

im print

p2

FIGHTING OSAP CHANGES

Students continue to combat changes to OSAP funding in a province-wide protest.



RAM INJURED IN GAME

Womens' hockey played a great game against the Ryerson Rams but Rachel Seeley suffered an unfortunate leg injury. Read more on P10

MISTREATMENT OF BOMBER STAFF P5

Mitch Forster gives the inside scoop of his time working at the Bomber.

CAMPUS QUESTION P6

Find out what your fellow students have to say about voting in the Feds election.

EARLY BIRD OR NIGHT OWL? P8

Read more on the science behind your sleep preferences.

Meet your president: Michael Beauchemin P3



news

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Students still reeling from OSAP changes

Harleen Kaur Dhillon
Editorial Assistant

When the Ford government announced changes to OSAP in Jan., students across Canada were horrified.

Over the last month, there have been numerous protests in Ontario against the changes, including a province-wide demonstration Feb 4. For UW and Laurier, this protest was in the Laurier Quad, with around 25 protestors and others joining and leaving the group. MPPs Catherine Fife and Laura May Lindel showed their solidarity with university students, and bring awareness to the consequences government's decisions.

"We want to believe that this is just one change but, all of the changes that are rolling out, now you're starting to see this bigger pattern," Lindel said. "I think that the more domestic students know that their tuition decrease is going to be on the backs of international students, on the backs of students from lower income, is the more that they're going to come out and fight against this supposed benefit. It's kind of a really clear example of living a life of privilege."

Ethan Candler, a fourth year Kinesiology student at UW and Advocacy Director for UW RAISE was one of the coordinators

of the protest and said the loss of the grace period, cutbacks on grant funding, and other changes will affect already-marginalized groups more.

"The Ford government does not take into account the disproportionate impacts that these will have on particularly marginalized groups," Candler said. "These sorts of groups that are already burdened by differ-

society on these particular groups."

"I think [the changes are] going to actually enforce and perpetuate a cycle of poverty and that's very troubling," Lindel said.

Although international students do not receive OSAP, changes to tuition and fee structures still affect them. Lindel also noted that when domestic students' tuition is decreased, international students see an in-

"If you are in a position to be able to mobilize that and to talk back, speak truth to power and talk back to the system, then that's the kind of thing that you can do. Showing up in these spaces when there's protests happening, [write] to your MPPs, [sign] our petitions, ... we've got tools. I think the ultimate goal is to use them," she said.

Candler also urges students to get involved in local and provincial initiatives against the changes, and other policies that the Ford government has made.

"My primary message for people is just get involved in your community. Canada is characteristically politically apathetic, and so taking part in certain political and democratic functions that we hear about on the news but most people don't go through with can play a big part," he said.

"To me, these OSAP changes show how little of a priority the Ford government is making students ... Because Ford and the PC government has been continually attacking the different systems in this province that provide the services that students and citizens need to thrive and exist and do well, there is going to be no shortages of actions and political movements against Ford," Candler said. "These cuts and these frameworks basically just tell me that Ford does not give a f**k about students."

*The Ford Government
does not give a f**k
about students*

ETHAN CANDLER, ADVOCACY DIRECTOR RAISE

ent systemic issues in society, having their educations stripped from them and having their ability to become educated in a way that is almost necessary to become successful in today's society, and having that treated as a luxury is furthering the marginalization that is already existing within our

crease in their tuition fees to minimize the difference in revenue for the university.

Lindel believes it is important for students to advocate for themselves and for international students to the provincial government. She recommends students get involved and contact their MPPs directly.

Police Briefs

A driver fled the scene of a single motor vehicle collision.

Waterloo Regional Police responded to a report of a single motor vehicle collision in the area of Sydney Street South and Courtland Drive in Kitchener on Feb. 8 at 1:15 p.m.

A grey Toyota sedan left the roadway and crashed into a residence. The driver of the vehicle then fled the scene. As a result of the investigation, a 28-year-old Kitchener man was arrested.

The investigation is ongoing and charges are pending.

Police are looking for a man who robbed a restaurant with a knife.

Waterloo Regional Police responded to an altercation that took place at a restaurant on King Street North in Waterloo on Feb. 9 at approximately 3:10 a.m.

During the incident, the suspect brandished a knife and two people sustained minor injuries.

The suspect then fled on foot. The suspect is described as male, black, 5'7" tall, with a slim build, short hair, and was wearing a white jacket and white hat.

Police are looking for three people who robbed a home while residents were in the home.

Waterloo Regional Police responded to a home invasion robbery at a residence on Doon Valley Drive in Kitchener on Feb. 9 at approximately 9:40 p.m.

The victims reported that two to three males entered the residence and took personal property. There were no reported physical injuries as a result of this incident.

Anyone with information is asked to call Waterloo Regional Police at 519-570-9777 or Crime Stoppers at 1-800-222-8477.

Waterloo Regional Police Service's South CORE (Community Oriented Response Enforcement) Team initiated an investigation at a residence on Church Street South in the

city Cambridge on Feb. 8.

As a result, a 34-year-old Cambridge female and a 30-year-old Cambridge male were arrested and charged with numerous criminal code and drug-related offences including possession for the purpose of trafficking. They were found with three ounces of suspected cocaine, 0.8g of suspected crack cocaine and 0.35g of suspected fentanyl with an approximate street value of \$9,000 was seized.

The male is also charged with possession of a dangerous weapon for having an expandable baton found after a brief foot chase of the male. The two will appear in court Feb. 9 to face the above charges.

Members of the Waterloo Regional Police Service Drugs and Firearms Unit executed search warrants at a residence and a hotel room in the City of Cambridge on Saturday, Feb. 9.

As a result of the investigation, quantities of Fentanyl, Methamphetamine and Cocaine were seized that have an estimated street value of \$7,000. Three adult males and an adult female, all from Cambridge, now face charges of trafficking and possession of a controlled substance for the purpose of trafficking.

As a result of an ongoing investigation by the Waterloo Regional Police Service's Cybercrime Branch - Internet Child Exploitation Unit, a search warrant was executed at a residence in Baden on Feb. 8.

The investigation began after police received complaints from the National Child Exploitation Coordination Centre regarding a male uploading child pornography in August of 2018. As a result of the investigation, a 20-year-old male from Baden was arrested and charged with possession of child pornography, distribution of child pornography and possession of a prohibited weapon.

New Feds execs excited to work

Harleen Kaur Dhillon
Editorial Assistant

After a gruelling three weeks of campaigning, election results are in! Candidates-elect were announced on Feb. 8 through the Feds website. The next Feds executives are Michael Beauchemin for President, Matthew Gerrits for VP Education, Seneca Velling for VP Operations and Finance, and Amanda Fitzpatrick for VP Student Life.

Candidates are excited to move forward with their platform points in the coming term starting Apr. 30.

"We have a lot of big plans ... I want to focus on issues like student mental health, sustainability, on transparency, and student engagement," Beauchemin said.

Beauchemin was a part of the Committee on Student Mental Health, and noted the lack of student input.

"I would have done more to reach out to students and I regret not being able to do enough, but, as President, I'll be able to make it a focus so I'm looking forward to that," Beauchemin said.

While Fitzpatrick shares many of the other candidates' goals, she also emphasizes campus safety and equity. Fitzpatrick noticed that despite a diverse candidate pool, the candidates-elect lack that diversity.

In a Facebook post shortly after the results were announced, she thanked voters and wrote, "The result broke my heart and I know students across campus notice the clear choice that was made.... There were 9 separate candidates running under 3 slates and only the white candidates, myself included, were elected."

All candidates-elect look forward to working together on building joint priorities. As a re-elected executive, Gerrits reflected on contributing to a new team.

"I think that each team finds its own dynamics, and I'm really excited to look at the priorities. It's going to be really exciting ... ultimately, we're going to be one executive team and I'm really excited to be able to support the other execs in some of their goals as well," Gerrits said.

"I like the idea of a team of rivals. I think dispute, disagreement leads to compromise, it leads to fleshing out ideas ... but I think it means you get more holistic, thought-out compromises that better serve students," Velling said. "I think everyone is incredibly qualified and I'm really excited for everything they bring to the table."

Candidates are ready for some rest after a rigorous campaign period.

"I was so in [a] shocked state of mind like 80 per cent super-excited, 10 per cent like 'what the hell did I just get myself into?' and 10 per cent like 'I really need to nap now,'" Velling said.



RAJIV SEEBARANSIGH

Feds' 2019 executive team was announced Friday after 15 per cent of the student body turned out to vote in the election held from Feb. 5 to 7. Seneca Velling, VP Operations and Finance, left, Matthew Gerrits, VP Education, Amanda Fitzpatrick, VP Student Life and President Michael Beauchemin.

Grebel gets grant for green roof

Conrad Grebel University
College
Submitted

In April 2019, the shovels will hit the ground in front of Conrad Grebel University College's residence building as construction on a new kitchen facility begins.

This project is part of a \$6.8 million undertaking to expand the kitchen and dining room capacity at the College. As demand for space at weekly Community Suppers have grown, off-campus students, faculty, and staff are unable to participate regularly in this core aspect of community life because of limited seating area in the dining room. The kitchen, too, has experienced heightened requests for catering and must keep up with the ever-growing need for specialized diets among resident students.

"Ensuring that we are being environmentally responsible is always top of mind at Grebel," noted Director of Operations Paul Penner who is coordinating the construction project with the help of a building committee. The committee was pleased when early in the

process the architects suggested a green roof for the new kitchen.

"We try to integrate our buildings into the surrounding landscape as much as possible," Brian Rudy, the lead architect from Moriyama and Teshima, explained. "Using a green roof for part of the new building made sense aesthetically and environmentally."

Grebel students were excited about the prospect of having a view of native grasses and vegetation from their residence rooms, coupled with a decreased environmental impact.

Simon Chute, a first year student in environment, resources and sustainability was part of a team of five students who helped to apply for a grant with the Region of Waterloo. They calculated that a green roof utilizing native species vegetation would help to divert over 34,000 litres of rainwater from the municipal storm sewer.

"As we expand our cafeteria to accommodate our growing community, we must strive for environmentally conscious ways to be sustainable," Chute stated. "Green roofs provide many ecosystem

services that can help our residence leave a positive mark on our environment here at Grebel and the University of Waterloo."

In January, the student team received news that it was successful in its multi-year application for funding from the Community Environmental Fund administered by the Regional Municipality of Waterloo. The project has already been awarded \$12,500, and is being recommended for an additional \$12,500 in 2019.

Environment and business student Hannah Hill, who serves as a student representative on the Fill the Table fundraising campaign, reported that the "students at Grebel are thrilled to have this financial support from the Community Environmental fund from the Region of Waterloo."

Fred W. Martin, director of advancement at Grebel, noted that, "this grant is part of a broader campaign with donors, alumni, parents and students pledging over \$3.4 million to date toward a fundraising goal of \$4 million."

This project is an example of the many ways students get involved in leadership opportunities and seek to enhance the community

at Grebel. Chute added, "I got involved because it is relevant to my program and it is a project I fully support. I wanted to be a part of the planning process and see the project through to completion."

Commuters can watch the progress on this project as the green roof will be located on the kitchen facility facing Westmount Road, on the southwest corner of the University of Waterloo campus.

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Recognizing a Rose before it's gone

Surprise feature
multiple contributors



Rose Vogt, GSA employee is retiring.

Rose Vogt worked with the Graduate Student Association (GSA) for 20 years in the capacity of General Manager. She was recently appointed as the President of the Staff Association of the University of Waterloo (UW). Vogt's comrades and colleagues would like to recognize her hard work and dedication.

Robert (Bob) Sproule (Retired Faculty - School of Accounting and Finance. Current GSA accountant)

"Rose was hired as the senior staff person at the Grad House based on her skill set: experience in the hospitality industry, experience working with student leadership and experience working in the UW environment. She also brought a significant dose of professionalism which had been lacking. Initially most of her efforts were focused on addressing years of losses from the operation of the Grad House. Through her diligence and awareness of the needed balancing act between service to grad students,

and other members of the UW community, [she] improved financial performance; she managed these competing perspectives well. Her awareness of the role of the Grad House to the history of UW along with the issues of maintaining this aging structure created another challenge that she successfully navigated over the years.

As the operations of the Grad House became more sustainable, she took initiative, working with the student leadership, in re-framing the role of the GSA as a service to grad students. Regular strategic planning reviews, establishment of an appropriate governance structure for a student owned non-profit organization, and advocating on behalf of grad students on academic issues became the focus of her leadership. Tireless, at times to a fault, in her commitment to the responsibilities of the administrative components of her position, along with the night time requirements of managing in the hospitality industry, continually resulted in Rose working long hours and scrambling to take holidays year in and year out.

Her work with the student leadership also led to the GSA taking a leadership role with both provincial and federal grad student lobby groups."

Cam Bartel (Assistant Manager, Grad House)

"Very rarely does one meet a person more dedicated to the welfare of students than Rose Vogt. Her work ethic and dedication to her roles at the Graduate House and the GSA were nothing short of gargantuan. Whether it was baking cookies for staff, pulling a double shift, closing the bar while balancing the budget, or fretting over yet another student advocacy issue, Rose was always a cheerful presence and I was privileged to work with her for the time that I did. All the best at your new post, Rose!"

Naima N. Samuel (President, GSA)

"Rose has contributed enormously to the GSA and her passion to advocate for graduate students is very inspiring. I worked

with Rose during the first five months of my term as President and that's when I saw first-hand her commitment and dedication to serving graduate students. Despite all the challenges, Rose and I worked well together and have come to develop a strong friendship. I am thankful to God that I had the opportunity to work with and get to know Rose Vogt; she is indeed a strong woman with great enthusiasm and a generous heart."

Allison M. Sachs, Ph.D. Candidate, Institute for Quantum Computing, Applied Mathematics (Chair of Board)

"As a graduate student and volunteer for the GSA, I was continually inspired by Rose's dedication to us, her faith in us, and her empathy and understanding of the struggles we face. I first met Rose in a meeting of Council in January of 2017. I began working more closely with her in May of 2017 when I became a director. Beyond our shared work for the GSA, we also shared a passion for gardening—she grew the tastiest, juiciest tomatoes in the Region of Waterloo."

Norman Kearney, Ph.D. Candidate, School of Environment, Resources, and Sustainability (GSA Board member)

"Rose has served graduate students selflessly and with passion and dedication for many years. She is a model to which graduate student leaders can aspire. Generations of graduate students owe her a debt of gratitude, and future generations will continue to benefit from her legacy. It was a pleasure and a privilege to serve with her, and I wish her much happiness in the years ahead."

Max Salman, Ph.D. Student, Department of Earth and Environmental Science (Former GSA Vice President)

"Working with Rose in my capacity as the External Affairs Officer and Vice-President of the Graduate Student Association was an absolute pleasure. Her passion and charisma showed her true attention to detail in her job and her commitment to enhancing the experience of graduate students at UW.

She was always available to answer pressing questions, and even more so willing to contribute her time to making sure that all boxes were checked to ensure graduate students were always the top priority when she would provide her assistance. Her contributions to the graduate student community at UW are immeasurably high and she deserves all the credit she has received for her work showing her true love for graduate students."

Somto, MSc Engineering (GSA Executive support staff)

"Rose was phenomenal in developing GSA activities. She started the Grad House over two decades ago, and managed both the Grad House and GSA simultaneously, at the point where we thought both organizations were coming to an end. Rose trained all past and present staff in both organizations and we are seeing the effectiveness of that in the improved student engagement in associations. As my manager, she showed me true leadership and I was able to contribute substantial value to the sustainability of GSA today."

Del Pereira, Alumni, Director, Partnerships and Development, Studentcare.

"Rose Vogt was an essential component to the UW fabric. She brought a tenacity, dedication, and passion that impacted student life every day throughout her long, illustrious career. She was always vehemently vocal in an effort to continuously put the needs of students first in all aspects related to life at the university (including the fun ones). I had the distinct pleasure of working with Rose for the past 15 years, during and after my academic career. Over that stretch of time, I had the opportunity to partner with and observe her commitment to the betterment of the student experience, from academic representation, to administration, to being the bedrock of the Grad House and the GSA. She is one of the best people and one of the hardest workers I have known, and she deserves nothing but a great retirement."

Be smart. Stay safe. Be respectful.

Let's all be good neighbours.



Were Bomber staff mistreated?

Harleen Kaur Dhillon
Editorial Assistant

Mitch Forster arrived at the Last First Bomber on Wednesday, Jan. 9 in his Bomber sweater to show respect and say goodbye to a place that had given him more than a job.

It was a place that had fostered fond memories and close friendships. Forster was escorted out by security.

Forster had worked at the Bomber for over four years, first as a University of Waterloo (UW) student manager and then as the host of the wildly popular Open Mic Nights.

Other former staff members were unable to even enter the pub as they were refused line bypass, a privilege that had been theirs for all other prior events.

Jessie Wright, a former full-time staff member and Arts student at UW, recalled sending messages to Brian Schwan, Manager of Commercial Operations, through security guards for two hours before he came outside to talk to them.

This was only the most recent injustice dealt to the Bomber staff by Feds.

Both Forster and Wright unveiled treachery, humiliation, and conspiracy behind the closure of the beloved Bomber.

Wright described confusion and a lack of straight answers from the Feds about the reasons for the Bomber closure, and Forster divulged the events that lead him to believe a plan was already in place to close the Bomber long before Kurt MacMillan had the authority to make that decision.

On Dec. 17, when the Feds announced that the Bomber would officially be closed, they called an emergency meeting.

Wright says that the six people who were able to attend were left shocked and confused, with no real answers to their many questions.

"[Brian Schwan] actually gave all of us student managers a raise a week before this happened. He held open interviews on the day that they announced that Bomber was closing," Wright said.

"It wasn't just the fact that this happened. It was the fact that they pretended the whole time that it wasn't happening, by giving us

fake raises and false hope that we were hiring new staff for the term. I think he's just an absolute snake."

"[They] completely shunned us at this point," Wright said.

Forster took issue with the million-dollar loss that has been quoted frequently as the primary cause behind the closure.

"Bomber was never supposed to have a profit. It's a non-profit organization, any excess that they did have, they were supposed to put it back into the Bomber in order to keep their non-tax status," Forster said.

Forster also mentioned the systematic firing of the most profitable events of the Bomber, from the ruination of Trivia Nights to the unexplained termination of his own employment.

"The most profitable Open Mic Night that I had, there were 375 people ... there was lots of money coming in and we had sponsors and everything was good," Forster said.

"The night after my most profitable one, they let me go. Without an interview, without cause."

Forster also told *Imprint* about the host of Trivia Nights who was let go for a much older and more irrelevant presenter, and DJ Whitegold, a Kitchener-born and world-renowned DJ who was also forced to leave.

"DJ Whitegold, who is one of the best DJs in Canada ... he was the resident DJ for years and years and years for Bomber Wednesdays ... they restricted what he was able to play to the point where he didn't want to play there anymore," Forster said.

Wright, on the other hand, mostly experienced the decline of the Bomber over the two years that she worked there.

She stated that the ideas of the younger workers were disregarded and major decisions on events were left to people in their 30's and 40's who were not up to date with student culture.

"There were so many times that, as a student, I would bring about ideas that perhaps the students would watch for, events for menu ideas, and for some reason they would shut down our ideas.

And it was a team of like 30 and 40 year olds making all the decisions for our student body," she said.

"I do know that Bomber sales had been going down. But I also

feel like I know the reasons behind it," Wright said.

As well as being left in the dark, Wright feels that Bomber staff were humiliated, betrayed, and deceived.

She said Bomber staff were told that the decision to close the Bomber was made on Friday, Dec. 14.

Before they closed it down, Feds had their Christmas party for their full time staff, a party where Bomber staff worked only for wages as all meals were comped.

"They made this decision on the Friday before the meeting.

That was the day of the full time staff party that myself and the other student managers had to serve after they already knew that Bomber was going to be closing. They took advantage of us. [They didn't tell] us Bomber was going to be closing and then we served them," Wright said.

"It was a stab in the back," she said.

On the day of the Last First Bomber, Schwan and MacMillan refused to talk to the Bomber staff, Wright told *Imprint*.

Finally, Schwan emerged from the Bomber to tell staff that they were to wait in line like all of the other students, or they would be upset.

"That put us all off because, being ex-Bomber staff, we felt like we deserve to be treated not just like any typical student.

We are the staff that ultimately gave them the success that they did have, and the reason that the line for that last Bomber was so long was because of us," Wright said.

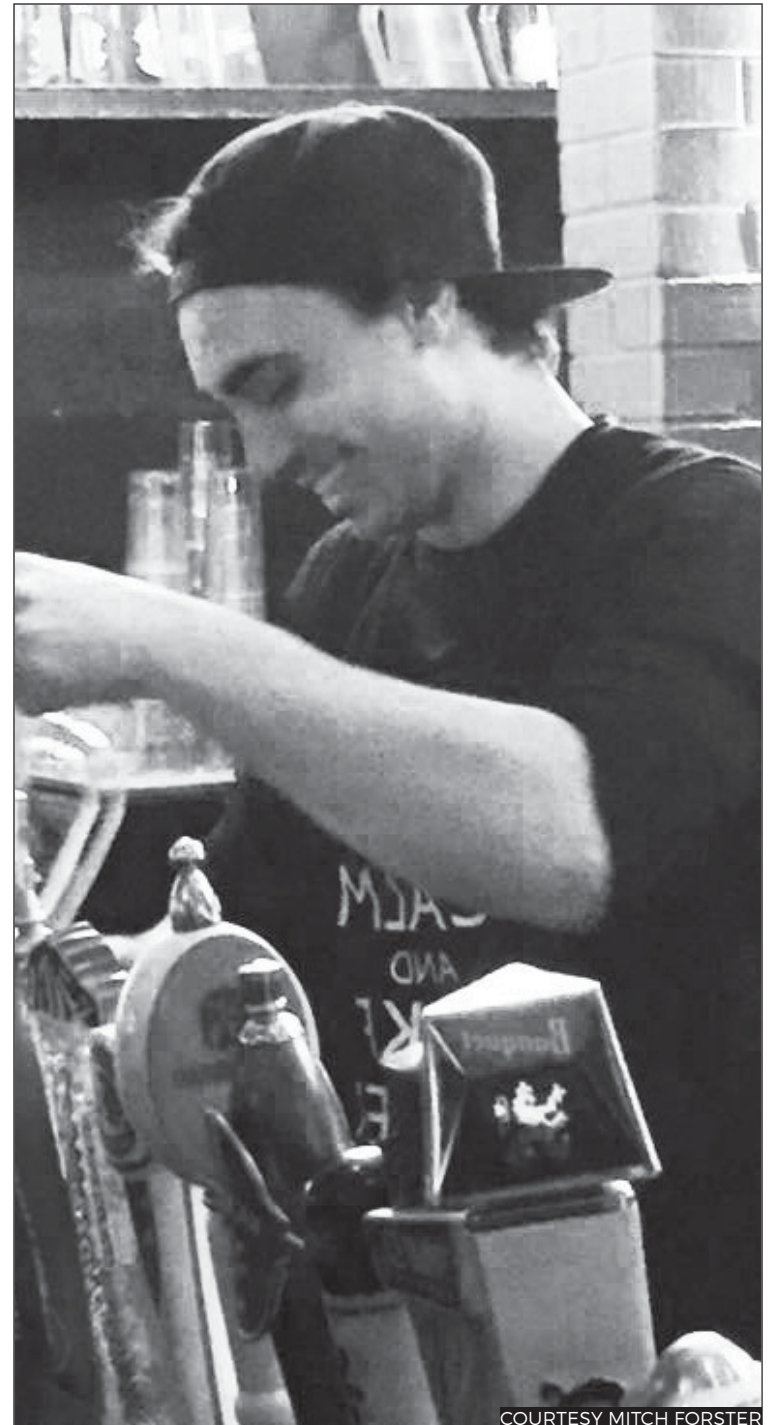
"And then they couldn't even reciprocate by letting us into Bomber with the line bypass."

"When Brian did talk to us, we basically told him, just in the middle of SLC, how disrespected we feel and how much we disrespect him now because of what happened," she said.

Former members of the Bomber staff are now trying to move on and continue their lives.

"We've looked into all the legal stuff behind it as well because they did mass fire 58 people which isn't allowed but I don't know, we've looked into everything that we can do.

We really pay more compensation but there's nothing that we can do at this point," Wright said.



COURTESY MITCH FORSTER

Mitch Forster, while working his last shift at the Bomber last year. He was escorted out of the bar during the Last First Bomber.



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Campus Question

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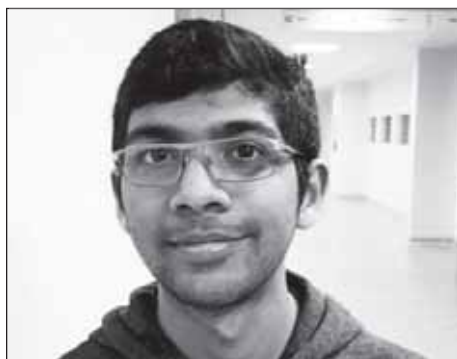
This week: Do you think that voting in the Feds election is important? Why or why not?



COURTESY MEGAN STUTE

Megan Stute, 3B
Biomedical Science

"Yes, it is important to vote. It is kind of sad that nobody votes anymore. I saw the voter turnout this year was 15 per cent or something. It is ridiculous. I think it's important to get to know your candidates and make an educated vote, and see how they would affect you."



Shariq Lalani, 4A
Economics

"Yes. If there is an expansion going on, like the SLC/PAC one right now, it's important for students to be informed and know what is going on, and if they should vote in favour of that expansion, if they are given that choice. And if an expansion would happen, it could affect their fees, and the way they get to class and access certain buildings. Just renovations in general."



Yuxin Yang, 1B
Honours Math

"No, I personally did not vote this year, or think it's that important. I do not really see how Feds affects my life, even though the Feds fee is included in my tuition. I feel like the issues and policies Feds has to offer are not really that close to me and my needs."



PHOTOS VISHAL LILMAN

Samas Rehan, 1B
Environment and Business

"It is important. Students know that there is Feds, but not who makes the decisions and puts them into action around campus. Voting draws their attention toward the role Feds plays in campus life. Then, students will know about the policies, and which to vote for. Voting is not just for the person themselves, but the values and policy making they will support."



Come out to *Imprint's* Annual General Meeting!

Wednesday, Feb. 27

10:30 a.m. to 1 p.m. ; SLC-Multi Purpose Room

2019-2020 board member position vacancies

For more information, email:

chair@uwimprint.ca

APPROVAL OF THE AGENDA

Motion: Resolved, the membership approves the agenda for this meeting.

APPROVAL OF THE MINUTES

Motion: Resolved, the membership approves the minutes for the 2018 AGM.

CHAIR'S WELCOME

BUDGET REVIEW

Motion: Resolved, the membership accepts the approved 2019-2020 budget.

PRESENTATION AND APPROVAL OF AUDITED STATEMENTS

Motion: Resolved, the membership accepts the 2017-2018 financial statements as prepared by Clarke Starke & Diegel LLP.

APPROVAL OF AUDITOR

Motion: Resolved, the membership appoints Clarke Starke & Diegel LLP as Imprint Publication's Auditor for 2018-2019 fiscal year.

BYLAW AMENDMENTS

Motion: Resolved, the membership accepts the approved Policies & Procedure and Bylaws document.

STATE OF THE UNION

BOARD ELECTIONS

Motion: Resolved, the membership appoints _____, _____, _____, _____, and _____ as the Student Directors for Imprint Publication's 2019-2020 Board of Directors.



WRITE FOR US

Want to learn about new things and write about them too?
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Ph-ighting Canada's worst invasive species



A demonstration of the size of European common reed. COURTESY OPWG

Charlotte Hings
Managing Editor

The European Common Reed (*Phragmites australis*), commonly referred to as Phragmites (pronounced frag-my-tees), was deemed Canada's worst invasive species in 2005 and has since only gotten worse. Phrag-

mites arrived in North America in the 1940's, and has since spread aggressively to 48 states in the United States and all Canadian provinces and territories except the Yukon. Once established, it spreads quickly to take over the area, growing in dense monocultures that can be several kilometres thick, and up to six metres tall. In Ontario, the plant has spread

to become strongly established in a total area equivalent to over 50 square kilometres. Virtually every region of Ontario has been impacted by this plant. It is most prevalent in ditches, along roadways, and in wetlands across the province. In 2015, a research study commissioned by the Laurel Creek Headwaters Environmentally Sensitive Landscape Public Liaison Committee found 32 Phragmites patches within Waterloo, Wilmot, Woolwich and Wellesley Townships.

Phragmites has terrible consequences for the environment and for the people who depend on the stability of that environment. It chokes out the native vegetation because its roots release toxins into the soil to hinder or kill surrounding plants. Many local species, including species at risk, depend on this native vegetation for habitat and food. This subsequently decreases biodiversity, destabilizing the local environment and reducing its resilience. Along roadsides, it causes road safety concerns because of clogged drainage ditches and elevated risk

of fire. Phragmites has also been known to take over agricultural fields, lower property values of waterfront properties, and impact recreational activities such as swimming, boating, and angling.

Around 120 volunteers and experts from various organizations across Ontario, including Ontario Phragmites Working Group (OPWG), the Ministry of Transportation and the Invasive Phragmites Control Centre, met at RIM Park in Waterloo the week of February 1st for their annual meeting to discuss the best eradication practices, tips, what is working, and what is not. The most effective management technique developed so far is a chemical herbicide containing glyphosate, also known as Roundup. The City of Toronto uses Roundup in their wicking technique, which involves wiping the chemical onto the plant by hand using a car wash glove. Roundup is not approved for use in and near waterways. For these areas, the most common eradication methods are cutting, spraying, and burning the plant, and bending the reeds down to drown them under-

water, done typically by dedicated local volunteers and members of OPWG. They work many hours facilitating effective, efficient, and environmentally responsible management of Phragmites in Ontario through education, information sharing, and investigation and pursuit of effective management tools. Many local agencies do not fully comprehend the impact that Phragmites has had on the local environment. The Region of Waterloo currently does not have a strategy to deal with the invasion. The Ministry of Transportation has initiated extensive Phragmites eradication plans. From Windsor to Tobermory, including Waterloo Region, 2.7 square kilometres of Phragmites have been sprayed with Roundup in 2018 along highways 3, 40, 401, and 402. There is still a long way to go, as Phragmites is still spreading at a fast rate. It is important to remember that it is not just the invasive species that need to be removed, but that native plant species, such as American beach grass (*Ammophila breviligulata*), also need restoration efforts.

From Earth to the moon

NASA to continue moon missions within the next decade

Labiba Nahian
Reporter

The administrator of NASA plans on sending humans to the moon again within the next decade. This time, however, they plan on keeping them there. On Feb. 8, Jim Bridenstine called for "the best and brightest of American industry to help design and develop human lunar landers, in a bold essay written in *Ozy*."

"As a lifelong NASA supporter, I am thrilled to be talking once again about landing humans on the moon. But to some, saying we're returning to the moon implies we'll be doing the same as we did 50 years ago. I want to be clear — that is not our vision," says Bridenstine.

He continues, "we are going to

the moon with innovative new technologies and systems to explore more locations across the surface than we ever thought possible. This time, when we go to the moon, we will stay."

According to Bridenstine, the mission will hinge on The Lunar Gateway, an orbiting lunar outpost that will serve as the first reusable lunar lander system for astronauts. After this, Bridenstine emphasizes the role he visualizes for private space-tech companies within this project. So far, NASA has already contacted nine companies with the intention of sending cargo to the moon.

Bridenstine stresses that this moon mission won't be a simple recreation of past exhibitions. Instead, new research will be conducted and new grounds will be explored. More importantly, the

mission will serve as fundamental testing grounds for technology that will ultimately take humans to Mars.

As Bridenstine says, "billions of people around the world will watch history being made as astronauts explore more of the surface for longer periods of time than ever before, and help us prepare for missions to Mars and other destinations."

This is not Bridenstine's first time outlining the Earth to Mars goal. In October of 2018, Bridenstine spoke at a conference highlighting NASA's new Moon to Mars approach for human space exploration. With approaches including the integration of U.S. companies and international partners, with the aim to use the Moon as a trial basis for the ultimate goal — sending astronauts to Mars.



COURTESY NASA

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IT'S BACK! The science behind...

Column

Charlotte Hings



Early Birds



COURTESY CAROLINABIRDS.ORG

VS.

Night Owls



KRISTINA SERVANT VIA FLICKR

Some people wake up in the morning bursting with energy and ready to start the day: the early birds. Others prefer to stay up late into the night working on various things or simply enjoying some leisure time: the night owls. Is one more advantageous than the other?

Despite what some may think, individuals' natural sleeping patterns and preferences are entirely genetically predetermined.

Evolutionarily speaking, this makes sense. Prehistoric humans often travelled in groups, and having group members with varying sleeping patterns was more advantageous to the group. Those who naturally stayed up late could keep watch for predators at night while the others slept, and vice versa.

In modern society, most activities take place between 9 a.m. and 5 p.m., seemingly putting night owls at a disadvantage. Experts have coined the term, 'social jetlag' to describe the sleep deprivation experienced by night owls trying to accommodate these social norms. It can feel like living in a different time zone from those around you, every single day.

Sleep deprivation can have drastic effects on the brain and studies have shown that those who identify as night owls usually have significantly less white matter in their brains compared to those who

identify as early birds. White matter helps neurons communicate, and having less of it can mean that there are less pathways for feel-good hormones, such as serotonin and dopamine, to travel through.

It has been shown that early birds display more positive social traits, optimism and proactiveness for example, and are less prone to substance abuse, addiction, and depression.

However, night owls have been shown to be more creative, have higher cognitive abilities, and are often risk-takers. What is lacking in white matter in night owls is made up for with cortisol levels, a stress hormone which prepares your body to immediate threat. This, combined with their risk-taking tendencies, can translate to more opportunities and financial gain in the long run.

Even though early birds are more energetic right after waking, they tend to lose steam more quickly than night owls during the day. Studies have evaluated the reaction times of both one hour after waking, where both performed equally well, and then again after ten hours of being awake, where night owls performed significantly better.

While it may seem true that, 'the early bird gets the worm,' the night owls aren't really lagging behind in life, just lagging behind in time.

sports & health



WRITE FOR SPORTS

Want to go to UW games for *Imprint*? You'll be able to talk to players, coaches, and fans!
For more info, email sports@uwimprint.ca.



Centre Mitch Elliot (left) prepares to take an offensive zone faceoff. Defenceman Brandon Grandinetti (right) lines up at the left-point on the powerplay. The Warriors defeated the Windsor Lancers 5-4 in a shootout to close out their 2018-19 season.

Men's hockey end season with shootout victory

Varun Venkataramanan
Sports Editor

The Warriors' Men's hockey Team capped-off their 2018-19 season with a 5-4 shootout victory at home against the Windsor Lancers.

Defenceman Mike Moffat led the Warriors in scoring with two points while goaltender Julian Sime earned the victory with 19 saves on the night.

The Warriors started off quickly, scoring two goals within the opening four minutes, and really got the crowd going.

Forward Michael Morgan scored on a wrist shot just over two minutes in before Moffat capitalized on a strong forecheck a minute later.

The Warriors continued to dominate play until forward Keigan Goetz was assessed a five-minute major penalty and game misconduct for his illegal hit from behind on a Lancer forward.

The Warriors' penalty kill bailed them out to keep a 2-0 lead, but the team lost their momentum as they concluded the first frame.

Keeping the momentum going

from their power play at the end of the first, the Lancers stepped up their play to begin the second frame, and an aggressive forecheck by the Lancers' second line led to a goal that cut their deficit in half.

The Warriors slowed down the pace of the game and Nick Chyzowski ground out a power play goal at the halfway mark to put the team up 3-1. Forward Zac Coulter added another before the end of the second giving the Warriors a healthy 4-1 lead at the end of the second.

The third period was very physical with both teams making big open-ice hits inside the first minute of the period.

The game remained mainly between the blue lines with only five minutes left, as the crowd anticipated a Warriors victory.

In an effort to keep the game under control, the referees began blowing whistles more frequently.

This meant the Warriors found themselves in the penalty box, which allowed the Lancers to score three unanswered goals in the final five minutes to tie the game and force overtime.

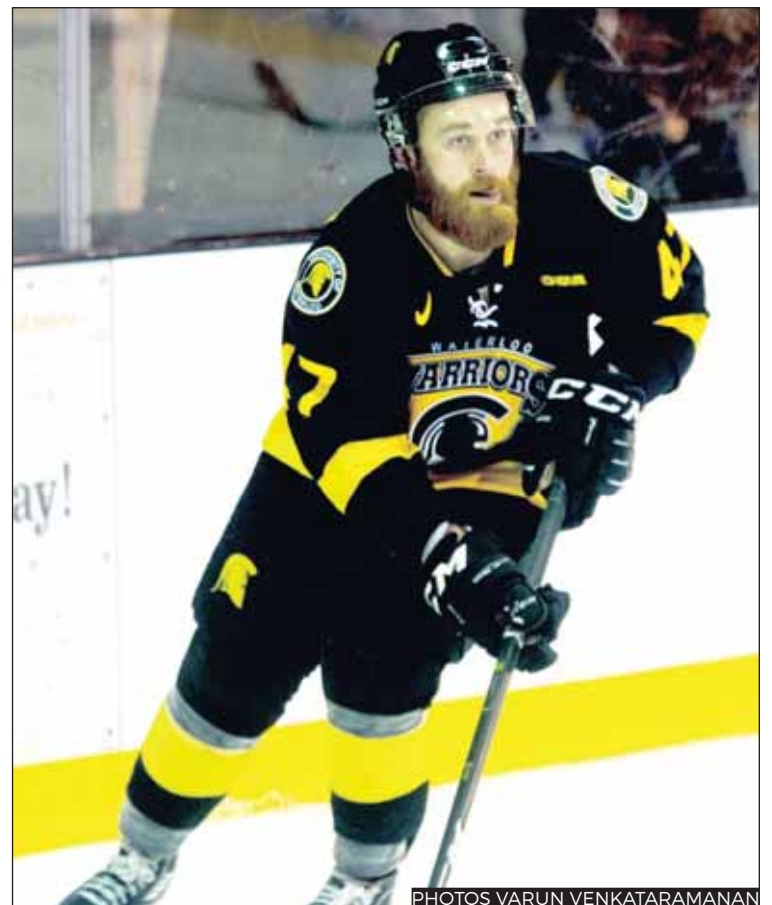
The 3-on-3 overtime was excit-

ing, with many back-and-forth rushes until the Lancers' Brennan Feasey took a penalty to give the Warriors a power play. The Warriors managed to create many scoring chances, but Windsor goaltender Jonathan Reinhart made several impressive saves and extended the game to a shootout. The goalies were the stars of the shootout, as both goalies, Reinhart and Sime, traded saves until the fourth round when Coulter won the game with a well-placed wrist shot.

The win ended an up and down season for the Warriors, who finish the year with 25 points, only one shy of a playoff berth in the competitive OUA West Division. The team's final record was 12-16-5, a significant improvement from last season.

The team's statistical leaders for the season are as follows:

Goals: Markson Bechtold (9)
Assists: Cam Nicoll (14)
Points: Cam Nicoll (22)
Penalty Minutes: Nick Halagian (68)
Wins: Julian Sime (6)
GAA: Julian Sime (3.23)
Save Percentage: Julian Sime (.908)



Forward Michael Morgan was key for the Warriors, playing big minutes on the team's penalty kill.

Women's hockey keeps playoff dream alive

Varun Venkataramanan
Sports Editor

On Feb. 9, the Warriors' Women's Hockey Team defeated the Ryerson Rams 6-4 to keep their playoff hopes alive. The victory improved the Warriors to an 11-6-4 record, as they hold the final playoff spot with a two-point cushion.

The women brought their skating legs early, as forward Sarah Rettinger opened the scoring only 2:33 into the game. However, the Rams recovered and put themselves up 2-1 midway through the first, thanks to goals from Olivia Giardetti and Erika Crouse. With five minutes remaining in the period, the Warriors upped their aggressiveness on the forecheck, allowing them to score two more goals and head into the second period with a 3-2 lead.

The Warriors built their momentum in

the second period; forward Emma Pye increased the lead to 4-2 less than a minute into the frame. The goal caused the Rams to make a goaltending change, as Rachel Seeley replaced the struggling Natalie Thompson. Just five minutes later during a goal-mouth scramble, wherein the Rams scored, multiple players fell onto Seeley, who hit the ice screaming in pain. A thirty-minute stoppage ensued, as both the Ryerson and Waterloo medical staff helped set Seeley's leg and take her off the ice. When play resumed, the Rams were motivated, dominating the next ten minutes.

In the third period, the Warriors found their game again, as Pye and Jenna Hewitt-Kenda scored to put the game out of reach. The Rams' Kryshanda Green scored later, but it was too little too late for her team. Pye led the team with two goals, while defenceman Brooklyn Sarnovsky and Dolly Meigs led all skaters with three points.

They will be back at home on Feb. 15, as they face off against the U of T Varsity Blues.



Warriors' forward Emma Pye cuts inside on the rush. Pye scored the game-winning goal in the third period, one of her two goals on the night.

Warriors' volleyball serves up 20th victory



Claire Gagne (left) and Ella Stewart (right) team up for the tandem block. The Gryphons struggled to beat the 'Waterloo Wall' as Gagne and Stewart combined for 11 blocks.

Varun Venkataramanan
Sports Editor

On Feb. 10, the Warriors' Women's Volleyball Team defeated the Guelph Gryphons in four sets (23-25, 25-18, 25-14, 25-23) to earn their 20th win of the season. It was a big win from the Warriors after the team suffered their first loss of the season two days prior against the Ryerson Rams.

The Warriors began the game slowly, going down eight points early in the first set. While they battled back, thanks to strong kills from Ella Stewart, the Gryphons took the first set 23-25. Guelph continued to be the better team early in the second, as they jumped out to a 9-2 lead. Following a timeout, the Warriors went on a 13-2 run to take the lead before cruising to victory. In the

third set, they reminded the Gryphons why they are the top ranked team in the conference, as they dominated the game to win the set by 11 points. Stewart and Karen Fann combined for many key blocks in the fourth set to thwart the Gryphon's outside hitters and help the Warriors secure the victory. Stewart and Sarah Glynn led the Warriors with 16 kills each, while setter Claire Gange had 36 assists. Libero Sarah Remedios as was steady as always, picking up 16 digs to surpass a milestone 700 career digs. While her box score stats don't show it, Fann was the leader for the Warriors, coming up with blocks and kills at crucial moments in the game to help swing momentum in the Warriors favour. Everytime she entered the game, she sparked her teammates and ignited a run of points. The Warriors remain atop the OUA West Standings and will square off next against Brock on Feb. 15 at home.

ATHLETES OF THE WEEK

LUKAS WORMALD
SWIMMING

CHRISTINA JI
SWIMMING

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WOMEN'S HOCKEY

FEBRUARY 15 VS TORONTO
7:00 PM
CIF ARENA

FEBRUARY 16 VS LAURIER
7:00 PM
CIF ARENA

SENIOR GAME BASKETBALL

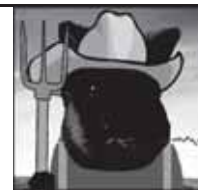
FEBRUARY 13 VS WESTERN
(W) 6:00 PM, (M) 8:00 PM
PAC GYM

SENIOR GAME VOLLEYBALL

FEBRUARY 15 VS BROCK
(W) 6:00 PM, (M) 8:00 PM
PAC GYM

arts & life

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Grebel assembles ensembles



COURTESY CONRAD GREBEL UNIVERSITY COLLEGE

Balinese Gamelan Ensemble playing music near the Peter Russell Rock Garden on the University of Waterloo Campus.

Conrad Grebel University College
Submitted

Here is your musical guide to this term's upcoming Ensembles at Conrad Grebel University College.

CONNECTED AND HUMAN: UW CHOIR

Saturday, Mar. 23 at 7:30 p.m., Trillium Lutheran Church, 22 Willow St, Waterloo. \$10/\$5 students and seniors. Tickets will be available at the door.

With music as a guide, this concert will examine what it means to be human in a world of remarkable technological advances. Composers include Eric Whitacre, Kile Smith and Jaakko Mäntyjärvi.

The University of Waterloo (UW) Choir is a 60 member choir, composed of students, staff, faculty, and alumni. It is directed by Liska Jetchick, who has a Master of Music in Choral Conducting from the Westminster

Choir College, as well as extensive conducting experience.

MY SPIRIT SANG ALL DAY: CHAMBER CHOIR

Sunday, Mar. 24, at 3 p.m., St. John the Evangelist Anglican Church, 23 Water Street, Kitchener. \$10/\$5 Students and Seniors. Tickets will be available at the door.

This performance features inspiring music by Tallis, Britten, Finzi, Gjeilo, Barnum and others to fill the soul. This 25 voice choir is directed by Dr. Mark Vuorinen.

JAZZ ENSEMBLE CONCERT

Sunday, Mar. 31 at 2 p.m., Conrad Grebel University College Great Hall (Room 1111). \$10/\$5 students and seniors. Reception to follow. Tickets will be available at the door.

The UW Jazz Ensemble consists of approximately 20 jazz aficionados playing standard and non-standard jazz instruments.

Directed by Michael Wood, this ensemble will play a wide selection of popular jazz

music.

INSTRUMENTAL CHAMBER ENSEMBLE CONCERT

Sunday, Mar. 31 at 7:30 p.m., Conrad Grebel University College, Chapel. Free admission with reception to follow.

Six different Instrumental Chamber Ensemble trios will play a lovely selection of classical music.

Composers for this term include Brahms, Beethoven, and lesser known composers such as Von Call, Weber, Rheinberger, and Arensky. Chamber Ensembles are directed by Ben Bolt-Martin.

BALINESE GAMELAN ENSEMBLE CONCERT

Wednesday, Apr. 3 at 7:30 p.m., Humanities Theatre, University of Waterloo. Free admission.

Directed by Dr. Maisie Sum and featuring Grebel Artist-in-Residence I Dewa Made Suparta, the UW Balinese Gamelan and the Grebel Community Gamelan will perform a

mix of contemporary pieces and traditional classics.

There will be a chance to try out the instruments for yourself after the concert.

GERMAN AND AUSTRIAN MASTERPIECES

Thursday, Apr. 4 at 7:30 p.m. Humanities Theatre, University of Waterloo. Free Admission.

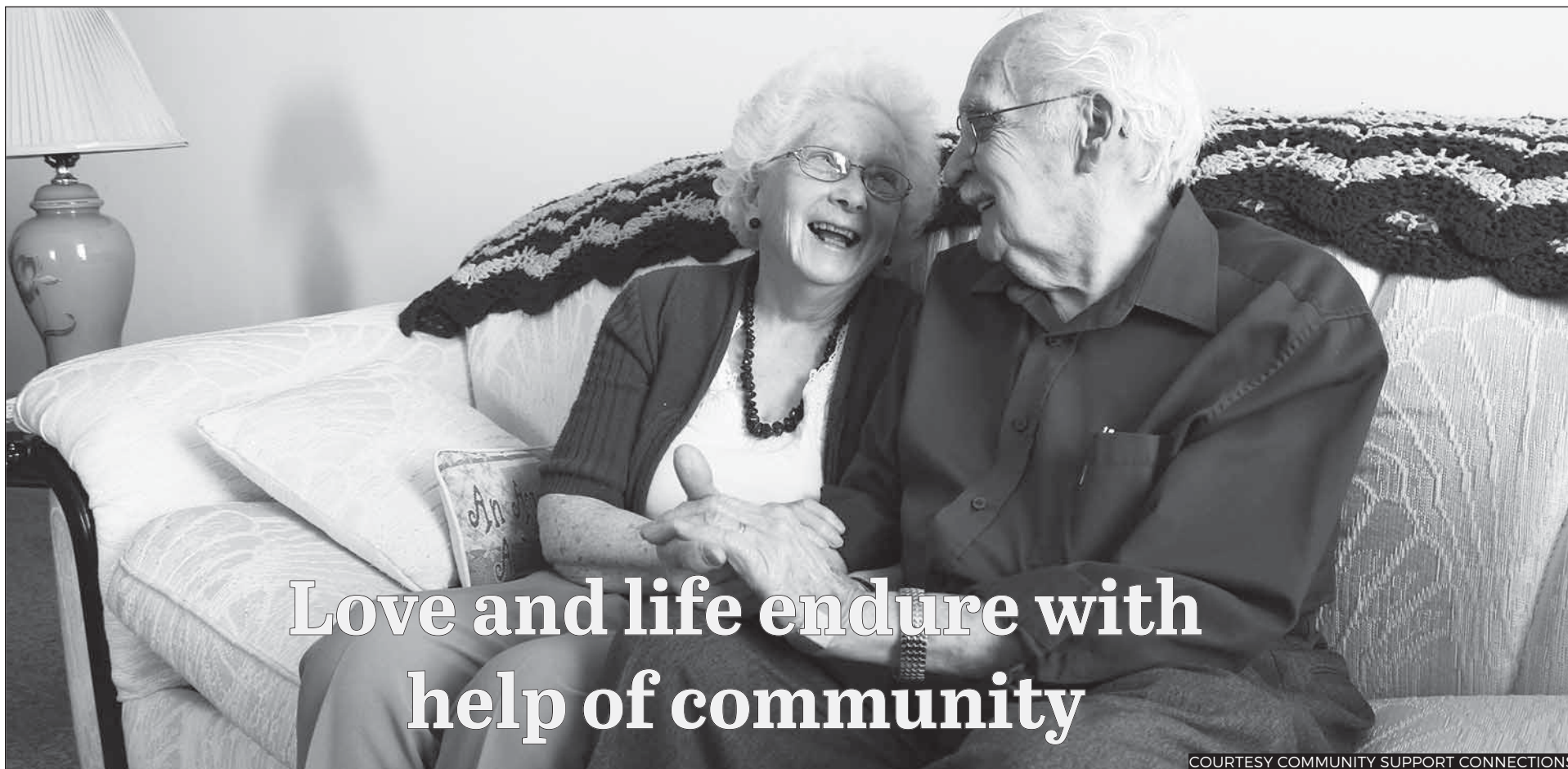
Repertoire includes the Brahms Piano Concerto #2 in Bb major, with Soloist Eric Liang (winner of the 2018 UW Concerto Competition) and Von Suppé's Poet and Peasant Overture plus Bruckner's Overture in G minor.

Every two years, Orchestra at UW holds a Concerto and Aria Competition that is open to University of Waterloo students and recent graduates, and is judged by a panel of professional musicians. Winners perform as soloists with the orchestra in a public concert. The contest is sponsored by Prof. David Taylor.



COURTESY KITCHENER COMIC CON

The annual Kitchener Comic Con 2019 is happening on Saturday, Mar. 2, 2019 at 11 a.m. until Sunday, Mar. 3, 2019 at 5 p.m. at Kitchener City Hall, 200 King Street West, Kitchener, Ontario. Kitchener Comic Con is an award-winning event that celebrates the wonderfulness of all things that are comic book related. The event is 'pay what you can' and event organizers hope to raise funds to cover their costs. The event features actors from the sci-fi world like Phil Guerrero, Richard Comely, Ammie Chan, Brian Connor, Jay Bartlett, Michael Masurkevitch, Delmerio "Del" Morgado, Andrew Thomas, Dan Hammond, William Byrne, Sky Westman and many more. The organizers also hope to see many cosplayers out. Website: www.kitchenercomiccon.com. Contact information: info@kitchenercomiccon.com.



Love and life endure with help of community

COURTESY COMMUNITY SUPPORT CONNECTIONS

Lois, left, and Ron Byers are looking forward to celebrating their 65th wedding anniversary in June. Thanks to Community Support Connections (CSC) they are still living in their own home. CSC is looking for volunteers to help others live with a better quality of life.

Karla Lambe
Community Support Connections

After 65-years of marriage, Ron and Lois Byers are as in love today as they were when they first met at Emmanuel Bible College in Kitchener.

“Ron came to college engaged, but he said, ‘that wasn’t the right one,’ and somehow I won his heart,” Lois said.

“She’s been the right one ever since,” Ron added.

Their 65th wedding anniversary is coming this June and they couldn’t be happier to have shared a life.

Because they put themselves through school, Ron and Lois didn’t have money for extravagant dates in the early days of their romance. Fortunately, Ron had his own car and used to drive Lois everywhere.

On their favourite outings, Ron would pick Lois up, drive to the country, and pull over to the side of the road to study.

Eventually, Ron proposed to Lois on one

of those dusty roads.

“At first, Lois thought I was kidding,” Ron said. “But we soon set the date to get married.”

When they graduated, the couple spent many years pastoring locally and overseas. During that time, they were delighted to welcome a son and daughter. Ron and Lois retired just five years ago, eventually making their way back to Kitchener to be closer to their children and grandchildren.

Now in their 80’s, the couple are focusing on their health to ensure they can stay together in the home they love.

They have been attending free, SMART™ (Seniors Maintaining Active Roles Together) group gentle exercise classes in their apartment building for the last four years, just one of five exercise options for seniors and adults with disabilities offered by Community Support Connections – Meals on Wheels and More (CSC).

“I think in the long run, exercise will help me to walk and not have some of the falls a lot of people have. Anyone who takes it in the long run will find they get more mobili-

ty,” Ron said.

CSC works alongside more than 600 volunteers to help over 7,500 people live at home with independence and dignity.

Each year, the agency celebrates Valentine’s Day by sharing a love story and this one couldn’t get any sweeter.

“Valentine’s Day is a favourite time of year,” Will Pace, Executive Director of CSC, said. “It reminds us of the important work our volunteers, donors, and supporters are doing to help thousands of people, including hundreds of couples like Ron and Lois, stay together in their own homes.”

As the population ages, demand for CSC’s programs and services continues to grow. Often with just a few simple supports, couples like Ron and Lois are able to stay in the home they love and avoid unnecessary hospital stays or premature admittance into a long-term care facility.

“It would make all the difference in the world to me if I were not living in this home. To me, this set up here is making life worth living,” Ron said.

Physical health is a main area of focus for

CSC, and the agency hopes stories like this one will inspire others to give back to the people who helped shape our community.

CSC relies on more than 1,300 volunteers, donors and supporters to help over 7,500 clients live at home with independence and dignity.

All of CSC’s programs and services fall under nutrition, physical health, social wellbeing, and aging at home, which includes homemaking and home maintenance. Last year, participants attended over 101,000 exercise classes and Stand Up to Falls sessions, preventing over 2,000 falls thereby keeping people healthy and mobile in their own homes.

“We are actively recruiting volunteers to instruct exercise classes, deliver meals, or drive clients to important medical appointments and the grocery store,” Pace said. “We offer many flexible volunteer opportunities and can accommodate a variety of schedules.”

If you would like to volunteer or donate to CSC, please call 519-772-8787 or visit www.cscmow.org.



COURTESY ISTOCK

imprint

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Next scheduled post-mortem meeting:
Wednesday, Feb. 13 at 2:30 p.m.
Imprint Office, SLC 0137

Next scheduled board meeting:
Wednesday, March 13 at 5:30 p.m.
Imprint Office, SLC 0137

opinion



HAVE YOUR SAY

Submit your letter to the editor or your community editorial to opinion@uwimprint.ca. Find more opinions at uwimprint.ca.

Life after university: essentials for your new home after leaving the dorm

Life after University is getting closer. Once the move is complete, you will dream up how to make your new place your own. Get excited because it is time to go shopping!

TOOLKIT
You will not regret this purchase. Boxes to open, bookcases to put together, pictures to hang. Nothing is more frustrating than unpacking realizing you need a screwdriver or hammer and not having them handy.

FIRST AID KIT
Injuries are bound to happen during the move. It is also a good idea to keep some cold medicine, allergy tablets, stomach and headache relief tablets, Kleenex, and antiseptic wipes

on hand. It is your choice whether you want to go the all-natural route.

There are many options out there.

COFFEE TABLE
This will become the central hub of your living room along with your comfy couch. It is a great place to put your morning coffee, drinks, books, and a cute plant. Coasters are optional.

GLASSWARE/MUGS/DISHES

These are crucial for entertaining and a perfect way to express your personal style. Matching or mismatched, it does not matter. Just do not forget the beverages, coffee, and snacks to go with them.

KITCHEN SUPPLIES

Being the perfect host starts in the kitchen. You will need pots and pans, oven mitts, utensils, containers, knives, a cutting board, bottle opener, a coffee maker, kettle, can opener, dishtowel, sponges, dish liquid, broom, cleaner, and pantry items. Do not forget to pick up groceries after you have settled in.

BATHROOM ITEMS

Towels, shower curtain, bathmat, trashcan, body wash, hand soap, toilet scrubber, bathroom cleaner. Toilet paper and lots of it. It always seems to run out sooner than expected. You should also consider storage bins to store it all in.

BEDROOM ITEMS

No, you do not only need a bed! Pillows, linens, storage, a night table, curtains, a reading lamp, laundry hamper, laundry detergent, hangers, and a mirror.

FINAL TOUCHES

The list really is endless. Throw pillows, books, a shoe rack, a coat hanger, candles, mirrors, art, decorative touches for each room, side tables, extra seating, cookbooks, rugs. You do not have to get everything at once. Take your time to find items that you really like and that showcase who you are.

LC

Youth challenging corruption of OSAP

Students won't take OSAP cuts quietly.

Armed with picket signs reading "Make OSAP aFORDdable" and "Can we please put the smart people in charge." the #DefendOSAP movement met at the Laurier quad between 12-3 p.m. on Monday to kick off the week with a protest against Ford's OSAP changes by inciting chants. The changes inspiring protests across the province include the end of a 6-month grace period for OSAP recipients to begin their dreaded student debt payments. Students at post-secondary institutions "hope to pay back their debt before they retire; it's better than nothing," a protest keynote speaker remarked emotionally. The changes will remove some of the grant money students have been relying on, including reducing any grants to a maximum ratio of 50 per cent loan to grants. This means students with children or permanent disabilities will have more to pay back when they finish school, and probably less to live on. Already, people come out of school with crushing debt caus-

ing many to live with family, even if they do find a job. Meanwhile, forcing everyone to pay back their loans immediately after graduating will be a devastating trap for many who cannot find employment right away. The Trudeau government has realized the importance of education to the future of Canada and has been making improvements by reducing tuition and adding grants. Now all that good is being undone by our provincial government. Students are not pleased.

The PC government is clearly making decisions to cut their costs, ignoring evidence that more grants for students from lower income families has proven to increase enrollment, providing more educated, hard-working, successful tax-paying citizens in the future. Furthermore, they take the students for fools by disguising this with a 10 per cent tuition reduction which is clearly not going to help improve the quality of the education, that is for sure. It will be the universities and colleges that must make up that loss somehow, and when



ADRIAN MONRAD

Students came out to protest OSAP change in the Laurier quad.

costs are cut, quality goes down. Ontario students will not stand for it. Here in KW, the protesting students chanted "Hey hey! Ho ho! Attacks on students have got to go" and "Hey hey! Ho ho! Doug Ford has got to go!"

Students are desperately trying to make ends meet working part-time jobs and eating ramen noodles when ideally, they should be spending their time learning and eating right. Schools should not only be funded more by the government for the betterment of our

society, but students should be given a chance to achieve their dreams.

They should be able to do this without resorting to settling for whatever they can get without the education they have the potential to acquire. A mind is a terrible thing to waste.

This movement against the conservative changes to OSAP, #DefendOSAP, will meet again on Feb. 15 at UW.

Adrian Monrad
Health Studies & Biology, 4B

campus bulletin

WHAT'S HAPPENING AROUND TOWN

Submit your 30-word announcement or upcoming event to ads@uwimprint.ca for free.

upcoming events

Wednesday, February 13

UW - Music - Noon Hour Concerts - "Grand Duo" with Jerzy Kaplanek, violin and Leopoldo Erice, piano, at 12:30 p.m., Conrad Grebel Chapel. For more info music@uwaterloo.ca or 519-885-0220, ext 24226.

Tuesday, February 19

Bereaved Families of Ontario Midwest Region - support group gathering from 7 to 9 p.m. will discuss "Stepping Stones Through Grief," at Westmount Memorial Celebration Centre, 1001 Ottawa Street, Kitchener. For more info call 1-844-437-3247.

Wednesday, February 27

UW - Music - Noon Hour Concerts - "The Voice of the Whale" at 12:30 p.m. Conrad Grebel Chapel. For more info music@uwaterloo.ca or 519-885-0220, ext 24226.

Imprint AGM - Multi-Purpose Room from 10:30 a.m. to 1 p.m. For more info chair@uwimprint.ca.

Saturday, March 2

Kitchener Comic Con 2019 begins Saturday at 11:00 a.m. and continues until Sunday, March 3 at 5:00 p.m. at Kitchener City Hall, 200 King Street West, Kitchener. Kitchener Comic Con is an award-winning event that celebrates the wonderfulness of all things that are comic book related.

Website: www.kitchenercomiccon.com. Contact information: info@kitchenercomiccon.com.

extra curricular

HELP - Looking for a knowledgeable person with experience in cryptocurrencies. Please email Lauretta at lanonby@rogers.com with your name, telephone number, best time to call and desired hourly rate of remuneration. Bit of a time-crunch so asap would be helpful. **Thank you UW community** for your continued participation in the annual Poppy Campaign. UW's 2018 contribution was \$3,615.00, that contributed to the overall contribution of \$210,313.08.

Gamelan: World Music Ensemble or Community Gamelan - join for credit or as extra curricular. For more information on requirements, rehearsals and concert dates, visit uwaterloo.ca/music/ensembles.

Art\$Pay competition & venue - 2nd performance-based photography event! Submission deadline is Monday, January 28, 2019 by email at info@artspay.org, with event on Saturday, March 2. For more info email Cathy at info@artspay.org or/ and event info at www.artspay.org.

volunteering

Bereaved Families of Ontario -

Midwestern Region, The Family Centre, 65 Hanson Ave., Suite 1042, Kitchener. We currently have a number of exciting volunteer opportunities. For more info, jaime@bfomidwest.org or 519-603-0196.

Volunteers needed at YOUR student newspaper, Imprint. No experience

needed so come and enjoy lots of new experiences and making new friends! Imprint's office is SLC 0137 or email editor@uwimprint.ca. **Become a Meals On Wheels** volunteer! Call 519-772-8787 or www.communitysupportconnections.org/volunteer/apply.

VOLUNTEER at



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 distractions * head designer
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Imprint's arts online magazine that reflects fine arts, photography, poetry and prose by University of Waterloo students, alumni & staff.

POSITIONS AVAILABLE

MANAGING EDITOR

Following team functions given by Executive Editor. Curate content, recruit volunteers, marketing for the magazine and chair meetings. Contribute to content and editing. Familiar with online design.

EDITOR POSITIONS

Photography ; Fine Arts ; Poetry & Prose

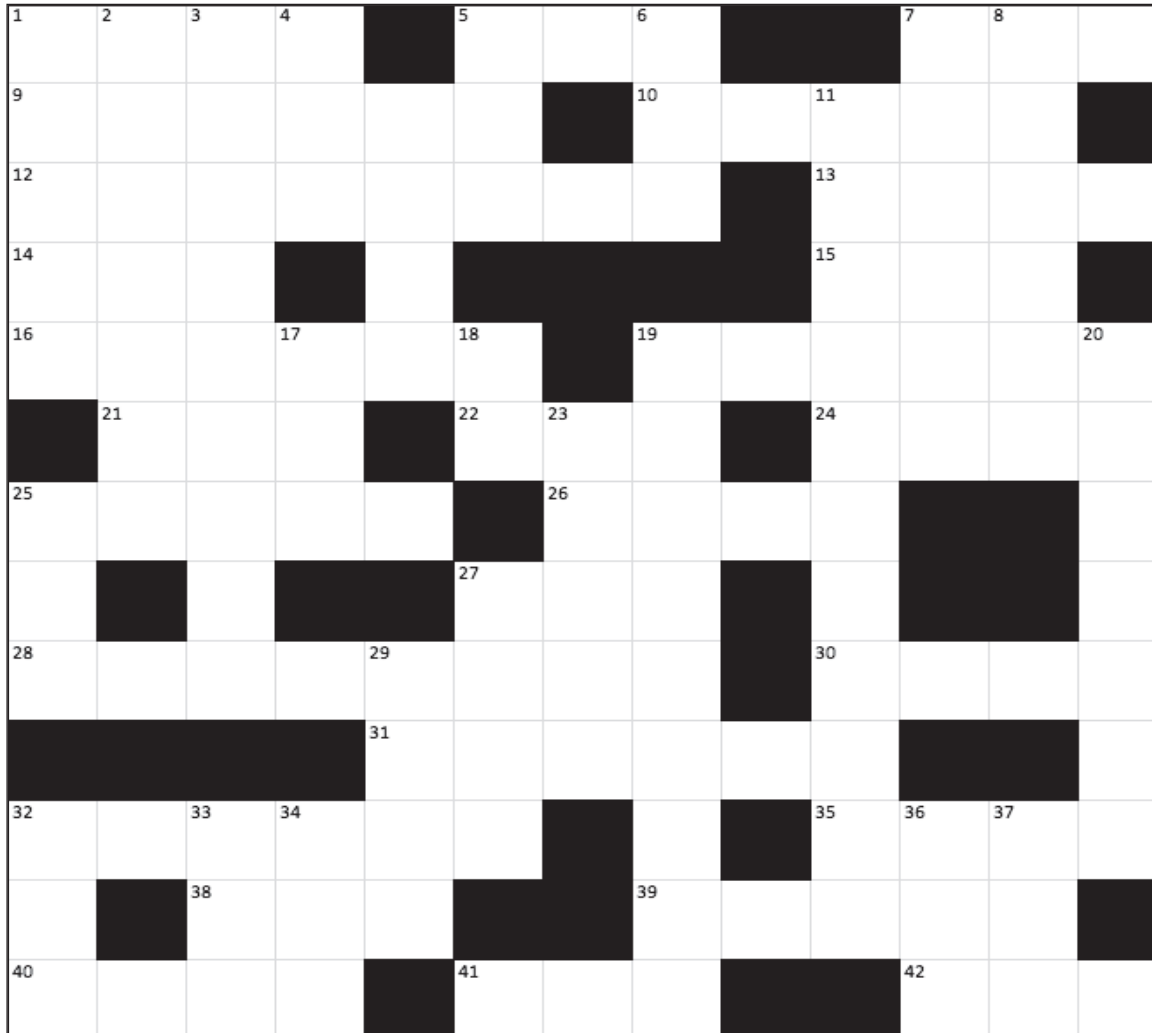
Contact editor@uwimprint.ca for more information

distractions



TRY TO MAKE EVERYBUNNY FEEL LIKE THEY MATTER ... BECAUSE THEY DO!

'Til death do us part



JOSHUA GOLDSCHMIDT

Across

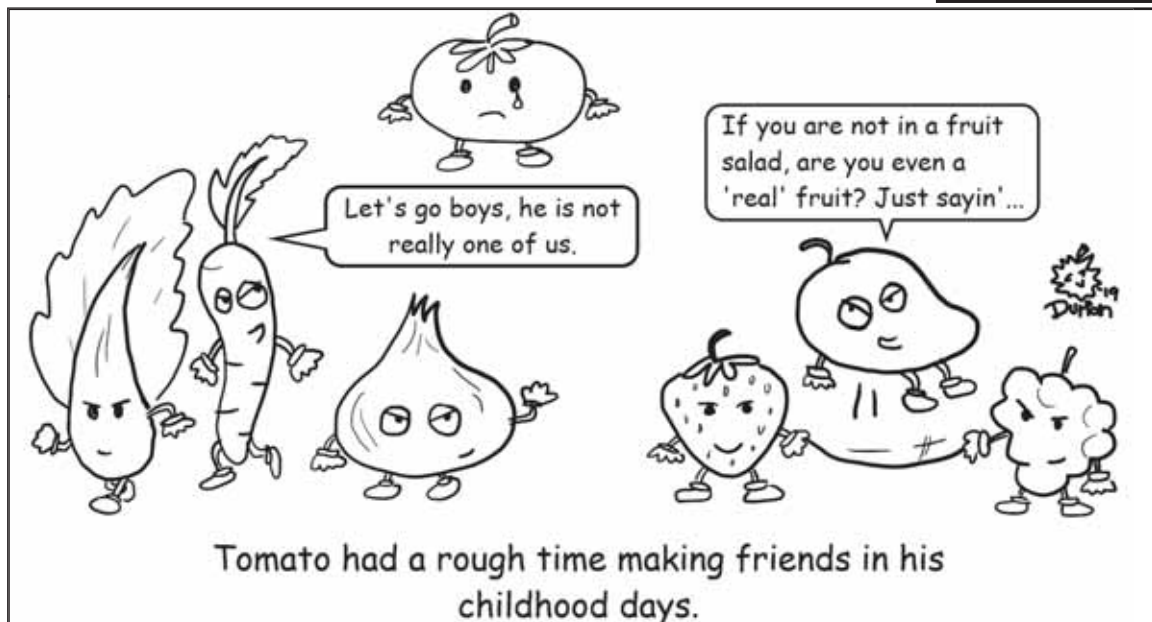
1. Corn Tortilla dish
5. Container for cooking
7. Attractive
9. Mix of red and yellow
10. Small bouquet of flowers usually tied with a ribbon
12. Heart-shaped chili peppers
13. Job
14. Before beauty
15. Painting, Singing, Drawing
16. Called Northern Rhodesia before independence
19. Star Wars and Star Trek measurement distance
21. I'll tell you later (abbrv.)
22. Loud, continued noise
24. European research base for particle physics
25. Wrote All the Light We Cannot See
26. In a short distance
27. Marvel Studio's connected worlds
28. Guetta and Sia, "Shoot me down, but I won't fall"
30. North Westeros' name for illegitimate child
31. Cupids' weapon
32. Snuggle
35. Always
38. Jurassic, Medieval, Showa
39. Subcontinent below the Himalayas

40. Greek Goddess of Victory
41. Where men play basketball professionally
42. Unspecified additions

Down

1. November's birthstone
2. "Thanks" in Japanese
3. Soft cheese similar to brie
4. Japanese demon
5. To shut in
6. Band sings "Such Great Heights" (abbrv.)
7. Carries the coffin
8. Mollusk with aphrodisiac qualities
11. Ill-fated
17. Counter for serving food and drink
19. Killed Astaire, Miller, and Tubman
20. Highest building in Canada
23. Bring upon oneself
25. Infamous insecticide
27. Boggy or marshy earth
29. She sings "Can You Feel The Love Tonight"
32. To fire, slang
33. Subheading, used by journalists
34. CEO of Beats Electronics
36. Compete
37. Ingest

Solutions to last week's crossword



Q: HOW DO DOG CATCHERS GET PAID?

A: BY THE POUND!



Q: WHAT IS A BUNNY'S MOTTO?

A: DON'T BE MAD, BE HOPPY!



Q: WHAT DO YOU CALL A COLD DOG?

A: A CHILLI DOG!

EASY

4				6	9		1	
	6		1					
		7		5			9	6
			2	1		8	6	5
8	5	3				2	4	1
6	2	1		8	4			
5	3			9		6		
					2		7	
	9		8	4				3

COURTESY WEBSUDOKU.COM

SUDOKU

Enter numbers into the blank spaces so that each row, column, and box contains the numbers 1 to 9.

HARD

8	7				9	4		
		6			1			
	4			3				
2		8		1				
4		3		2		7		5
				4		2		8
				8			9	
			1			8		
		2	5				3	4

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VALENTINES DAY

IN CANADA

141 MILLION cards exchanged on Valentine's day making it the second most popular card giving occasions

81% OF CANADIAN COUPLES plan on celebrating Valentine's day in some shape or form with their significant others, with 52% celebrating with their families

More than 35 MILLION heart-shaped boxes of chocolates are sold

average spent on a gift \$164

68% of people say it's more than just a silly holiday

73% ARE MEN while 27% ARE WOMEN

72 THOUSAND same-sex couples in 2016

12 MILLION singles in 2016

22 MILLION couples in 2016

MOST COMMON VALENTINE'S GIFTS

- JEWELRY
- SHOW TICKETS
- LINGERIE
- FLOWERS
- CHOCOLATE

BY TIMI BETH

BROCHITIS BLUES