the CFL is no mean feat and therefore Gibbon's selection as a second overall pick is a testament to not only his prodigious talent, but it also speaks volumes about the UW's football program.

Chris Bertoia, head coach and

manager of UW football operations, praised his protégé and said, "we're starting to think black and gold is the only colour scheme that works for Jesse."

He further reminisced about Gibbon's decision to select the Warriors as his team and also shed some light on his future.

"Fortunately for us, Jesse made a choice four years ago to be in our black and gold, earn a degree, and achieve his goals on and off the field," Bertoia said. "[He] has earned every bit of this. He now needs to seize this opportunity and make the most of it, and all of us know he will do just that."

Gibbon will sign with the Steelers as a free agent, and later join their full training camp, if his performances impress the coaching staff at the NFL team in the mini-camp.

When asked about the invitation to the mini-camp, Gibbon said, "I'm incredibly excited for the opportunity to dip into pro football at the NFL level. It is mind blowing and the exposure and experience I gain will be valuable in helping me transition from university level football to the pro level."

Hopefully, Warriors will continue to produce talent that stands out in all the sports.



Jesse Gibbon in action for the Warriors.

COURTESY OF UW ATHLETICS

Students are first therapists for each other

Harleen Kaur Dhillon
Managing Editor

Mental health is a priority that affects all avenues of Fiqir Worku's life and work. She believes concern for mental health should be a priority in everyday life.

"I just think it needs to be a university wide mission, not just counselling services," Worku, a recent Health Studies grad, said. "Mental health is everything, it's not just when you're having a crisis. But we do not embed that in the foundational structure."

Over the last few years, UW has lost and mourned many students. Each suicide is followed by discussions on mental health and what the university can do to improve the state of student mental health on campus.

Students become the first counsellors and therapists for other students. Although peer support and mental health first aid training has become more common, many people are still uncomfortable with dealing with mental health issues.

Walter Mittelstaedt, a director in Campus Wellness, suggests that students practice active listening without judgement. When a peer is facing mental health issues, it is important to make sure they are getting the help they need.

"Be somewhat gently persistent in terms of helping them get [help]. It's not so much about

'you should call', but sometimes it's 'can I go with you?' or 'can I sit with you when you're making that call?' So really being there with them," he said.

Hanan Thibeh, one of the co-coordinators of RAISE, believes in the importance of self-reflection and unlearning.

"For me, personally, it was self-reflection and unlearning

as a person.

"One thing I personally had to unlearn was tying your value to your marks. [...] I think learning to find yourself outside of academics, finding something that gives you meaning in life outside of academics could be helpful," she said.

Thibeh also said finding a community is important and her community has helped make her the

gling with that on your own, having already made group of friends who will listen, be supportive, and point you in the direction of where to get help," he said.

Mittelstaedt also emphasized the need for increased mental health literacy. He said that it is important for students to recognize symptoms of mental health issues and know basic coping

be understood and people might have similar experiences as them," she said.

Thibeh and Worku expressed the need for training on more explicit content so that peer support volunteers can help students more. Worku also said that mental health needs to transcend formal counselling and mental health service to become a part of every aspect of culture.

Mittelstaedt said that, although formal services can have months-long waiting times, other options are available to students - these include same-day appointments to handle crisis situations, workshops for coping mechanisms, and much more.

Tom Ruttan, a director in Campus Wellness, said changing one's perspective helps change the culture.

"Mental health issues are not happening because the person is lazy or weak or somehow inferior, everyone has a story and everyone has things that they struggle with. Everybody. Many people don't tell anybody, but everybody does [have them]," he said.

"One of [my] supervisors told me, 'Tom, everybody you see, every adult, every adult you see has loved somebody, they have lost somebody, and they can do something better than almost anyone,' and with that kind of frame, I kind of see people differently," Ruttan said. "It just helps me understand that everybody has things that they struggle with and stories that are important to them."

“Every adult you see has loved somebody, they have lost somebody, and they can do something better than almost anyone.”

TOM RUTTAN, DIRECTOR COUNSELLING SERVICES

what my parents instilled in [me], and taking the good and leaving the bad, type of mentality. And realising school is important, but it's not the end-all, it's not the highest priority. My mental health is number one," she said.

Thibeh said UW students compare their self-worth to marks, but they should find a community they fit into and value themselves

person that she is today.

A person's informal support system is key to maintaining good mental health, Mittelstaedt said. He believes strong social support systems can help individuals cope with stress.

"We're really strong believers that people can get a lot of help through having a supportive social network. So rather than strug-

mechanisms.

Worku sees peer support services as a safety net for students to access mental healthcare.

"I think [peer support] provides a safety net for students to know if something does happen, they have a community behind them. Worst come to worse, they have a place where someone can listen to them. They have a place where they can

imprint

Wednesday, May 15, 2019 | Vol. 42, No. 2

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Next scheduled post-mortem meeting:

Wednesday, May 15 at 2:30 p.m.

Imprint Office, SLC 0137

Next scheduled board meeting:

Wednesday, May 22 at 5:30 p.m.

Imprint Office, SLC 0137

opinion

HAVE YOUR SAY

Submit your letter to the editor or your community editorial to opinion@uwimprint.ca. Find more opinions at uwimprint.ca.

Reaching out; going forward

Imprint was a huge part of my undergraduate experience. I started as a copy editor in my very first term and I spent many years after that building skills like, interviewing, writing, editing, and photography as well as making connections across the university, with people I interviewed, and with the people I worked with. It helped me figure out what career I wanted to work towards, it helped build my resume, and it helped support me financially.

My time with Imprint highlights an essential part of our mission which is first: to produce a student newspaper; and second: to provide students with opportunities for learning and professional development. We have worked hard over the past few years to create new learning opportunities for volunteers, more paid student positions, and strengthen our overall volunteer experience. For students like me, students with an interest in one of the many moving

parts of journalism, these efforts are essential. Where Imprint needs to do better, is in reaching out beyond the pool of students that cares about the reporting of the news.

Imprint is at a crucial moment. Faced with the perils of a declining print media market, and changes to student fees brought down by the Ontario government we are at a point where we as a company need to re-examine the value and the reach of the services we provide to UW's undergraduate body.

Everyone that pays the Imprint fee is a stakeholder in this company, and as your Board of Directors we have a duty to do our absolute best to provide something valuable to each and every one of you. That could be anything from producing a digital or print publication you enjoy, to providing skill-building opportunities, to helping you bring a journalism project to life.

This year the Board's main priority will be to further that work. We want to know

what Imprint is to you, and what you think it can be. We want to find opportunities and projects that appeal to broad audiences and campus niches. We want to hear your ideas, your pitches, your projects. We want to go beyond the scope of a student newspaper and find a way to positively contribute to undergraduate experiences across campus.

The 2019-2020 Board of Directors will meet for the first time on May 22nd in the Imprint Office. All meetings are open for students to attend. If you have any questions, thoughts, or suggestions, please reach out to the Board at chair@uwimprint.ca.

We are excited to present the next year building a new strategic direction, and we hope we can partner with as many of you as possible as we move forward in the face of new journalism.

Verity Martin
Chair of the Imprint board

Keep it professional with profs

A good investigative article can lead a journalist on a wild ride and expose some major issues in society.

One thing you need is a reliable source that will go all the way with you.

If your source loses their credibility, even to protect themselves, your article and your entire paper loses credibility.

An investigative article can take years to craft because a reporter has to ensure that there are no holes and that as many questions as possible are answered. They have to show undeniable proof every step of the way.

These articles hit dead ends, sources change and secrets are kept, but one of the reasons those articles don't often come out is because they fall apart. Sources take back consent, people/companies threaten lawsuits, lawyers get involved and it all becomes very complicated.

It's a complication that not many news organizations have the time or money to spare to dedicate to those worthwhile and interesting articles.

When a person comes to a newspaper with an allegation of wrongdoing it's almost impossible for a dedicated journalist not to look into the juicy tidbit.

That's what happened to *Imprint's* managing editor and myself a few weeks ago, but the short investigation sparked some interesting reactions from University of Waterloo staff.

A woman came forward alleging she had met an assistant professor in the chemical engineering faculty on Ashley Madison, a website for married people to set up extramarital affairs. He offered to have sex with her and engage in other illicit activities in his office.

We proved the real identity of the professor, who was none to happy to learn that his sexual conquests could be subject to publication. He said it would ruin his life; he would lose his job and his family. Said it was a moment of weakness and after five-years of marriage he was bored.

University staff informed us they have no policy against sexual activity on campus or between faculty/staff and students.

They have many policies on sexual harassment and assault, but they are all complaint driven. Consenting adults can have sex behind closed doors on campus. They can't regulate sexual relations because some students live on campus. That makes sense, but it seems insane to me that I could have sex in my office and nobody would care. Every time I mentioned this people just pointed to the window next to my door. None the less, it seems unlikely that I would keep my job, but there is a precedent set in provincial court. An RBC employee was terminated for engaging in consensual sex in his office after hours, among other things, but fought to regain his job and won in appeals court.

Nevertheless we continued our investiga-

tion and it sparked a visit from high-ranking UW staff who came to convince us to drop it because the activities were not breaking laws, or against policies and wasn't a matter of public interest. No matter how unethical this professors behaviour was, we could create a mental health crisis for male professors. Never mind the students involved.

Still, we intended to push ahead, but the professor obviously knew the identity of his lover and threatened her to keep quiet.

The story unravelled after our source said she made it all up, she came back with evidence of threats of legal retribution and to her personal wellbeing, but as the story became more complicated with a pregnant master's student coerced into an abortion and multiple girlfriends, it became clearer that this tale of star-crossed lovers wasn't as clear-cut as it seemed. Nor was it something we wanted to try to make an article of.

Nevertheless, it's something we believe students should be aware of and should guard themselves against.

Not all of your professors are good people and some may have secrets they are willing to do anything to protect and the university itself may go to great lengths to protect its reputation. Protect yourself and don't get intimately involved with a professor because it will bite you in the end.

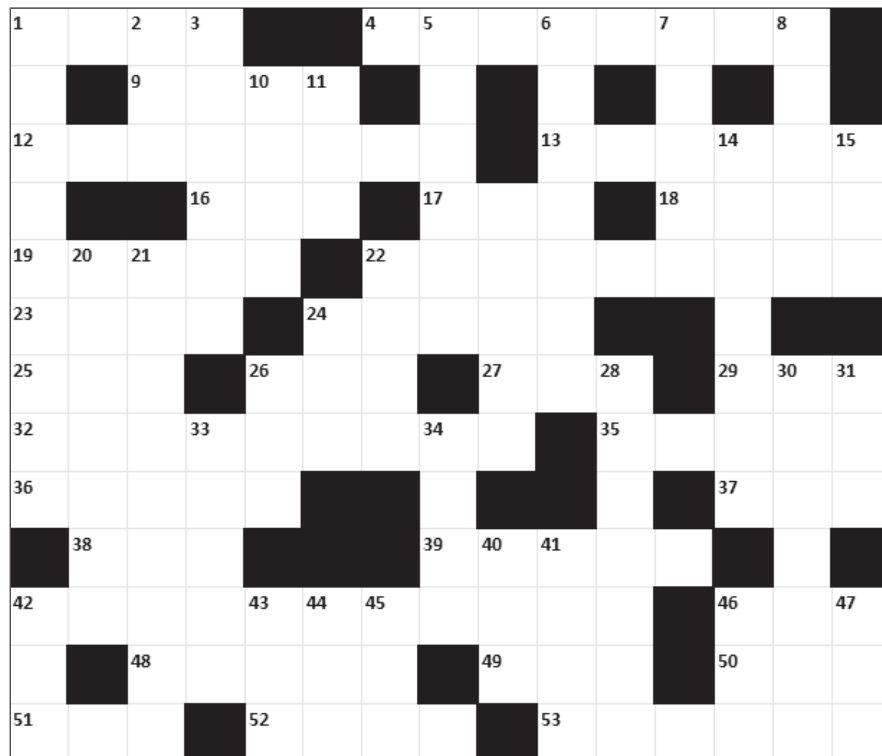
Victoria Gray
Executive Editor

distractions



SOMETIMES YOUR BUNNY HEART NEEDS TIME TO ACCEPT WHAT YOUR BUNNY MIND ALREADY KNOWS.

Take some time to heal



JOSHUA GOLDSCHMIDT

Across

1. Linkin Park sings "I'm tired of being what you want me to be"
4. Plant used for skin lotions and burns
9. The rich family stuck in Schitt's Creek in the eponymous CBC show
12. What happens here, stays here
13. Evening party or social gathering
16. Dutch Bank with the logo of an orange lion
17. Kylo Ren's original name, ___ Solo
18. To bring a ship or plane to solid ground
19. A period of time spent engaged in something
22. A benzodiazepine drug for anxiety or insomnia
23. A light-coloured pigment
24. Between alto and bass
25. Encompassing a whole group
26. Honey-making insect
27. Last month of the year (abbr.)
29. Idiot
32. Cylindrical roll of smoking tobacco
35. Stage of the insect life cycle preceding pupal
36. Disease which spread through West Africa 2014-2015
37. To take care of or watch over, like a kid or house
38. Location of Coca-Cola headquarters (abbr.)
39. Fast-acting benzodiazepine used for panic attacks and GAD
42. "The _____," Scott Joplin's famous rag-time song, 1908
46. To provide a permanent source of income
48. Provide with a quality
49. Differential operator in vector calculus
50. A benefit, especially when compared to the cons
51. Males
52. Pokémon critiqued for resembling blackface
53. A machine which changes mechanical energy to electrical

Down

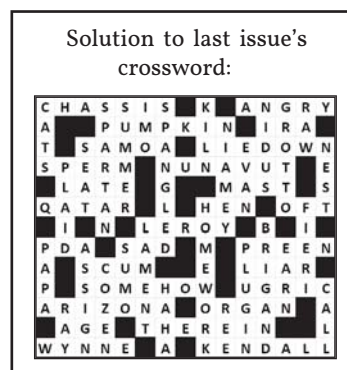
1. The subspace mapped on zero by a linear transformation
2. Title of a married woman
3. Like a cow
5. Capital of Portugal
6. To capture with
7. To banish
8. A central area for sports or entertainment, often surrounded by spectators
10. Conveyed or transmitted
11. May have come before the chicken
14. Just beat the 76ers in a dramatic Game 7
15. Music genre encompassing house, techno, and dance music
20. Sunni Islamic fundamentalist political movement and military organization
21. Acquired by illegal or unfair means
22. Aphetic form of "elite" used by haxors
24. The target area of a curling rink
26. Underwear for breast support
28. With clarity
30. Shaped like a bird
31. Plump or corpulent
33. Hand tool brand with recognizable hexagonal screws and wrenches
34. The big, yellow thing that took away Joni Mitchell's old man
40. Conjunction
41. To require
42. The Nightmare on ___ Street (1984)
43. Iron-Man in the MCU
44. Winning song of 2018's Eurovision Song Contest
45. The bristle on the beards of grains
46. Health resort or club
47. Feces

THE ADVENTURES OF THE SHORT TERM MEMORY COMIC PT.2

By Tim Baskin



The Urban Circus



@nojokesjustreals

SUDOKU

Enter numbers into the blank spaces so that each row, column, and box contains the numbers 1 to 9.

EASY

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| 3 | | 1 | 6 | 7 | | | 9 | |
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| 5 | 9 | | | 8 | | | | |
| | 2 | 4 | | 1 | | 6 | 5 | |
| | | | | 9 | | | 2 | 8 |
| | 3 | 5 | | | | | 1 | |
| 6 | | | | | 1 | 3 | 4 | |
| | 1 | | | 3 | 5 | 9 | | 2 |

COURTESY WEBSUDOKU.COM

HARD

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COURTESY WEBSUDOKU.COM

campus bulletin

WHAT'S HAPPENING AROUND TOWN

Submit your 30-word announcement or upcoming event to ads@uwimprint.ca for free.

upcoming events

Thursday, May 16
Spring open rehearsal and auditions for orchestra@uwaterloo.ca at 7 to 9:30 p.m. at Conrad Grebel Great Hall. For more info www.uwaterloo.ca/music/ensembles.

CLASSIFIED

HOUSING

ATTENTION Mandarin speakers - Free apartment for Mandarin speakers in exchange for helping our family learn Mandarin and some child care. Offering full private apartment near Cambridge. Contact Melanie. Blass@gmail.com.

HELP AVAILABLE

Resume help available - 7+ years of experience as an Employment Advisor at the post-secondary level assisting students realize their employment goals. Rates vary depending on needs. Please inquire at vivadjina@gmail.com.

JOIN THE GEESE.

Write for NEWS.



How are we doing?

Imprint Reader Survey, Spring 2019



Drop this page off at Imprint (SLC 0137) or at the Turnkey desk for a chance to win a \$50 Amazon gift card.

Winner to be announced July 10 online at uwimprint.ca and over social media.

Question 1: On a scale of 1 to 5 (1 being never and 5 being always) How often do you read Imprint? Circle one.

1 2 3 4 5
Never Neutral Always

Question 2: On a scale of 1 to 5 (1 being poor and 5 being excellent) Rate your impression of Imprint. Circle one.

1 2 3 4 5
Poor Neutral Excellent

Question 3: On a scale of 0 (never) to 5 (always) how likely are you to read the following sections?

| News | Opinion | Features | Arts | Science | Sports | Distractions |
|------|---------|----------|------|---------|--------|--------------|
| | | | | | | |

Question 4: Rate this statement: "Imprint keeps me adequately informed on campus issues."

1 2 3 4 5
Strongly Disagree Neutral Strongly Agree

Question 5: Rate your satisfaction with Imprint sections from 1 to 5 (1 being very dissatisfied and 5 very satisfied)

| News | Opinion | Features | Arts | Science | Sports | Distractions |
|------|---------|----------|------|---------|--------|--------------|
| | | | | | | |

Question 6: On a scale of 1 to 5 (1 being never and 5 being always) How often do you visit uwimprint.ca? Circle one.

1 2 3 4 5
Never A few times a month Monthly via social media Daily

Question 7: Where do you get Imprint news? Circle one.

◆ Print edition ◆ Online

Question 8: How often do you notice our ads/coupons?

1 2 3 4 5
Never A few times a month Monthly Weekly Daily

Question 8: What's your favourite part of Imprint?

.....
.....

Question 7: What's Imprint missing that you'd like to see?

.....
.....

Question 8: How can we improve our social media posts?

.....
.....

(Optional for prize)

NAME:

E-MAIL:

YEAR & MAJOR:

PHONE NUMBER:

Name: _____

Program: _____

Email: _____

Section preferences: News () Opinion ()
Features () A&E () Science () Sports ()
Comics and Distraction () Photo ()

What would you like to do at Imprint?

Write () Proofread () Take photos () Edit sections ()
Other (_____)

Do you want updates with *Imprint's* mailing or story list?
Yes () No ()