November 28, 2018

VOLUME 41 ISSUE NO. 19

#### Study shows drug use ed health and wellness for a

#### **CANNABIS YOUTH PREVENTION**

Study shows drug use education should focus on mental health and wellness for all. **P5** 



#### SULTANS OF STRING

The Canadian band, Sultans of String comes to Kitchener for their Christmas Caravan tour. P8

## im print

#### NEW TEN DOLLAR BILL P15

Portrait subject Viola Desmond, a successful Black businesswoman from Nova Scotia who fought against racial discrimination.

#### GIRLS WHO CODE P10

Empower girls to seek opportunity in STEM-related fields by educating young women.

#### ENERGY DRINKS' EFFECTS P17

Student usage has been found to increase the risk of a heart attack or stroke.



## news

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## Arrests in death of Cambridge man

#### Waterloo Regional Police have arrested two men in connection with a 24-year-old's murder

Taterloo Regional Police have arrested two men for the murder of 24-year-old Bradley Pogue on

Police responded to reports of a shooting near Christopher Drive and Champlain Boulevard around 8:10 p.m. last Monday.

Police found Pogue with serious injuries and he was transported to hospital. The Cambridge man was later pronounced de-

On Nov. 20, police arrested Adam Adonis De-Gannes, 24, from Cambridge in connection to the shooting.

He has been charged with one count of second degree murder.

On Nov. 23, police arrested a second man in connection to the murder.

His name, or any other information that could identify him, cannot be released under the Youth Criminal Justice Act.

He has been charged with one count of young person - second degree murder, two counts of young person - breach of recognizance, one count of young person - robbery with a firearm, one count of young person - disguise with intent, one count of young person - unauthorized possession of a firearm, one count of young person - unauthorized possession of a loaded restricted fire-

arm, one count of young person - careless use of a firearm, one count of young person - point firearm, and one count of young person - possess schedule II substance for trafficking.

Waterloo Regional Police continue to investigate.

Anyone with information is asked to contact police at 519-570-9777 ext. 8666 or Crime Stoppers at 1-800-222-8477

### Police Briefs

Materloo Regional Police are looking for a man who attempted to sexually assault a female after she fought him

A 34-year-old woman was walking in the area of Lowell Street South and Elliott Street in Cambridge on Saturday, November 24, at 4 a.m.

An unknown male approached her and attempted to sexually assault her while brandishing a weapon.

The victim sustained non-life threatening injuries and was treated in hospi-

The suspect is described as male, white, 5'6" to 5'9", medium to large build, small eyes and a straggly beard. He was wearing a black winter coat, black gloves, a blue toque, and dark pants.

The Special Victims Unit's investigation is ongoing. Anyone with information is asked to contact police at 519-570-9777 or Crime Stoppers at 1-800-222-TIPS (8477)

man and three teenage girls were Afound drinking and smoking marijuana in a parked car. Waterloo Regional Police stopped to investigate a suspicious running vehicle that was parked in a public school parking lot in Kitchener on Friday around 8 p.m. Three females youths and one adult male were found in the vehicle smoking cannabis. Police searched the vehicle and people inside and found open alcohol, drug paraphernalia and a substantial quantity of marijuana.

All occupants were charged under the Cannabis Act and Liquor Licence Act.

The driver received a 3-day driver's licence suspension for having a BAC above

Waterloo Regional Police responded to a disturbance inside a residence in the area of Brandenburg Court in Waterloo on Sunday, November 25, at approximately 4:20 a.m. Two victims were transported to hospital with non-life threatening injuries. Three individuals have been arrested and charged with assault and weapons related offences.

Waterloo Regional Police are looking for a reckless driver after a car chase. Police attempted to stop a vehicle on Weber Street East at Franklin Street in Kitchener on Friday, November 23, at 6:05 p.m. The vehicle fled from police at a high rate of speed and was involved in multiple collisions with other motorists and city prop-

The vehicle was located abandoned nearby and was later reported stolen.

The driver is currently outstanding and the investigation is ongoing. Anyone with information is asked to call police at 519-570-9777 ext.4499 or Crime Stoppers at 1-800-222-8477.

man used a ladder to break into a sec-And-storey apartment.

The break and enter happened at an apartment on Kitchener Road in Cambridge just before to 1 a.m. on November 23. A male suspect, who was described as in his mid-20's, wearing a coat with a fur-lined hood, used a ladder to gain access into an upper apartment unit. The homeowner confronted the male and he fled. There were no injuries and police are continuing to investigate. Anyone with information is requested to call the Waterloo Regional Police Service at 519-570-9777 ext. 8291 or Crimestoppers at 1-800-222-TIPS (8477).

two-vehicle collision sent two people to A two-vehicle comores.

the hospital with minor injuries.

Waterloo Regional Police responded to a two-vehicle collision on Fairway Road in Kitchener on Friday, November 23, at 11:40

A 41-year-old Kitchener woman was travelling south on Fairway Road and attempted a left turn. A pick-up truck travelling north that was driven by a 62-year-old Guelph man struck the female's vehicle. Two passengers in the female's vehicle, including a 74-year-old female, were transported to hospital with minor injuries. The Kitchener woman was charged with turn not in safety as a result of the investigation. Anyone who may have witnessed the collision are asked to call police at 519-570-9777 ext. 8856.

Waterloo Regional Police are asking for help locating car thieves after a string of thefts in the community.

Police are investigating several auto thefts within the Region of Waterloo.

The unknown suspects are stealing vehicles while they are left running and un-attended in the owner's driveways.

Police are reminding the public not to leave their vehicles unattended while warming up. Police are also requesting anyone with information to contact the Waterloo Regional Police at 519-570-9777 or Crime Stoppers at 1-800-222-8477.

Waterloo Regional Police responded to a break and enter in-progress at the LCBO on King Street West in Kitchener on Thursday, November 22 at 9 p.m.

A male forced his way in and once inside he stole four bottles of liquor. Police located the suspect, which led to the arrest of an 18-year-old male from the Ottawa area. The male has been charged with break, enter and commit and fail to comply with recognizance.

Waterloo Regional Police are investigating a robbery that took place on Wednesday, November 21, just after 9 p.m., at a convenience store on Highland Road in Kitchener.

Two suspects entered the store. While inside, one suspect brandished a weapon and demanded cash.

The suspects fled the area on foot with a small amount of money.

Anyone with information is asked to contact North Division Detectives at 519-570-9777 or Crime Stoppers at 1-800-

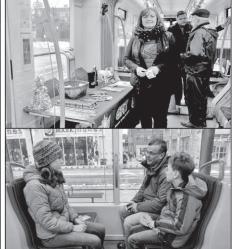


Waterloo Regional Police are searching for two suspects after a convenience store robbery.

## Doors open on

#### ION light rail open house shows off the new wave of transportation in KW







Residents enjoyed the ION Light Rail open house in the Kitchener-Waterloo Area.

**Charlotte Hings** Managing Editor

esse Free, now a Light Rail Vehicle (LRV) lead operator, has lived in Kitchener for the past 20 years. He had no interest in the new ION light rail until he was offered a job to be an ION as a driver and to train others to drive it as

This past Saturday, Free proudly showed off the workings of the LRVs to local residents at the ION light rail's open house event, and demonstrated excitement and enthusiasm toward its upcoming launch. The open house provided local residents with a great opportunity to learn about the ION light rail's function, as well as the chance to explore the inside of the modern and spacious LRVs.

ION is the Region of Waterloo's rapid transit system. The ION light rail transit system (LRT) has been in the making for the past five years and is finally undergoing its last handful of test rounds before service will officially begin in spring 2019. This LRT is the first of its kind and is attracting attention throughout North America. It was locally designed as a grass roots project, and was tailored to Kitchener-Waterloo and its transit users. The LRVs can travel at a maximum speed of 88 kilometres per hour on the light rail, and can get passengers from Conestoga Mall to Fairview Park in just 45 minutes, compared to the bus, which can take anywhere from 55 to 75 minutes depending on the time of day.

During peak hours, the LRT will be scheduled to have a train pass each of the 19 stations every seven minutes, meaning that it will have 12 of its 14 cars running at once. The last train of the night will pass at around 1:30 a.m. and the sweep car will clear the tracks of debris every morning at 5 a.m., with daily service resuming shortly after that. Each train has 75 seats and a maximum capacity of 287 people. Passengers can also bring bikes onto the train and keep them in the accessibility area for the duration of their trip, so long as no one needs that space is using it.

The LRT will travel alongside vehicular traffic while remaining physically isolated from the actual paths of cars, busses and pedestrians, except when traversing intersections. As the train ap-

proaches an intersection, it will be given priority signaling, meaning that all other traffic lights will turn red as it goes through. At some intersections, there will be physical barriers blocking vehicular and pedestrian traffic as the train passes through. This is controlled automatically using sensors, but the LRV operators also have the ability to do this manually by pressing a button on their control panel.

The LRT will run on electricity using a pantograph system, wherein electricity is supplied to the rail's overhead wires and an apparatus mounted atop the train will collect power through contact with the wire and supply it to the train. The electricity for the LRT's functioning is supplied by two different electricity suppliers to create redundancy, in order to remain functioning in the event of a power outage by one supplier. In a case where no electricity can be supplied, or the pantograph system malfunctions, the LRV has a backup battery that can keep the train indoor lights and heating/ cooling on while passengers wait for a bus to shuttle them through the LRT stops or for another train to replace it. Additionally, police can control traffic at intersections when traffic lights are down, so that the LRVs can pass through safely.

Fares for using the LRT system are controlled by Grand River Transit (GRT). University of Waterloo and Wilfrid Laurier University students can use their student ID cards to tap on to the train at the station and to transfer seamlessly to GRT busses. Others can access the LRT services by purchasing an EasyGo card at Charles Terminal for \$5 and load it with train tickets or cash value there, at the LRT stations, or at certain retail vendors. Single fare tickets are \$3.25 each and monthly passes are \$86 (\$73 for senior citizens). Once users tap their EasyGo card at the LRT station they are boarding at, a 19-minute transfer window opens to transfer to a bus before needing to use another ticket.



Cameron Jones (left) and Jesse Free (right), ION's LRV operators.



## Ending gender-based violence

Staff Report

ne in four women experience sexual assault at some point in their lives and even more expereince violence and abuse in relationships

The University of Waterloo will join with organizations, governments, and groups worldwide to participate in the annual 16 Days of Activism Against Gender-Based Violence to remind everyone in the community that they can take actions in their lives everyday to stop gender-based violence.

16 Days started on Nov. 25 with the International Day for the Elimination of Violence Against Women, and will end December 10, on International Human Rights Day.

In Canada, 16 Days includes the National Day of Remembrance and Action on Violence Against Women on December 6, which commemorates those who were killed during the Montreal massacre.

At UW the event is organized by a growing and dedicated group of faculty, staff and students from a wide variety of programs.

16 Days is dedicated to creating actions and events to encourage others to help eliminate gender-based violence.

The events are co-sponsored by the Office of the Associate Vice-President, Human Rights, Equity and Inclusion, Dean of Arts Office, Drama and Speech Communication, Women's Studies, Sexuality, Marriage, and Family Studies, the Waterloo Aboriginal Education Centre, and the library.

The international 16 Days campaign came out of the first Women's Global Leadership Institute coordinated by the Center for Women's Global Leadership in 1991.

#### **BRIDGE: HONOURING THE LIVES** OF MISSING AND MURDERED IN-DIGENOUS WOMEN, GIRLS, AND TWO SPIRIT PEOPLE

The annual interactive installation showcases the sheer numbers of missing and murdered women. Working with the Waterloo Indigenous Student Centre, Professor Sorouja Moll started the project in 2016 to create a space for all community members to learn about the crisis facing Indigenous women as they reflect, write a name on red fabric, and tie it to the bridge between Environment 3 and St. Paul's University Col-



16 Days of Activism fights gender-based violence from November 25 to December 6.

lege. The red fabric is meant as a gesture to name and remember the 4000+ missing and murdered Indigenous women, girls, and Two Spirit people in Canada.

The 16 Days website says, "This iniative is part of a meaningful sustained collaborative intercultural practice between non-Indigenous and Indigenous communities."

Everyone is welcome to participate in the Bridge installation on Tuesday, Nov. 27 at 10:30 a.m. at the bridge between Environment 3 and St. Paul's University College.

#### TEA AND TALK WITH WAZHMA

Wazhma Frogh, a human rights lawyer, peacemaker, and women's rights activist from Afghanistan will speak at a free event hosted by the Philosophy department in J.G Hagey Hall of the Humanities in Room 373 on Wednesday Nove. 28 at 11:30 a.m. She recently moved to KW from Afghanistan. Frogh will give participants insight into her experiences challenging gender-based violence in Afghanistan.

The 16 Day's website says, "Wazhma has highlighted the role women play in preventing extremism and violence, improved the situation of women working in security forces, and prosecuted perpetrators of sexual abuse and violence."

#### **WATERLOO** WOMEN'S WEDNESDAYS PRESENTS NAILA KELETA MAE: CANADIAN THE-ATRE MADE FOR BLACK WOMEN

Naila Keleta-Mae is an Assistant Professor in the Department of Communication Arts will talk about theatre in relation to black women on Wednesday, Nov. 28 at 4 p.m. in Environment 3 in Room 4412. Keleta-Mae has published in Atlantis: Critical Studies in Gender, Culture & Social Justice, and won the Mary McEwan Award at York University for Feminist Research.

The 16 Days website says, "Naila Keleta-Mae will talk about, "Canadian theatre made for Black women." For close to two decades Trey Anthony has carved out a successful career as a published and produced playwright in Canada in a national theatre scene where few playwrights enjoy sustained success.

This talk will discuss how Anthony-a

Black queer woman-has done so even as Canadian theatre scholars, practitioners, and administrators voice perennial concerns about dwindling numbers in theatre audiences in Canada.

W3 (Waterloo Women's Wednesdays) is a monthly gathering (and mailing list) of women-identified and non-binary grad students, post-docs, staff and faculty that meets on the last Wednesday of each month, roughly alternating between lunchtime and afternoon events."

#### GENDERED CONFLICTS AND THE **PURSUIT OF PEACE: A POSTER EX-**HIBIT OF STUDENTS IN 'GENDER IN WAR AND PEACE'

An art installation in the Conrad Grebel University College Atrium from 3 p.m. to 5 p.m. on Thursday Nov. 29.

#### THE INTERSECTIONALITY OF VIO-LENCE: IN CONVERSATION WITH LEON TSAI AND STUDENT ACTIV-

The event will start with a moment of silence, while a digital art installation/slide show plays in the background, remembering trans people of colour who have fallen victim to gender-based violence on Friday, Nov. 30 in Engineering 7, Second Floor Event Space.

Leon Tsai, a local youth activist and the External Coordinator of the UTSC's Women's and Trans Centre, will speak about how gender-based violence affects trans people and how it intersects with racial identity.

There will be a panel discussion featuring our guest speaker and a number of other equity student leaders.

#### **ACCKWA RED SCARF PROJECT**

From Dec. 3-10, bid on a scarf in the Waterloo Indigenous Student Centre. The Red Scarf Campaign is an awareness-raising and stigma-busting initiative in support of people living with HIV in Waterloo.

#### BETTER BIRTH EXPERIENCES: EM-**POWERING PARTNERS, PREVENT-ING TRAUMA**

In this one-hour workshop, midwifery student, Spencer Sawyer, will talk about the challenges in maternal healthcare and give suggestions to move through pregnancy, birth, and postpartum from a lens of empowerment, agency, and self-efficacy on Wednesday Dec. 5 at 6 p.m. in AHS 2677.



#### Remembering victims of the Montreal Massacre

Geneviève Bergeron (1968), civil engineering Hélène Colgan (1966), mechanical engineering Nathalie Croteau (1966), mechanical engineering Barbara Daigneault (1967), mechanical engineering Anne-Marie Edward (1968), chemical engineering Maud Haviernick (1960), materials engineering Maryse Laganière (1964), budget clerk in the École Polytechnique's finance department

Maryse Leclair (born 1966), materials engineering Anne-Marie Lemay (1967), mechanical engineering Sonia Pelletier (1961), mechanical engineering Michèle Richard (1968), materials engineering Annie St-Arneault (1966), mechanical engineering Annie Turcotte (1969), materials engineering Barbara Klucznik-Widajewicz (1958), nursing

## Cannabis youth prevention strategy should target mental wellbeing

#### Drug use education should focus on mental health and wellness for all, study shows

Harleen Kaur Dhillon **Editorial Assistant** 

lexandra Butler, graduate student in the UW School of Public Health and Health Systems, recommends mental health and wellbeing as a target for marijuana use prevention. In a study to be published in February 2019, she explains that abstinence education is not enough to tackle substance abuse among youth.

The findings of the study suggest that marijuana prevention programs should focus on promoting mental wellbeing instead of abstinence.

"Abstinence-focused interventions targeting substance abuse have been shown to be ineffective," Butler, the lead author, said. "Therefore, prevention strategies

for youth cannabis use should aim to foster mental wellbeing among all youth, rather than exclusively targeting those experiencing mental health problems."

The study defined flourishing as the presence of positive mental health including emotional, psychological, and social prosperity.

Butler's study found that more than 3 per cent of high school respondents are daily users of marijuana. This is the group that had the highest rates of depression (65 per cent), anxiety (54 per cent), current smoking (65 per cent), and current binge drinking (88 per cent). They also had the lowest flourishing. Females were more likely to have sporadic or monthly use, while males were more likely to be habitual or daily users. Females were also more likely to report lower flourishing levels, as

well as depression and anxiety.

Butler's study used data from 6,550 high school students in grades 9 to 12 in Ontario and British Columbia, collected from a mental-health component of a longitudinal national youth study called COMPASS.

"By using future waves of the COMPASS longitudinal data, we will be able to explore the impact that legalization in Canada has had on marijuana use on youth mental health and cannabis use," Scott Leatherdale, an associate professor of Applied Health Sciences at Waterloo, said.

The study, titled Interrelationships among depression, anxiety, flourishing, and cannabis use in youth, will be published in Addictive Behaviours by Alexandra Butler, Karen Patte, Mark Ferro, and Scott Leatherdale.



Butler's study found that more than 3 per cent of high school respondents are daily users of marijuana.

### Imprint raising money for breast cancer awareness

Come get some fun food at the new dispenser outside the Imprint office to support breast cancer awareness



Nick Owens, Science & Tech editor supporting Imprint's fundraising candy machine in the SLC atrium.

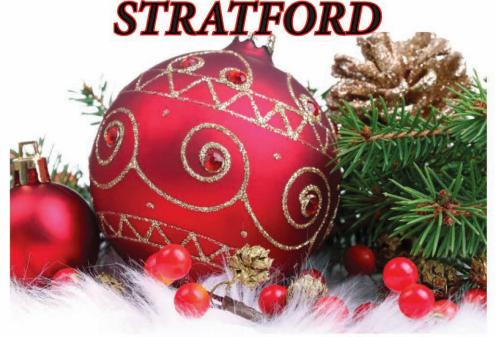
**Charlotte Hings** Managing Editor

ealthy Cravings Canada and Canadian Breast Cancer Network (CBCN) have created a healthy snack industry aimed at generating charitable awareness for breast cancer. CBCN is Canada's leading patient - directed organization of individuals concerned about breast cancer. They strive to voice the views and concerns of breast cancer patients through education, advocacy

activities, and the promotion of information sharing. Outside the Imprint office, you can now support CBCN by putting a loonie in the vending machine to get your choice of several delicious low calorie, low carb, whole food snacks. These include organic nuts, trail mix, jelly beans and raisins. Approximately 10 per cent of funds are used to support breast cancer awareness. Healthy Cravings Canada has just started introducing their vending machines in the Waterloo area. They have machines in a variety of local establishments.



## CHRISTMAS IN





#### The Green Room is a treasure trove of fun stuff, life's luxuries and everyday essentials ... ~Kath





























40 Ontario Street, Stratford www.thegreenroomstratford.ca

### Consequences of carbon on value of stocks

Companies that are unsustainable may see decrease in value in the next ten years

Harleen Kaur Dhillon Editorial Assistant

ingyu Fang, PhD Candidate in UW's Department of Statistics and Actuarial Science, recently provided evidence that if companies don't omply with environmental emission stanlards, they stand to lose value in the stock narket in the next ten years.

The study was published September 2018, and explained that climate change risk would be priced appropriately in the stock market in the near future, and global efforts gainst climate change will make unsus-

"Companies from the carbon-intensive ectors that fail to take proper recognizable emission abatements may be expected to experience fundamental devaluations in their stocks when the climate change risk gets priced correctly by the market," Fang, the lead author, said. "[Such] devaluation will likely start from their oil reserves being stranded by stricter environmental regulations as part of a sustainable, global effort to mitigate the effects caused by climate

"Those companies may find that large portions of the reserves are at risk of being unexploitable for potential economic gains,"

Climate change has significant effects on the stock market

First, it directly affects physical properties and infrastructure, leading to increased market risk. Second, it indirectly affects the creation of more environmentally stringent policies on emissions, which would cause downturns in carbon-intensive industries.

The indirect effect is called the invest ment carbon risk and can become a political

risk to some asset classes.

Tony Wirjanto is a professor jointly appointed in Waterloo's School of Accounting & Finance and Department of Statistics & Actuarial Science, and Fang's PhD thesis su-

pervisor. They believe that companies need to start considering carbon risk for their assets to create a more sustainable portfolio.

"It is in the best interest of companies in the financial, insurance, and pension in-dustries to price this carbon risk correctly in their asset allocations," Wirjanto said "Companies have to take climate change into consideration to build an optimal and sustainable portfolio in the long run under the climate change risk.

published by Fang, Wirjanto and Ken Seng Tan, another of Fang's PhD thesis supervi-sors, in the Journal of Sustainable Finance & Investment.



You're Invited to the Schneider Haus International Historic Site, Friday, December 7 from 6:30 to 9 p.m. for a Christmas Open House.

## arts & life

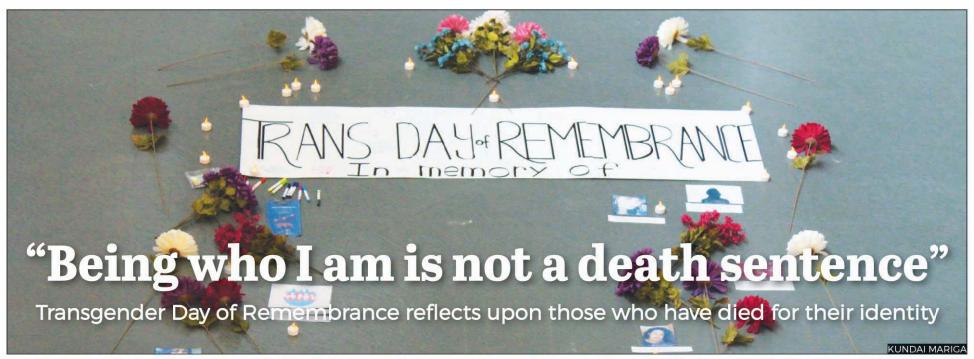
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A vigil for Transgender Day of Remembrance (TDoR) in the SLC lower atrium.

Harleen Kaur Dhillon Editorial Assistant

Sultan Daiji accepted their non-binary identity on the Transgender Day of Remembrance.

"Our existences and identities are real and they hold great value. We are not delusional, irrational, unscientific, or making anything up," Daiji said.

Nearly thirty people joined the Glow Centre for Sexual and Gender Diversity on Nov. 20 to observe the Transgender Day of Remembrance (TDoR) with a vigil in the evening. A memorial with photos of transgender people who have lost their lives was laid out in the SLC lower atrium earlier in the day to raise awareness for TDoR.

TDoR brings the struggles transgender people face into the spotlight, including the extent of transphobia that still exists today.

"[Transphobia] is violence at multiple levels which strives to erase identities by denying they exist to outright murder. On TDoR, it reminds me of *all* the levels of violence that persists and *all* the levels of violence we have to face which means to force us out of existence in whatever way it can, if it is not outright murder or trauma driven suicide," Daiji said.

For Lee Mousa, an english major and president of the UW Drag Club, it can be a scary time and reminded him how dangerous it still is for him to be himself.

"It scares me slightly, because it also reminds me that being trans can be dangerous. Who you are can get you killed in this world ... That's why it's important, it serves as a reminder of the cost of doing nothing."

Our existences and identities are real and they hold great value. We are not delusional, irrational, unscientific, or making anything up[...] It is our job to survive and thrive, it is the rest of the student body's job to support us.

SULTAN DAIJI

Mousa said.

For Amanda Fitzpatrick, co-ordinator of the Glow Centre, TDoR also provides an opportunity to remember transgender people that have passed, but go unreported.

"[TDoR] is a really hard day for a lot of people. It's a time where we remember not only the lives lost but the violence that trans people face on a daily basis. Its really important to have this day because, often, the deaths of trans people slip through the cracks and aren't reported or seen on the news. Through deadnaming and misgendering by police and family members many trans deaths aren't accurately reported, making it up to grassroots LGBTQ+ organizations to properly report them and mourn them," Fitzpatrick said.

The day began with a memorial of flowers, candles, and photos placed in the SLC lower atrium, along with a board for passer-

by to sign. The vigil held in the evening was a more private event, where attendees lit candles while Fitzpatrick read a list of names of people lost this year.

Many tears were shed and attendees wrote confidential notes about their feelings on the day. They then returned to the Glow Centre to eat, talk, and find comfort in each other. Transgender people still face discrimination on campus.

"Trans students can still face harassment from staff, faculty, and other students. They can be deadnamed and outed due to the difficult process of getting a name change on campus. We also still hear about issues at Health Services and Counselling, making it difficult for students to access necessary resources," Fitzpatrick said.

"A lot of my struggles fall past the radar and disappear, leaving me virtually alone to deal with the confusion in my head ... it's a lonely experience. ... It's scary as all hell, but it shouldn't be that way," Mousa said. "You know what I would like the most? I would like a therapist who can talk to me and advise me on matters of gender identity, with a specialization in it. ... please help us when we ask for it, and don't shut us out of your discussions and the general campus community."

Mousa emphasizes the need for greater education on trans issues and rights, as well as representation in curricula and on campus.

"We need to be included in the curriculums our staff creates. We need to educate others, as unfair as that seems, because we have knowledge that they don't and we must take part of the responsibility for ourselves," Mousa said. "As a f\*cking school, we need to f\*cking educate people on the existence of minorities and marginalized people. Especially people of authority."

"It is our job to survive and thrive, it is the rest of the student body's job to support us," Daiji added.

Despite the lack of resources on campus and the discrimination that still exists, Daiji sees hope for the future.

"[TDoR also reminds me] how many people still love, survive, thrive, laugh, hope, and plan for the future. It means to me that being who I am is not a death sentence, it's a beautiful existence and it's a strong resistance," they said. "Since it is the day I chose my new name and asserted my non-binary gender, it is the day I remember how free I am from these gender constraints and all other constraints. It is the day I remember that as much violence there is facing us, there is also a lot of joy in being who we are."



Kundai Mariga Volunteer Co-ordinator

Three-time JUNO and three-time CFMA winning ambassadors of musical diversity, the Sultans of String, are going on their Christmas Caravan tour across North America.

The band has just wrapped up a successful appearance at the Toronto International Film Festival where their song, "Snake Charmer," was included in the new film Hotel Mumbai.

They are currently partnered with the United Nations Agency for Refugees in Canada (UNHCR). The band performed at the

Registry Theatre here in Kitchener on Nov. 25 at 3 p.m. with an added show at 7:30 p.m., due to popular demand. Proceeds from their performance will go towards providing shelter, food, water, medical aid, and other life-saving necessities for refugees all around the world.

The Sultans of String is a Toronto-based group of musicians that has its musical identity rooted in diversity. The band incorporates rhythms and sounds that have cultural backgrounds in Arabic, Lebanese, Egyptian, Indian, Celtic reels, and more, to create a unique blend of Christmas music that will be played on various stages during their Christmas Caravan tour.

The Sultans of Spring have won numer-

ous awards such as the Canadian Folk Music Award - World Group of the Year in 2016, Toronto Independent Music Award Winner in 2015, the Festivals & Events — Performer of The Year in 2013, and many more.

The band is hoping to inspire people to give back to their communities this holiday by reminding them of the true meaning of Christmas.

In a recent interview, Chris McKhool, the bandleader said, "Christmas is a dominant holiday here in Canada and it is always good to remind people that the true meaning of Christmas is about giving back and helping those in need."

McKhool, who has a history of involvement and awards for community involve-

ment, explained the reason behind the band's decision to work with the UNHCR. The band has partnered with numerous musicians of different backgrounds that were tied together by a common experience — as refugees or immigrants. The band wants to share messages of hope and cultural harmony whilst raising funds and awareness for the UNHCR's mission to assist refugees from around the world.

McKhool said that "music is a universal language." Through this, he acknowledges the important role that music plays as a tool for unification and as an agent for social change. Their intimate concerts promise to be ones that will leave you with a melodious beat and a full heart.



Lindy Hop West Coast Swing Social Dances **Progressive Lessons** Workshops & Events



Kundai Mariga Volunteer Co-ordinator

 $R^{
m aise\ your\ hand\ if\ you\ enjoy}$ 

On Nov. 19, Russell Peters returned to his hometown of Kitchener and had the crowd howling with laughter. The show opened with comedian Jason Collings.

His jokes about his 20-some-

thing year old sons, or citizens as he called them, had me gasping for air — I wish laughter could have given us abs instead of leaving us struggling for air.

He also entertained the crowd with jokes about airports, which most of us can relate to. One of the punchlines of his jokes was "if you can't carry it, it ain't carry on," and I think we all know certain people who could use this advice. After twenty minutes, Jason had to leave us and Russell Peters himself came into the room. The crowd went ballistic as soon as they heard his voice.

Russell's performance consisted of relatable jokes on topics such as weight, the cost of doctors appointments (we live in Canada, so I couldn't relate to that), and he took time to single out some people in the audience and exchange some

banter with them. I would be lying if I said that during some point in the show I did not consider leaving university altogether and become a comedian myself.

Unfortunately, I'm only funny for about two minutes in a given year so I had to let that idea go.

Overall, it was a great stress reliever from the struggles of midterms and never ending assignments.

### **UK singer-songwriter** dodie set to release Human EP in January

23-year-old singer and YouTube sensation releases an EP along with a European and UK tour in 2019

**Faith Rahman** Arts & Life Editor

→ singer-songwriter dodie, hailing from Essex, UK, is set to mark the start of 2019 with the release of her Human EP and a European and UK tour throughout February and March.

Starting her career on YouTube in 2011 as a 16-year-old known for ukulele covers and original songs, dodie independently created her fanbase from scratch.

Her music highlights her soft vocals, layered and suspended across upbeat ukulele chords and string instruments, which craft relatively simplistic yet expressive tunes.

The 23-year-old has since self-released two EP's titled Intertwined and You in 2016 and 2017 respectively, both of which have received international acclaim.

Recently on Nov. 2, "If I'm Being Honest" was released as the next track on her album alongside her title track "Human" (ft. Tom Walker) which has already garnered over 1.7 million views on YouTube since its release in late September. The song "Human" features a comforting melody through her soothingly layered vibrant vocals, which paint a quality that is simultaneously delicate and

Lyrically, the tune explores the undulating folds and waves of finding oneself amidst relationships with others: "I wanna pick you up and scoop you out, I want the secrets your secrets haven't found. Paint me in trust, I'll be your best friend. Call me the one, this night just can't end."

Dodie's Human EP will be out in January



Cover art for dodie's upcoming EP titled Human.



## science & tech



#### SEE YOU NEXT TERM

Thanks for reading Imprint Science and Tech. Want to write for us during the Winter?

## Girls Who Code goes international

First stop, Canada!

Sarah Mazen Reporter

The innovative program, Girls Who Code, is expanding internationally with 100 new clubs to begin in Canada within the next year. Girls who code is prtnering with Morgan Stanley, a leading global financial services firm, and the Federation of Ontario Public Libraries. The non-profit organization hopes to expand their free program by starting ten clubs within Ontario and 100 clubs nation-wide. The after-school club will occur in schools, libraries, universities, and other organizations around the country.

The goal of the organization is to close the gender gap in STEM (Science, Technology, Engineering, and Mathematics) that is noticed today.

"To truly innovate, we cannot leave behind half of our population," Reshma Saujani, founder of Girls Who Code, said in her TED

In Canada, 47 per cent of the workforce is composed of women-identified individuals, however, less than 25 per cent of these women are in STEM-related fields. Women are the majority of university graduates this year, but less than a third are receiving degrees in STEM. This is due in part, to a major drop in interest between the time of middle school and high school. Within the past 20 years, the number of women in computer science has decreased by over five per cent. Girls Who Code plans on growing their clubs



Fourth-year Exercise Science student, Paige McNeely, explores a new computer program.

Third-year computer science student, Niocle Parmentier, and Alumni in psychology, Victoria Yue, ponder over a coding project.

internationally in order to achieve their goal of ending the gender gap in computer science by 2027.

The non-profit organization hopes to empower girls to seek opportunities STEM-related fields.

They hope to accomplish this by educating young women in middle school and high school on the basics of computer science and supplying them with the resources

needed to pursue career opportunities.

Girls will learn the basics of computing by being given the opportunity to participate in online coding tutorials, meet role models in the tech industry, learn the importance of sisterhood by creating a community of young women to inspire each other through interactive activities, and work together to make an impact involving real-world issues.

To truly innovate, we cannot leave behind half of our population

RESHMA SAUJANI

They have worked with almost 90,000 young students since they began in 2012. This has accompanied a 15 per cent increase in the rate of women choosing to major in STEM-related fields in the United States

In 2010, Saujani was the first

Indian American woman to run for Congress in the United States. During her campaign, she visited schools in New York and noticed the gender gap in technology in

> classes firsthand. This inspired her to begin Girls Who Code.

Saujani wants the clubs to "teach girls bravery, not perfection," she said in a TED Talk at the beginning of 2018. She wrote a New York

Times bestseller on the topic entitled Girls Who Code: Learn to Code and Change the World where she hopes to inspire women to take on leadership positions whilst embracing mentorship, charting your own course, and learning from risks taken and potential failures.

## Happy Birthday, WatSolve!



WatSolve celebrated its first anniversary this month.

Lawrentina D'Souza Reporter

n November 22, WatSolve, a science and business consulting group, celebrated its first year of operations and the end of a successful Fall 2018 term with its associates, clients, and stakeholders.

WatSolve Consulting Group is multi-disciplinary team that has been providing business support to student teams, start-ups, and companies since October 2017. They boast over 10 clients, 15 internal projects, and a first place Fusion Case Competition win.

They also have a strong presence on campus; helping students through community events and clients through delivering various projects.

What initially started as a think tank has grown into a five-department team of 23 students who apply their co-op and academic skills to the world of business development and consultation.

WatSolve has partnered with Velocity Science, Problem Lab, and UW Research Library and is expanding to help more clients and involve more students.

In light of their recent expansion, Wat-

Solve is ready to resume their operations for Winter 2019.

Camelia Nunez, associate Ddrector of Velocity, who was a guest speaker at the event, said that it helps student entrepreneurs.

"The entrepreneurial mindset is important to have and WatSolve allows it to grow and thrive in its students," Nunez said.

While WatSolve's manager, Okey Igboeli, commented that the team,

"Has really accomplished a lot in the past year, and [he is] looking forward to another year of creative and innovative business solutions," Igboeli said.

The group's coordinator, Amir Aliaghian,

along with Igboeli, Nunez, and Larry Smith of Problem Lab, talked about WatSolve culture, the entrepreneurial mindset, and the spirit of problem solving at the University of Waterloo.

A noteworthy moment from the celebration was when Larry Smith from Problem Lab validated WatSolve's efforts.

"There are two things that will get you far in the workplace - innovation and communication. WatSolve fosters both these traits and sets you up for success. You are worthy students to the tradition of the alumni established in the last half century. I applaud you all," he said.

## Tips for safe holiday shopping online

**Nick Owens** Science and Tech Editor

With Black Friday and Cyber Monday (and the weeklong sales thereafter) drawing to a close, many have already gotten their holiday shopping out of the way for another season. But December is right around the corner, meaning a month of long lineups at nearly every store where it's possible to get gifts. Naturally, many people prefer to spend that time inside, buying gifts online and having them delivered right to their door. This option is more convenient, but there are a few things that should always be kept in mind while shopping online.

#### **USE RELIABLE SITES**

First and foremost, it's important to make sure that you use reliable sites (Amazon, Best Buy, Walmart, eBay, etcetera). Admittedly, smaller websites aren't usually out to steal your information, but they usually have lower levels of web security, making it easier for hackers to get information off of the website. If you are concerned about supporting smaller businesses, or if you want a wider range of products, keep this in mind. Sites like Amazon and eBay sell products from third party sources. Using bigger sites lowers the likelihood that your passwords or credit card information wil be exposed. Furthermore, they have a lower risk of giving you computer viruses.

#### SHOP FROM HOME

This part might seem like it goes without saying. After all, the entire point of shopping online is that you don't have to leave your house. However, using public Wifi while shopping has risks to it. Open Wifi sources don't have the same security measures that are common to the private versions you have in your home. As such, it makes it a lot easier for hackers to "bug" your devices and get records of the information that you type in (including your passwords and credit card information). Shopping from home gives you an extra level of assurance that the network is secure, that your information is being kept safe, and that you only buy gifts for the people you know.

#### **KEEP AN EYE ON YOUR ACCOUNTS**

This is probably the most important thing to do, especially at this time of year. No matter how careful you are, your information can still get leaked. Even major companies have security breaches. You could accidentally click on something or become prey to one of the hundreds of other ways that someone can get your credit card information. You can check your banking information fairly easily and, if you notice any reciepts for purchases that you didn't make, let your bank know immediately. This will let them change your account numbers in a timely manner and make it easier for them to deny the payments. Your money is important. Keep it safe.



#### **HOLIDAY MARKETPLACE: NOV 30 - DEC 2**

Kick off the holiday season in UpTown Waterloo! Start your holiday shopping and visit participating businesses to take advantage of special promotions and festivities. Bring the family and enjoy horse-drawn trolley rides, visits with Santa, tree lighting ceremony and more!

For a full schedule and list of participating businesses, visit www.uptownwaterloobia.com.

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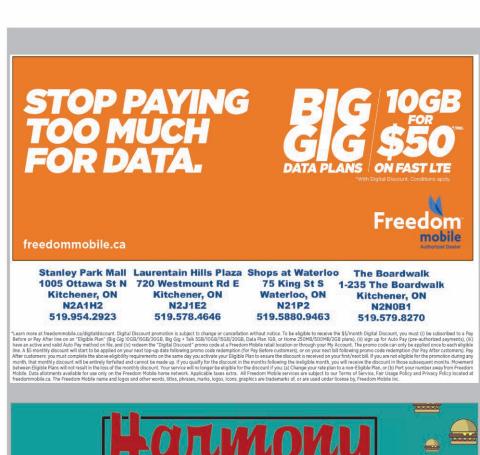
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\*excluding milk, tobacco, bus tickets, and gift cards





DEATH VALLEY'S LITTLE BROTHER UPTOWN









#### CHRISTMAS MARKETPLACE - UPTOWN WATERLOO

November 30 to December 2

Experience the festive spirit in all the UpTown Waterloo BIA shops: free drink with meal; bonus gift cards; complementary holiday treats; complementary tea and tarts; raffles; tax free sales; horse drawn trolley rides; tree lighting ceremony & MORE!

www.uptownwaterloobia.com



#### imprint

**Wednesday, November 28, 2018 | Vol. 41, No. 19** Student Life Centre, Rm 0137 University of Waterloo Waterloo, Ontario N2L 3G1 P: 519.888.4048 | F: 519.884.7800 uwimprint.ca

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Next scheduled post-mortem meeting: Wednesday, Nov. 28 at 3 p.m. Imprint Office, SLC 0137

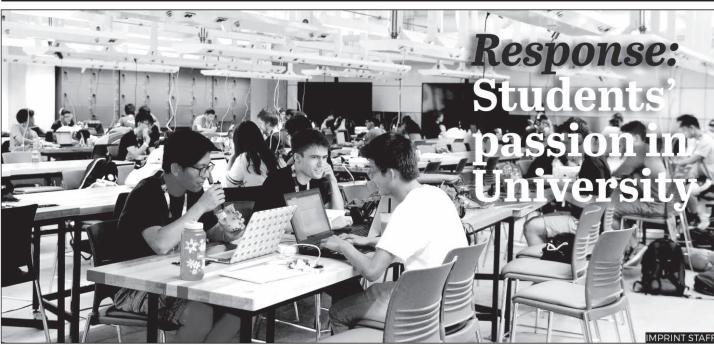
Next scheduled board of directors meeting:

## opinion



#### **HAVE YOUR SAY**

Submit your letter to the editor or your community editorial to opinion@uwimprint.ca. Find more opinions at uwimprint.ca.



Are students fully able to understand the political environment in which they live?

think Students' passion in university presented a real concern and raised a meaningful discussion for our community.

As an international graduate student close to my 30's, I am not sure if I am the best person to answer your questions about the passion of young people, but in the last months I have dedicated some time to reflect about political engagement and

I think that my opinion can add something to the discussion. Some weeks ago, a new president was elected in Brazil and I was not able to vote because of some bureaucracy restrictions for that period. I had to passively watch my home country choose the next president without the chance to express my voice during the democratic process. This condition made me think about how people are participating in the political discussion of their respective communities. I believe the way we consume information has changed our social and political relations. I know that it might look like I am simplifying too much by blaming technology, but I am not arguing that

we should abandon the Internet and start exchanging letters again. I believe it would be essential to reflect on how the immediatism and (apparent) perfection of online interactions are being mistakenly applied to the real world.

You are right when you say that the answer is not as simple as saying that young people are lazy or uninterested. However, they just seem to be living their lives in an automatic mode where they do not activate their critical sense. This journey lacks passion because they might not

be driven by their own will or beliefs but instead by the anxiety of reaching a particular stage in life and fulfilling established requirements. Consequently, they are unable to see the political environment that they are inserted into. This condition leads to a delay (or absence) of a political awakening. People live without noticing the political consequence of their decisions and have no idea how laws and government decisions affect their own lives.

**Rafael Toledo** 

PhD Student, Computer Science

### Is work-life balance necessary?

The concept of work-life balance stems from our quest to be efficient and effective in our day- to- day pursuits.

That is, a quest to ensure that the activities that we partake in are the most constructive towards our goals.

Achieving this becomes more complicated - and more interesting - with an increased understanding of how the actions we take might affect how we perform in other areas of our lives.

Following this realization, many of us have chosen to divide our conscious time into "work" and "non-work" related activities. The problem is that we assume that work - related activities tire us and activities that are not related to work rejuvenate us. If we dig deeper, however, we may realize that there are work-related activities that re-energize us and nonwork related activities that can

Therefore, I don't think that we should strive for this definition of work-life balance. I think that we should divide our time between activities that are high effort and low effort, but are in some way measurably conductive towards our goals.

In doing this, we might re-

alize that there are low-effort work-related activities, such as networking or reading articles that are still meaningful.

We might also realize that some of the activities that we choose to partake in that are low-effort and non-work related such as scrolling through Twitter or watching TV re-runs aren't as meaningful to us.

We shouldn't automatically assume that if we're doing something that isn't work-related we're resting our mind. For example, playing too many video games or using our phone too much can be over-stimulating an can cause us to feel overwhelmed, according to a study from the Neuroscience Institute at Princeton University.

We owe it to ourselves to properly decipher what causes us to feel balanced. I concede that it might be counter intuitive to do things that are work-related to achieve this

However, if we can find activities that don't require as much effort but still represent some sort of progress, by partaking in them we might even be avoiding

Carla Leal

2A Management Engineering

## Ten things you need to know about Canada's new vertical \$10



The grand reveal of the new \$10 bills with Viola Desmond.

s you may have heard, a new \$10 note will soon be making its way into your wallet. Its vertical orientation and portrait of social justice defender Viola Desmond likely caught your attention.

Here's a quick and easy list of the top ten things to know about Canada's new \$10 bill as it gradually enters circulation:

#### IT'S THE SECOND TIME A CANADI-AN WOMAN APPEARS ON A REGU-LAR BANK NOTE

Portrait subject Viola Desmond, a successful Black Nova Scotia businesswoman who fought against racial discrimination, is the first Canadian woman to appear on a regular bank note. She was chosen for her courageous stand for equality and social justice.

#### IT FEATURES AN ICON OF HUMAN **RIGHTS AND FREEDOMS**

In November 1946, she defiantly refused to leave a whites-only area of a movie theatre and was subsequently jailed, convicted, and fined. Her court case was one of the first known legal challenges against racial segregation brought forth by a Black woman in Canada.

#### IT'S VERTICAL

This is the first vertical note issued by the Bank of Canada. In keeping with the Bank's innovative approach to design, this sets it apart from current polymer notes and allows for a more prominent image of the portrait subject.

#### IT'S THE FIRST TIME CANADIANS **DECIDED WHO SHOULD BE FEA-TURED ON A BANK NOTE**

Viola Desmond was selected after the Bank launched an extensive public consultation to nominate an iconic woman for a new bank note. She is the first portrait subject nominated by Canadians.

#### IT WAS A SUCCESSFUL CONSULTA-

We received A LOT of nominations. Canadians definitely wanted to have their say on who should appear on the next bank note. The six-week consultation produced more than 26,000 nominations and 461 eligible nominees. These choices were then whittled

down by an independent advisory council to a short list of five Canadian women. The Finance Minister ultimately made the final decision.

#### IT HAS A THEME: HUMAN RIGHTS AND SOCIAL JUSTICE

The back of the new \$10 note features the Canadian Museum for Human Rights in Winnipeg, Manitoba—the first museum in the world dedicated solely to human rights. The note also includes a depiction of an eagle feather, which is a symbol of truth, power, and freedom for many First Nations peoples in Canada. It's intended to represent the ongoing journey toward recognizing rights and freedoms for Indigenous peoples in Canada.

#### IT HAS SOME BOLD NEW SECURI-TY FEATURES

As with all Bank of Canada notes, security is paramount, and the vertical \$10 includes several enhanced security features. These include transparent areas, raised ink on the front of the note, detailed metallic images and symbols, and the colour-shifting eagle

feather. The bold features on this note are easy to check and difficult to counterfeit.

#### YES, IT'S A POLYMER NOTE

The vertical \$10 is printed on a polymer substrate, as all Canadian bank notes have been since 2011. Polymer notes are more secure, last longer (about 3.5 times) and they're even recyclable!

#### IT DOESN'T MEAN YOU NEED A **VERTICAL WALLET**

This may be the first vertical bank note in Canada, but you won't have to handle it differently. It's the same size as other bank notes and you can use it in the same way.

#### IT'S GOING TO BE AROUND FOR A

This is the new regular \$10 note you'll see in circulation for years to come. The Bank issues new notes to stay ahead of counterfeiting threats and keep pace with advances

Follow the Bank on Twitter (@bankofcanada) for the latest news about Canadian bank notes

**Bank of Canada** 

Submission

## WINTERTERM **2019** A

HOURLY PAID JOBS

#### CREATIVE **DIRECTOR**

January 7 start; Monday to Friday, 22 hours/week; \$1,333.33/monthly.

Creative, detail-orientated, with strong communication and leadership skills. Knows how to use MAC/PC computers, along with Microsoft Office and Adobe Creative Suite, including InDesign and Photoshop. Design portfolio an asset.

For further information on job description or applying for this job, please email cover letter/resume/ portfolio samples to editor@uwimprint.ca or drop in to the office, SLC0137.

#### 2 MARKETING **SALES REPS**

January 7 start; Monday to Friday ; \$14.00/hour

Assisting the Advertising and Production Manager with existing and new cold-call sales, for the purpose of advertisers promoting their business in Imprint, to the UW community and the general public in Waterloo, Kitchener, Cambridge and Stratford.

For further information on job description or applying for this job, please email cover letter and resume to ads@uwimprint.ca or drop in to the office, SLC0137.



#### LIM MORK STUDY

#### **EDITORIAL ASSISTANT**

January 7 start; Monday to Friday, part-time; \$14.00/

Enthusiastic attitude about writing and Imprint in general. Experience in transcribing, interviewing, research and the ability to plan and write full articles quickly and without assistance.

For further information on job description or applying for this job, please email cover letter/ resume/portfolio samples to editor@uwimprint.ca or drop in to the office, SLC0137.

#### **VOLUNTEER COORDINATOR**

January 7 start; Monday to Friday, part-time; \$14.00/

Highly organized with excellent verbal and written skills, along with group management. Assisting the Executive Editor and Advertising and Production Manager with social recruiting events, Imprint training workshops, volunteer team spirit, appreciation luncheon, etc.

For further information on job description or applying for this job, please email cover letter and resume to editor@uwimprint.ca or drop in to the office, SLC0137.

#### **BOARD ASSISTANT**

January 7 start; Monday to Friday, 10 hours/week; \$14.00/hour.

Assisting the Executive Editor, Advertising and Production Manager and the Board of Directors with ongoing projects such as databases, committee participation, website upkeep for Board minutes, research and other jobs as required.

For further information on job description or applying for this job, please email cover letter and resume to ads@uwimprint.ca or drop in to the office, SLC0137.

#### SOCIAL MEDIA SALES **ASSISTANT**

January 7 start; Monday to Friday, part-time; \$14.00/

Assisting the Executive Editor to ensure daily postings are completed for Imprint's social media channels. Connect with readers ; develop content ; multi-task assignments from various departments and use social media analytical tools to measure key metrics for editorial and advertising.

For further information on job description or applying for this job, please email cover letter/ resume/portfolio samples to editor@uwimprint.ca or drop in to the office, SLC0137.

### **ASSISTANT**

January 7 start; Monday to Friday, part-time; \$14.00/ hour.

Assisting the Advertising and Production Manager with existing and new cold-call sales, for the purpose of advertisers promoting their business in Imprint to the UW community and the general public in Waterloo, Kitchener, Cambridge and Stratford.

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Apply to editor@uwimprint.ca with cover letter/resume/portfolio samples.

## sports & health



#### WRITE FOR SPORTS

Want to go to UW games for Imprint? You'll be able to talk to players, coaches, and fans! For more info, email sports@uwimprint.ca.



Arts student Daria Tuzova getting an afternoon enery boost.

Julia Boyd Reporter

I nergy drinks are bought and consumed by hundreds of people around now have been found to increase the risk of a heart attack or stroke. The scary part is that many of these people are not aware of the negative effects of the drink. Whether it is being used to stay up for an all-nighter study session or to stay awake in those early morning lectures, the effects are the same.

The dangers of energy drinks have been a widely covered topic in the recent news and the University of Waterloo got in on this hot topic. There was a study performed by UW students and Professor David Hammond where their research resulted in the findind that 55 per cent of people between 12 to 24 years old had symptoms of vomiting, chest

pain, and seizures due to the consumption of energy drinks.

According to the article by Koz Week, there was a study done at the McGovern Medical School at UTHealth indicated that just one can of energy beverage increases the risk of heart attacks and strokes. The ingredients in these drinks constrict blood vessels, so the diameter of the blood vessels decreases and leads to an increase in blood clots. The drink also causes the heart to pump harder and raises blood pressure in consumers. These results were found by surveying students before taking 680 grams of energy and then observing them 90 minutes after the intake of the drink

This issue has also been raised by world-renowned chef Jamie Oliver, who helped to persuade the UK government to ban the sale of energy drinks to children and youth. He exclaimed, "We have a huge problem with children and energy drinks.

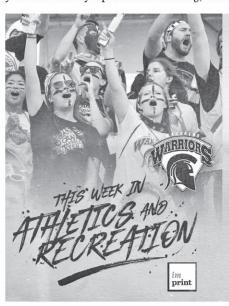
Many children regularly use energy drinks instead of eating breakfast. Teachers from across the country to tell me how children under the influence of stimulants in these drinks disrupt lessons." As the previously mentioned studies demonstrate, these highly caffeinated drinks are not safe for people, let alone children and youth. The UK is now on their way to officially banning the sale of energy drinks to youth. Our society is becoming more and more health conscious with every day, so will this ban idea spread to Canada as well?

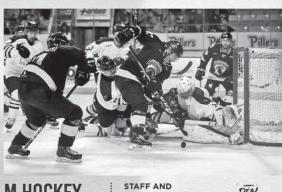
Energy drinks are often underestimated when people think about the effects of caffeine. The effects of coffee are not identical to the effects of energy drinks and should not be regarded as such. The situation in which each substance is consumed is also a key factor in the effects of the substance. Energy drinks are being consumed during physical activity or with alcohol, which in-

creases the heart rate even more than if you were drinking coffee at a coffee shop. Furthermore, energy drinks are not only dangerous because they increase the risk of heart attacks or strokes, and they are also becoming a prominent role on the party scene where energy drinks are mixed with alcohol. According to a blog called Addiction Campuses, the energy drink counteracts the effects of the alcohol so consumers feel more awake while still drunk. This leads to people consuming more alcohol and has increased bad decision making, such as driving home while intoxicated.

Energy drinks such as RedBull and Monster are definitely very popular and appealing to many people. After reading about the studies that have displayed the negative effects of the beverage, what will you do?

Will you continue to buy and consume energy drinks just to feel that jolt of energy that you crave?





M HOCKEY NOVEMBER 30 7:00 PM CIF ARENA

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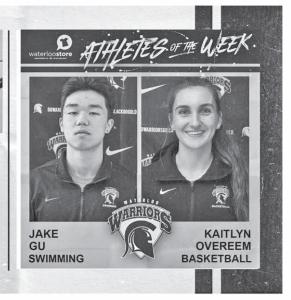


### **DECEMBER 3rd to 19th**

All shoe tag classes free for students

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Visit gowarriorsgo.ca for up to date schedules.



## Athletes at UW are ready for U SPORTS



Joshua Lorentz participating in the track event.

Syed Naqvi Sports Editor

thletes at the University of Waterloo have kicked off the 2018-2019 Track and Field season. Many athletes at UW have set their sights on making a return to U Sports in 2019. Joerg Ahne, the reigning Male Athlete of the Year, is already making everyone aware of his intentions as he recorded 7.08 m in his maiden attempt at

the long jump. In fact he was a mere 5 centimetres away from achieving automatic qualification for the U Sports competition in March. As of this moment he looks to be the favourite in retaining the gold medal in long jump.

Joining him is another athlete who is no stranger to success. Captain Joshua Lorentz doubled his track distance from 300m to 600m. Despite him leading until the final lap, he eventually had to settle for the



Joerg Ahne participating in the long jump event.

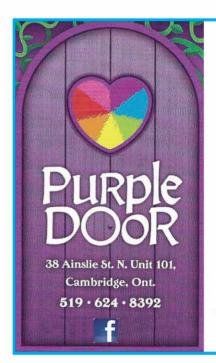
bronze. He still managed to set a personal best time of 1:24.20. He is also eyeing the national medal for his event at U Sports in

Moving on to the women's sprints, captain Ashley Blayney-Hoffer and Alessa Dalcourt recorded personal bests of 8.36 s and 8.30 s in the 60 m dash.

This season is very crucial for both these athletes, as they have been passed the torch from graduated athletes Rachel Bronzovich, Kelsi Darmon, Sabrina Marsh, and Tegan Sauer.

Rookie Wesley Freeman and veteran Dilveer Virk finished 3rd and 4th respectively in high jump. Freeman tied his personal best and has set his sights on breaking his record in his maiden season. December is the month athletes have marked in their calendars as they look to make new records, when they head to Western in their first official meet as a team.

## SHOP CAMBRIDGE this holiday season



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elizabeth.purpledoor@gmail.com



Music & Lights in the Village; CP Holiday Train; Candyland; Phil Kline's Unsilent Night; Cambridge Christmas Market; RBC presents New Year's Eve Party!

www.cambridge.ca

### **Hodzic and Petrov decimate York Lions**



Nedim Hodzic takes a shot against the York Lions.

Syed Naqvi Sports Editor

**¬**he dynamic duo of Nedim Hodzic and Simon Petrov scored a total of 55 points for the Warriors' Men's Basketball Team. This explosive performance was enough to guarantee a win for the Warriors over the York Lions,

The game is best described as a tug-of-war between both the teams. The Warriors led the first and second quarters by just a single point and it was the third quarter which proved to be decisive for the game as Warriors, by the end of the third quarter, accumulated a lead of six points.

The Lions, however, deemed the game to be far from over as they cut the Warriors' lead to just a single point in the fourth quarter. But The Warriors, Justin Malnerich and Colin Connors had other ideas as they decided to quash this late comeback with a lethal combination of some marvellous three

pointers.

Hodzic came out of the game with 28 points, highest for the Warriors, 15 rebounds and 4 assists. The numbers he put up against the Lions are just unbelievable and judging by these numbers it looks like he was the major reason Warriors were able to taste victory against the Lions. He had 52.6 percent from the FG and missed just one shot out of the nine he threw from the line.

Not only that, he was also present on the defensive end of the game as he contributed a steal and two blocks for the Warriors. Petrov, on the other hand, contributed 27 points, had a field goal percentage of 52.9 and had a 100 percent conversion from the charity stripe."It was a good road win for us. Nedim and Simon led us and we got great contributions from the entire roster," said head coach Justin Gunter.

Warriors had a near perfect record from the free throw line as they missed just 4 free throws out of their 30 attempts. Meanwhile

the Lions from the free throw line scored just 73.1 percent of their attempts.Connors and Malnerich provided the late impetus for the Warriors to help them win the game. They scored a combined total of 31 points, in the process scoring a combined 9 three-pointers. In fact, all of Connors points came from three-pointers. Such impact from the bench really showed the

Warriors' depth and class. "Colin and Justin going 9-16 from three was huge for us. They made several key three's in the second half, which halted York's momentum," mentioned Coach Gunter.

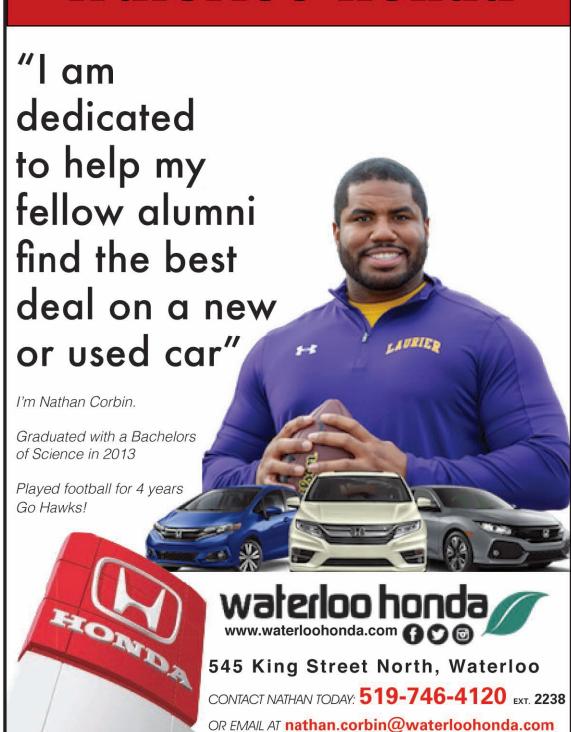
If the Warriors keep the momentum going then they have a real chance at winnig some trophies this season.

With players like Hodzic and

and at the same time the strong recruitment on the Warriors' football team, the upcoming years for all sports teams at UW are very crucial.

Success breeds success and if the Warriors win championships, then dynasties can be established. All the Warriors need is consisten-

## Waterloo Honda





The dynamic duo of Nedim Hodzic (left) and Simon Petrov (right) scored a total of 55 points for the Warriors' Men's Basketball Team.

## campus bulletin

#### WHAT'S HAPPENING AROUND TOWN

Submit your 30-word announcement or upcoming event to ads@uwimprint.ca for free.

#### upcoming events

Wednesday, November 28 **KW Chamber Music** Society presents "Benjamin Sung, violin" at 8 p.m., 57 Young Street, W., Waterloo. For info/ tickets 519-569-1809 or www.Ticket-Scene.ca/kwcms.

Imprint's last issue of the Fall Term today, that will be in news stands until January 9, 2019, when Imprint begins publishing for the Winter Term. Merry Christmas and a cheery New Years!

Thursday, November 29 Orchestra UWaterloo "Telling the Story at Humanities Theatre, UW, at 7:30 p.m. Free admission. For more info music@uwaterloo.ca or 519-885-0220, ext 24226.

Sunday, December 2

**UW Jazz Ensemble Concert** "Jazz United" at Conrad Grebel University College, 140 Westmount Road, N., Waterloo at 2 p.m. For more info/tickets www.uwaterloo.ca/music or 519-885-0220, ext 24226.

**Instrumental Chamber Ensemble** Concert at Conrad Grebel University College Chapel, 140 Westmount Road, N., Waterloo at 7:30 p.m. Free admission, reception to follow.

Friday, December 7

**KW Chamber Music Society presents** "Penderecki String Quartet" at 8 p.m., 57 Young Street, W., Waterloo. For info/ tickets 519-569-1809 or www.Ticket-Scene.ca/kwcms.

Saturday, December 8

Galaxy of Gifts - a fundraiser for Lutherwood Foundation at Luther Village on the Park - Great Hall, 141 Father David

Bauer Drive, Waterloo. Over 50 tables of handcrafted items, jewelry and more! Free admission; door prizes; BBQ food and refreshments. For more info 519-783-3710.

#### volunteering

**Bereaved Families of Ontario** 

- Midwestern Region, The Family Centre, 65 Hanson Ave., Suite 1042, Kitchener. We currently have a number of exciting volunteer opportunities. For more info, jaime@ bfomidwest.org or 519-603-0196. Become a Meals On Wheels volunteer! Call 519-772-8787 or www. communitysupportconnections. org/volunteer/apply.



### **CREATIVE DIRECTOR** NEEDED

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For further information on job description or applying for this job, please email cover letter, resume, portfolio samples to:

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## service directory

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## distractions



#### **NOBUNNY CAN PLEASE EVERYBUNNY!**

#### **END OF YEAR WORD SEARCH**

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LIGHTS

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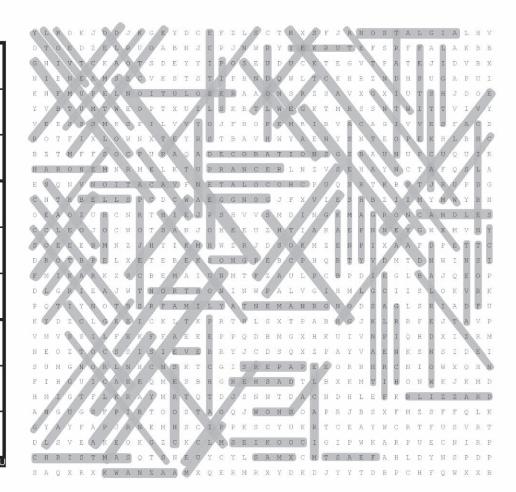
SOLSTICE SONG STOCKINGS SWEATER THANKSGIVING TOQUES TRADITION TREE TURKEY VACATION WINTER WISHES WONDERLAND WRAPPING XMAS

#### SUDOKU

#### Enter numbers into the blank spaces so that each row, column and box contains the numbers I to 9.

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						5		3 EBSUDOKI

#### WORD SEARCH SOLUTION (SEE PAGE 21)



**EXAMS AND HAPPY** 













# How are we doing? I MP Reader Survey, Fall 2018

Drop this page off at Imprint (SLC 0137) or at the Turnkey desk for a chance to win \$200 K167 Tiesto Headphones.

Winner to be announced Dec. 17 online at uwimprint.ca and over social media.

		n a scale of 1 often do you				200	stion 6: On a scale ays) how often do yo						
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<b>Question 2:</b> On a scale of 1 to 5 (1 being poor and 5 being excellent) Rate your impression of Imprint. Circle one.  1 2 3 4 5							Question 7: Where do you read Imprint most? Circle one.  • Print edition  • Online						
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Strongly Neutral Strongly Disagree Agree						Question 10: What's Imprint missing that you'd like to add?							
<b>Question 5:</b> Rate your satisfaction with Imprint sections from 1 to 5 (1 being very dissatisfied and 5 very satisfied)						Question 11: How can we improve our social media							
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Want to Volunteer? Bring this to SLC 0137. What would you like to do at Imprint? Write ( ) Proofread ( ) Take photos ( ) Edit sections ( Other ( ) Do you want updates with Imprint's mailing or story I Yes ( ) No ( )						( )	Name: Program: Email: Section preferent Features ( ) A&E (	<b>ces:</b> New	s ( ) Opini e ( ) Spor	     ion ( )			

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